

Tellico Summer Solstice Olympic/Sprint Tr /

Race Date
June 08, 2019

Age Group Results

Sprint Age Group

Female Overall Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	9	Lana Burl	2	16:12.1	2:02	0:37.8	1	47:22.2	20.3	0:38.2	2	27:40.4	8:56	1:32:30.8	
2	12	Marsha Morton	3	17:40.7	2:13	1:08.0	3	52:32.0	18.3	0:35.2	1	26:09.4	8:26	1:38:05.5	
3	14	Sheri Jones	1	16:11.9	2:01	1:25.2	2	51:12.5	18.7	0:56.4	3	31:07.8	10:03	1:40:54.0	

Male Overall Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	Nathan Mize	1	14:09.2	1:46	0:55.1	1	43:34.1	22.0	0:29.7	2	20:06.5	6:29	1:19:14.9	
2	2	Nathan Sia	3	15:55.3	1:59	0:40.6	3	46:47.8	20.5	0:25.6	1	19:12.6	6:12	1:23:02.1	
3	3	Brian Ehrig	2	15:47.4	1:58	1:09.3	2	44:27.6	21.6	0:31.1	3	21:39.4	6:59	1:23:35.0	

Female Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	28	Bette Simpson	1	22:26.4	2:48	2:11.4	1	57:02.2	16.8	1:41.7	1	28:12.3	9:06	1:51:34.3	

Male Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	4	Chris Burl	1	15:02.2	1:53	0:41.9	1	43:17.7	22.2	0:46.1	1	23:54.6	7:43	1:23:42.8	

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Age Group Results

Sprint Age Group

Male 14 and under

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	42	Jacob Grubb	1	23:19.5	2:55	1:45.7	1	1:15:50.6	12.7	2:29.8	1	35:48.0	11:33	2:19:13.9	

Male 15 to 19

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	11	Adam Porter	1	15:40.6	1:58	0:26.7	1	54:18.0	17.7	0:35.4	1	26:34.6	8:34	1:37:35.4	
2	32	Zachary Elliott	2	21:00.2	2:38	2:09.6	2	1:04:01.1	15.0	0:59.5	2	31:08.2	10:03	1:59:18.7	
3	39	Justin Seagraves	3	22:04.0	2:46	2:32.9	3	1:04:18.6	14.9	0:29.1	3	35:45.4	11:32	2:07:10.2	2:00

Female 20 to 24

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	17	Allison Short		0:00.0	0:00	20:21.3	1	52:49.8	18.2	1:35.6	1	28:48.6	9:18	1:43:35.5	
2	44	Ashley Warren	2	32:24.4	4:03	3:02.0	2	1:16:28.6	12.6	2:07.9	2	29:58.9	9:40	2:24:01.9	
3	45	Emma Richardson	1	20:56.1	2:37	14:28.4	3	1:16:29.5	12.6	2:09.8	3	29:59.0	9:40	2:24:03.0	

Male 20 to 24

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	21	Chris Ray	1	17:33.8	2:12	1:30.3	1	54:51.0	17.5	0:57.5	1	31:14.9	10:05	1:46:07.7	

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Age Group Results

Sprint Age Group

Female 25 to 29

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	16	Kelly Essler	2	13:47.0	1:43	0:52.6	2	54:30.0	17.6	0:34.2	4	33:33.1	10:49	1:43:17.1	
2	22	Courtney Flynn	1	13:02.3	1:38	1:40.7	4	59:30.3	16.1	0:30.1	3	33:09.7	10:42	1:47:53.2	
3	27	Sara Mitchell	4	23:35.3	2:57	1:55.7	1	53:58.0	17.8	1:23.1	1	29:52.8	9:38	1:50:45.1	
4	31	Anna Mitchell	5	23:36.3	2:57	1:52.4	3	56:05.7	17.1	1:07.4	5	35:05.6	11:19	1:57:47.6	
5	38	Kaitlyn Osborne	3	21:06.6	2:38	1:39.1	5	1:05:57.1	14.6	0:54.4	2	31:04.1	10:01	2:02:41.5	2:00

