

# PAWS IN SERVICE

October 2016

**FALL CONFERENCE...**November 4-6, 2016, Double Tree Reid Park, Tucson, Arizona...information in this packet. Get your registration in and also you lunch registration for the Western Division National Vice President lunch. This year's WDNVP President is Cary Fisher from Utah.

**JUNIORS...**Fall Retreat information in this packet...here's a hint...IT IS THIS MONTH.

## **DIRECTORY ADDITIONS / CORRECTIONS...**

Unit 14...President email [danadlbrock@aol.com](mailto:danadlbrock@aol.com)

Unit 27...meeting is 1<sup>st</sup> Monday at 7:00pm

Unit 57...Margaret McAlpine email use the secretary's [merosenthal54@gmail.com](mailto:merosenthal54@gmail.com)

Unit 135...Jeri Strande zip code 86326

Poppy...Vera Robertson [bingomom12@q.com](mailto:bingomom12@q.com)

**MEMBERSHIP...** ““ONE IN A MILLION MAKING MEMBERSHIP MEANINGFUL”. Membership is everyone's job and it does not stop because it's summer. Membership paid online and PUFL money will be sent in the form of a credit voucher. Please do not hold membership at any time.

**DD214...**do not send these to Department...we do not need them nor do we want them.

**Membership application...**identify 1 name for the veteran...select 1 service period...pick just one for relationship. Answers for these questions do not have multiple answers... PICK JUST 1.

**ALAMIS access...**request form was in this packet. What has your Unit decided?

**POPPY ORDER...**Deadline was September 30. Did you get your order in on time? If you have questions about poppy orders contact the Department 602-241-1080. If you have questions about the Poppy Program contact the Department Chairman listed in the 2016-2017 Directory.

**There will be something in the monthly bulletins this year. This item will earn you a prize at Fall Conference and Department Convention. If you find it, you need to contact Department and bring that item to Fall Conference to get your prize.**

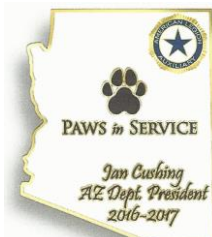
**Did you look at the 2016-2017 Impact Report Form in last month's packet? Didn't think so...so it's in this packet also.**

Arizona has had 2 National Historians. Can you name them? If so contact this office (by email [secretary@aladeptaz.org](mailto:secretary@aladeptaz.org) or phone 602-241-1080 or fax 602-604-9640)...first one who replies wins a prize at Fall Conference.

**We encourage you to work hard and watch deadlines...it takes both to be a winner and make membership meaningful.**

“Paws in Service”

Barbara Matteson  
Dept Secretary/Treasurer  
[secretary@aladeptaz.org](mailto:secretary@aladeptaz.org)



Pat Stanaski  
Dept Membership Processing  
[membership@aladeptaz.org](mailto:membership@aladeptaz.org)

## President Jan's Schedule

Sept. 18, 2016 Sept. 24, 2016	Official Visit District 4 Unit 129 District 8 Picnic	Queen Creek, AZ Prescott, AZ
October 15, 2016 October 22, 2016 October 28, 2016 October 29, 2016	Annual Tea Party Unit 61 District 12 PPP Fundraiser Unit 26 Official Visit Unit 32 Early Bird Dinner Official Visit District 5 Unit 32	Avondale, AZ Mesa, AZ Safford, AZ Safford, AZ
November 4-6, 2016 November 13, 2016 November 16, 2016 November 16-20, 2016 November 19, 2016 November 28, 2016 November 30, 2016	Fall Conference Official Visit District 3 Unit 52 Official Visit Unit 131 TAL National Commander Visit Girls State Spaghetti Dinner Post 2 Whipple VA Gift Shop Tucson VA Gift Ship	Tucson, AZ Sierra Vista, AZ Green Valley, AZ Phoenix, AZ Tempe, AZ Prescott, AZ Tucson, AZ
December 5, 2016 December 7, 2016	Phoenix VA Gift Shop Lay Wreath Wesley Bolin Memorial Plaza	Phoenix, AZ Phoenix, AZ
January 2, 2017 January 7, 2017 January 15, 2017 January 28, 2017	Official Visit Unit 27 Dept. Open House Official Visit District 12 Unit 35 Mission Training	Apache Junction, AZ Dept. Headquarters Chandler, AZ Las Vegas, NV
February 7-10, 2017 February 8, 9, 2017 February 24-Mar.1 <sup>st</sup>	ALA National President Visit Creative Arts Washington Conference	Phoenix, AZ Phoenix, AZ Washington, DC
March 4, 2017 March 11, 2017 March 11, 2017 March 18, 2017 March 19, 2017	Oratorical Finals Post 64 Girls State Car Show Official Visit Unit 81 Birthday Ball Post 19 Official Visit District 1 Unit 19	Ahwatukee, AZ Lake Havasu City, AZ Lake Havasu City, AZ Yuma, AZ Yuma, AZ
April 20, 2017	Official Visit Unit 35	Chandler, AZ

# AUXILIARY EMERGENCY FUND

**October 2016**

This past summer has been devastating to many of our country's citizens—and undoubtedly to some of our American Legion Auxiliary members. We have seen, or at least heard about, the damages done by wildfires, floods, tornadoes and Hurricane Hermine. The American Legion Auxiliary Emergency Fund was there to help.

AEF grants “. . . help members who have suffered a financial setback and is meant to be a bridge offering a helping hand until financial stability is re-established.” [2016-2017 Programs Action Plan: Page 185] During the recent ALA National Convention, delegates were afforded the opportunity to hear Kerry Aberle's story, a member of John J Morris Unit 62. To see and hear how her Legion Family and AEF were there for her, go to [https://www.youtube.com/watch?v=BBZO\\_dzCDPE](https://www.youtube.com/watch?v=BBZO_dzCDPE).

We look forward to hearing how our Arizona units are raising funds for this very worthwhile program. Individual contributors donating \$50 or more can receive a citation and lapel pin. Please be sure to send this chairman a copy of the letter you send to Department with your donation(s) for AEF.

