January 21, 2024 Third Sunday after Epiphany 9:30 am



The Gadarene Demoniacs, 1576, Leonard Gaultier, engraving



FIRST LUTHERAN CHURCH STATEMENT OF WELCOME

We, the community of First Lutheran Church of Bothell, proclaim the message that the grace of our Lord is infinitely inclusive and that everyone is welcome. We believe that Christ calls us to reconciliation and wholeness in a world of alienation and brokenness.

As a Reconciling in Christ congregation and as disciples of Christ seeking justice and reconciliation among all peoples, we at First Lutheran Church welcome all into the fullness of God's love. We welcome everyone, without exception and regardless of sex, race, ethnicity, sexual orientation, gender identity, physical and mental ability, age, or station in life. We recognize that each person is a unique creation of God, and through grace, a child of God.

All are welcome at First Lutheran.

All are welcome to worship, to hear the Good News, to receive the sacraments, and to share in fellowship and service. As members of First Lutheran Church, we pledge ourselves and our congregation to exercise our faith in Christ, treasuring one another's similarities while embracing our God-given differences. We pledge that we will strive to live as a reconciling people, in our life together and in our outreach to the world.

WORSHIP NOTES

- + Please sign the card in the pew rack and place in the offering plate with your offering before Holy Communion.
- + The service is printed in this bulletin. Some hymns are located in the red hymn book.
- + Hearing enhancement receivers, large print bulletins are available. Feel free to ask an usher for assistance.
- Our expectation is that children will be in worship. We understand, though, that there are times when your wiggly ones need a distraction. There is a "Pray Space" under the stairs in the inner narthex with soft toys and books. We also have a nursery with a caregiver available at both worship services. Please ask an usher for assistance.
- + If you would like to have a digital copy of the bulletin, go to our website and download the PDF. www.flcbothell.org
- + Public Wi-Fi: FLC Wireless—Password: MartyLuther

Serving Us In Worship Today

Presiding/ Preaching	Rev. Tor Kristian Berg	Children's Message	Roger Steinke
Music Director	Lucy Kay Osborne		
Greeter	Jan Anderson	Acolyte	Noah Berg
Ushers	Dan Bormann David Osborne	Communion Assistants	Clint Bastin Paul Desilet
Sound Tech	Ann Bormann	Camera Tech	Jeff Kosman
Lector	Andrea Peoples	Pew Angel	Marcus Hodges
Piano	June Condra	Flute	Cheryl Miller

FIRST LUTHERAN CHURCH STAFF:

Pastor

Rev. Tor Kristian Berg tberg@flcbothell.org

Director of REACH Ministries Roger Steinke rsteinke@flcbothell.org Director of Music (Organist/Choir Dir.) Lucy Kay Osborne lkosborne@flcbothell.org

Office Manager Kristin Smith ksmith@flcbothell.org Preschool Director Beth Bowers flcbeth@gmail.com

January 21, 2024 Third Sunday after Epiphany

GATHERING

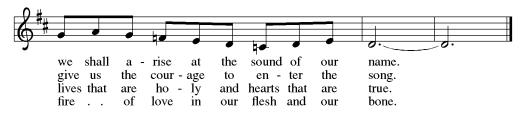
The Holy Spirit calls us together as the people of God.

PRELUDE: The God of Abraham Praise (Joel Raney)

WELCOME

GATHERING SONG: Gather Us In (ELW 532)





GREETING

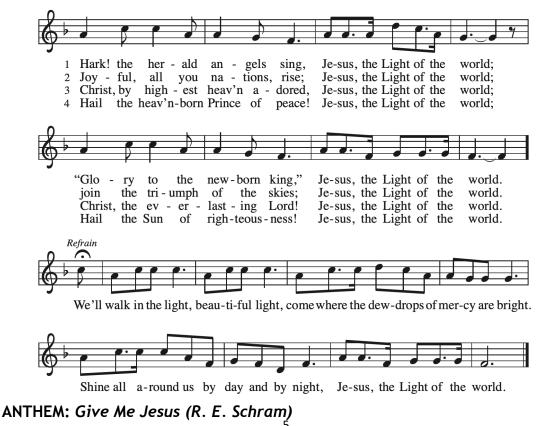
The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. And also with you.