Male 25 to 29

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	8	Elliot Stone	1	15:22.8	1:55	1:49.0	1	47:30.8	20.2	0:42.6	1	25:57.4	8:22	1:31:22.6	
2	13	Andrew Foote	3	19:14.0	2:24	2:51.3	2	50:16.8	19.1	0:25.4	2	27:10.9	8:46	1:39:58.7	
3	37	Gunner Osborne	4	21:15.8	2:39	1:50.8	3	58:21.2	16.5	0:31.2	4	39:29.9	12:44	2:01:29.1	
4	40	Bradley Myers	2	15:54.2	1:59	3:16.3	4	1:10:43.8	13.6	0:53.2	3	36:36.9	11:49	2:07:24.6	

Male 30 to 34

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	29	Jeremy Miller	1	16:26.7	2:03	2:41.8	2	56:59.7	16.8	1:33.0	2	35:25.7	11:26	1:53:07.0	
2	30	Paul Rumberger	2	22:02.2	2:45	2:26.5	1	54:37.9	17.6	1:10.5	1	34:07.6	11:01	1:54:24.9	

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Age Group Results

Sprint Age Group

Female 35 to 39

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	26	Maria Nia	2	19:35.4	2:27	3:40.3	1	55:49.8	17.2	0:49.5	1	30:14.0	9:45	1:50:09.2	
2	36	Rachel Glandon	1	18:05.4	2:16	1:02.8	2	1:04:14.0	14.9	1:23.3	3	36:36.7	11:49	2:01:22.5	
3	41	Jennifer Gerard	3	20:17.1	2:32	1:56.8	3	1:15:41.4	12.7	2:31.3	2	35:47.7	11:33	2:16:14.5	

Male 35 to 39

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	33	Todd Hollins	1	20:57.1	2:37	3:17.0	1	55:13.8	17.4	2:10.5	1	39:10.5	12:38	2:00:49.0	

Female 40 to 44

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	34	Lyndsey Lampkin	1	20:52.7	2:37	1:36.7	1	1:06:11.3	14.5	0:59.5	2	31:29.1	10:09	2:01:09.6	
2	35	Lori Headley	2	22:12.0	2:47	2:13.0	2	1:07:46.7	14.2	2:44.6	1	26:13.3	8:28	2:01:09.7	

Male 40 to 44

Place			Swim			T1	Bike			T2	Run			Total	
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	Penalty
1	15	James Troutt	2	23:08.7	2:54	1:30.0	1	49:51.4	19.3	0:52.3	1	26:49.4	8:39	1:42:12.0	
2	25	Mark Schwab	1	15:42.1	1:58	3:01.2	2	57:39.7	16.6	1:26.6	2	31:19.0	10:06	1:49:08.9	

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Age Group Results

Sprint Age Group

Male 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	46	Todd Mink	1	36:27.2	4:33	5:23.0	1	1:07:53.8	14.1	1:19.4	1	46:37.6	15:02	2:37:41.1	

Male 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	6	Steve Cole	2	16:28.2	2:04	1:23.8	1	48:23.4	19.8	0:52.2	2	20:59.8	6:46	1:28:07.6	
2	7	Robert Lewis	3	17:52.8	2:14	1:37.6	2	51:04.8	18.8	1:23.6	1	19:19.7	6:14	1:31:18.7	
3	18	Brett Short	1	16:04.2	2:01	4:46.2	3	52:45.1	18.2	0:48.5	4	29:15.6	9:26	1:43:39.7	
4	23	Scott Gray	4	18:30.4	2:19	2:52.7	5	58:57.3	16.3	1:46.6	3	26:01.5	8:24	1:48:08.6	
5	24	Michael Brunson	5	20:12.5	2:32	1:12.2	4	53:47.9	17.8	1:11.2	5	32:44.6	10:34	1:49:08.6	

Female 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	43	Deborah Carter	1	25:04.3	3:08	2:18.8	1	1:12:13.7	13.3	2:21.8	1	39:14.0	12:39	2:21:12.8	

Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	5	Michael Yates	1	12:51.3	1:36	0:49.2	1	46:16.3	20.7	0:47.7	1	23:01.6	7:26	1:23:46.2	
2	19	Robert Carter	2	18:01.3	2:15	1:42.2	2	50:47.8	18.9	1:20.1	2	32:04.9	10:21	1:43:56.5	

