

PRE AND POST TREATMENT ADVICE

For The Client

PRE TREATMENT

For optimum results your skin will usually be treated for two weeks prior, with the following:

1. AHA product
2. Lightening serum
3. SPF at minimum

Why? We wish to prepare the skin thoroughly and effectively in order to guarantee optimum results throughout the course of treatments.

Please avoid the following for 14 days prior

IPL
LASER
Microneedling treatments
Direct sun exposure

Please avoid the following for 7 days prior

Steroid Cream
Do not wax the area
Prescribed Retin A cream

Please avoid the following for 3 days prior

Vitamin A: specifically retinol

Please avoid the following for 1 day prior
Resurfacing products, shaving/depilatory creams

Additional notes

If prone to coldsores a prescribed anti-viral medication may be advisable.



POST TREATMENT

This phase is mandatory to ensure the skin is using approved ingredients post treatment and to prevent any adverse or unwelcome reactions. Please do not pick or irritate the skin.

PLEASE USE FOR 5 DAYS AFTER TREATMENT

Please do not use any of your regular products until Day 6 post peel. Please do not pick/ peel at shedding skin. Avoid sun exposure for 14 days. No Retin A products for 7 days.



Am

1. Cleanse with Max Cleanser
2. Iluma Lightening serum
3. SPF Prevention +

Pm

1. Cleanse with Max Cleanser
2. Iluma Lightening Serum
3. The Max creme

On Day 3

Use the Vital C Hydrating Enzyme mask for 5 minutes. Then remove.