



# WESTCHESTER TRAILS ASSOC.

## WINTER HIKING SCHEDULE JANUARY, FEBRUARY and MARCH, 2022

### Covid-19 Policy

**You must be vaccinated in order to participate in WTA outings and events.**

Hikers must have their own Personal Protective Equipment (PPE) with them at all times. This includes a mask or other face covering, which should be worn in crowded areas and when indoors or sharing vehicles. Those who are not from the same household should maintain at least 6' of social distance.

For the safety of all concerned, anyone who answers "yes" to any of these questions cannot be allowed on the hike:

1. Do you currently have any symptoms of a respiratory infection (including cough, fever, sore throat, shortness of breath, or loss of taste/smell)?
2. Have you had any of the above symptoms in the past 10 days?
3. Have you tested positive for COVID-19 in the past 10 days?
4. As far as you know, have you had contact with any confirmed or suspect COVID-19 case within the last 10 days?
5. Have you traveled outside of the U.S. in the last 10 days?



Hiking boots and sufficient water (1-2 liters) are required on all hikes. A trail lunch should be carried unless otherwise noted. Hikers with improper footwear, without enough water, or who are otherwise unprepared, may be refused or turned back by the leader. In fairness to yourself and others, please be honest about your hiking experience and choose a hike within your abilities. Check with the leader if you have any questions about pace, terrain, or any other aspect of the hike.

Ratings are based on terrain (mileage is stated separately in the description). An "easy" hike is one with relatively flat terrain. A "moderate" hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A "strenuous" hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather; bad weather may lead to poor footing and increase a hike's difficulty.

Carpooling arrangements are entirely voluntary and entail no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by 30¢ per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

### **It's Winter - Don't Forget to Put Traction Aids in Your Pack!**

**Saturday, January 1 - New Year's Day Walk/ Plunge at Todd's Point, Greenwich CT.** 3 miles, easy terrain. A return to this annual Covid-interrupted event is planned, with a walk around the park followed by a plunge for the brave. Refreshments are usually available post-plunge. Hikers must be vaccinated and follow Covid policy. Contact leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) to register, no earlier than Monday December 27 and no later than the Thursday before the festivities. *Joint with ADK Mohican.*

Sunday, January 2 - **TWO HIKES TODAY:**

Sunday, January 2 - **Camp Smith Trail.** 7 miles, moderate to strenuous terrain. Start the new year with an out and back hike on the most difficult route in Westchester County. Plenty of ups and downs in both directions, rewarded by almost constant Hudson River views. We will meet at the Tollhouse, have lunch at the summit of Anthony's Nose, and return the way we came. Depending on ground conditions, traction devices and/or snowshoes may be needed. Hikers must be vaccinated and follow Covid policy. Leader: Kevin McGahren, [kmcgk@optonline.net](mailto:kmcgk@optonline.net) or (914) 772-0600. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 50).*

Sunday, January 2 - **Edith G. Read Wildlife Sanctuary and Playland Boardwalk.** 3-5 miles, easy terrain. Enjoy a lake, Sound shore, birds, salt marsh, bamboo forest, woodlands, and more. Hikers must be vaccinated and follow Covid policy. RSVP to leader: Carolyn Hoffman [carohof2@gmail.com](mailto:carohof2@gmail.com) or (914) 420-5778. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 16).*

Saturday, January 8 - **TWO HIKES TODAY:**

Saturday, January 8 - **Torrey Memorial.** 5 miles, moderate terrain. This hike starts from Route 6 with an ascent to Torrey Memorial with its magnificent views. We will continue to Turkey Hill Lake and relax for a while, then take the 1779 trail to an unmarked woods road and back to the parking lot. Hikers must be vaccinated and follow Covid policy. Leader Minu Chaudhuri [minuch50@gmail.com](mailto:minuch50@gmail.com), (914) 391-5918. *Joint with ADK Mohican.*

