


AGENDA
Southeast Washington Regional FYSPRT
7/14/2022 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral	Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed
Agenda Items		Discussion & Notes	
Welcome & Introductions (15 minutes)		Youth Tri-lead Baltazar Torres On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner. This will help with attendance gift card stipend for attendance. <i>Baltazar reviewed the purpose, mission and vision of the FYSPRT. He also reviewed ground rules for the meeting. He then led the group in an icebreaker.</i>	
Meeting Minutes (5 minutes)		System Tri-lead Jill Mulhausen Review of meeting minutes from June 9, 2022 Motion made by: <u>Jeanette Barnes</u> Seconded by: <u>My Thai</u> Did the vote carry? YES <i>Jill reviewed the minutes from the June 9th, 2022 regional meeting. Meeting minutes were approved as written.</i>	
Policy and Procedure Update (10 minutes)		Meredith Piehowski FYSPRT Convener Motion to approve: Jill Mulhausen Seconded by: Baltazar Torres <i>Meredith discussed the updates to the policies and procedures (last updated in 2019). Noted that they include a section on how to suggest a meeting topic. Reviewed ways in which FYSPRT members can suggest meeting topics if needed. A motion was made to approve the policy as written. Policies and procedures were approved as written. The updated policies and procedures will be posted on the FYSPRT website.</i>	
Regional Charter Update (5 minutes)		Meredith Piehowski FYSPRT Convener Motion to approve: Jill Mulhausen Seconded by: Jeanette Barnes	

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	<p><i>Meredith reviewed the Regional Charter, which was updated to include steps/methods to suggest a meeting topic. A motion was made to approve the Regional Charter as written. The update to the Regional Charter was approved and the revised version will be posted on the FYSPRT website.</i></p>
<p>FYSPRT Needs Assessment Discussion (20 minutes)</p>	<p>Tri-Leads</p> <ol style="list-style-type: none"> 1. How should we conduct the needs assessment (email, survey monkey, etc)? 2. What do we want to know? 3. What are the most important behavioral health issues in our region? 4. What specifically do we need for youth? 5. What do we need for families? 6. What do we need for our system providers? 7. Any other thoughts, suggestions, discussion? <p><i>Convener briefly reviewed the purpose of the Needs Assessment and opened the meeting up for discussion. Discussed that using survey monkey as well as a QR code would be a good way to get more responses to the survey. Discussed ideas for questions and focus for the survey. Several areas of focus were as follows: highest priority needs for youth, mental health needs, social determinants of health, what is working, what is not working, what we need. The other idea that was discussed was to ask other FYSPRTs what needs assessment they utilize. This FYSPRT has done needs assessments in the past with Youth Move. Convener will contact other conveners to determine what Needs Assessment they have used in the past. Members discussed distribution of the survey and it was suggested the FYSPRT could utilize schools, other community organizations, and group therapy groups to target youth and families, and that using a trusted community member or group leader would provide more responses for the survey.</i></p>
<p>Roundtable Discussion (20 minutes)</p>	<p>All members</p> <p>Meredith – Asked members to refer other organizations and groups to the FYSPRT so they can present information and new programs to the FYSPRT. 5K event in September that is sponsored by the Recovery Coalition, go to the website www.509recovery.com, 988 will be active this Saturday, be aware of this change and call will be answered by a national line and then transferred to Protocol, then to local Crisis Center if needed.</p> <p>Peggy – Call centers are up and running at 95% capacity right now. The 3 Crisis Centers in WA State have been working hard to get ready for this launch. Will be working with mobile crisis responders and there are plans to have a local crisis center open possibly in January as a physical place people can go when in crisis. The difference between 988 and 911 right now is that 911 calls can be tracked by location, 988 calls cannot be tracked by location at this time.</p> <p>Baltazar – TCCH gave out lock boxes, encouraged everyone to hand out ammo boxes and medication lock bags to get them out into the community</p> <p>Cindy – Changes coming to the Ombuds on October 1st, there will be a state Ombuds and they will be doing grievances for medical along with behavioral health, encouraged those concerned to contact their legislator, as the Ombuds were not given the full funding that was requested. Not every area in the state have a current Ombuds as</p>

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	<p>there are option positions and people are attempting to cover those areas. There are multiple individuals who are not staying on with the Ombuds after October 1, 2022.</p> <p>Carolyn – Continue to add certified peer counseling trainings, they are busy and will be working with University of Washington looking at services for children ages 0-25. SPARK is working with JR youth. Proud of youth and young adults who are leading the way with peer support services in WA.</p> <p>John Penney – 3 Rivers is going to make more of an effort to be more involved in the FYSPRT, as they have relevant programs that can benefit youth and families in the community and they want to better serve consumers.</p> <p>LaVerne – Think About Thinking, and discussed sessions and practices for wellness. LaVerne will send materials to Convener to distribute to the FYSPRT.</p> <p>Peggy – Involved in the Smart Center with the University of Washington program Asking is Caring, in pilot sites right now, hoping it will be rolled out in a larger scale in the fall. Program participants have been working with Dr. Stuber. Peer to peer model using roleplay, talking resources in the community. Presenters are parents from the local area.</p> <p>Marcy – Can get information to share out regarding the ability to text 211 for resources and information</p>
Upcoming Event(s) (5 minutes)	<p>5K that supports the Recovery Coalition September 17th http://www.509recovery.org/ New National 988 Crisis line begins on Saturday <i>Reviewed upcoming events.</i></p>
Closing Announcements and Evaluation (5 minutes)	<p>Jill Mulhausen Your FYSPRT meeting evaluation is available at this link: https://www.surveymonkey.com/r/9DD8YVQ</p> <p>Or scan QR code below to access on your mobile device:</p>  <p><i>Please know your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to the State, and are much appreciated!</i></p> <p>For all Youth and Family Partners, please put your contact info in the chat so I can reach out about gift cards for attendance</p> <p><i>Members were encouraged to fill out the survey as they are used for our quarterly reports.</i></p>

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Regional FYSPRT meeting dates	September 8, 2022 October 13, 2022 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588 <i>Members given the date of the next regional FYSPRT meeting and next State FYSPRT meeting.</i>
State FYSPRT meeting dates	Next State Meeting Thursday July 28, 2022 from 3-5pm Meetings will continue to be virtual at this time