### NEWCOMERS of Central Florida, Inc.

There are no strangers, just friends we haven't met!





# PRESIDENT'S MESSAGE

Ladies, As I begin I just realized, WOW, it's actually September, and fall is here. If you are like me, it doesn't seem like it's time for fall decorations, apple fritters

or pumpkin lattes. With our current state of health concerns, our fall festivals will surely look different. Remember, these events can still happen if the CDC guidelines are followed – masks, social distancing and plenty of hand washing. Let's keep positive and think about the cooler days coming when we can pull out our sweaters and enjoy an evening full of stars and wonder.

This month our Board Meeting was once again held virtually. Last month's Board decision to extend your membership through May 31, 2022 was well received by our members. Our current membership is now 125. This month the board voted to keep all renewals on the same cycle through May 31, 2022. All renewals or new members joining the club will pay \$37.50 which covers the remainder of 2020, the full year of 2021, and the first five months of 2022. Starting in June 2022, dues will again be collected annually at the rate of \$25 for one year (June 1-May 31). Also, your new directory will cover 2020-2022, meaning only one printing will be done for this period. If you have any questions regarding membership, please contact Brenda Jones.

Since our *Chatter* is currently our main source of communication, please read it for the latest happenings within the club. Also, if you would like something added to your *Chatter*, please contact Carol Smith, our editor, before the 16th of each month. Remember that you can always find the *Chatter* on our website: <u>www.newcomerscfl.org</u>

I know during this time, we may all want to, as in a Diana Ross song, "Reach out and touch somebody's hand, make this world a better place if you can" but today may just be the day a phone call can be the answer. Call someone today, just let them know they are being thought of by you.

Until we can meet face-to-face, stay safe and be well.

Betty Little

October 2020 Vol. 32 Issue 5

# October Birthdays

1 Louise Gallagher

CHATTER

- 6 Carole Giltz
- 7 Diane Antaya
- 8 DeDe Fluhr
- 14 Tonia Thoms
- 15 Janine Doane
- 23 Michelle Ward
- 26 Susan DeTemple
- 27 Gayle Hildebrandt
- 31 Tracy Pappafotis



# **Call for New Interest Groups**

Have you found yourself wishing you had a way to keep in touch with your Newcomers friends? Currently we have a number of members who are staying involved with Newcomers through the Zoom meetings with Cooking Club and Hooked on Books. A number of our ladies are staying connected by playing bridge using trickster.com. Maybe the time has come to start some new groups. Think about your interests and jump in and begin a new group. Your group doesn't have to be large. Maybe tea time, happy hour, catch-up, whatever fits your interest may be just what someone else was wishing we offered. Your specialized group could be advertised in the Chatter so others can join in. You don't have to use Zoom; there are other virtual platforms. Let Betty Little know your ideas, and she can help you get your group going. You can reach Betty at 407-679-7395.







### Ladies, I Need Your Help!

Since we are not gathering together at luncheons or our special interest groups, I am not always aware of members who are ill, had surgery, lost a loved one or just need to know that we care. Please contact me if you know of a member who may need a card. These are tough times, and we all can use some encouragement occasionally. I so appreciate your help! You can email me

at <u>vanum77@aol.com</u> or call or text me at 813-395-3611.

Corresponding Secretary – Vicki Nidzgorski

### REACHING OUT WITH OUTREACH



Outreach Chairs: Dru Juhl & Barbara Kalicki

We can all do a little to make a big difference in our community even when we are not meeting! The Ronald McDonald House Pop Tab Program is an easy way to help others with no financial impact on your part. Just save the aluminum tabs from all your cans and bring them to our first get-together.

### PLEASE SAVE YOUR TABS

### Membership

Current membership: 125

VP Membership: Brenda Jones

| 2019-2020 EXECUTIVE BOARD              |                  |              |
|--|------------------|--------------|
| President                              | Betty Little     | 407-679-7395 |
| VP Programs                            | Caroline Dawson  | 321-439-3194 |
|  | Christine Shapin | 407-497-7109 |
| VP Luncheons                           | Tina Parrish     | 757-777-6861 |
|  | Susan DeTemple   | 304-633-8552 |
| VP Membership<br>(Including Directory) | Brenda Jones     | 407-366-7751 |
| Recording Sec.                         | Linda Selby      | 407-353-2274 |
| Corresponding Sec.                     | Vicki Nidzgorski | 813-395-3611 |
| Treasurer                              | Sue Horn         | 321-424-5973 |
| Parliamentarian                        | Joan Bové        | 407-971-3911 |



### LADIES BRIDGE

Several of the bridge players have been playing on-line bridge using <u>trickster.com</u> while we can't play in

person. If you are interested in trying it, Sue Horn would be happy to help you get on the app and see how it works. You can contact Sue at: Home: 321-424-5973 Cell: 303-807-4088

### INSIDE THE ARTS



Co-Chairs: Linda Hargreaves Helen Hoppmann

Here are some ideas to help you stay connected to the arts from the comfort of your home.