Saturday, January 8 - **Within the County: Mt. Vernon to Harrison. Part 3: The Eastern Side of Greenburgh.** 6-7 miles, easy terrain. The town of Greenburgh is fairly large, encompassing 36 square miles, and last year we explored several parks and preserves on its western half. Today let's check out the eastern side of town. Beginning with a short loop through Ridge Road Park in Hartsdale, we will continue into Harts Brook Preserve. We'll hike around the perimeter of this former estate, then take local streets to the newest portion of the Bronx River Pathway (the "missing link" between Hartsdale and Scarsdale), and head south towards Scarsdale. Leaving the Pathway, we'll pass Crane's Pond, ascend to the Greenburgh Nature Center, and amble around the trails in that small but lovely preserve. This hike involves a short shuttle. Hikers must be vaccinated and follow Covid policy. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 5 and 69 (if done with Part 5 of this series)).*

Sunday, January 9 - **TWO HIKES TODAY:**

Sunday, January 9 - **Stockbridge Mountain/Lake Nawahunta Loop.** 5 miles, moderate terrain. On this hike in Harriman State Park, we will start from the Silver Mine parking area on the Menomine Trail. Near the beginning of the hike we pass through Lewis Cemetery with tombstones from the mid 1800's. We'll cross over Seven Lakes Drive, then ascend on the Nawahunta Fire Road to the Long Path and up to the summit of Stockbridge Mountain. Lunch will be at the Shelter. Heading down the mountain, we pick up the Menomine Trail again and take that down to the starting point. Have microspikes or snowshoes handy, just in case you need them. Hikers must be vaccinated and follow Covid policy. Leader: Veronica O'Neil, [missyellierosa@yahoo.com](mailto:missyellierosa@yahoo.com) or (914) 523-9418. *Joint with ADK Mohican.*

Sunday, January 9 - **Croton Gorge Park and the OCA.** 6 miles, easy terrain. Starting at the base of Croton Dam, we'll ascend a broad path to the Old Croton Aqueduct trail, then follow the OCA to the Quaker Bridge Road junction and back. We'll end up at the top of the dam, from which we can

admire views across the reservoir, before descending to our cars. Hikers must be vaccinated and follow Covid policy. Leader: Sheila Sarkar, [shechris6@gmail.com](mailto:shechris6@gmail.com) or (914) 498-2464. *Joint with ADK Mohican.*

Saturday, January 15 - **TWO HIKES TODAY:**

Saturday, January 15 - Nuclear Lake in Pawling, NY. 5-6 miles, moderate terrain. If you want to find out how this lake got its name, come on this hike, which is along the shores of the lake and onto the AT to West Mountain for lunch. Directions are easy: 684 north to its end, then onto Route 22 north. Take Route 55 towards Poughkeepsie, travel for about 5.3 miles and turn right onto Old Route 55. The parking lot is immediately to the left. Must have traction devices with you as they may be needed. Heavy snow/rain cancels. Hikers must be vaccinated and follow Covid policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register. *Joint with ADK Mohican.*

Saturday, January 15 - Baxter Preserve, Hike or Snowshoe. 2-3 miles, easy terrain. We will travel over rolling hills and pastures in North Salem for about 1-1/2 hours. If there is snow you must have your own snowshoes and hiking or ski poles are suggested. Participants must be vaccinated and follow Covid policy. Call the leader, Barry Leibowitz before 6 PM on January 14 to register: cell (914) 774-5321 or home (845) 278- 2479. Snow on the roads cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 46).*

Sunday, January 16 - Gateway Park. 4-5 miles, easy to moderate terrain. Join the leader on this pleasant outing on the grounds of a former dairy farm. With the leaves down, we hope to have several nice views. This hike may be closer to moderate, depending on what is on the ground, with some elevation gain but no significant climbs. It will be done at a compassionate pace with regroupings as needed. Bring a lunch/snack and a liter of water. Traction aids may be necessary; hikers must be vaccinated and follow Covid policy. Leader: Steve Klepner, [spk010@yahoo.com](mailto:spk010@yahoo.com), (845) 297-7066. *Joint with ADK Mohican.*

