

## QUIETING THE SOUL: 2020 Advent

### *Directed Retreat IN Chiang Mai*

*Spend eight or five days of quiet prayer and solitude with God in a sanctuary of peace in Chiang Mai, Thailand. A Spiritual Director will accompany you as you journey into your own heart and into the heart of God.*

*This quality time with God will be spent in "listening" to God's voice – through His words, movements in your heart, the wonders of nature and in the silence. The retreat hopefully would help you be in touch with that One Love we all desire – God!*

❖ **Eight day Retreat: 27 Nov to 6 Dec, 2020** **S\$770.00 per person**

*Includes:*

- *Nine nights single-room accommodation at Seven Fountains Retreat Center (eight full days for retreat)*
- *Breakfast, lunch, dinner and snacks at the Center*
- *Spiritual direction*

❖ **Five-day Retreat: 10 Dec to 16 Dec, 2020** **S\$660.00 per person**

*Includes:*

- *Six nights single-room accommodation at Seven Fountains Retreat Center (five full days for retreat)*
- *Breakfast, lunch, dinner and snacks at the Center*
- *Spiritual direction*

**Spiritual Directors: Cenacle Sisters and team and Jesuit Fathers from Seven Fountains Retreat Center**

*Not included:*

- *Airfare and taxes*
- *Transportation to airport and v.v. in Singapore and Chiang Mai*
- *Gratuities (tips to porters, service staff, etc.)*

*Note: see next page*

A 50% **non-refundable** deposit must be given upon confirmation of the retreat and balance on or before Orientation day on 24 October 2020. Cheques are to be made payable to **“CENACLE MISSION (SINGAPORE) LTD.**

- Orientation Day: **Saturday 24 October, 2020** at 2.00 pm to 5.00 pm at LaSalle Centre, 490 East Coast Road, Singapore 429058;
- Limited places available, please register early;
- **DO NOT** book flights **before** you get accepted for the retreat. We will notify you when to book your flight;
- Closing date: **31 August, 2020** or when registration is full; and
- For an extension of stay outside the retreat days: Seven Fountains Retreat Centre gives an extension of only **one** day, subject to room availability. The cost will vary accordingly.

CENACLE MISSION (SINGAPORE) LTD  
47 Jurong West St 42, Singapore 649368  
Tel: 9298 5808 or 9181 7763 or 9722 3148  
Website: <http://www.cenaclemission.com>  
Email: [cenaclesingapore@gmail.com](mailto:cenaclesingapore@gmail.com)

# QUIETING THE SOUL: 2020 - Advent

Directed Retreat IN Chiang mai

## PERSONAL INFORMATION:

Name: \_\_\_\_\_ Age : \_\_\_\_\_ Civil Status: \_\_\_\_\_  
Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Tel. Nos. (Res.) \_\_\_\_\_ (Office) \_\_\_\_\_ (HP) \_\_\_\_\_  
E-mail address: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Religion: \_\_\_\_\_ Parish: \_\_\_\_\_

Which retreat do you want to take? [  ] 8-day retreat Nov 27 to Dec 6, 2020

[  ] 5-day retreat Dec 10 to Dec 16, 2020

Is this your first time to make an individually-directed silent retreat? [  ] Yes [  ] No

What made you sign-up for this retreat? \_\_\_\_\_

\_\_\_\_\_

What do you hope for in this retreat? \_\_\_\_\_

\_\_\_\_\_

Briefly describe your prayer life: \_\_\_\_\_

\_\_\_\_\_

## AGREEMENT TO TERMS AND CONDITIONS:

I, \_\_\_\_\_, hereby agree to the terms and conditions of the retreat program *Quieting the Soul* and all that it entails, as stated in page 1 and 2, appended to this document.

Full Name in Print: \_\_\_\_\_

Signature:

Date :

Please email back this form to: [cenaclesingapore@gmail.com](mailto:cenaclesingapore@gmail.com)  
or mail to Cenacle Mission, 47 Jurong West Street 42, Singapore 649368