

Table 1

Bib #	Last Name	First Name	Sex	Team Name	Race Name	Laps Completed	Laps Remaining	Finishing Time	Speed (MPH) (by chip time)	Split Times (by chip time)
30	Clarke	Warren	Male	Doncaster	Super Mile Quibell Wave 6	4	0	00:05:28.21	11	Split 1: 00:01:22.64 Split 2: 00:01:25.07 Split 3: 00:01:22.80 Split 4: 00:01:17.68
31	McFaul	Jonny	Male	Goole Viking Striders	Super Mile Quibell Wave 6	4	0	00:05:18.66	11.3	Split 1: 00:02:11.03 Split 2: 00:01:51.48 Split 3: 00:01:15.76 Split 4: 00:00:00.37
32	Currie	Carl	Male	Gainsborough & Morton	Super Mile Quibell Wave 6	4	0	00:05:27.95	11	Split 1: 00:01:22.69 Split 2: 00:01:23.63 Split 3: 00:01:24.54 Split 4: 00:01:17.07
33	Skinner	Lindsay	Female		Super Mile Quibell Wave 6	0	4			
34	Barber	Steve	Male	Danum harriers	Super Mile Quibell Wave 6	0	4			
35	Isle	Matthew	Male		Super Mile Quibell Wave 6	0	4			
36	Heaney	Aaron	Male		Super Mile Quibell Wave 6	0	4			
37	White	Darren	Male	East Hull Harriers &	Super Mile Quibell Wave 6	0	4			
38	Shoreson	Rob	Male		Super Mile Quibell Wave 6	4	0	00:05:06.64	11.8	Split 1: 00:02:02.57 Split 2: 00:01:49.38 Split 3: 00:01:15.23 Split 4: 00:00:00.-5
39	Blizard	Jenny	Female	Rotherham Harriers /	Super Mile Quibell Wave 6	4	0	00:05:15.77	11.4	Split 1: 00:01:17.90 Split 2: 00:02:00.00 Split 3: 00:01:56.88 Split 4: 00:00:00.98
40	Harness	Patrick	Male	Goole Viking Striders	Super Mile Quibell Wave 6	4	0	00:05:20.86	11.2	Split 1: 00:01:18.88 Split 2: 00:01:19.85 Split 3: 00:01:23.95 Split 4: 00:01:18.16
41	Young	Graham	Male	non affiliated	Super Mile Quibell Wave 6	4	0	00:06:16.64	9.6	Split 1: 00:01:22.50 Split 2: 00:01:35.42 Split 3: 00:01:40.76 Split 4: 00:01:37.94
42	Padley	Thomas	Male	Scunthorpe & District	Super Mile Quibell Wave 6	4	0	00:05:37.58	10.7	Split 1: 00:01:19.50 Split 2: 00:02:01.54 Split 3: 00:01:19.53 Split 4: 00:00:57.00
43	Millns	David	Male	Totley AC	Super Mile Quibell Wave 6	0	4			
44	Reynolds	Andrew	Male	Caistor Running Club	Super Mile Quibell Wave 6	4	0	00:04:58.03	12.1	Split 1: 00:01:52.37 Split 2: 00:00:38.67 Split 3: 00:00:32.55 Split 4: 00:01:54.42
45	Morris	Ryan	Male	scunthorpe&district	Super Mile Quibell Wave 6	4	0	00:04:58.44	12.1	Split 1: 00:01:39.47 Split 2: 00:02:07.41 Split 3: 00:01:10.74 Split 4: 00:00:00.80
46	Stonehewer	Luke	Male		Super Mile Quibell Wave 6	4	0	00:04:43.82	12.7	Split 1: 00:01:12.82 Split 2: 00:01:13.04 Split 3: 00:01:11.70 Split 4: 00:01:06.24
47	Page	Ryan	Male	Lincoln Track Club	Super Mile Quibell Wave 6	4	0	00:04:39.23	12.9	Split 1: 00:01:13.68 Split 2: 00:01:12.61 Split 3: 00:01:24.61 Split 4: 00:00:48.31
200	Marritt	Francesca	Female	Slimming World Team R	Super Mile Quibell Wave 1	4	0	00:09:27.79	6.3	Split 1: 00:02:05.46 Split 2: 00:02:23.22 Split 3: 00:02:35.44 Split 4: 00:02:23.66
201	Sweeney	Isabelle	Female	Lincsquad	Super Mile Quibell Wave 1	0	4			
202	Cheeseman	Sharron	Female		Super Mile Quibell Wave 1	4	0	00:10:12.96	5.9	Split 1: 00:02:17.87 Split 2: 00:02:33.46 Split 3: 00:02:41.80 Split 4: 00:02:39.81