Saturday, January 22 - **TWO HIKES TODAY:**

Saturday, January 22 - Horse Pound Brook Unit, Carmel, NY. 5-7 miles, easy to moderate terrain. This is an easy to moderate figure 8 hike at a brisk pace through the Mead Farm property. If the weather is good, we can extend the hike to 6-7 miles; if not, the group can stick to a 4-5 mile loop that is snowshoe friendly. In either case, the hike takes in historic stone chambers, rock formations and petroglyphs. Heavy rain or snow cancels. All hikers must print a free, instant, DEP recreation permit in advance of the hike from <https://a826-web01.nyc.gov/recpermitapp>. Please register with the leader, Lauren Linkowski, by the Thursday before the hike at [llinkowski@gmail.com](mailto:llinkowski@gmail.com) or by texting (914) 907-6764. Hikers must be vaccinated and follow Covid policy. *Joint with ADK Mohican.*

Saturday, January 22 - Kensico Cemetery Tour. 3-5 miles, easy to moderate terrain. There are many points of interest in this 460 acre cemetery including gravesites of celebrities, structures with architectural interest and special landscape features. Sturdy shoes, water and lunch recommended - although the cemetery is paved, there are several steep hills. Meet at 11 a.m. in the parking lot of the Administration Building, 273 Lakeview Avenue, Valhalla. Directions: Taconic Parkway to Lakeview Avenue. Turn west, pass the monument shop, cross the railroad tracks and turn right into the parking lot. More information about the cemetery is available at [www.kensico.org](http://www.kensico.org). Leader: Sue Soni, [surekhasoni1968@gmail.com](mailto:surekhasoni1968@gmail.com) Hikers must be vaccinated and follow Covid policy.

Sunday, January 23- Mt Holly Sanctuary/Yarrow Preserve. 5 miles, easy to moderate terrain. We walk through forests with some gentle ups and downs, pass a couple of streams and around a lake

before heading back to Mt Holly Rd. We enter Yarrow preserve on the yellow trail where we will do 2 short loops passing by a lake and a waterfall. We will need to carpool to the trailhead as parking is limited. Hikers must be vaccinated and follow Covid policy. Register with the leader Carol Pamm, [CarolJoyce2@aol.com](mailto:CarolJoyce2@aol.com) or (646) 346-0371. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 37).*

Saturday, January 29 - **TWO HIKES TODAY:**

Saturday, January 29 - **Mianus River Park and Fort Stamford.** 8 miles, easy terrain. This nature reserve on the Greenwich/Stamford border contains trails that follow the course of the Mianus River and pass through rolling forestland. Traction devices may be needed. Please note that this is not the Mianus River Gorge Preserve in Bedford - it is a dog friendly park. To register, contact leader Kathie Laug at (203) 348-3993 (H), (203) 722-5490, or [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net). Hikers must be vaccinated and follow Covid policy. *Joint with ADK Mohican.*

Saturday, January 29 - **NYC Walk.** 9 miles, easy terrain. We will begin our walk at Grand Central Station and amble around the City looking at the sculptures, murals, architecture, parks, the gems and the unusual. Many surprises when we stop and look around corners! We will wander south to find what is new, a huge split star, what is old, a group of four trees. When the weather chills us, we will make indoor stops. Options to shorten the walk are available. Participation is limited to 12 people. Hikers must be vaccinated and follow Covid policy. For questions and to register, contact the leader, Linda Wildman, at [lindawildman88@gmail.com](mailto:lindawildman88@gmail.com) or text/call (914) 316-5674.

Sunday, January 30 - **TWO HIKES TODAY:**

Sunday, January 30 - **Rockefeller State Park and its River Views.** 9-10 miles, easy to moderate terrain. On this hike we will climb to various heights for views of the Hudson from different vantage points. Starting at the Old Sleepy Hollow Road kiosk, we'll head up to Eagle Hill for our first view of the Hudson River. From there, we'll do a loop around the 13 Bridges Trail to the OCA, where we'll connect to the Rockwood area and do a loop within, for more views of the River. Then, back on the OCA to the Gory Brook Trail and up to Cedar Hill for yet another Hudson view. We'll return to our cars along the Pocantico River Trail. Deep snow and/or ice may result in a shorter hike. Hikers must be vaccinated and follow Covid policy. Leader: Alice Benash, [ajrb3@verizon.net](mailto:ajrb3@verizon.net). *Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 38 and 59)*