PRAYER OF THE DAY

Let us pray.

Jesus healer of mind and body, we sometimes suffer at the hands of physical, mental, and spiritual ailments. Quiet our minds, still our hearts, and empower our bodies so that we may be whole and healed. Amen.

CANTICLE OF PRAISE: Jesus, the Light of the World (ACS 914)



WORD

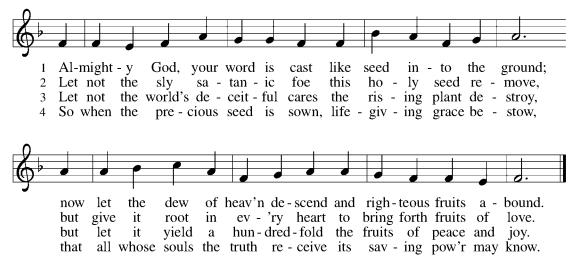
God speaks to us in scripture reading, preaching, and song.

PSALM: Isaiah 42:1-9

¹Here is my servant, whom I uphold, my chosen, in whom my soul delights; I have put my spirit upon him; he will bring forth justice to the nations. ²He will not cry or lift up his voice, or make it heard in the street; 3 a bruised reed he will not break. and a dimly burning wick he will not quench; he will faithfully bring forth justice. ⁴He will not grow faint or be crushed until he has established justice in the earth; and the coastlands wait for his teaching. ⁵Thus says God, the LORD, who created the heavens and stretched them out, who spread out the earth and what comes from it, who gives breath to the people upon it and spirit to those who walk in it: ⁶I am the LORD, I have called you in righteousness, I have taken you by the hand and kept you; I have given you as a covenant to the people, a light to the nations, 7 to open the eves that are blind, to bring out the prisoners from the dungeon, from the prison those who sit in darkness. ⁸I am the LORD, that is my name; my glory I give to no other, nor my praise to idols. ⁹See. the former things have come to pass, and new things I now declare; before they spring forth,

I tell you of them.

GOSPEL ACCLAMATION: Almighty God, Your Word Is Cast (ELW 516



THE WORD: Mark 5:1-20

¹They came to the other side of the sea, to the country of the Gerasenes. ²And when he had stepped out of the boat, immediately a man out of the tombs with an unclean spirit met him.

³He lived among the tombs; and no one could restrain him any more, even with a chain; ⁴for he had often been restrained with shackles and chains, but the chains he wrenched apart, and the shackles he broke in pieces; and no one had the strength to subdue him. ⁵Night and day among the tombs and on the mountains he was always howling and bruising himself with stones.

⁶When he saw Jesus from a distance, he ran and bowed down before him; ⁷and he shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me."

⁸For [Jesus] had said to him, "Come out of the man, you unclean spirit!"

⁹Then Jesus asked him, "What is your name?"

He replied, "My name is Legion; for we are many." ¹⁰He begged him earnestly not to send them out of the country.

¹¹Now there on the hillside a great herd of swine was feeding; ¹²and the unclean spirits begged him, "Send us into the swine; let us enter them."

¹³So [Jesus] gave them permission. And the unclean spirits came out and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the sea, and were drowned in the sea.

¹⁴The swineherds ran off and told it in the city and in the country. Then people came to see what it was that had happened. ¹⁵They came to Jesus and saw the demoniac sitting there, clothed and in his right mind, the very man who had had the legion; and they were afraid. ¹⁶Those who had seen what had happened to the demoniac and to the swine reported it. ¹⁷Then they began to beg Jesus to leave their neighborhood.