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Sprint Age Group

Male 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	20	Dan Passarelli	1	18:33.5	2:19	2:16.0	1	46:37.5	20.6	2:09.8	1	35:22.0	11:25	1:44:59.0	

Male 65 to 69

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	10	Norman Cole	1	17:38.8	2:12	1:15.3	1	48:00.0	20.0	0:52.9	1	27:24.0	8:50	1:35:11.2	

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Tellico Summer Solstice Olympic/Sprint Tr /
Age Group Results
Sprint Clydesdale

Male 99 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	1	Gary Lafferty	2	28:37.5	3:35	4:50.9	1	59:43.4	16.1	2:13.5	1	29:17.9	9:27	2:04:43.4	
2	2	Caleb Warren	1	17:22.1	2:10	4:05.7	2	1:07:33.6	14.2	0:35.0	2	38:20.7	12:22	2:07:57.3	

Tellico Summer Solstice Olympic/Sprint Tr /

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Age Group Results

Olympic Age Group

Female Overall Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	11	Carissa Chambers	2	30:23.5	2:02	1:33.2	2	1:21:36.3	18.2	0:44.7	2	45:23.2	7:19	2:39:41.1	
2	13	Kimberley Maxwell	3	35:25.2	2:22	1:55.5	1	1:19:40.4	18.7	1:09.0	1	43:00.5	6:56	2:41:10.9	
3	20	Beth MacIntire	1	27:24.9	1:50	2:50.0	3	1:25:17.5	17.4	1:27.0	3	47:58.8	7:44	2:44:58.4	

Male Overall Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	1	Bill Beecher	1	20:20.5	1:21	0:36.0	2	1:05:32.0	22.7	0:21.3	3	43:35.7	7:02	2:10:25.7	
2	2	Jevin Hoepfer	2	24:15.6	1:37	1:08.0	1	1:04:47.0	23.0	1:09.6	1	41:01.7	6:37	2:12:22.2	
3	3	Doug Ross	3	25:28.0	1:42	1:14.4	3	1:07:55.9	21.9	0:46.1	2	42:50.8	6:55	2:18:15.4	

Female Masters 40+ Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	42	Sally Goade	1	45:08.7	3:01	4:11.6	1	1:50:12.1	13.5	2:05.3	1	1:29:26.5	14:26	4:11:04.3	

Male Masters 40+ Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	4	Richard Ibberson	1	28:55.7	1:56	1:45.3	1	1:09:36.0	21.4	0:57.5	1	40:45.9	6:35	2:22:00.7	

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Age Group Results

Olympic Age Group

Male 15 to 19

Place			Swim			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	6	Edmond Ceausu	1	20:23.6	1:22	1:23.4	1	1:14:07.2	20.1	0:45.3	1	50:49.7	8:12	2:27:29.3	

Female 20 to 24

Place			Swim			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	37	Megan Mouser	1	34:39.0	2:19	2:47.2	2	1:42:27.5	14.5	1:18.8	1	1:02:09.2	10:01	3:23:21.9	
2	41	Sunday Lantos Swett	3	48:52.7	3:16	3:09.4	1	1:40:32.1	14.8	2:14.9	2	1:03:27.2	10:14	3:38:16.4	
3	43	Taylor Short	2	44:32.3	2:58	2:23.9	3	1:55:15.2	12.9	1:36.5	3	1:31:20.1	14:44	4:15:08.2	

Female 25 to 29

Place			Swim			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	29	Jenna Griffin	1	26:14.8	1:45	2:00.8	1	1:21:31.0	18.3	2:37.3	2	1:06:24.7	10:43	2:58:48.7	
2	34	Kristi Jeffers	2	38:59.8	2:36	2:29.9	2	1:34:51.0	15.7	0:44.8	1	52:55.6	8:32	3:10:01.4	

Female 30 to 34

Place			Swim			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	38	Lindsey Caperton	1	26:00.4	1:44	2:37.3	1	1:39:24.7	15.0	1:05.0	2	1:17:30.7	12:30	3:26:38.4	
2	40	Chanteclair Lantos-Swett	2	48:51.5	3:15	4:01.0	2	1:39:45.4	14.9	2:11.1	1	1:03:25.9	10:14	3:38:15.1	