Sunday, January 30 - **Croton Point.** 4 miles, easy terrain. We will explore this small scenic peninsula, where eagles are often sighted in winter. Dress very warmly for the winds blowing off the Hudson. Hikers must be vaccinated and follow Covid policy. Contact leader to register: Catharine Raffaele, [catharineraffaele@gmail.com](mailto:catharineraffaele@gmail.com). *Joint with ADK Mohican. Qualifies for the Westchester 100 (52).*

Saturday, February 5 - **TWO HIKES TODAY:**

Saturday, February 5 - **Balsam Lake Snowshoe.** 6 miles, moderate terrain. This is one of the easier Catskill snowshoes, to a fire tower. Winter gear is required; hikers must be vaccinated and follow Covid policy. Contact the leader Jane Restani at [irabjanaea@aol.com](mailto:irabjanaea@aol.com) by 5 PM Thursday because this is a long trip and carpooling is preferred. *Joint with ADK Mohican.*

Saturday, February 5 - **Brinton Brook Sanctuary, Croton on Hudson.** 4-5 miles, easy to moderate terrain. Another delight. Lots of ups and downs, some steep but nothing long, all at a relaxed pace. Extra bonus: a wonderful vista. Some sections can be quite gnarly; snow can make this

adventurous and possibly change the route. Participation is limited to 11 people; hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or [arta@croton10520.com](mailto:arta@croton10520.com). Parking is limited at the trailhead so a short shuttle may be required. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 22).*

Sunday, February 6 - **TWO HIKES TODAY:**

Sunday, February 6 - **Within the County: Mt. Vernon to Harrison. Part 4: Mamaroneck and White Plains.** 8-9 miles, easy to moderate terrain. Today we'll return to the Leatherstocking Trail and take that north to Saxon Woods Park while also checking out the Sheldrake River trails along the way. We'll have lunch at the Saxon Woods picnic area, continue north to local streets, and head over to the Harrington Greenway (formerly the White Plains Greenway) which we'll take to its new terminus near Bryant Avenue with diversions to explore the Ridgeway Nature Preserve and Bryant-Mamaroneck Park. A short shuttle is involved. Hikers must be vaccinated and follow Covid policy. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 60, 96b and 68 (if done with Part 2 of this series)).*

Sunday, February 6 - **Cross Country Ski or Hike.** Ski location TBD, at the closest site with sufficient snow. Don't give up if snow is feeble nearby - conditions may be glorious at High Point, NJ, or at Minnewaska. If there is no snow to be found, we'll do a 3-4 mile hike at Cranberry Lake Preserve. Participants must be vaccinated and follow Covid policy. RSVP to leader: Carolyn Hoffman [carohof2@gmail.com](mailto:carohof2@gmail.com) or (914) 420-5778. *Joint with ADK Mohican.*

Saturday, February 12 - **TWO HIKES TODAY:**

Saturday, February 12 - **Fishkill Ridge.** 7 miles, moderate terrain. This is a lollipop loop hike on Fishkill Ridge in the Hudson Highlands with several views to enjoy along the way. Be prepared with traction devices and snowshoes, as needed. Hikers must be vaccinated and follow Covid policy. Leader: Janice Miller, [madjan11@optonline.net](mailto:madjan11@optonline.net). *Joint with ADK Mohican.*

Saturday, February 12 - **FDR State Park.** 4 miles, easy terrain. We'll do a loop on wide trails around the park, with a short detour to take in the view across Mohansic Lake; and we'll also take the blue trail down to Crom Pond and back. Hikers must be vaccinated and follow Covid policy. Leader: Sheila Sarkar, [shechris6@gmail.com](mailto:shechris6@gmail.com) or (914) 498-2464. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 24).*

Sunday, February 13 - **Muscot Farm.** 4-5 miles, easy to moderate terrain. Nice trails for a winter jaunt. Hopefully the snowshoers have packed down the trail. A little steep at the beginning and woods and farmland the rest of the way, all at a relaxed pace. It's winter so trail conditions determine distance and time. Hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or [arta@croton10520.com](mailto:arta@croton10520.com). *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 58).*