Rebecca Faris,  
Chairman

rebfar@npgcable.com  
928-757-8590



Ruth Patterson,  
Member

new2yuma@roadrunner.com





## American Legion Auxiliary Department of Arizona

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### **“PAWS IN SERVICE” MUSIC REPORT**

**OCTOBER 2016**

Hello you wonderful ladies:

As your Music Chairman again this year, I wanted to pass along some information to those of you privileged to hold the position of Music Chairman at the Unit and District levels, which might be helpful in planning your programs for the year. Always remember to include a patriotic song at each meeting or event, when appropriate. We all recognize the impact music can have in bringing members together for the good of all concerned. Encourage Auxiliary members to participate regularly in music programs in their individual churches and communities. Make regular visits to VA Hospitals to entertain with songs. These visits are not only uplifting for the Veterans, but also for the ladies who participate. Local Nursing Homes provide another opportunity for members to share their talents. Actor Johnny Depp said, “Music touches us emotionally, where words alone can’t.” Alzheimer patients who may not remember family members, are able to remember songs from their childhood including patriotic songs. Yes indeed, music does touch the soul!

I’d like you to encourage your District/Unit members to participate in the choir, which sings two selections at the Memorial Service held the Sundays of Fall Conference and Department Convention

Ladies, please send your Music Reports to your District Music Chairman and email them to me as well at the address provided below. Please have your mid-year music reports to me no later than November 21 so that I will have time to submit them to Department by deadline. Provide your year-end reports no later than April 16, 2017.

Department Music Awards are as follows:

#### **MUSIC PLAQUES**

**Frances Aros Memorial Music Plaque awarded to Unit with membership of 151 and over  
Millicent Kasun Music Plaque awarded to Unit with membership of 150 and under**

I’m looking forward to meeting the various Unit and District Music Chairman at the Fall Conference in Tucson the first part of November. Information regarding the above awards can be found on the website: [www.aladeptaz.org](http://www.aladeptaz.org) under Ruling Documents.

Monica Rae Stein, Department Music Chairman  
11533 E. Kilarea Ave., Mesa, AZ 85209  
steinent@cox.net  
480.272.1255 cell

## **The American Legion Auxiliary**

### **Department of Arizona**

#### ***AMERICANISM***

**October 2016**

Here are some suggestions to promote Americanism your Unit members can do for this month:

Contact teachers at your local schools and schedule time to spend with the children, teaching flag etiquette and how to respect the American Flag. Explain the history behind our American Flag, answer their questions, and have some fun. Show them a pocket flag and explain why we assemble them and to whom we send them to. You can also recite the poem "My name is Old Glory".

Correspond with your local Representative and encourage him/her to support the flag amendment. It is crucial at this time that we band together to support and respect our American Flag.

Ask your local TV Station's not to focus on the negative (those few people who do not stand up when our National Anthem is being sung at Sports events, and etc.), but to widen their camera lenses and display the positive, (the 99.9% of the audience standing with pride and loyalty for our Nation's Colors).

Host a Halloween Party at your Post. If you don't have a Post Home, join in with another Post and enjoy the next generation of kids who will be taking our place in a few years. During the party you can sing some patriotic songs with them. Kids love to sing.

Make plans to get out into your community and ask everyone to exercise their 15<sup>th</sup> Amendment right to vote on November 8<sup>th</sup> or volunteer at a voting pole.

Mid-year reports are due to me by December 15, 2016. Year-end reports are due on April 30, 2017. Information on the Americanism program, as well as, report forms, will be included in the packet you will receive at Fall Conference. Unit President's or her Representative can pick up the Americanism packet in your Unit's mailbox. Remember, mid-year reports are due during holiday time, so mail early. You can also send me reports by e-mail to [lbubbles@cox.net](mailto:lbubbles@cox.net). I will send you confirmation as soon as I receive your report.

**I would like to have a 100% reporting.**

#### **NOTICE TO ALL UNITS AND DISTRICTS**

Please bring your Colors to the Department Conference. Dress code for Color bearers is: White Shirt, Navy Blue Pants or Skirts, Black or Navy Blue Shoes. Please assemble in the meeting room on Friday morning at 7:00 am.

Here is a little nostalgia: When I started coming to Conferences and Conventions 35 years ago, flags lined the walls all the way to the end of the room and not just behind the Department Officers. It was an awesome sight to see! Let's do it again!!!

Linda Hubbs 602-841-4770  
Americanism Chairman

Debbie Aguirre 520-484-3164  
Americanism Committee Member



## CHAPLAIN REPORT

OCTOBER 2016

All you Wild Women of the Wild Wild West are in for a treat this month. Since my report did not get into the packet last month, you will have a double treat this month that I hope you find enjoyable.

I would like to introduce you to a beautiful saying that I hope you will keep as your thought this month and for all your life.

"People are often unreasonable and self-centered. FORGIVE THEM ANYWAY

If you are kind, people may accuse you of ulterior motives. BE KIND ANYWAY

If you are honest, people may cheat you. BE HONEST ANYWAY

If you find happiness, people may be jealous. BE HAPPY ANYWAY

The good you do today may be forgotten tomorrow. DO GOOD

Give the world the best you have and it may never be enough. GIVE YOUR BEST ANYWAY

FOR YOU SEE, IN THE END IT IS BETWEEN YOU AND GOD. IT WAS NEVER BETWEEN YOU AND THEM ANYWAY". Mother Teresa of Calcutta

Dates to remember in October: 2nd-Islamic New year and start of Rosh Hashana, 6th-German American Day 10th-Columbus Day, 11th Ashura, 12th-Yomkippur, 16th Suklot starts, 24th-United Nations Day, 31st-Halloween.

Prayers for Soldiers: "Oh, give thanks to the Lord, for He is good!

For His mercy endures forever." Psalm 136:1

Lord,

We give thanks to you for our brave men and women in uniform.

We pray for your love to lead them and your wisdom to guide them each and every day.

Amen. Copyright © 2013 Beth McLendon of Inspirational-Prayers.com

Thank you for all you do!!!! God Bless you and God bless the USA

Jennie Molina, Department of Arizona Chaplain

[jmolina@gmail.com](mailto:jmolina@gmail.com)

(520) 220-8460

## **Community Service**

**October 2016**

### **PAWS in SERVICE**

Happy October! Halloween decorations are out in the stores; fall weather is, hopefully, not too far behind. We will begin seeing more and more people in the neighborhood parks. Flag football has begun, along with soccer. Have your parks and football/soccer fields been kept up this summer? If not, what a great community service event to gather members from your Post Family and clean up the park/field!