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Age Group Results

Olympic Age Group

Male 30 to 34

Place			Swim			T1	Bike			T2	Run			Total	Penalty
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	10	John Carruth	6	35:28.2	2:22	1:11.1	3	1:14:35.7	19.9	1:17.0	1	44:22.4	7:09	2:36:54.5	
2	14	Ryan Kinder	5	31:13.2	2:05	1:33.2	1	1:13:47.2	20.2	1:53.3	3	52:59.8	8:33	2:41:26.9	
3	16	Jordan Bryant	2	28:15.5	1:53	1:42.9	2	1:13:49.1	20.2	0:47.8	5	57:41.0	9:18	2:42:16.5	
4	23	Billy Madore	4	29:36.9	1:58	1:50.8	4	1:24:30.4	17.6	1:58.4	2	49:28.2	7:59	2:47:25.0	
5	30	Jake Garner	3	28:37.1	1:54	2:08.3	6	1:28:35.7	16.8	1:32.6	6	59:50.1	9:39	3:00:43.9	
6	31	Ryan Lester	1	25:17.3	1:41	3:14.7	5	1:24:33.2	17.6	2:47.3	7	1:05:43.5	10:36	3:01:36.1	
7	36	Benton York	7	36:48.5	2:27	4:17.9	7	1:33:41.4	15.9	2:41.2	4	57:17.9	9:15	3:14:47.1	

Female 35 to 39

Place			Swim			T1	Bike			T2	Run			Total	Penalty
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	26	Natalie Griffiths	2	33:25.7	2:14	1:20.0	1	1:16:47.4	19.4	1:23.5	2	59:15.3	9:33	2:52:12.1	
2	32	Morgan Diggs	1	29:44.6	1:59	1:28.0	2	1:41:01.7	14.7	0:53.2	1	51:04.6	8:14	3:04:12.3	

Male 35 to 39

Place			Swim			T1	Bike			T2	Run			Total	Penalty
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	7	Devin Maas	1	29:31.2	1:58	1:07.9	1	1:11:43.1	20.7	1:27.8	1	44:07.9	7:07	2:27:58.1	
2	15	Matthew Collins	4	34:15.2	2:17	1:32.9	2	1:14:02.5	20.1	1:11.9	2	50:26.2	8:08	2:41:28.9	
3	21	Matthew Walberg	3	32:05.8	2:08	1:04.9	4	1:19:41.1	18.7	1:01.6	3	51:44.9	8:21	2:45:38.4	
4	27	Brad Burton	2	30:40.8	2:03	2:21.0	3	1:19:38.3	18.7	2:42.0	4	59:56.3	9:40	2:55:18.5	
5	44	John Rausin	5	39:54.7	2:40	2:38.7	5	1:51:28.0	13.3	5:20.9	5	1:53:50.5	18:22	4:33:13.0	

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Age Group Results

Olympic Age Group

Male 40 to 44

Place			Swim			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	18	Ben Wagner	1	28:26.5	1:54	2:01.3	1	1:18:27.4	19.0	1:15.8	1	52:44.7	8:30	2:42:55.8	

Male 45 to 49

Place			Swim			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	5	Todd Caldwell	4	31:16.7	2:05	1:31.8	1	1:08:56.9	21.6	1:06.3	1	43:56.7	7:05	2:26:48.5	
2	8	Anthony Cavallucci	2	29:16.8	1:57	0:49.4	2	1:10:12.5	21.2	1:08.7	2	48:16.0	7:47	2:29:43.6	
3	17	Andy Puckett	1	25:28.8	1:42	2:09.9	3	1:21:27.4	18.3	1:12.0	3	52:08.8	8:25	2:42:27.1	
4	35	Sean White	3	30:51.1	2:03	1:51.8	4	1:41:52.0	14.6	1:55.4	4	55:44.3	8:59	3:12:14.8	

Male 50 to 54

Place			Swim			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	9	Ronald Manis	1	29:35.3	1:58	1:44.2	1	1:18:33.7	18.9	1:19.3	1	39:22.0	6:21	2:30:34.7	
2	12	Stephen Perkins	2	32:42.6	2:11	1:17.0	2	1:18:34.3	18.9	0:42.0	2	47:36.9	7:41	2:40:52.9	
3	28	Lawrence Thurman	3	35:40.2	2:23	2:56.8	3	1:26:02.1	17.3	1:42.9	3	49:01.1	7:54	2:55:23.3	