### The Metropolitan Museum of Art

### Celebrating 150 Years

Located in New York City, the Met, as it is more commonly known, is celebrating its anniversary throughout 2020 with exhibitions, events, and new ways to connect with art. Their online access allows you to explore, learn and be inspired by 5000 years of art. You can view the Met 360° Project to see the museum's most iconic spaces, get lost in hours of concerts and performances or dig into articles by the Met staff. To get started on this adventure, visit their website: www.metmuseum.org/art/art-at-home

# You can support our local theaters by purchasing tickets to view their virtual events.

**The Winter Park Playhouse** is offering monthly entertainment events that are new and unique each month. A minimum donation is required to view these events. For more information or to purchase access to the event, visit their website at www.winterparkplayhouse.org

Sept 25 -28: "Impossible Dream: The Best of Broadway's Leading Men" This one hour cabaret, filmed at the Playhouse, will feature an assortment of leading men singing well-loved songs. A minimum donation of \$20 per person is required.

**The Orlando Shakespeare Theater** will be offering their next two productions through video on demand at a cost of \$15 per person. For more information or to purchase access to the video, visit their website at www.orlandoshakes.org

- Oct. 22-Nov. 1: *"Poe: Deep into that Darkness Peering"* A dark and compelling drama about Edgar Allan Poe
- Dec. 10-20: "The Trial of Ebenezer Scrooge" A heartwarming Christmas comedy! This hilarious sequel spins the holiday classic on its head.





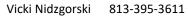
# HOOKED ON BOOKS

Book Club had a spirited discussion of *The Broken Circle: A Memoir of Escaping Afghanistan* by Enjeela Ahmadi-Miller at its September Zoom meeting. The members commented that the book made them realize how little they knew about Afghanistan, especially the far-reaching effect on society that occurred when the Soviets gained control in the 1980s.

The Zoom format will continue to be used for our October meeting when the book *The* 

Silent Patient by Alex Michaelides will be discussed. This meeting will be on Tuesday, October 13, at 1:30 on Zoom. If you are interested in joining our group, please contact Carol Smith at <u>smith4cr@gmail.com</u> by Thursday, October 8, in order to receive the Zoom invitation.

# COOKING CLUB



Cooking Club met on September 10 thanks to Zoom hostess and facilitator Karyll Shaw. Linda Gallagher chose our

theme of "International Entrees." Carol Smith compiled our recipes into a PDF, for which we are grateful. According to Karyll, the recipes generated a good discussion. Linda Gallagher's family recipe for German Sauerbraten is shared for your enjoyment.

For our Zoom meeting on October 8, Karyll Shaw has chosen the theme "Anything But the Turkey." Submit your favorite Thanksgiving appetizer, salad, side or dessert. Karyll says, "Although we may be bound to family favorites, I suspect we each would like to try something new too."

Please send your recipe to all Cooking Club members, and RSVP to Vicki at <u>vanum77@aol.com</u> by October 1 to confirm your participation. Due to Zoom time constraints, participants are limited to 10 so we will have time to discuss each recipe. Happy Cooking!



### BOARD MEETING

Thursday, October 1, 2020, 10 a.m. Zoom Meeting Please RSVP to Betty Little by phone or email. Linda Gallagher's recipe is an old German favorite, sauerbraten. Her mother-in -law served this for years and it was always a family favorite. This was also a favorite dish in Lüchow's Famous German Restaurant on 14th Street in New York City.

# Sauerbraten

#### Ingredients: Marinade Stage

- 3 pounds of boned rump or chuck roast
- 2 teaspoons of salt
- 1/2 teaspoon pepper
- 2 tablespoons of sugar
- 2 bay leaves
- 6 whole cloves
- 2 onions, peeled and sliced
- 1 quart of cider vinegar
- 2 cups of water
- 1 pint of red wine

### Marinade Stage:

This Ingredients: Cooking Stage

2 tablespoons of dripping 3 celery stalks 6 small carrots, quartered 1/2 teaspoon salt 2 peppercorns 2 cloves 1/4 cup of sugar 6 gingersnaps, crumbled 1/2 cup of sour cream

Three or four days before serving your sauerbraten dinner, select a fine rump or chuck pot roast. Rinse the meat and pat dry with a paper towel. Rub 2 teaspoons of salt and 1/2 teaspoon of pepper into the meat thoroughly.

Place the meat in a deep earthen dish or crock pot. Sprinkle with 2 tablespoons of sugar, 2 bay leaves, 6 whole cloves, and 2 onions, peeled and sliced.