Do you do anything for your community for Halloween? Don't forget about the *Have a Safe Halloween* coloring book that can be ordered from Emblem Sales. They can be handed out at community events.

Exciting news from the Western Division Community Service Chair, Terri Angell! She has created a Western Division Community Service Facebook page. Please join the Facebook and BRAG about what you are doing - share it with your friends and members and let's show everyone what the ALA is doing within our communities.

Search for the "Community Service Western Division ALA" page and like the page. Share the information with your Unit, Post, SAL and ALR members. Also, your friends and family.

Terri will be posting community service project suggestions and doling a little bragging about what Units are doing. Don't be shy, share with us what your Unit is up to!

Please send me what your Unit is up to; pictures are recommended – don't hold back – tell us and show us what your Unit is up to!!

Also in this packet is a Community Service form to track your hours/events/cost/miles.

Barbara White, Chairman  
602-908-2980  
[Barbarawhite99@gmail.com](mailto:Barbarawhite99@gmail.com)

Onita Davis, Member  
520-229-1064  
[ovunit132@gmail.com](mailto:ovunit132@gmail.com)

**PAWS IN SERVICE**  
**FOR CHILDREN & YOUTH**  
**OCTOBER, 2016**

Greetings,

As I write this bulletin, I am preparing to attend the National Children & Youth Conference in Indianapolis . I look forward to sharing with you the information I received from the conference.

Remember our Purposes for this program: To assure protecting, caring and supporting children & youth particularly those of veterans and military families.

To Educate: Children and Youth on the history of the United State "Star Spangled Kids"

To Support: Homeless Veterans Children- See your Voluntary Service Representative, VA Medical Center can help with identifying and meeting the needs of Veterans Children or let a military child know that we appreciated their sacrifice thru Heroes "2" recognition button- include your Legion Family and Juniors.

To Protect: Prevent and stop Bullying/Missing Children/Safe Halloween. American Legion Auxiliary has brochures available on bully and Safe Halloween. October is National Bullying Prevention Month, what will you do to stop and educate our youth on Bullying.

To Recognize: Reward the positive actions of our children and youth. The American Legion Auxiliary has two special National awards to youth nominated by the Units. The Youth Hero Award –recognizes someone 18 years or younger who performs a heroic act of physical bravery. The Good Deed Award – for youth 18 years or younger who have contributed in a special way to society through community service.

There will be additional information regarding this program in your Fall convention packet.

Remember Mid-Year Reporting is due December 15, 2016.

Thank you

For Gold and Country

Committee Members

Shirley Cannon-Johnson, Chairman

Stacy Mayberry & Carla Solarez



## OCTOBER 2016

October is here and Education is in everything we do this month. This month is about enjoying yourself while promoting safety and health. Halloween is at the end of this month and we need to provide information and education to our local schools about safety around this event. Several of the Units have a Halloween Party for children and should think about incorporating safety into this event. Do you have a service dog in your area?



*A Service Dog ready for Halloween. Okay, so my costume needs a little work. Give me a break, costumes don't come in one size fits all for us, just like they don't for you. Creativity is a necessity. Hey!! PSST-short break while I check my bag. Remember, I don't eat candy! Yuk..Apples!*

This month is County Fair Month for many Arizona Counties. This is a good place to have a booth (shared with the Legion or SAL) to distribute information about what we do. Get those Service Dog Pamphlets ready too! Talk about our Community Service, Children and Youth Program, Veterans, Creative Arts, etc.; there are so many local and national programs that the community does not know we promote and support. Get the word out (public relations crossover).



October is Breast Cancer Awareness Month. This is the month to have a guest speaker discuss the ramifications of breast cancer and provide information about this disease. Honor those Auxiliary Members who are survivors of cancer. Get out your pink ribbons and give them out to all members to remember this day.

October is National Arts and Humanities Month. Get working on you Creative Arts with Veterans. See, Education crosses all Programs, we just need to think outside the box while working on a program to see how we can incorporate other programs into what we are doing.



October is also Domestic Violence Awareness Month. This would be a good time to donate items -food, clothes, hygiene items or money to your local domestic shelter. How about a gift card to a local supermarket which will assist with food for the residents? Again promote this awareness by handing out purple ribbons.

We need to start this month for next month's events. Get out the word about Veteran's Day events. Provide some educational information about this day to your local schools or newspapers, etc. Contact your schools to set up Veterans in the Classroom – don't forget to give the information about this project to the veterans you have asked to be available for this event, and to the teachers who are participating.

November is also one of the months we promote the Poppy Program, so starting thinking about this program and how you can enhance it with education about the Poppy.

For God and Country in Service to our Veterans

***Kat Sticklin***

Kat Sticklin

[gsticklin@cablone.net](mailto:gsticklin@cablone.net)

928-428-7431

Education Chairperson

Judy McIntyre Van-Matre

Education Committee Member

# REMINDER—MARK YOUR CALENDARS

## Tucson SAVAHCS Christmas Gift Shop Southern Arizona VA Health Care System

To American Legion Auxiliary Units of Southern Arizona:

7, 8, 9, 10, 11, 16, 19, 24, 28, 32, 36, 45, 46, 51, 52, 54, 56, 59,  
66, 68, 73, 95, 97, 102, 109, 125, 129, 131, 132, 133

The SAVAHCS Veterans' Hospital is deeply appreciative of the donations, and hard work of the American Legion Auxiliary Units of Southern Arizona for once again bringing the Christmas Gift Shop to this Tucson facility.

Department President Jan Cushing and Department Commander Danny Bugh have been invited to attend and participate in the Ribbon Cutting to open this year's event.

Dates:           Setup Tuesday, November 29, 2016

Ribbon Cutting Wednesday, November 30, at 9:00 a.m.

