

# Caring Together Caregiver Symposium



**Friday, Sept. 7**  
8:30 am to 12:30 pm  
BC Forum, West Campus  
Santa Barbara City College  
721 Cliff Drive

or

**Saturday, Sept. 8**  
8:30 am to 12:30 pm  
Santa Maria Public Library  
421 S McClelland Street

A symposium for mental health providers and other helping professionals,  
family caregivers, and the community supporting them.

## ***"Finding Gratitude and Positive Meaning in Family Caregiving"***

Keynote by Barry J. Jacobs, Psy.D. and Julia L. Mayer, Psy.D.

THE SYMPOSIUM IS FREE AND OPEN TO THE PUBLIC

*LCSW, LMFT, and LPCCs earn 3.5 CEUs*

*Seating is limited.  
Reserve your spot early.*

RSVP to  
**skidd@antioch.edu**  
or online at  
**CaringTogetherSB.org**

**Spanish  
interpretation  
provided!**

**Caregivers** – Learn how to find support, personal balance,  
and joy when caring for a vulnerable elder.

**Professionals** - Learn how to identify the emotional,  
psychological and spiritual needs of caregivers and offer  
tools to support and enrich the caregiving experience.

