

**8TH
GRADE**

MOVING FORWARD

Today's Lesson

- Previous topics:
 - Managing academics
 - Romantic relationships and friendships

Today we will discuss transitioning to high school

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*You will enter a raffle every time we hear from you!

Keywords:
Confidence
Success
Fun



MOVING FORWARD

(CONTINUED)

Remember that you will be going through a lot of transitions in high school, which can be scary, but can also be fun and a chance to create new opportunities. You only go to high school once and I promise that when you are done, and you are in college and working, you are going to wish you were back in high school.

Soak it up!

In your own words, what defines Fun?

What defines Confidence for you?

What are some transitions you think you'll experience as you move onto High School?

- Goals for the lesson:
- Understand what Fun, Success, and Confidence mean to us.
- Evaluate the impact high school may bring to our lives.
- Identify how to manage the transition into high school.

In your own words, what defines Success?





MOVING FORWARD

(CONTINUED)



- Grab a sheet of paper and divide it into 3 categories: **Fun, Success, and Confidence.**
- On the back, write 5 words that you think of when ever you think of high school. *(It can be something positive that can help you achieve the word or it can be negative and be something that will prevent you from achieving the word listed).*
- Turn the page over to the front and put each of the words you wrote under the category you think it matches.

FUN

- Building Relationships

EXAMPLE

CONFIDENCE

- Joining a school club/sport

EXAMPLE

SUCCESS

- Taking AP/Dual Credit Courses

EXAMPLE