

Antonine Village Menus-Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday							
DATE														
BR EA KF AS T	Orange Juice	1/2 C	Orange Juice	1/2 C	Orange Juice	1/2 C	Orange Juice	1/2 C						
	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C						
	Oatmeal & Donuts	1/2 C & 1 P	Fried Eggs & Potatoes/ Peppers / onions	1 p & 1 C	French Toast & Bacon	2 P & 2 P	Scrambled Eggs & Sausage patties	1 C & 2 P	Cheese Egg McMuffin	1 P	Fried Eggs & Bagels with Cream Cheese	1 P & 1 P & 1 Ts b	Pancakes / Waffles with Fruit Topping & whipped cream	2 P & 1/3 C
	Bananas	1/2 P	Peaches	1/2 C	Strawberries	1/2 C	BlueBerries	1/2 C	Pears	1/2 C	Cantaloupe	1/2 C	Hard Boiled Eggs	1 P
LU NC H	Chicken Rice Soup	1 C	Spaguetti & Meatballs	1C / 3 Oz	Mushrrom Soup	1 C	Hot dog & Buns	1 P	Salmon Patties	3 oz	Beef Taco & Sauce	1 C	Roasted Potatoes	1/2 C
	Pizza (Super Supreme)	1 C	Garlic Bread	1 P	Assorted Deli Sandwiches (Turkey, Ham, Cheese)	1 P	Baked Chili Beans	1 C	Baked potaoes & Sour Cream	1/2 c	White Rice	1/2 CP	Hamburgers	3 oz
	Tomato salad	1/2 C	Chef salad	1/2 C	Chef Salad	1 C	Corn	1/2 C	Tossed Salad	1 C	Relish Tray & sour Cream	1 C	Relish Tray	
	Chocolate Cake	2"x2"	Rice Pudding	1/2 C	Vanilla Cake	2" x2"	Apple Pies	2" x2"	Jello	1/2 C	Berris Pies	2" x2"	Sherbet / Ice Cream	1/2 C
	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C
DI NN ER	Pork Roast with Gravy	4 oz	Beef Vegetable soup	1 C	Stuffed Pepper	1 p	Meatloaf & Gravy	3 oz	Stuffed Pepper Soup	6 oz	Chicken With Gravy	1 C	Maacaroni salad	1/2 C
	Potato & Carrots	1/2 C	Cranberry Chicken Salad over buns	1/2 C & 1P	Mashed Potatoes	1/2 c	Mashed Potatoes	1/2 C	Halluski	1 C	Mixed vegetables	1/2 C	Sausage with Saurkraut	6 oz
	Cottage cheese	1/2 C					Steamed Carrots	1/2 C	Sweet potatoes	1/2 C	Biscuits	1 P	Buns	1 P
	Peaches	1/2 C	Cantaloupe	1/2 C	Watermelon	1/2 C	Pineapple	1/2 C	Apricot	1/2 C	Grapes	1/2 C	Fruit Salad	1/2 C
	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C	Skim Milk	1 C

Dietitian's Signature: _____

Date: _____