¹⁸As [Jesus] was getting into the boat, the man who had been possessed by demons begged him that he might be with him.

¹⁹But Jesus refused, and said to him, "Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you."

²⁰And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed.

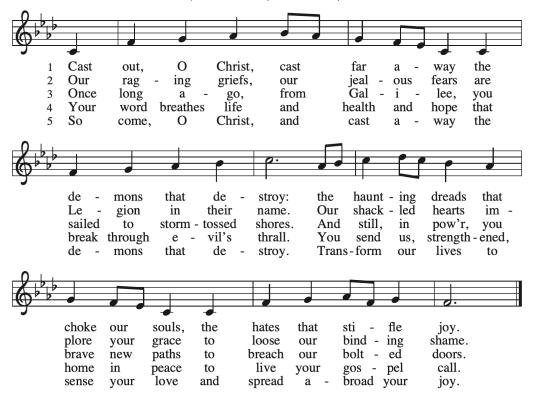
Word of God, word of life.

CHILDREN'S SERMON

Lloyd Condra

SERMON

HYMN OF THE DAY: Cast Out, O Christ (ACS 1016)



APOSTLES' CREED

I believe in God, the Father almighty,

creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,

who was conceived by the Holy Spirit,

born of the virgin Mary,

suffered under Pontius Pilate,

was crucified, died, and was buried;

he descended to the dead.

On the third day he rose again;

he ascended into heaven,

he is seated at the right hand of the Father,

and he will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

As we celebrate Christ embodied in human form, we pray for God's blessing on the church, the world, and all of creation.

God our rock and deliverance, do not let your church be shaken. We trust you never abandon your promises to the most vulnerable among us. Give your church wisdom and empathy in its varied ministries. God of grace, **receive our prayer.**

God our hope and refuge, you placed the fish in the sea. Guide our care of oceans and all creatures that live in them. Hold us accountable for actions that endanger water sources and the people who depend on them. God of grace,

receive our prayer.

God who proclaims judgement and offers mercy, be a model to the leaders of our nation and the world. As they lead, may they follow in your way of justice and truth. God of grace,

receive our prayer.

God who cares for the suffering, care for survivors of assault and sexual abuse and sustain all who minister to them. Keep safe any who live under threat of violence, those living in poverty, especially those left out in the cold, and any among us who are ill or in pain. God of grace, **receive our prayer.**

God of resurrection and new life, as the first disciples shared the good news, empower us and this faith community to be open to your call. When we are uncertain of your call, assure us. When we have strayed from your ways, redirect us. God of grace,

receive our prayer.

For whom do the people pray?

God who holds the saints against your tender bosom, we trust you welcome them into your care. Comfort those who grieve, even as we place our hope in your salvation. God of grace,

receive our prayer.

Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus Christ. **Amen.**

CONFESSION AND FORGIVENESS

Let us confess our sin in the presence of God and of one another.

Silence for self-reflection.

God, our rock and refuge,

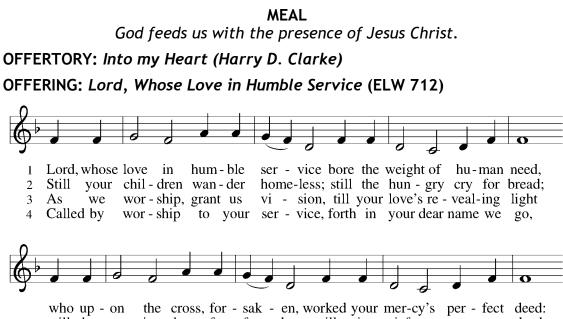
we pour out our hearts before you. We have known you but have not always loved you. We have wounded one another and sinned against you. We have not always recognized the Holy Spirit dwelling in each of us. Remember your covenant. Renew your creation. Restore us, that we might proclaim your good news to all. Amen.

The voice of the Lord is upon the waters. God has spoken: The time of grace is now.