Male 55 to 59

Place			Swim			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	19	Ken Hall	3	33:16.8	2:13	1:08.4	1	1:15:56.9	19.6	0:52.0	2	53:04.6	8:34	2:44:18.9	

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Age Group Results
Olympic Age Group

Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
2	24	Rick Peters	1	29:54.3	2:00	2:31.8	3	1:22:21.1	18.1	2:01.6	1	51:41.6	8:20	2:48:30.5	
3	25	Brian Bischoff	2	30:36.6	2:02	3:03.1	2	1:18:52.2	18.9	1:57.1	3	54:23.7	8:46	2:48:52.8	

Male 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	39	Daniel Goade	1	42:41.2	2:51	8:42.7	1	1:20:42.8	18.4	0:56.2	1	1:24:16.4	13:36	3:37:19.4	

Male 65 to 69

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	22	William Smith	1	33:27.5	2:14	1:45.6	1	1:14:36.3	19.9	1:10.5	1	55:28.0	8:57	2:46:28.1	

Male 70 to 74

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	33	Douglas Stewart	1	34:50.9	2:19	2:19.2	1	1:23:55.4	17.7	1:51.5	1	1:01:53.2	9:59	3:04:50.3	

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Tellico Summer Solstice Olympic/Sprint Tr /
Age Group Results
Olympic Clydesdale

Male 99 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>	<u>Penalty</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	Robert Peglow	1	49:58.3	3:20	4:25.0	1	2:16:22.5	10.9	4:29.6	1	1:16:33.6	12:21	4:31:49.2	

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Tellico Summer Solstice Olympic/Sprint Tr /
Age Group Results
Olympic Athena

Female 99 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	1	Katie Heckle	1	37:04.9	2:28	2:33.9	1	1:38:22.4	15.1	1:39.1	1	1:07:15.9	10:51	3:26:56.4	

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Tellico Summer Solstice Olympic/Sprint Tr /
Age Group Results
Hammer Duathlon Age Group

Female Open Winners

Place			Run1			T1	Bike			T2	Finish			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	3	Rebecca Jackson	1	25:24.9	8:12	1:29.8	2	54:57.9	3:26	1:27.2	2	26:30.2	8:33	1:49:50.1	
2	4	Sarah Bennett	2	26:36.9	8:35	1:41.2	3	56:30.1	3:32	1:19.0	1	25:48.4	8:20	1:51:55.8	
3	5	Michele Weir	3	27:13.8	8:47	1:52.2	1	51:27.9	3:13	0:36.9	3	31:49.8	10:16	1:53:00.7	

Male Open Winners

Place			Run1			T1	Bike			T2	Finish			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	1	Jonathan Bass	1	19:55.8	6:26	0:27.0	1	44:18.8	2:46	0:22.3	1	21:49.7	7:03	1:26:53.7	
2	2	Bert Hull	2	21:59.0	7:06	1:09.3	2	44:40.1	2:48	0:48.7	2	22:43.6	7:20	1:31:20.9	
3	7	Jason McSpadden	3	27:48.1	8:58	1:50.7	3	58:17.1	3:39	1:01.6	3	39:32.4	12:45	2:08:30.2	

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Tellico Summer Solstice Olympic/Sprint Tr /
Age Group Results
Hammer Duathlon Age Group

Female 45 to 49

Place			Run1			T1	Bike			T2	Finish			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	6	Jeanne Williams	1	29:28.5	9:31	1:27.7	1	59:04.9	3:42	1:28.3	1	36:58.1	11:56	2:08:27.6	

Male 55 to 59

Place			Run1			T1	Bike			T2	Finish			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	8	Steve Tomkins	1	29:43.6	9:35	1:15.0	1	1:07:17.3	4:12	1:57.5	1	44:22.2	14:19	2:24:35.7	

Male 60 to 64

Place			Run1			T1	Bike			T2	Finish			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	9	Dale Less	1	32:41.1	10:33	2:04.4	1	1:01:28.2	3:51	3:21.4	1	56:03.5	18:05	2:35:38.7	