## Narrative Therapy w/ Substance Abusers

14 hours

Objective: Helps therapists to have gain a basic understanding of how Narrative Therapy can be used in the treatment of substance abuse.

Text: Narrative Means To Sober Ends by Jonathan Diamond, Ph.D. ISBN: 1572308354

Facilitating Client Change

14 hours

**Objective:** Examine how client change is brought about through the use of rational emotive behavior therapy. Familiarizes the student with the RET approach to detecting irrational beliefs & distinguishing them from rational beliefs/Socratic disputing of irrational beliefs.

Test: Facilitating Client Change In Rational Emotive Behavior Therapy by Windy Dryden ISBN: 189763532X

Theory of Addiction

14 hours

**Objective:** This course examines the various theories of the nature and the treatment of addiction. In this examination the theory's validity, reliability and value in providing treatment is considered. Finally the texts author offers what he sees as a reasonable synthesis of the best elements of all the existing theories of addiction.

Text: Theory of Addiction by Robert West ISBN: 9781405113595

# Chemical Dependency Counseling

16 hours

**Objective:** Provide a broad picture of the nature of chemical dependency and how treatment services can most effectively be provided for a client with that diagnosis.

Text: Chemical Dependency Counseling: A Practical Guide, 3rd ed. by Robert R. Perkinson ISBN: 1412957001

#### Addiction, Intervention & Treatment

12 hours

**Objective:** This course studies the challenges and opportunities that exist in intervening in the life of substance abusers in various settings include the courts, medical clinics, etc.

Text: Addiction Intervention: Strategies to Motivate Treatment-Seeking Behavior by Robert K. White & Deborah George Wright (ed)

ISBN: 0789004348

# Ethics in Addiction Counseling

12 hours

Objectives: This course examines how ethical standards and principles apply to the addiction counseling professions.

Text: The Book of Ethics: Expert Guidance for Professionals Who Treat Addiction by Cynthia M. A. Geppert and Laura Weiss Roberts. ed.

ISBN: 1592854923

## Relapse Prevention II

16 hours

**Objective:** This course takes a broad sweep of the essential concepts involved in preventing relapse with the addicted client. Examines the cues, life-style modifications and other actions the client needs to take to prevent future relapses.

Text: Relapse Prevention by G. Alan Marlatt & Judith R. Gordon (ed.) ISBN: 1593851766