Saturday, February 19 - **Meyer Preserve.** 5 miles, easy to moderate terrain. This preserve was the weekend estate of Eugene and Agnes Meyer, a couple noted for many accomplishments. Agnes Meyer was the first chair of the Westchester County Department of Recreation, which originally formed the Westchester Trails Association. Hikers must be vaccinated and follow Covid policy. Contact leader to register: Catharine Raffaele, [catharineraffaele@gmail.com](mailto:catharineraffaele@gmail.com). *Joint with ADK Mohican. Qualifies for the Westchester 100 (55).*

Sunday, February 20 - **Teatown Lake Reservation.** 4 miles, easy to moderate terrain. We will walk to Cliffdale farm, starting on the 3 Lakes trail to the white trail where we pass a stream and a scenic



lookout, then onto the green and yellow trails to Cliffdale farm. We'll have a snack on the benches at Cliffdale and then return to the main parking lot. Please note that there is a \$5 parking fee at Teatown. Hikers must be vaccinated and follow Covid policy. Register with the leader Carol Pamm, [CarolJoyce2@aol.com](mailto:CarolJoyce2@aol.com) or (646) 346-0371. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 62).*

Saturday, February 26 - TWO HIKES TODAY:

Saturday, February 26 - Fahnestock Trails. 5 miles, moderate terrain. Join the leader in a hike taking the Appalachian Trail from Route 301 and then the blue trail to the vicinity of the Boy Scout camp. The return will include an ascent of Bushy Ridge. Bring a lunch/snack and at least 1.5 liters of water. Traction aids may be necessary; hikers must be vaccinated and follow Covid policy. Leader: Steve Klepner, [spk010@yahoo.com](mailto:spk010@yahoo.com), (845) 297-7066. *Joint with ADK Mohican.*

Saturday, February 26 - Pound Ridge Reservation. 5-6 miles, easy terrain. This is a pleasant "walk in the woods" on gentle rolling terrain on the Reservation's red ski trails. Bring lunch or a snack and plenty of water. We will meet at the shopping center at 20 North Salem Road in Cross River and carpool to the Reservation. It can be a snowshoe hike if enough snow; if not, traction devices may be needed. Hikers must be vaccinated and follow Covid policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).*

Sunday, February 27 - TWO HIKES TODAY:

Sunday, February 27 - Horse Pond Mountain Loop. 6 miles, moderate to strenuous terrain. The route of this "lollipop" hike, in nearby Ringwood, New Jersey, combines several lesser-used trails within the Long Pond Ironworks State Park to ascend Horse Pond Mountain, with panoramic views of the Monksville Reservoir from the summit. Depending on ground conditions, traction devices and/or snowshoes may be needed. Hikers must be vaccinated and follow Covid policy. Leader: Kevin McGahren, [kmcgc@optonline.net](mailto:kmcgc@optonline.net) or (914) 772-0600. *Joint with ADK Mohican.*

Sunday, February 27 - Old Croton Aqueduct. 5 miles, easy terrain. We will walk from Irvington to the RiverWalk in Tarrytown and back. Along the way we will see the rear of Madame C.J. Walkers' Mansion and also the Lyndhurst Castle, and enjoy Hudson River and bridge views. Hikers must be vaccinated and follow Covid policy. For questions and to register, contact the leader, Cynthia Moro, at [cynlyn24@gmail.com](mailto:cynlyn24@gmail.com).