Gift Shop continues to be open through Wednesday, Thursday,  
and Friday, December 2

We need those cash or gift donations as soon as possible. Checks must be made payable to the American Legion Auxiliary, designated for the Tucson VA Christmas Gift Shop. Mail checks to ALA Department of Arizona, 4701 North 19<sup>th</sup> Avenue, Suite 100, Phoenix, AZ 85015-3727.

We do have a few younger veterans, so some children's toys and stuffed toys are appreciated, too.

And we need volunteers to help the patients shop, gift wrap, or box up for mailing. If you are able to for a few hours on any of these dates, we will truly appreciate your effort. If you have gift boxes of any size and in good condition, please bring them with you.

Karen Alff

Dept. Gift Shop Chair

[pugloveraz@yahoo.com](mailto:pugloveraz@yahoo.com)

520-419-7120

# CHARITY CAR AND BIKE SHOW



GIRLS STATE IS AN EDUCATION PROGRAM FOR YOUNG GIRLS. BEING AN AMERICAN LEGION AUXILIARY PROGRAM GIRLS STATE ALSO HELPS VETERANS. PLEASE BRING A PACKAGE OF COTTON TUBE SOCKS 4-6 PACK TO HELP OUR VETERANS IN THE VA HOSPITALS AND SOLDIERS OVERSEAS.

**Saturday... MARCH 11, 2017...**

**9am to 2pm - Gates open 8am -**

**Trophies at 1:30pm**

**HOSTED BY AMERICAN LEGION**

**POST & UNIT # 81**

**COST IS \$25.00 PER ENTRY**

**181 Paseo Del Sol, behind American Legion Post #81**

**SWAT MEET PARKING LOT**

**All Proceeds will go to**

**American Legion Auxiliary Dept. of Arizona Girls State**

**An Educational Program for Young Women**

My signature below confirms my intended participation in the American Legion Auxiliary Car & Bike Show. In consideration for my participation in this event, I hereby release the American Legion Auxiliary, American Legion Post 81, London Bridge Plaza Assoc. or any officers, members, employees, agents or affiliates; from any and all known and unknown damages, injuries, losses, judgments, or claims, for any cause suffered by me personally or my property or anyone under my direction or control. I also agree to indemnify, without consideration, reservation or qualification, all of the aforementioned persons from any and all liabilities occasioned by or resulting from actions or conduct of any person assisting me. I HAVE READ AND UNDERSTAND THE FOREGOING AND REALIZE THAT MY SIGNATURE HEREON LIMITS MY RIGHTS AT LAW.

SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Entry Year \_\_\_\_\_ Make \_\_\_\_\_ Model includes BIKES Club Affiliation \_\_\_\_\_

E-Mail \_\_\_\_\_

(Confirmation only)

**Entry Fee...\$ 25.00**

MAKE CHECK PAYABLE To: **JUDY M. VAN MATRE**

Mail to Judy M. Van Matre - 3611 Monterey Dr. Lake Havasu City, AZ 86406

Info e-mail Judy McIntyre [judym@npgcable.com](mailto:judym@npgcable.com), 928-706-8207 or Barb Matteson [secretary@aladeptaz.org](mailto:secretary@aladeptaz.org).

1-602-241-1080.....Web site...[azgirlsstate.com](http://azgirlsstate.com)

# HISTORIAN

## October 2016

### **“Dedicated Historians Leave Paw Prints Behind for Tomorrow”**

**Objective: Record the ALA’s history through the eyes of its members**

#### **HOW TO RECORD AND POST TO “MEMBERS REMEMBER”**

**Background Information** The history of the American Legion Auxiliary begins back In November 1919 and continues with you. The organization’s history, like any other history, is more than names and dates. It is about its membership and how it developed the ALA’s programs and projects to fulfill our mission of serving the veterans, servicemembers, and their families who sacrifice much for this country of ours. A written history can only tell so much. However, when an organization’s history is told through the eyes of its membership, everyone learns a great deal more about who we are, what we do, and why we matter

**Step-by-Step Instructions Here are some tips:**

- This is a two-person project so find someone to assist. This is a good time to enlist the help of your Junior members and/or college students due to their experience with technology.
- Find long time members of the Auxiliary and ask them to share their stories in a video. These stories can be about:
  - a special project,
  - a particular highlight during her membership
  - how many generations of her family have been members and why
  - if a chartered member, her experience in starting the unit
- Find a location where it is quiet and where there will be no interruptions
- Record with iPhones/Smartphones. Please keep in mind that your video file must be either a .mov; .avi; .mpeg; or a .wmv file extension
- Each recording should be no longer than five (5) minutes in length. You may make more than one. Cover one topic in each video.
- Post the video on YouTube. An instructional video on how to upload is located at [https://www.youtube.com/watch?v=\\_O7iUiftbKU](https://www.youtube.com/watch?v=_O7iUiftbKU).
- Go to YouTube at <https://www.youtube.com>
- Give the video the following title: ALA Dept. of \_\_\_ (two letter abbreviation for your state) Unit \_\_\_\_ Members Remember.
- Provide a description and tags that will help people locate the files easily. These will make it easier for others to locate the videos.
- Under Category, click on Nonprofits & Activism
- Under Privacy, click on Share your video with the world
- 

I hope you try it and have fun with this project.

Don’t forget Fall Conference – November 6-8, 2016 at the Doubletree in Tucson. See you there.

Patricia Lugo,  
Department Historian 2016-2017  
[Plugo1@cox.net](mailto:Plugo1@cox.net)



# JUNIOR PROGRAM

Paws in Service

October 2016



**TO Unit Junior Chairman - Please share with your Junior members.**

## **How to Serve Veterans and Military Families as a Junior Member**

Ever wonder how you can make a difference as a Junior member? Look no further. Listed below are some ideas for how to help veterans and military families. Some of these activities may help you receive patches in the Junior Patch Program. Check with your patch program level sheet.

**Show new military children around your school** • Contact a guidance counselor at school and tell them you are a member of the American Legion Auxiliary. Explain that we are the largest patriotic women's organization in the world and that our mission is helping veterans, active duty military and their families. Tell them that you would like to show them around the school and help them if they have a question.

**Write thank you letters** • Contact a nursing home or veteran's home near your unit, and ask how many veterans live there. Then get other Juniors in your unit or friends together and write thank you letters to them. To tell how much you appreciate their service and sacrifice they gave to our country. You can even include drawings of flags, or a picture of poppies.