In Jesus, the reign of God has come near. By the authority of + Jesus Christ, your sins are forgiven. You are God's beloved. Amen.

PEACE

The peace of Christ be with you always. And also with you.



still the cap-tives long for free-dom; still in grief we mourn our dead. in its height and depth and great-ness dawns up - on our quick-ened sight, to the child, the youth, the a - ged, love in liv - ing deeds to show;



we, your ser - vants, bring the wor - ship not of voice a - lone, but heart; As you, Lord, in deep com-pas - sion healed the sick and freed the soul, mak-ing known the needs and bur - dens your com-pas-sion bids us bear, hope and health, good-will and com - fort, coun - sel, aid, and peace we give,



con - se - crat - ing to your pur - pose ev - 'ry gift which you im - part. by your Spir - it send your pow - er to our world to make it whole. stir - ring us to ar - dent ser - vice, your a - bun - dant life to share. that your ser - vants, Lord, in free - dom may your mer - cy know and live.

OFFERING PRAYER

Blessed are you, Holy One, for all good things come from you. In bread and cup you open heaven to us. Meet us at this table, that we receive what we seek and follow your Son, Jesus, in whose name we pray. Amen.

GREAT THANKSGIVING

The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord. Let us give thanks to the Lord our God. It is right to give our thanks and praise.

THANKSGIVING AT THE TABLE

Blessed are you, O holy God: you are the Life and Light of all. By your powerful word you created all things. Through the prophets you called your people to be a light to the nations. Blessed are you for Jesus, your Son. He is your Light, shining in our darkness and revealing to us your mercy and might.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.

Do this for the remembrance of me.

Remembering, therefore, his preaching and healing, his dying and rising, and his promise to come again, we await that day when all the universe will rejoice in your holy and life-giving light.

By your Spirit bless us and this meal, that, refreshed with this heavenly food, we may be light for the world, revealing the brilliance of your Son.

Through him all glory and honor is yours, Almighty Father, with the Holy Spirit, in your holy Church, both now and forever. Amen

LORD'S PRAYER

Lord, remember us in your kingdom and teach us to pray.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

INVITATION TO COMMUNION

All people are called to Christ's table. Come, eat what is good.

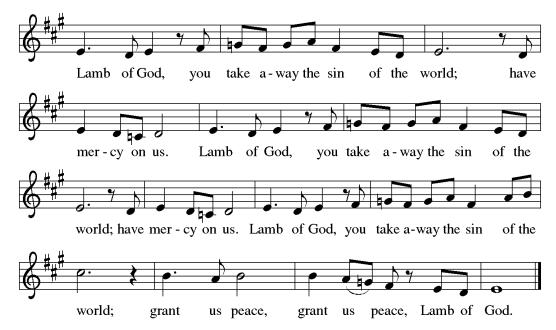
COMMUNION

The body of Christ, given for you. The blood of Christ, shed for you.

COMMUNION: We will receive the body of Christ as bread with these or similar words: The body of Christ, given for you. If you desire a gluten-free option that is available. The blood of Christ will be received as either red wine or white grape juice with these or similar words: The blood of Christ, shed for you.

WHO MAY COMMUNE? All are welcome at the Lord's Table. It is a free gift given to all for the forgiveness of sins. The words "for you" really mean FOR YOU! Children may commune at the discretion of their parents. If you wish to receive a blessing: cross your arms over your chest as a sign for the communion assistants.

DIRECTIONS FOR COMMUNION: Please come forward by the center aisle at the direction of the ushers to receive the sacrament and return to your seat down the side aisle. Please register each person taking communion on a pew card.



LAMB OF GOD

COMMUNION HYMNS: *Here Is Bread* (ELW 483) Red Hymnal

We Come to the Hungry Feast (ELW 479)



PRAYER AFTER COMMUNION

Let us pray.