Combine the 1 quart of cider vinegar, 2 cups of water, and 1 pint of red wine, and pour it over the meat. Add more liquid if necessary, since meat must be covered.

Turn meat occasionally and stir vinegar marinade over and around it.

### Cooking Stage:

On the cooking day, drain the meat; but save the vinegar marinade. Brown the meat quickly on all sides in the drippings in a Dutch oven or heavy kettle for about 20 minutes. Add the onions from the marinade, the 3 celery stalks, 6 small carrots,

quartered, 1/2 teaspoon salt, 2 peppercorns, and 2 cloves. Add about 1-1/2 cups of the marinade.

Cover the kettle and cook for 3 1/2 hours or longer until the meat is thoroughly tender.

Add more marinade from time to time if necessary. Remove the meat to a hot platter, slicing some of it. Keep the platter hot in an open oven.

### Gravy (sauce):

Strain the drippings in the kettle and skim off the fat. Stir the 1/4 cup of sugar into the hot kettle, letting the sugar melt and begin to brown. Stir in 2 cups of strained drippings and add the 6 crumbled gingersnaps. Stir and heat until thickened. Stir in the 1/2 cup of sour cream.

Heat the gravy, but do not allow it to boil.

### Serving your Sauerbraten:

Pour a little gravy over the roast. Serve the remaining gravy in a gravy bowl. Makes 6 or more servings.



# MONDAYS

### **MAH JONGG**

#### Marge Ahearn 407-834-5625

When: Mondays, 11 a.m.-3 p.m. Where: Tremont in Oviedo

Bring lunch, beverage and **\$5** in change. See you there!

### **CHATTER ARTICLES**

Please email *Chatter* articles to Carol Smith by the 16<sup>th</sup> of the month: <u>smith4cr@gmail.com</u>

## TUESDAYS

#### **HOOKED ON BOOKS**

Joan Bové 407-971-3911 nurseynurs@icloud.com

- When: 2<sup>nd</sup> Tuesday of the month 1:30 p.m.
- Where: Currently meeting via Zoom. Email Carol Smith by October 8 to receive meeting invitation: smith4cr@gmail.com
- OCT The Silent Patient by Alex Michaelides
- NOV The German Girl by Armando Lucas Correa
- DEC The Midwife's Confession by Diane Chamberlain
- JAN *A Land Remembered* by Patrick D. Smith

### **CHICK FLICKS**

Margie Rick 732-763-5277 mrick1953@gmail.com

When: Last Tuesday of the month Where: Oviedo Regal Cinemas

Movie title and meeting time will be sent to all members by email the weekend before the screening.

# WEDNESDAYS

#### LADIES BRIDGE – 1<sup>st</sup> Wednesday

#### Sue Horn

When: 1<sup>st</sup> Wednesday of the month 11 a.m. – 3 p.m. Where: Tremont in Oviedo

Call Sue Horn for reservations at Home: 321-424-5973 Cell: 303-807-4088

#### LADIES BRIDGE - 4th Wednesday

Pat McRee 407-359-1228 patmcree@bellsouth.net

Sim Horst 407-678-2961 skhorst2@gmail.com

When: 4<sup>th</sup> Wednesday of the month 11 a.m. – 3 p.m. Where: Tremont in Oviedo

Make your reservation with either of the Chairs.

## THURSDAYS

### **BOARD MEETING**

When: 1<sup>st</sup> Thursday of the month 10 a.m. – 1 p.m.

Where: To be determined

Please RSVP to Betty Little by phone or email.

#### **COOKING CLUB**

#### Vicki Nidzgorski 813-395-3611

- When: 2<sup>nd</sup> Thursday of the month Noon
- Where: Currently meeting via ZOOM
- Theme: Anything But the Turkey
- Limit: 8 10 participants

Recipe submissions and RSVP for the Zoom meeting on October 8 should be submitted to Vicki Nidzgorski at <u>vanum77@aol.com</u> by October 1.



Please be aware that most Newcomers activities are currently cancelled due to the COVID-19 concerns. Activities will resume when it is deemed safe for us to gather again.

# FRIDAYS

#### **BUNKO - Dicey Bunkettes**

Lona Love <a>sunsh132@bellsouth.net</a>

We hope to be able to meet again in October.

When: 2<sup>nd</sup> Friday of the month 10:30 a.m. Where: Contact Lona Love for location.

# SATURDAYS

#### **COUPLES BUNKO**

Gail Boudreaux 407-678-3341 flcajun2@cfl.rr.com

When: 3<sup>rd</sup> Saturday at 6 p.m. Where: Hosted by participants

Contact Gail Boudreaux for more information.

Each couple brings an appetizer to share and BYOB. The host couple provides soft drinks and dessert.



There are no strangers,



just friends we haven't met! 🥌

P.O. Box 620384, Oviedo, FL 32765-0384