**Help with events going on in your local American Legion Family** • If you know of events that will be taking place, contact who may be in charge and ask if you can help in some way. You may be able to help set up before a dinner or event.

Registration is now open for Fall Junior Conference to be held at Unit/Post 29, October 22, 2016. Send the registrations to Lexis Escudero 13010 West Hearn Road, El Mirage, AZ 85335. We are planning a fun informative conference. Please come we would like to meet you!

**Chairman:** Lexis Nicole Escudero 623-221-7132 email:jherrera268@aol.com

**Committee member:** Karen Quigg 623-332-1621 email:grannyqbear@cox.net

**American Legion Auxiliary  
Department of Arizona Membership 2016-2017**

**October 2016**

Rock at Fall Conference Arizona! Do you have questions about Membership? Please attend Fall Conference, November 4-6 at the Doubletree Inn in Tucson. Lots of valuable information will be presented at the Membership Workshop.

Success stories, especially if you are trying something new are requested. Document them on paper via US Mail or send via email. Mid-Year Reports are due to this Chair by December 31, 2016 and yes, that includes new and old ideas. That can be a paragraph or two, just include your Unit number on that email or letter.

Are you receiving weekly standings from your District President or District Vice President? Are you transmitting membership weekly? Did you signed up for ALAMIS (American Legion Auxiliary Member Information System), a useful tool for your Unit? The form was included in last month's packet.

**NEWS FLASH** - National Convention held in August voted to amend the National Stand Rules, Section X – Unit Number 3 which clarifies and simplifies the process for transfer membership to another Unit.

It formerly read: “Any member in good standing wishing to transfer to another unit must present to the new unit her current membership card. Upon acceptance of the transfer by the new unit, no dues shall be transferred.”

It now reads: A member who is not subject to suspension or membership revocation under due process is eligible to transfer her membership to another unit if she has paid her membership dues to her current unit or immediate past membership year. A member transferring to a new unit must pay current dues to either her current unit or the unit into which she wishes to transfer.

Evidence of paid membership includes:

1. American Legion Auxiliary Membership Card.
2. Verification of membership by ALA Department or National Headquarters membership records.
3. Other documentation verifying payment of current or immediate past year membership dues such as a cancelled check or receipt; or
4. When verifying documentation is not available, a sworn statement that the member's membership dues payment was tendered.

And a kind reminder that Membership is the responsibility of the entire organization. Your next Target Date is 60% by October 11!

Let's Make Membership Meaningful!

Rock Arizona and Raise the Roof in 2016-2017,

Yolanda Bonilla  
Membership Chairman  
602-989-3321  
yodobo@msn.com

# NATIONAL SECURITY

OCTOBER 2016

Auxiliary members step up and reach out to help military families during deployments in very practical ways, such as assisting with their needs for child care and lawn work or by providing a listening ear to a spouse. Members do helpful things such as collecting coupons and sending them to overseas commissaries, hosting send-off and welcome-home events for our troops, providing them with pocket flags, and showing the gratitude of our nation by providing military families with Blue Star and Gold Star Banners. Auxiliary units are encouraged to partner with other organizations that serve the military, such as local USO affiliates and ROTC/JROTC units

On the way home from the National Convention in Cincinnati, the Department Historian Patricia Lugo and myself toured the USO facility at the Cincinnati airport. It is amazing everything they have available for the Servicemen and their families, the USO truly does an amazing job.

Units when sending out your coupons make sure the commissary where you are sending them is still accepting them. At National Convention we heard that not all commissaries are accepting coupons. I will have a list in the National Security packet at Fall Conference.

With all of the tornadoes, floods and earthquakes occurring. Auxiliary members can also assist our communities in times of natural and manmade disasters through Community Emergency Response Team (CERT) courses. These trainings prepare members to act as an emergency response resource in times of natural disasters such as floods, hurricanes, and blizzards, as well as during manmade disasters. The Auxiliary's National Security Program works collaboratively with the FEMA Individual and Community Preparedness Division, in keeping with a standing agreement.

## **Honoring the Troops**

Display [Blue Star Banners](#) in the window to show that someone in the home is serving in the U.S. Armed Forces.

[Purchase banners](#) for the families of deployed service-members as a gesture of support. Offer help to families displaying banners Honor those still missing with a POW/MIA Remembrance Service.

Josephine Herrera  
National Security Chairman  
[Jherrera268@aol.com](mailto:Jherrera268@aol.com)  
623-340-5936

## **ARIZONA STATE VETERANS HOME PHOENIX**

### **SEPTEMBER 2016 REPORT**

Hello Ladies it's been beautiful weather finally in our valley! I'm certainly ready for Fall and all the Holidays! ☺

**Here is the list of October Birthdays:**

<b>10/2 Abraham M</b>	<b>10/3 Lois H</b>	<b>10/4 Patricia H</b>	<b>10/4 Roman C</b>
<b>10/4 "Bill" M</b>	<b>10/8 Alan K</b>	<b>10/11 Frank G</b>	<b>10/12 Lester J</b>
<b>10/16 Kent P</b>	<b>10/17 Jeff E</b>	<b>10/19 Peter S</b>	<b>10/20 Thomas "Dave" H</b>
<b>10/21 "Rico" D</b>	<b>10/27 Leslie S</b>		

**Here is the list of November Birthdays:**

<b>11/1 Fred J</b>	<b>11/1 William M</b>	<b>11/3 John U</b>	<b>11/4 Steven M</b>
<b>11/6 Major D</b>	<b>11/6 Susan R</b>	<b>11/8 James "Joe" B</b>	<b>11/10 Commodore M</b>
<b>11/14 Richard I</b>	<b>11/14 Stephen M</b>	<b>11/16 Deonis A</b>	<b>11/17 Gregory H</b>
<b>11/18 "Mickey" D</b>	<b>11/19 Dominic C</b>	<b>11/19 William S</b>	<b>11/23 Jay D</b>
<b>11/23 William B</b>	<b>11/24 "Hal" S</b>	<b>11/30 Debbie S</b>	

Every month on the 3rd Saturday it would be great if we can get some Auxiliary ladies together to meet and help some of our Veterans at the Arizona State Veterans Home. A lot of our veterans enjoy Bingo and just need a little help during the game. Let's get together and Help them, once you see their smiles you know how much they appreciate you spending about an hour of your weekend once a month to help them. (Everyone wins and so will you!) It starts at 10am and ends at 11am, only one hour and it will mean a great deal to a veteran! If you are able to make it to 4141 North S. Herrera Way on the 3rd Saturday of the month, please let me know ahead of time or just meet me there, Thanks in advance!