203	Lonsdale	Susan	Female	Lincsquad	Super Mile Quibell Wave 1	0	4			
204	Cartwright	Jenny	Female		Super Mile Quibell Wave 1	0	4			
205	Lancaster	Rachel	Female		Super Mile Quibell Wave 1	4	0	00:08:48.56	6.8	Split 1: 00:02:04.93 Split 2: 00:02:16.66 Split 3: 00:02:16.68 Split 4: 00:02:10.28
206	Smith	Helen	Female		Super Mile Quibell Wave 1	0	4			
207	George	Ruth	Female	Barton and district	Super Mile Quibell Wave 1	4	0	00:09:05.03	6.6	Split 1: 00:02:16.10 Split 2: 00:02:16.35 Split 3: 00:02:18.38 Split 4: 00:02:14.18
208	Atkinson	Nikki	Female	Scunthorpe & District	Super Mile Quibell Wave 1	0	4			
209	Foulston	Helen	Female	Barton and district AC	Super Mile Quibell Wave 1	4	0	00:08:05.12	7.4	Split 1: 00:01:46.78 Split 2: 00:02:01.26 Split 3: 00:02:06.66 Split 4: 00:02:10.41
210	Cawkwell	Helen	Female	Barton and district	Super Mile Quibell Wave 1	4	0	00:07:55.20	7.6	Split 1: 00:01:47.23 Split 2: 00:02:01.06 Split 3: 00:02:05.33 Split 4: 00:02:01.57
211	Procter	Bev	Female	Barton and district ac	Super Mile Quibell Wave 1	4	0	00:08:32.01	7	Split 1: 00:01:57.11 Split 2: 00:02:14.25 Split 3: 00:02:14.32 Split 4: 00:02:06.31
212	Birch	Sharon	Female		Super Mile Quibell Wave 1	0	4			
213	Croft	Lindsay	Female		Super Mile Quibell Wave 1	4	0	00:08:45.52	6.9	Split 1: 00:02:00.90 Split 2: 00:02:16.83 Split 3: 00:02:21.77 Split 4: 00:02:06.00
214	Cavanagh	Lynda	Female	FERC	Super Mile Quibell Wave 1	4	0	00:08:58.19	6.7	Split 1: 00:02:05.54 Split 2: 00:02:20.84 Split 3: 00:02:21.58 Split 4: 00:02:10.22
215	Lonsdale	Jonathan	Male	Lincsquad	Super Mile Quibell Wave 1	0	4			
216	Lancaster	Kate	Female	N/a	Super Mile Quibell Wave 1	4	0	00:07:47.75	7.7	Split 1: 00:01:50.77 Split 2: 00:02:01.25 Split 3: 00:02:00.79 Split 4: 00:01:54.92
217	Duke	Amanda	Female		Super Mile Quibell Wave 1	0	4			
218	Porte	Jessamine	Female	Lincsquad	Super Mile Quibell Wave 1	0	4			
219	Halstad	Jean	Female		Super Mile Quibell Wave 1	4	0	00:08:42.74	6.9	Split 1: 00:02:04.63 Split 2: 00:02:15.99 Split 3: 00:02:16.94 Split 4: 00:02:05.56
220	Stonehewer	Libby	Female	Scunthorpe & District	Super Mile Quibell Wave 2	4	0	00:07:38.88	7.9	Split 1: 00:01:52.65 Split 2: 00:01:58.56 Split 3: 00:02:00.01 Split 4: 00:01:47.65
221	Ellis	Katy	Female	Lincsquad	Super Mile Quibell Wave 2	4	0	00:07:10.79	8.4	Split 1: 00:01:51.08 Split 2: 00:01:48.95 Split 3: 00:01:51.14 Split 4: 00:01:39.61
222	Shaw	Dawn	Female		Super Mile Quibell Wave 2	4	0	00:07:02.48	8.5	Split 1: 00:01:40.43 Split 2: 00:01:47.86 Split 3: 00:01:49.13 Split 4: 00:01:45.04
223	Hills	Phil	Male	Scunthorpe and distri	Super Mile Quibell Wave 2	4	0	00:07:45.82	7.7	Split 1: 00:01:47.46 Split 2: 00:01:57.53 Split 3: 00:02:01.29 Split 4: 00:01:59.52
224	Gillon	Dean	Male		Super Mile Quibell Wave 2	0	4			
225	Harper	Hannah	Female		Super Mile Quibell Wave 2	0	4			
226	Harper	Sarah	Female		Super Mile Quibell Wave 2	0	4			
