

Appy Orse Acres

Trail Ride Tips & Policies



We are excited for you to be joining us on for a scenic countryside trail ride

To make sure our guests are safe and comfortable for their ride we ask the following:

ATTIRE

- Please wear long pants (no bare ankles!), closed toe shoes (tennis shoes do just fine), and layers. We are close to the lake and in wide open spaces so it tends to be cooler and windier than inland or in the city. Bring a jacket or long sleeve shirt just in case! Gloves are helpful for colder rides
- When you arrive decide what you would like to wear before being mounted. We do not allow riders to tie jackets or sweatshirts around their waist for safety reasons.
- Please leave cell phones at home!

RIDING & SAFETY TIPS

- Safety is our number one priority, and as a result, we reserve the right to refuse service to anyone who we do not believe to be mentally or physically prepared to handle horseback riding.
- Please listen attentively to your guide and follow their instructions to ensure a safe and enjoyable ride. Our guides are very experienced and know how to keep everyone, including the horses, safe.
- Our horses are incredibly smart and well trained, but please remember they are living animals with minds of their own. You are there teacher while on their back, and must guide them throughout the ride.
- Be prepared to be sore or tired after your ride...you are not just sitting up there! Horseback riding utilizes many muscles not used in everyday activity. If you have joint or back problems, please talk with your doctor before attempting to ride.
- Always pay full attention to your horse and the surrounding elements. Wildlife is abundant on our trail and can startle even the calmest of horses. Although they are big, horses are prey animals and react to sudden movements or sound.
- Please keep a safe distance between you and the horse in front of you (about one horse length), but don't fall behind. Horses are herd animals and want to stick together.
- Horses are not allowed to eat while on the trail. They have a bit in their mouth that can cause them to choke. We promise they are not starving!

RESTRICTIONS

- No cell phones or cameras. We will take individual and group pictures prior to leaving for the trail ride. Horses have peripheral vision and react to riders raising their hands when taking pictures. Cell phones and cameras also distract our riders.
- We do not stop on the trail other than when the horses need bathroom breaks. Our horses are trained to continue once moving and react if there are long pauses during the ride.
- No backpacks or fanny packs
- No children under the age of six
- Maximum weight limit of 220 pounds
- No double riding
- No smoking or alcohol allowed on our property
- No gum or anything in your mouth while riding
- Safety helmets are required for anyone under eighteen, and are available for anyone who wishes to use one

Be sure to tip your guide! Guides spend a lot of time getting your horses ready to ride and cared for after your ride. Our guides are very experienced and knowledgeable, and work hard to make sure you have a fun and safe time at Appy Orse Acres!