Thanks go out to Unit 26 in Mesa for the Birthday cards and any other unit that participated in sending cards to our veterans at the State Home. ☺

The Arizona State Home's Wish List: (New list for 2015 – 2016)

Please call me before coordinating large-ticket donations to discuss our most current needs.

**Items needed:**

- **Wheelchair accessible cup holders**
- **Gift cards to Dunkin Donuts or Krispy Kreme for our twice a month "coffeehouse"**
- **Chips and Soda for Friday "Happy Hour"**  
**We are also in need of soft snack cakes (such as Little Debbie's) for those needing a softer snack**
- **Comfortable Sweat Pants (sizes M, L, XL, XXL)**
- **Men's tennis shoes or slippers (with a back) in a variety of sizes**
- **Large Print Bibles**
- **Batteries (AA, AAA and D)**
- **Stamps**
- **Reachers**
- **Cups with lids and handles**
- **DVD's (current or new releases)**
- **Hand Held Electronic Games: Poker, black jack, Yahtzee, solitaire, etc.**
- **Puzzles that are 550 pieces and under**

**Larger items:**

- **Photo printer and ink to print photos for veterans**
- **Sponsor a room renovation (\$2500)**
- **Small shelving units to control clutter in veteran rooms (\$125 each, need 120 total)**

- **Heavy Duty Laminator Machine**

**Games and Special Events:**

- **Sponsor a party / special event with an entertainer or performer**
- **Sponsor a meal for either the entire home (180 beds), or a single wing (50 beds)**
- **Sponsor a BBQ or an outing**
- **Sponsor a casino night or donate money to the bingo fund (it costs about \$40 every game and the veterans love bingo!).**

Unfortunately, we are unable to use glass, toiletries, past-date food items, or medical supplies. All food items donated must be store-bought, and within dates so we can serve them safely. Thank you for serving our veterans!

**(Please let me know if your unit includes ASVH in any of your monthly activities either by texting me at (623) 696-5602 or emailing me at [VLRKELL@aol.com](mailto:VLRKELL@aol.com) so your unit will also be included in my monthly report.)**

**Please continue to let me know what you do for our Veterans at the state home, so I can include you in my monthly report.** I feel very passionate about thanking people when they share their time to make our veterans happy or show them how much we appreciate them. Please either email me ([VLRKELL@aol.com](mailto:VLRKELL@aol.com)), text me or call me (623-696-5602) if any of our Auxiliary Ladies go to spend some time as a group or individually at our Arizona Veterans State Home. If you would like me to deliver Birthday cards to the State home along with mine, you can directly send them to me at: 8402 W Campbell Ave, Phoenix AZ 85037.

😊

*Valerie Kelly*  
ASVH (Phoenix) Chairman

*Lometa Briggs*  
ASVH (Phoenix)



# POPPIES

By now, all units should have their poppy order in. If you don't, you should do it as soon as possible. I have gotten a few questions about whether you can use poppies you have left over from previous years. Yes, you can. You just need to change the paper strip on it. Department should have some new ones, but you need to try to get them soon.

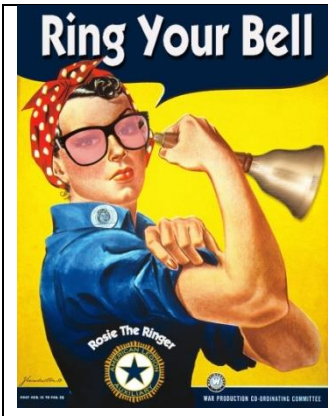
Conference is coming up the first weekend of November. Please try to attend or have someone pick up your information from the mail box tubs. I am putting together some information you can use in your program. If you have questions, you can speak to me there or you are welcome to call me. If I don't answer the phone, please leave a message and I will get back to you.

Let's try to work hard at getting the word out about how the program helps veterans.

Poppy Chairman  
Vera Robertson  
3216 W Shangri La Rd  
Phoenix, AZ 85029  
602-505-4251

Poppy Member  
Margie Greene  
1700 S Crowder Ave, Unit 24  
Yuma, AZ 85364  
928-342-1107

## Public Relations: October 2016



Email (questions, comments): Marge Christianson; [ALADeptAZpr@gmail.com](mailto:ALADeptAZpr@gmail.com)

Facebook Page: "Jan Cushing, AZ ALA Dept President"

- Department generated posts about Jan's travels and mission activities

Facebook Page: "ALA Department of Arizona Public Relations"

- Department generated posts about community engagement of interest to units, districts

Facebook Group: Ring Your Bell Arizona ALA

- Units, Districts generated posts about community engagement stories of interest to each other and department. Entries should focus on how the public was engaged in what you did, what you learned, etc. Also "Ring Your Bell" central for the contest. Request membership today!

### ***"Rosie the Ringer" Ring Your Bell Contest***

Each month a different community engagement activity will be highlighted. Units must submit entries during that month, as outlined in the Department's Monthly Packet instructions, in order to be counted for that month's winning citation. Late entries will count toward the full year total. Check out August and September's Monthly Packets for more info—they are available under "useful links" on the Department website ([www.aladeptaz.org](http://www.aladeptaz.org)) if you can't find a hardcopy! Monthly winners get a citation and overall contest winner gets an engraved Bell!

Congratulations Pat Tillman Unit 117 for winning August's contest!!! Way to RING YOUR BELL!!!!