227	Chapman	Ken	Male	Kimberworth Striders	Super Mile Quibell Wave 2	0	4			
228	Hill	Andy	Male	Wolds veterans rc	Super Mile Quibell Wave 2	0	4			
229	Garner	Bevan	Male		Super Mile Quibell Wave 2	0	4			
230	Vines	Phillip	Male	Caistor	Super Mile Quibell Wave 2	4	0	00:06:50.32	8.8	Split 1: 00:01:43.12 Split 2: 00:01:46.72 Split 3: 00:01:48.44 Split 4: 00:01:32.03
231	Cawkwell	Charlotte	Female	Barton and district	Super Mile Quibell Wave 2	0	4			
232	Sweeney	James	Male	Lincsquad	Super Mile Quibell Wave 2	0	4			
233	Ferguson	Andrew	Male		Super Mile Quibell Wave 2	4	0	00:06:35.27	9.1	Split 1: 00:01:33.42 Split 2: 00:01:40.30 Split 3: 00:01:44.57 Split 4: 00:01:36.97
234	Holmes	Janice	Female		Super Mile Quibell Wave 2	4	0	00:08:01.56	7.5	Split 1: 00:01:52.91 Split 2: 00:02:01.19 Split 3: 00:02:05.22 Split 4: 00:02:02.22
235	Kent	Walter	Male	winterton	Super Mile Quibell Wave 2	0	4			
236	Gerhardt	Richard	Male		Super Mile Quibell Wave 2	0	4			
237	Wadd	Gemma	Female		Super Mile Quibell Wave 2	0	4			
238	Morley	Jane	Female	Wolds vet R C	Super Mile Quibell Wave 2	0	4			
239	Whitlam	Steven	Male	Gvs	Super Mile Quibell Wave 3	4	0	00:06:30.38	9.2	Split 1: 00:01:38.29 Split 2: 00:01:40.88 Split 3: 00:01:40.17 Split 4: 00:01:31.02
240	Vandenbrook	James	Male		Super Mile Quibell Wave 3	4	0	00:07:21.32	8.2	Split 1: 00:01:40.50 Split 2: 00:01:51.02 Split 3: 00:01:58.63 Split 4: 00:01:51.16
241	Schofield	Jonathan	Male		Super Mile Quibell Wave 3	4	0	00:06:10.43	9.7	Split 1: 00:01:35.48 Split 2: 00:01:34.28 Split 3: 00:01:35.35 Split 4: 00:01:25.31
242	Ernest	John	Male	Independent	Super Mile Quibell Wave 3	0	4			
243	Mcough	Stewart	Male		Super Mile Quibell Wave 3	4	0	00:06:11.14	9.7	Split 1: 00:01:30.77 Split 2: 00:01:35.29 Split 3: 00:01:35.16 Split 4: 00:01:29.90
244	Boyle	Shaun	Male	Gainsborough & Morton	Super Mile Quibell Wave 3	4	0	00:06:40.78	9	Split 1: 00:01:38.33 Split 2: 00:01:41.62 Split 3: 00:01:42.21 Split 4: 00:01:38.60
245	Cheeseman	Justin	Male		Super Mile Quibell Wave 3	4	0	00:07:27.05	8.1	Split 1: 00:01:43.11 Split 2: 00:01:50.49 Split 3: 00:01:57.80 Split 4: 00:01:55.63
246	Peniston	Glenn	Male	Gainsborough and Mort	Super Mile Quibell Wave 3	4	0	00:06:26.05	9.3	Split 1: 00:01:37.47 Split 2: 00:01:40.95 Split 3: 00:01:39.08 Split 4: 00:01:25.53
247	Hearn	Vikki	Female	Gainsborough & Morton	Super Mile Quibell Wave 3	0	4			
248	Holder	Tony	Female		Super Mile Quibell Wave 3	4	0	00:06:50.75	8.8	Split 1: 00:01:35.87 Split 2: 00:01:44.37 Split 3: 00:01:48.13 Split 4: 00:01:42.37
249	Guy	Belinda	Female		Super Mile Quibell Wave 3	0	4			
250	Hindley	Norman	Male	gainsborough morton s	Super Mile Quibell Wave 3	4	0	00:07:14.21	8.3	Split 1: 00:01:40.02 Split 2: 00:01:50.10 Split 3: 00:01:54.36 Split 4: 00:01:49.71
251	Dale	Jenny	Female		Super Mile Quibell Wave 3	0	4			
252	Adams	Paul	Male		Super Mile Quibell Wave 3	4	0	00:06:33.67	9.2	Split 1: 00:01:35.95 Split 2: 00:01:41.15 Split 3: 00:01:41.32 Split 4: 00:01:35.24
