



16133 Ventura Blvd. Suite 370
Encino, CA 91436
www.cosmeticinjectables.com
t. (818) 322-0122, f. (818) 232-9182

Cosmetic Injectables Therapy Consent Form

Botox, Dysport, Xeomin, Sculptra, Juvederm Voluma, Juvederm Ultra, Juvederm Ultra Plus, Vollure, Volbella, Restylane, Restylane Lyft, Restylane Silk, Restylane Refyne, Restylane Defyne, Radiesse, Belotero, Kybella, Novathreads

Please read carefully, new information re: possible complications have been added.

Please initial each section to indicate that you understand each topic. Do not initial if you desire more information.

Proposed Treatments and Anticipated Benefit

Injection of Botulinum purified toxin, fillers, threads, or Kybella. Botulinum is produced by the bacterium clostridium botulinum and is injected into specific muscles causing weakness or paralysis of those muscles. This results in improvement of the lines or wrinkles that the muscles' action normally create. It does not change the static lines etched within the skin. Fillers are composed of hyaluronic acid, calcium hydroxylapatite, or poly-L-Lactic acid. They are injected under the skin and/or muscle to correct volume depletion, and facial folds. Novathreads are absorbable polydioxanone (PDO) sutures inserted under the skin off label to stimulate collagen production and lift/firmness in the skin. Kybella is deoxycholic acid and is injected into the submental fat to improve the appearance of fullness. Botulinum results are usually seen 2-14 days after injection and last typically 2-5 months when recommended dosage is used. Filler response usually is seen immediately after injection and last 3 months to 2 years depending on product used and metabolism of patient. Currently, Belotero has the shortest longevity, while Voluma and Sculptra have the longest. Sculptra typically needs a total of 3 treatments, each 6 weeks apart for best results. Novathread results may not be visible instantly. Collagen, fibrin and elastin production occurs over months following insertion, with absorption of threads occurring usually about 6 to 9 months after. The skin structure created can hold for another 12 to 15 months. Kybella results are seen 3 to 6 weeks after injection, with possibly permanent effects. 3 total treatments are recommended at 6 week intervals. These are generalizations and range maybe shorter or longer for different individuals. No guarantees are made on longevity of effects by makers of the products or this office.

Initials: _____

Risks and Complications

All procedures that include injection or insertion of needle through the skin (Botulinum, Fillers, Kybella, Novathreads) can result in mild or high levels of swelling, bruising, pain, numbness, redness, temporary headache, itching, keloids (raised scarring), unevenness, and infection. For Botulinum, other possible side effects include twitching, asymmetry (unevenness), migration of product/effect into unintended muscles/areas (especially with Dysport that has a higher dispersion diameter), temporary drooping or raising of eyelids or eyebrows, temporary diplopia (double vision), strabismus (cross eye), temporary speech impediment or disfigured lip movement, swallowing difficulty, long-term severe headaches, and temporary inability to smile. For fillers, other side effects include palpable material (ability to see or feel the product) and asymmetry (unevenness). Rare side effects of fillers include migration (movement of product), permanent numbness, allergic reaction (immediate, late and/or recurrent), infection or abscess (immediate, late, and/or recurrent), keloids (raised scarring, especially with Sculptra, Radiesse, and Kybella), discoloration, neovascularization (new vessels), biofilm growth (a bacteria that can attach to implants/fillers or reside under skin and cause chronic/long term and/or recurrent [infection, allergic type response, and/or granulomas/scar tissue]), temporary or permanent [scars, nodules and/or granulomas], ulceration, possible injection into a blood vessel which can lead to emboli (blood vessel obstruction in a vessel near or distant to the area injected), tissue necrosis (destruction of tissue supplied by the blood vessel), stroke and blindness. While all of the blood vessels in the face are connected and any injection can result in the side effects described above, the highest risk areas for ominous blood vessel occlusion are glabella (frown), nose, nasolabial folds (smile lines), lips, temples, and tear troughs (undereyes.) Radiesse can be visible on radiographs once injected. Common Kybella side effects include excessive swelling, increased fullness in the first few weeks of treatment, temporary numbness, and induration (firmness). Rare side effects reported include dysphagia (difficulty eating) and nerve injury manifested as asymmetric smile or facial muscle weakness (all cases in clinical trials resolved spontaneously). Other common Novathread side effects include skin irregularity which frequently resolve after 2 weeks. In some individuals, cosmetic injections do not work as satisfactorily or for as long as usual-the longevity of product is based on the individual's physiology and anatomy and is not guaranteed by the makers of the product or by our office. Although rare, the risk of permanent facial/body disfiguration due to fillers, botox, kybella, Novathreads, or other injectable products exists. Botulinum, Radiesse, Sculptra, and Novathread results are not reversible until reabsorbed by the body. Kybella is not reversible. Botulinum and Fillers can cause vessels to appear raised. I am aware that injections around the mouth can elicit a breakout of cold sores if I have had them in the past and I will request preventive medication prior to each procedure in that area. Hyaluronidase (reversal agent for dissolving fillers, such as Hylenex and Vitrase) are used off label to break down injected and natural hyaluronic acid. Most if not all natural hyaluronic acid is re-established within a few days after treatment (see article by Dr. Delorenzi.) Known significant risks of all above products have been disclosed, yet the theoretical risk of unknown complications does exist. I can request a copy of this form any time in the future to remind me of risks and complications of such procedures.