#### **October—SHOW us your best!**

- **10 point for each person photographed in emblem wear in November 2016**
  - ALA emblem must be visible in photo
  - Multiple photos may be posted but any given photo can only be posted once
  - The same person can be counted in more than one photo, but the photos must be from separate events
  - Photos must be posted to the department's PR Facebook page in November using #RingYourBellAzALA and include your unit number and city.
  - Maximum 100 points will be awarded for this activity
- **50 points for each time the emblem is illustrated in the public media from Sept through November 2016:**
  - Includes each newspaper article/photo/ad, TV appearance or Youtube video that your unit originates. Posters or banners will also count if they are displayed in public areas outside of the Legion Post. Emblem must be visible. Hint: Posters can be downloaded from [www.ALAforVeterans.org](http://www.ALAforVeterans.org) and printed at Office Max or other Office Store (even sent online for printing).
  - The news item or web address (or photo of banner/poster in public place) must be posted the Department's PR facebook page in November using #RingYourBellAzALA and include your unit number and city.
  - A maximum of 150 points will be awarded in this category. One-time extra bonus of 50 points will be awarded if any entries include the Department President's Special project, "Soldier's Best Friend".
- November sneak peek: REPORT and catch up.

Please email us with questions... we are here to help. And have some fun!

Marge Christianson  
Public Relations Volunteer & Chair  
Department of Arizona  
[ALADeptAZpr@gmail.com](mailto:ALADeptAZpr@gmail.com)

Shannon Mead  
Public Relations Volunteer & Committee Member  
Department of Arizona  
[ShannonMead@live.com](mailto:ShannonMead@live.com)





**Paws in Service**  
**Soldier's Best Friend**

<https://soldiersbestfriend.org>

Greetings ladies!!

Send us your ideas for fundraisers to share with the rest of the Department.

Look for information on how you can 'Ring Your Bell' about what you've done to involve you community in the President's Special Project fundraiser.

Shout out to Unit 109 and their radio interview, where Unit President Kathy talked about Soldier's Best Friend!

We're coming into October and ideas for fundraisers were shared last month, but here they are again:

- Happy Howl'oween Paw'rty
- Canine Scary'oke
- Canines in Costume
- Pooches on Parade

October is also Adopt-a-shelter dog month and National Service Dog month.

November brings us Thanksgiving, which I'm sure you creative ladies can use to make wonderful events for November.

As a reminder, there is the challenge out to the Districts: The District with the most funds (per capita) raised from their change jars 30 days prior to Convention, gets a special prize at Convention.

Also, go out to Facebook and 'Like' the Facebook page for Soldier's Best Friend. Soldier's Best Friend posts pictures of recent graduates and construction progress. See the good work being done by this Arizona based organization.

For God and Country,  
Robin Reed  
President's Special Project Chairman  
Department of Arizona  
robin\_reed@ymail.com

Karen Mealey  
Northern committee  
member  
genverna@live.com

Cleone Magnuson  
Southern committee  
member  
jazzydoll@cox.net

Jeannie McGaughey  
Southern committee  
member  
gene.jean.mcgaughey@  
cox.net

Betty Barbee  
Phoenix committee  
member  
poodlemaniac@gmail.c  
om

AMERICAN LEGION AUXILIARY DEPARTMENT OF ARIZONA

“PAWS IN SERVICE”

FOR OUR VETERANS AND THEIR FAMILIES

SCRAPBOOK

OCTOBER 2016

Webster’s dictionary definition of scrapbook is a book of blank pages for pasted clippings, pictures, and souvenirs: memory book.

If you have an event at you Post or Unit take pictures to put in your Units scrapbook and that goes for taking pictures of your unit members volunteering at the VA Gift Shops, at any Children Christmas/ Easter parties, and when the National President Mary Davis makes her Official visit to Arizona.

Please send any pictures you take of your Department President when she makes a visit to your Unit or District to me at the address below.

Be sure to follow the rules if you are submitting a scrapbook at convention in June.

Noreen Lankin  
Scrapbook Chairman  
20089 N. Pinewish Court  
Surprise, AZ 85374-4625  
gcushing@cox.net

Amy Hankins  
Member  
aacomm@cox.net

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## UAV MEETING

1 OCTOBER 2016

Meeting was called to order at 10:05 by Chairman Reggie Yates and the opening ceremony was conducted.

Reggie Yates made a special presentation to Debra Amdur, on behalf of the UAV, for her service to the veterans.

Guests were introduced.

Audrey Monell, President of Forrest Anderson Plumbing and Air Conditioning gave a presentation on a contest they are having in which one deserving veteran's family will receive a new Carrier 14 Seer Heating and Cooling System. Contest closes October 14<sup>th</sup>, 2016. You can register a veteran or yourself. For more details on the contest, visit: [ForestAnderson.net](http://ForestAnderson.net) or phone 623-780-4060. Winner will be announced in November.

An announcement was made that the memorial services for Park Shaw will be on October 19, 2016 at the National Memorial Cemetery in Phoenix at 9:30 a.m.

Denis Day briefed the group on the upcoming 6<sup>th</sup> Annual Honor Walk & 5K Fun Run, Sunday, November 13<sup>th</sup>, 2016.

Sam Young, from the Veterans Medical Leadership Council (VMLC) reported on the upcoming lunchtime event at the Arizona Biltmore being held on Wednesday, November 16, 2016, and about the support VMLC has rendered to the veteran's community over the past year. Individual tickets \$100, veterans discount tickets \$65. For more information contact Sam Young at [sam.young74@ymail.com](mailto:sam.young74@ymail.com) or phone 602-540-7648.

Shane Groen from the Arizona Vets StandDown Alliance gave a report on the upcoming Maricopa StandDown February 9-11, 2017. Volunteers are being sought to help at the State Fair to help pay for the use of the Veterans Coliseum for the StandDown.

Stan Evanko from the American Legion Post 143 gave a presentation on the American Legion's Junior Shooting Sports Program. He also provided information on the Legion's ALLECA program, baseball, and the oratorical program. For more information you can contact him at [evankosk0773@gmail.com](mailto:evankosk0773@gmail.com) or 623-910-3208.

Roll call was taken, a quorum was established. A motion was made to approve the minutes from previous minutes, second and approved.

A representative from the VA Medical Center gave an update on the projects ongoing at the VA.

Reggie Yates gave a report from the Board of Directors. He reminded everyone of the upcoming AVHOF Induction Ceremony on October 28<sup>th</sup>. Currently there are 544 individuals registered for the event.

