# Nicky's Nest Newsletter

## A newsletter for the kids of the CCMC Med 4 Pediatric Oncology & Hematology Division

GENEROUSLY GIFTED BY THE NICHOLAS PEDONE FOUNDATION

## Weekly Schedule

#### Monday

- -Medical Play
- -Art Cart
- -Evening Art Group

#### **Tuesday**

- -Sunrise Volunteers
- -3pm Pictionary on MeTV
- -Caregiver Massage

### Wednesday

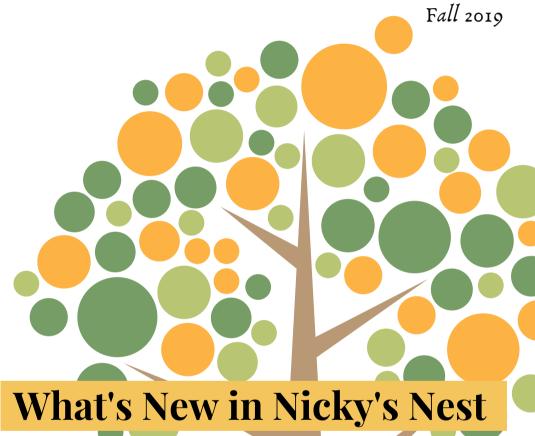
- -3pm Bingo on MeTV
- -Ice Cream Cart
- -Teen Night
- -Game Night

## **Thursday**

-Theme Day with Crafts & Activities

### **Friday**

- -Pet Therapy
- -Sunrise Volunteers
- -Hole in the Wall Gang
- -Movie Night



### IT'S FALL IN NICKY'S NEST!

Summer was a blast in Nicky's Nest and we were super excited to turn over a new leaf with fall. Bringing out fun decorations and setting up the room with warm colors really made it the perfect place to enjoy free time.

We have had a jam packed schedule of events happening where the kids got to do awesome crafts and play games. The kids love coming together in the playroom to either create their own artwork or do a craft as a group. They also really enjoy playing video games together, whether it's with Minecraft or Lego Marvel Super Heroes.

With special days like Halloween and Fall Harvest day, there were endless crafts to make Nicky's Nest come to life! Its been an amazing fall season and we are so excited to keep it going! Inside you're going to get a glimpse of some of the fun we had the last few months.



# Theme Day Thursdays





Fall Harvest Day was the perfect time to paint leaves and make friendly owls that hung from the playroom ceiling.

Nicky's nest was filled with crafts like painting fall trees to



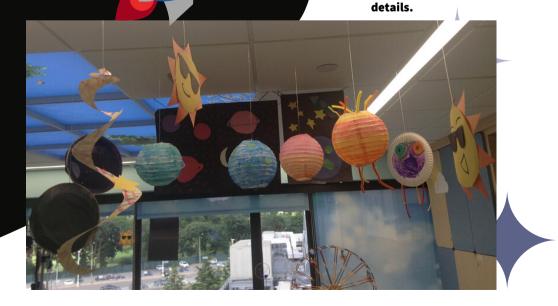
# OUT OF THIS WORLD DAY

## Shooting for the stars!

The kids had a blast in Nicky's Nest celebrating Out of this World Day! They decided to make the room look like outer space. Using beautiful lanterns, they created planets that hung from the playroom sky.

Some made suns, planets and aliens out of paper plates and construction paper. Each kid made their own space sheet and we put them all together to make a cohesive outer space backdrop with planets and stars. We love working as a team to make theme days extra special.





# LET YOUR CREATIVITY SHINE



If you would like to have your artwork featured in the gallery, please contact the Child Life Specialists Jedidah, Christina or the Nicky's Nest Child Life Assistant Brandi!











# SPECIAL EVENTS AND SPECIAL VISITORS

## Project T.E.A.C.H.

We love learning new things in Nicky's Nest, especially when it involves science projects! Project T.E.A.C.H. is a group of students from Zucker School of Medicine who donate their time to do science experiments with the kids. We made bottled rainbows by mixing different liquids of different densities. We also made glitter tornadoes and homemade kazoos! Once the projects were completed, one of the volunteers read the kids a story.

After one child was done with his projects, the volunteer sat with him and went over different organs in the body in a very interactive way! Having fun and learning at the same time is something the kids greatly enjoy!









## POSITIVE CORNER

## WHAT KEEPS YOU

## **POSITIVE?**

No matter the circumstance or what is going on around us, it's super important to stay positive. What puts a smile on your face? What makes you feel relaxed or makes you feel empowered? Who supports you in all you do? Even the smallest things can make us feel like we can conquer the world. Whether its family, friends, staff, or hobbies and passions of ours, they all bring joy to us and help us when we may be having a bad day. If you have someone who has positively impacted you, be sure to tell them just how much you appreciate them! Let's spread as much positivity as we can!



## Fight hard, smile big

## find the brig<mark>ht side</mark>

welcome	value	understand	thankful
stability	remarkable	quality	pleasure
outstanding	nice	magnificent	loyal
knowledge	joy	insight	helpfulness
gratitude	flexibility	empathize	delighted
cooperation	benefit	appreciative	