(PLEASE TURN OVER)

Initials: _____

Post Procedure Care

After any Botulinum treatment, I will not lie down, bend forward, or massage the treated area for at least 4 hours from the time of treatment, as these activities may increase risk of side effects. After any filler, thread, or kybella treatment, I will not massage the treated area (unless advised to do so) for at least 3 days from the time of the treatment, as these activities may increase the risk of side effects including migration of product. The exception is Sculptra, for which I will massage for 5 minutes, 5 times a day, for 5 days. After any injectable treatment, I will minimize sun and heat exposure of treated area for 24 hours or until any swelling and redness goes away. I agree to follow up in 2-4 weeks after my treatment if asked to do so.

Initials: _____

Contraindications Including Pregnancy, Breastfeeding, Neurological and Muscle Conditions.

I understand that there are certain conditions where Botulinum, cosmetic filler treatments, threads, and Kybella are NOT recommended. Pregnancy and breast feeding are contraindicated for any of these cosmetic treatments. Dysphagia (difficulty with eating/swallowing) is a contraindication for Botox and Kybella treatments. Specifically for Botulinum injections, any muscle or neurological conditions such as myasthenia gravis, ALS, Lou Gehrig's disease, and Lambert-Eaton syndrome are contraindicated. For any injection through the skin including Botulinum, fillers, Novathreads, and Kybella injections, those with history of keloids (raised scarring) are at increased risk of scarring and keloids at site of injection. None of the contraindicated conditions above apply to me, and I will inform Dr. Soleiman if I develop any of these conditions, if I become pregnant, or if I start breast feeding.

Initials: _____

Limitations and Alternatives

Botulinum treatment is intended to treat 'dynamic' facial lines, (those caused by facial muscle activity); lines present at rest may or may not improve. I understand that Botox and Fillers can, and may be used in an "off-label" manner during my treatment session(s). The use of Novathreads as a cosmetic injection/insertion is currently an "off-label" treatment. I have been informed of other alternatives which exist for the treatment of wrinkles such as topical creams, chemical peels, laser treatments, surgical removal of the frown muscles, forehead/brow lift, facelift and collagen, silicone or other implants.

Initials: _____

Cost/Fees

Payment for this cosmetic procedure is my responsibility. I understand that several sessions may be needed to complete the injection series and that there is a separate charge for any of such subsequent treatment. If one side of the face requires more product than the other, I am responsible for the charges of the extra product.

Initials: _____

I have read the above and understand it. My questions have been answered satisfactorily by the provider and his/her associates. I understand that these procedures are voluntary and I accept the risks and complications associated with them. I'm aware that Dr. Soleiman's office will not be held liable for any loss in profits or wages based on risks inherent to these treatments.

X _____ X _____
Patient Signature Date

X _____
Patient Name (Print) Date