

Multi Sport PE

Physical education is an important part of a student's education. This class is designed to get kiddos moving, using motor skills, and gaining coordination all while having a great time. I believe if our students learn to love to play, they will keep it up as adults and have a healthier and more active lifestyle. Sports not only help develop healthier children, they also build cognitive skills as well. Another important aspect of learning to play a sport is learning how to be part of a team. Students will learn what being a team player means. They will also be taught the value of good sportsmanship. This class will be taught on the outdoor field. Every 4-6 weeks we will explore a new sport. These activities will include spikeball, badminton, croquet, paddleball, ultimate frisbee, frisbee golf, kickball, and other silly and fun games. When the weather isn't cooperating, we will play indoor games that work both fine motor and cognitive skills. I like to call it Old Fashion Fun. The students will play games such as marbles, jacks, pick up sticks...

Ages: 3rd-12th

Minimum: 6

Maximum: 14

Monthly fee: \$40

Supply fee (per semester): \$25