253	Fursman	Simon	Male	Wolds Vets Running Cl	Super Mile Quibell Wave 3	0	4			
254	Fursman	Lizzi	Female	wolds veteran running	Super Mile Quibell Wave 3	0	4			
255	Lamming	Lizzi	Female	wolds veteran running	Super Mile Quibell Wave 3	0	4			
256	Askew	Andrina	Female		Super Mile Quibell Wave 3	4	0	00:06:19.65	9.5	Split 1: 00:01:30.20 Split 2: 00:01:35.39 Split 3: 00:03:14.98 Split 4: 00:00:00.-9
257	Askew	Mark	Male	scunthorpe	Super Mile Quibell Wave 3	4	0	00:06:53.28	8.7	Split 1: 00:01:42.80 Split 2: 00:01:49.44 Split 3: 00:01:48.13 Split 4: 00:01:32.88
258	Padley	Kerry	Female	Scunthorpe & District	Super Mile Quibell Wave 3	4	0	00:06:28.55	9.3	Split 1: 00:01:32.57 Split 2: 00:01:37.86 Split 3: 00:01:40.41 Split 4: 00:01:37.70
259	Love	Katie	Female	Scunthorpe and distri	Super Mile Quibell Wave 3	4	0	00:06:27.97	9.3	Split 1: 00:01:30.07 Split 2: 00:01:37.29 Split 3: 00:01:43.11 Split 4: 00:01:37.48
260	Pollard	Michael	Male	Goole Viking Striders	Super Mile Quibell Wave 4	0	4			
261	George	Dave	Male		Super Mile Quibell Wave 4	4	0	00:06:33.49	9.2	Split 1: 00:01:35.43 Split 2: 00:03:24.41 Split 3: 00:00:03.41 Split 4: 00:01:30.23
262	Foster	Josie	Female	Lincsquad	Super Mile Quibell Wave 4	0	4			
263	Lonsdale	Hannah	Female	Lincsquad	Super Mile Quibell Wave 4	0	4			
264	Holmes	Hannah	Female	Gainsborough & Morton	Super Mile Quibell Wave 4	4	0	00:06:04.27	9.9	Split 1: 00:01:30.15 Split 2: 00:01:34.13 Split 3: 00:01:37.33 Split 4: 00:01:22.64
265	Mccourt	Sian	Female	Wolds veterans RC	Super Mile Quibell Wave 4	4	0	00:06:42.09	9	Split 1: 00:01:33.62 Split 2: 00:01:39.99 Split 3: 00:01:44.10 Split 4: 00:01:44.36
266	Shah	Tariq	Male		Super Mile Quibell Wave 4	0	4			
267	Ellis	Lucy	Female	Scunthorpe and Distri	Super Mile Quibell Wave 4	4	0	00:05:59.32	10	Split 1: 00:01:50.49 Split 2: 00:01:10.45 Split 3: 00:02:30.67 Split 4: 00:00:27.70
268	Portlock	Rachel	Female	Wolds Veteran RC	Super Mile Quibell Wave 4	4	0	00:06:36.98	9.1	Split 1: 00:01:35.02 Split 2: 00:01:40.68 Split 3: 00:01:40.63 Split 4: 00:01:40.63
269	Birch	Nicola	Female	Scunthorpe District AC	Super Mile Quibell Wave 4	4	0	00:05:51.93	10.3	Split 1: 00:01:29.67 Split 2: 00:01:30.94 Split 3: 00:01:31.04 Split 4: 00:01:20.27
270	Weatherall	Samantha	Female	Kimberworth Striders	Super Mile Quibell Wave 4	4	0	00:07:02.18	8.5	Split 1: 00:01:32.98 Split 2: 00:01:46.29 Split 3: 00:01

274	Love	Chloe	Female	Scunthorpe and distri	Super Mile Quibell Wave 4	4	0	00:05:42.09		10.5	Split 1: 00:01:23.62 Split 2: 00:02:19.62 Split 3: 00:00:37.85 Split 4: 00:01:20.99
275	Lynch	Karen	Female	Blizard Team	Super Mile Quibell Wave 4	0	4				
276	Robinson	Helen	Female	Wolds Veterans RC	Super Mile Quibell Wave 4	4	0	00:06:10.26		9.7	Split 1: 00:01:34.13 Split 2: 00:01:46.01 Split 3: 00:11:32.93 Split 4: 00:08:42.8
277	Shirley	Vic	Male	Northern Masters	Super Mile Quibell Wave 4	0	4				