Saturday, March 5 - TWO HIKES TODAY:

Saturday, March 5 - AT Section: Cornwall Bridge to Kent, CT. 7-8 miles, moderate terrain. This hike, on a CT section of the Appalachian Trail, has about 1,000 feet of elevation gain. We will hike north to south from Cornwall Bridge, climbing Silver Hill for some views, and then down to River Road for a relatively flat 3-4 mile walk along the beautiful Housatonic River ending at the parking area below St. John's Ledges. A car shuttle is required so masks must be worn in the car. To register or for questions, please contact the leader, Trish Johnston, at [patcjohnston@gmail.com](mailto:patcjohnston@gmail.com). Hikers must be vaccinated and follow Covid policy. *Joint with ADK Mohican.*

Saturday, March 5 - Garrison/Arden Point Circular. 4-5 miles, easy to moderate terrain. Starting from the Garrison train station, we'll walk around woods roads and trails with great views of the Hudson. Interesting structures - some abandoned-bamboo groves. Nice way to spend an enjoyable day at a relaxed pace. It's winter so trail conditions determine distance and time. Hikers must be vaccinated and follow Covid policy. Leader: Art Almeida, (914) 319-4701 or

[arta@croton10520.com](mailto:arta@croton10520.com). *Joint with ADK Mohican.*

Sunday, March 6 - **TWO HIKES TODAY:**

Sunday, March 6 - **Appalachian Trail, Hopewell Junction, NY.** 5-6 miles, moderate terrain. This lollipop hike contains a moderate climb (no scrambling) at a moderate pace up the AT from the northern end of Fahnestock Park with a return on the Blue Trail and AT. There are excellent views from Shenandoah Mountain and the Canopus Lake overlook. The leader may change the parking area from Long Hill Road to Fahnestock Winter Park (\$12 fee) depending on weather and snow cover. Heavy rain or snow cancels. Hikers must be vaccinated and follow Covid policy. Please register with the leader, Lauren Linkowski, by the Friday before the hike at [llinkowski@gmail.com](mailto:llinkowski@gmail.com) or by texting (914) 907-6764. *Joint with ADK Mohican.*

Sunday, March 6 - **Manitoga.** 3-4 miles, easy to moderate terrain. We will meet at Manitoga off Route 9D in Garrison (584 Route 9D, Garrison) and explore all the trails within this preserve for an easy hike with some ups and downs. This historic property was once owned by Russel Wright, an industrial designer. Traction devices may be needed. Hikers must be vaccinated and follow Covid policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register. *Joint with ADK Mohican.*

Saturday, March 12 - **TWO HIKES TODAY:**

Saturday, March 12 - **Dunderberg and the Timp.** 7-8 miles, moderate to strenuous terrain. Starting from Route 9W we will ascend to the ridge on the Ramapo-Dunderberg trail, with frequent ups and downs rewarded by expansive views. We'll have lunch on the summit of the Timp, then enjoy even more views as we take the Timp-Torne trail back to our cars. Hikers must be vaccinated and follow Covid policy. Leader: Mike Kaplan, [kaplanm2001@yahoo.com](mailto:kaplanm2001@yahoo.com). No first time hikers please. *Joint with ADK Mohican.*

Saturday, March 12 - **Westmoreland Sanctuary.** 7 miles, easy to moderate terrain. We will make a complete circuit of this popular local park. Traction devices may be needed. Hikers must be vaccinated and follow Covid policy. To register, contact leader Kathie Laug at (203) 348-3993(H), (203) 722-5490, or [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net). *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 65).*

Sunday, March 13 - **TWO HIKES TODAY:**

Sunday, March 13 - **Fahnestock Circular.** 7.5 miles, moderate terrain. This loop hike starts at Hubbard Lodge and climbs Round Hill and East Mountain, reaching several viewpoints and historic stone walls. Hikers must be vaccinated and follow Covid policy. Leader: Minu Chaudhuri, [minuch50@gmail.com](mailto:minuch50@gmail.com), (914) 391-5918. *Joint with ADK Mohican.*

Sunday, March 13 - **Within the County: Mt. Vernon to Harrison. Part 5: Bronx River Pathway and the Kensico Dam.** 6-7 miles, easy terrain. On today's hike we will head north along the Bronx River Pathway, starting in Hartsdale and continuing to the path's end in Valhalla. From there we'll ascend to the top of the Kensico Dam, where we can view the reservoir that serves as a distribution source for water traveling from the Catskill and Delaware aqueducts to New York City. Since we will be on a paved path, hiking boots are not required but please wear comfortable shoes. This hike involves a short shuttle. Hikers must be vaccinated and follow Covid policy. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 69, if done with Part 3 of this series).*

