Dear Parents,

Here is the Camp Supply List:

PLEASE LABEL ALL ITEMS WITH YOUR CHILD'S NAME

Any items left behind will be placed on the little bench on the porch.

Soft Lunch box with ice packs in them

(PackIt lunchboxes are recommended, the ice is built into the walls of the lunchbox).

AM Program (8:25am-12:25pm or 8:25am-2:30pm):

Campers need one spill proof refillable water bottle (Camelback water bottles are the best), snacks, & lunch

PM Program (12:30pm-4:30pm):

Campers need one spill proof refillable water bottle(Camelback water bottles are the best) & a snack

If your child is here all day then they need both AM & PM items listed, but only one spill proof refillable water bottle

NO NUT PRODUCTS OR ITEMS THAT ARE
MANUFACTURED IN A NUT FACTORY. VISIT MY
WEBSITE FOR THE FULL NUT LIST

NO EGGS, (OMELETTE, FRIED RICE W EGG PIECES, SOFT & HARD BOILED EGGS, EGG SALAD)

IF YOUR NOT SURE ASK ME, BUT FIRST READ THE LABEL ON THE PACKAGE.

Water Bottle with your child's name on it - Please send in a water bottle that is non-spillable & refillable every day. It's important for your child to stay hydrated and water is the healthiest thing for everyone to drink.

Plastic Daily Folder with your child's name on it

Towel - Please write your child's name on the towel. It's better to send a towel with some kind of print or character on it instead of a plain white one. It's easier for everyone involved to identify it.

Sun block - Please apply sun block on your child every time they attend, prior to coming to camp. (even if it's cloudy) Since we will be using water throughout the summer I recommend waterproof sun block with the highest SPF possible. Stick sun block is great for a child's face and then usually doesn't run into their eyes. Please send in spray sun block for the rest of your child's body. Please leave sun block in your child's bag with their FULL name on it. We will take it out of the bag and leave it here. Put a piece of scotch tape over their FULL name so it doesn't rub off. By law and because of

allergies, my staff and I can only reapply the sun block you provide. Sun block is most effective if you put it on one hour prior to sun exposure. Siblings can share sun blocks. Just put both their first and last names on the sunblock.

<u>Change of Clothes</u> - Please make sure there is a full change of clothes at all times in your child's bag.

Bathing Suits - Please send your child in their bathing suit every day when they attend camp. Girls must wear two pieces not one pieces in order to make it easier in the bathroom.

<u>Water shoes</u> - please make sure there are water shoes in your child's recycling bag, (sandals made out of rubber, water shoes, or flip flops,) Please send your child in sandals or sneakers depending on what the theme is for that week. Children do run around and the safest thing on their feet is socks and sneakers. NO Crocs please, they are very dangerous.

<u>Plastic bags</u> - please put several plastic bags (CVS, grocery) in your child's bag for wet towels and bathing suits. This will help protect the project and other items in the bag.

PLEASE PUT ALL THE ITEMS IN EITHER AN OPEN
BEACH BAG WITH HANDLES OR A PLASTIC
RECYCLING BAG (EASILY FOUND FOR \$.99 AT TJ
MAX) FOR YOUR CHILD'S POSSESSIONS. DO NOT

USE A BACKPACK FOR THE SUMMER CAMP PROGRAM.

OPTIONAL BUT SUGGESTED ITEMS: Hats, rash Guards, Spare t-shirt, & Sunglasses, are recommended to protect your child's face and skin from sun and pollen. You can also send in bug spray, there are some sun blocks that have bug spray built into it. Avon used to sell a skin so soft that had sun block & bug repellent in the same product.

It's going to be a great summer, we have lots of things planned!!! Any questions please e-mail or call me.

Happy Summer! Karen