Giver of every gift, Christ's body is our food, and we are Christ's body. Raise us to life by your power for the benefit of all and to your glory, now and forever. Amen.

SENDING

God blesses us and sends us in mission to the world.

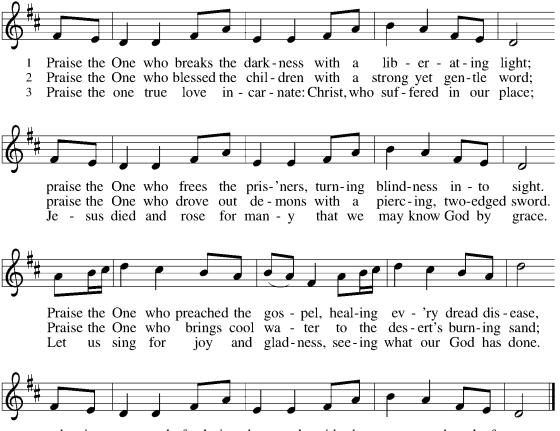
ANNOUNCEMENTS

BLESSING

God who names you, Christ who claims you, and the Holy Spirit who dwells in you, + bless you and remain with you always.

Amen.

SENDING SONG: Praise the One Who Breaks the Darkness (ELW 843)



calm-ing storms and feed - ing thou-sands with the ver - y bread of peace. from this well comes liv - ing wa - ter quench-ing thirst in ev - 'ry land. Praise the one re - deem - ing glo - ry; praise the One who makes us one.

DISMISSAL

Go in peace. You are God's beloved. Thanks be to God.

POSTLUDE: Minuet (H. Purcell)

INFORMATION FOR THE WEEK!

Sunday, January 21 Third Sunday after Epiphany

- 9:30 am Worship w/Holy Communion
- 10:30 am Sunday School for All Ages
- 10:30 am 2024 Budget Presentation by Finance Committee
- BMW Concert-Bach and Beyond-Free Concert! All are invited! 3:00 pm

Monday, January 22 9:00 am 4 & 5 Year Old Preschool

Tuesday, January 23

- 4 & 5 Year Old Preschool 9:00 am
- 9:15 am Preschool Chapel
- 9:30 am Lectionary
- Weekly News Submissions Deadline 3:30 pm
- 7:00 pm Book Club

Wednesday, January 24

9:00 am 4 & 5 Year old Preschool 10:00 am **Oral History Interviews** Peace by Piece Sewing

Thursday, January 25

9:00 am **FLC Quilters** 3 & 5 Year Old Preschool 9:15 am Preschool Chapel 7:00 pm Sanctuary Choir

Friday, January 26

Church Office Closed 9:00 am 3 year old Preschool Preschool Winter Story Night 6:00 pm

Saturday, January 27

9:00 am Hannah Circle Men's Breakfast & Bible Study

Sunday, January 28 Fourth Sunday after Epiphany

- 9.30 am Worship w/Holy Communion
- 10:30 am Sunday School for All Ages
- 11:00 am FLC Annual Meeting
- 12:00 pm Youth Pizza Lunch

In Our Prayers

We pray for Bishop Doctor Sani Ibrahim Azar and the Evangelical Lutheran Church in Jordan and the Holy Land.

Those living with cancer:

Juanita (Bonnie Ahlstedt's sister-in-law), Mark (Dick Boyce's son), Lisa (Steve Coble's sister), Karen (Scott Eiler's sister), Dan (Paula Glandon's brother-in-law), Edith Holbrook (member), Tracee (Bonnie Ahlstedt's friend), Sharlene Hauge (FLC Quilter), Richard (Sandy Hendricks' cousin), Jessica Hockstedler (member), Mike (Jan Anderson's brother), Wayne (Dave Shogren's friend), Jana (Renee & Mike Markert's friend), Tim (Dave Shogren's friend), Richard (Ruth Neitzel's brother), Ted (Sue Toyoda's friend), Kip (Paul Desilet's uncle), Jim (Hendricks' family friend), Joanne (Carolyn Becker's sister-in-law), Diane Mackey (Del Benson's friend), Chris & family (Dan & Sandy Hendricks' friends), Karen (Nora Strothman's cousin).