Saturday, March 19 - **TWO HIKES TODAY:**

Saturday, March 19 - **Ramapo Valley County Reservation**. 7 miles, moderate terrain. We will do a circular hike that traverses lesser-used portions of this nearby New Jersey reservation, passing a scenic reservoir and waterfall and climbing to an expansive viewpoint. Hikers must be vaccinated and follow Covid policy. Leader: Alice Benash, [ajrb3@verizon.net](mailto:ajrb3@verizon.net). *Joint with ADK Mohican.*

Saturday, March 19 - **Angle Fly Preserve**. 4 miles, easy to moderate terrain. There are more than 10 miles of trails that cover 649 acres in this preserve. Leader will choose several loops, some with a moderate ascent, for a relative easy hike. Bring hiking poles, water, snack and lunch. Lunch will be after the hike near the entrance. We may need traction devices depending on trail conditions. Hikers must be vaccinated and follow Covid policy. Call or email leader Jane Smalley at (914) 276-0413 or [jsmallpt@aol.com](mailto:jsmallpt@aol.com). *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 53).*

Sunday, March 20 - **Something Old, Something New in Garrison**. 5 miles, moderate terrain. Garrison School Forest offers some of the best views for the least effort. And now, with the discovery of less-travelled picturesque trails that wind through an adjacent park, it's even better. Please note that we'll be on both blazed trails as well as un-blazed yet easy-to-follow trails. This is a moderate trek with two notable climbs: one is long and gentle and the other, well, isn't. No scrambles. Total elevation gain about 900'. We'll meet in the marked parking lot on Snake Hill Road in Garrison, lot is about ½ mile east of Route 9D. GPS: 332 Snake Hill Rd, Garrison, NY 10524. Hikers must be vaccinated and follow Covid policy. For information and to register, contact Howard Millman, [wardmillman@runbox.com](mailto:wardmillman@runbox.com), cell (day of hike) 914-439-8021. *Joint with ADK Mohican.*

Saturday, March 26 - **TWO HIKES TODAY:**

Saturday, March 26 - **Mt. Beacon Loop**. 8-9 miles, moderate to strenuous terrain. We will go up Mt. Beacon and continue on the Wilkinson trail to make a Hudson Highlands loop hike. There will be several views to enjoy along the way. Be prepared with traction devices and snowshoes, as needed. Hikers must be vaccinated and follow Covid policy. Leader: Janice Miller, [madjan11@optonline.net](mailto:madjan11@optonline.net). *Joint with ADK Mohican.*

Saturday, March 26 - **Tibbetts Brook Park, the OCA and SCT**. 4-5 miles, easy terrain. Starting from Tibbetts Brook Park, we will walk south on the Old Croton Aqueduct, cross over to the South County Trailway and continue south to Van Cortlandt Park, then return to Tibbetts Brook to explore the other side of the park. Rain cancels. Hikers must be vaccinated and follow Covid policy. Leader: Lynn McBride, [almcb@aol.com](mailto:almcb@aol.com) or (914) 439-0879. *Qualifies for the Westchester 100 (No. 41).*

Sunday March 27 - **TWO HIKES TODAY:**

Sunday March 27 - **Sleeping Giant Park, Hamden CT**. 7-8 miles, moderate terrain. This hike will most likely use the violet and orange trails for an East/West loop. Without trees there should be nice views. Carpooling from Stamford is possible. Hikers must be vaccinated and follow Covid policy. Contact the leader Jane Restani at [irabjanaea@aol.com](mailto:irabjanaea@aol.com) by 5 PM Friday to register. *Joint with ADK Mohican.*

Sunday, March 27 - **Saxon Woods Park, White Plains**. 6 miles, easy terrain. On this hike, which is mostly easy with a few hills, we'll explore varied woodland trails and visit the ducks along the Hutchinson River. There is an early out option at 3 miles. Hikers must be vaccinated and follow Covid



policy. Contact leader for meeting time. Leader: Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), home (914) 948-0608, cell (914) 420-5778. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 60).*