278	Barratt	Emily	Female	Grimsby Harriers	Super Mile Quibell Wave 4	4	0	00:06:11.17		9.7	Split 1: 00:01:29.35 Split 2: 00:01:34.27 Split 3: 00:03:08.15 Split 4: 00:00:00.6
279	Francis	Sarah	Female		Super Mile Quibell Wave 5	1	3				Split 1: 00:02:38.35
280	Casey	Mick	Male	Wolds Veteran RC	Super Mile Quibell Wave 5	0	4				
281	Morley	Andrea	Female	Scunthorpe & District	Super Mile Quibell Wave 5	0	4				
282	Barnes	Daniel	Male		Super Mile Quibell Wave 5	0	4				
283	Fye	Chris	Male	Team Blizzard	Super Mile Quibell Wave 5	4	0	00:05:58.38		10.1	Split 1: 00:04:39.75 Split 2: 00:01:33.6 Split 3: 00:10:25.94 Split 4: 00:07:33.6
284	Whall	Emily	Female	lincsquad	Super Mile Quibell Wave 5	4	0	00:05:58.15		10.1	Split 1: 00:01:32.24 Split 2: 00:01:34.43 Split 3: 00:02:10.88 Split 4: 00:00:40.59
285	Wood	Shaz	Female	Doncaster AC	Super Mile Quibell Wave 5	0	4				
286	Morton	Rich	Female		Super Mile Quibell Wave 5	4	0	00:06:05.82		9.9	Split 1: 00:01:32.95 Split 2: 00:01:32.96 Split 3: 00:01:32.99 Split 4: 00:01:26.91
287	Dale	Chris	Male		Super Mile Quibell Wave 5	4	0	00:05:55.68		10.1	Split 1: 00:01:28.75 Split 2: 00:01:28.64 Split 3: 00:01:32.27 Split 4: 00:01:26.02
288	Nicol	Barry	Male	Scunthorpe & District	Super Mile Quibell Wave 5	4	0	00:05:32.61		10.8	Split 1: 00:01:28.29 Split 2: 00:01:25.35 Split 3: 00:01:23.60 Split 4: 00:01:15.34
289	Billington	Andrew	Male	Team Blizzard	Super Mile Quibell Wave 5	4	0	00:06:16.26		9.6	Split 1: 00:01:36.14 Split 2: 00:01:35.42 Split 3: 00:01:36.03 Split 4: 00:01:28.65
290	Houlton	Dean	Male	Grantham AC	Super Mile Quibell Wave 5	0	4				
291	Koslow	Finley	Male	louth ac	Super Mile Quibell Wave 5	4	0	00:05:40.83		10.6	Split 1: 00:02:52.42 Split 2: 00:01:09.52 Split 3: 00:00:17.86 Split 4: 00:01:21.01
292	Craig	Mary	Female	Wolds Vets	Super Mile Quibell Wave 5	0	4				
293	Weatherall	Lee	Male	Kimberworth Striders	Super Mile Quibell Wave 5	4	0	00:05:57.92		10.1	Split 1: 00:01:32.84 Split 2: 00:01:33.95 Split 3: 00:01:32.95 Split 4: 00:01:18.16
294	Hepworth	Darren	Male	Lincsquad	Super Mile Quibell Wave 5	0	4				
295	Williamson	James	Male	Goole Viking Striders	Super Mile Quibell Wave 5	4	0	00:05:29.38		10.9	Split 1: 00:01:28.91 Split 2: 00:01:25.99 Split 3: 00:01:21.35 Split 4: 00:01:13.11
296	Crabb	Gareth	Male	Lincsquad	Super Mile Quibell Wave 5	4	0	00:05:36.14		10.7	Split 1: 00:01:35.80 Split 2: 00:02:45.21 Split 3: 00:01:15.91 Split 4: 00:00:00.7
297	Mewan	Paul	Male	Lincsquad	Super Mile Quibell Wave 5	4	0	00:05:53.36		10.2	Split 1: 00:01:28.39 Split 2: 00:01:27.71 Split 3: 00:01:29.69 Split 4: 00:01:27.55
298	Robertson	Steve	Male		Super Mile Quibell Wave 5	4	0	00:05:37.60		10.7	Split 1: 00:01:27.88 Split 2: 00:01:27.55 Split 3: 00:01:26.11 Split 4: 00:01:16.05
299	Polson	Max	Male	Tickhill Running & At	Super Mile Quibell Wave 5	4	0	00:05:54.30		10.2	Split 1: 00:01:27.61 Split 2: 00:01:27.68 Split 3: 00:01:32.09 Split 4: 00:01:26.89
300	Gibbs	Chris	Male	Lincsquad	Super Mile Quibell Wave 6	0	4				