Those who are ill, have an injury or who are recovering from surgery:

Tom Agnew (member), Alice (Del Benson's friend), Dale (Roger Steinke's friend), Carolyn Becker (member), Dick Boyce (member), Doug (Ho Brown's brother-in-law), Susan (Bob Berg's cousin), John (Linda Chapman's brother-in-law), Judy (Linda Chapman's friend), Richard (Susan & Ross Cook's brother), Randy (Chris Martin's friend), Leanne (Krista Daniels' sister), Elizabeth (Jane King's friend), Nancy Davis (member), Terry Doty (FLC quilter), Audrey Fisher (member), Tracy (Rob & Rene Baker's friend), John Godek (member). Steve (Del Benson's friend), Alexa & Ellie (Tracy Harrison's children), Beau & Gray (Tracy Harrison's grandsons), Cindy (Tracy Harrison's friend), Les & Lois (Tracy Harrison's parents), Karen (Tracy Harrison's sister), Sarah (Hatlen family niece & cousin), Jim (Sandy Hendricks' cousin), Marilyn Iverson (member), Mary (Melanie Veazey's mother), Marlo (Leona Keltner's

friend), Amy (Nancy McGee's friend), Axton (Vicki & Kevin Kastning's grandson), Kathy Koneiczka (member), Richard Konieczka (Kathy Konieczka's husband), Albert (Chris Martin's friend), Shirley (Haley Neff-LaFord's grandmother), Andy (Vickie Shanks' friend), Donnabel (Derrick StaRosa's sister), Hildur O'Connor (member), John (Val Cole's father), Ron (Beth Phelps' brother), Sarah (Susan & Ross Cook's daughter), Sandy Sailand (member), Jim (Tracy Harrison's friend), Mona Shogren (member), Harriett (Roger Steinke's friend), Karen (Tracy Harrison's sister), Walt Stoll (member), Kathy Telford-Luiz (frequent visitor), Christopher (Karen & Ray Thomas' friend), Sue (Aileen Miller's daughter), Roger Wolter (member).

Special Prayers: Rita and Dennis (Thomas family friends) , Lynn and Alex (Mark Hatlen's friends)

Those who are homebound or in extended care facilities:

Valerie (Kendahl Adjorlolo's cousin), Bonnie Ahlstedt (member), Jeanette Backstrom (member), Sherrill & Larry Baker (members), Trudy Eichelsdoerfer (member), Marge Gonyea (member), Marlys Helgeland (member), Jane King (member), Greta & Larry Nelson (members), Lawrence (Leon Romaniuk's father), Emma (Dave Shogren's mother), Jacquie Stoll (member), Sigrid (Carsten Thode's mother).

Those Serving Our Country:

AIR FORCE: Mason Land (Debbie & Darryl Lageson's nephew), Jake Peoples (Andrea & Eric Peoples' son) and Erin Siebert (Linda & Joe Siebert's daughter)

NAVY: Christopher Whipple (Carolyn Whipple's son)

We are honored to be able to pray for your family members in need. Our policy is to publish immediate concerns for 2 weeks, unless we hear from you that an illness or situation is ongoing.

January 28, 2024 Fourth Sunday after Epiphany

Mark 5.121-43 Isaiah 49:1-7 Jairus' Daughter

Weekly Financial Report

January 14, 2024 Attendance in Person: 99 Zoom: 24

January 14, 2024 General Offerings: \$106995 Capital Improvement: \$380

General Offerings Needed Each Week: \$10,510



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SERMON NOTES

What caught my attention:

What did I hear that I am eager to share with another person?

I think the title of the sermon should be:



Evangelical Lutheran Church in America