Terry Araman gave the legislative report. Some key issues are lifting the \$2500 cap on military retiree tax break. Currently 26 states do not tax the military retirement. The other key issue is the MFRF fund. After 2018, any money remaining in the fund is scheduled to be transferred to the Arizona Department of Veteran's Services.

Terry also reminded everyone of the Copper Shield and Copper Sword awards. Nominations closed September 30<sup>th</sup>. The winners will be announced at the AVHOF Induction luncheon and the presentation of the awards will be made at the Spring Gala.

Two new organizations were admitted to the UAV, THE City of Phoenix Military Veterans Foundation and Operation Freedom Bird.

There will be a groundbreaking for a new Veterans Housing Project in Tempe on Wednesday, October 5<sup>th</sup> at 10 a.m. at 1001 E. 8<sup>th</sup> Street, Tempe.

Pioneer's Military & Memorial Park, 1317 W. Jefferson, Phoenix will be hosting a "Dining Among the Dead" fund raiser. The cost is \$40 per person or \$35 per person for PCA members. RSVP due date NLT October 15<sup>th</sup>. For more information contact Judy Smith at 623-853-9550 or Kathleen Laurier at 602-909-2121. Mail check or money order to Pioneers' Cemetery Association, PO Box 33192, Phoenix, AZ 85067.

Saturday, October 28<sup>th</sup> 8 a.m. to noon – Retirees Activity Day, Luke AFB. Admission is free, you need to show your military ID at the entrance gate. For more information contact Doug Gray at [douggraypersonal@msn.com](mailto:douggraypersonal@msn.com) or phone 480-941-2510.

A report was given by Judy Hatch on the upcoming Pearl Harbor Remembrance Day.

Saturday, October 29<sup>th</sup> – 6<sup>th</sup> Annual Event honoring Arizona's Vietnam Veterans (50 Anniversary Commemoration) Scottsdale Plaza Resort, 7200 N. Scottsdale Road, Scottsdale 85253. Check-in at 5:30 p.m., No host bar 5:30 – 6:30 p.m., program begins at 7:00 p.m. Cost \$50. For more information contact Joe Abodeely, 520-868-6777

There being no further business to come before the membership, closing ceremony was conducted and the meeting was adjourned at 12:10 p.m.

Respectfully submitted

A handwritten signature in cursive script that reads "Judith Hatch".

Judith Hatch



## **UAV MEETING UNOFFICIAL MINUTES**

**3 SEPTEMBER 2016**

Meeting called to order at 10:00 a.m. by Chairman Reggie Yates. The opening ceremony was conducted and guests introduced.

Bob Dalpe gave a report on the upcoming "Glendale Standup" being held at Glendale Community College on September 24.

Dr. Juan Gurule and Mr. Carlos Avila gave a presentation on an effort being made to create a "Father Albert Braun Veterans Memorial Historic District" just west of Sky Harbor Airport in an undeveloped area surrounding the Sacred Heart Church, which has been designated as a Historical Building.

A report was given on the upcoming Veteran's Day Parade, chaired by Paula Pedene. The Veteran's Day parade is the fourth largest in the country. This year will be the 20<sup>th</sup> year of the parade in Phoenix and Channel 3 has stated they will air the parade. The theme will be "Welcome Home Vietnam Veterans". For more information go to [phoenixveteransdayparade.org](http://phoenixveteransdayparade.org). There are usually about 2000 participants and well over 2000 spectators. It will be held on Friday, November 11<sup>th</sup> starting at 11:00 a.m. The committee welcomes anyone willing to help.

A representative from the VA Medical center gave a report on the events going on at the facility and what is being done to replace Deborah Amdur, who retired. They are in the process of increasing the VA medical facilities by opening three new clinics totaling 50,000 square feet of space off campus from the main hospital this year. They are also working to fully implementing a Mobile Health Unit to service those veterans in rural areas. They are looking into hiring temporary health providers to help during the winter season when the snowbirds are here. They are also focusing on improving the phone response system. On improvement is when someone is suicidal they no longer are switched to a 800 number, but when they call the main line they are given the option "7" to get assistance. Suicides have dropped from 22 a day in 2014 to 20 a day in 2015. This is still unacceptable. The parking situation is also being worked to help especially during peak times.

Roll call was taken, a quorum was established. A motion was made to accept the minutes as written, second and approved.

Wanda Wright, Director of the AZDVS reported of some more veteran's issues. She stated that 49% or all veterans in the state are over the age of 55. They are a high suicide risk.

They are working on making improvements to the State Veterans Home in Phoenix. The home is 20 years old. They are also working on a design for the new veteran's home in Yuma so that when the funding comes through they can start building. It is scheduled to have between 60 & 70 beds. For more information regarding the events and programs sponsored by the Department of Veterans Services, go to [AZDVS.gov](http://AZDVS.gov).

Reggie Yates gave a report of the Board of Directors meeting. He advised those in attendance that the UAV website had been hacked, but there was no personal information on the site to be compromised. The site has been cleaned, additional securities set in place and is now back up and running. Reggie congratulated Rick Romley for his appointment to Judge in the Mesa Veteran's Court.

Terry Araman gave a legislative update. He advised the membership that they will continue working on updating the antiquated legislation dealing with veteran's retirement. The current \$2500 has been in effect for over 20 years. They are trying to get the military retirement totally tax free, but if unable to at least raise the non-taxable to \$5,000.

Efforts are being made to streamline the processing of veteran's claims. There is a house bill HR562 that deals specifically with the streamlining process.

Nominations are being accepted for the Copper Shield and Copper Star awards. Deadline for submission is September 30<sup>th</sup>, 2016.

#### **GOOD OF THE ORDER:**

Judy Hatch gave a report on the upcoming Pearl Harbor Day. Registration forms have gone out. Any organization not receiving their paperwork were instructed to contact Judy and she will send it out. This is the 75<sup>th</sup> Anniversary of this date in our history. The Governor will be attending the event at Pearl Harbor. Judy reported that she has been advised that this is the last year that Hawaii will be sponsoring the program there, unless some other organization picks it up. If that happens, Arizona will be the only state continuing the tradition of recognizing this day.

Members were advised of the upcoming Phoenix Navy Ball, 241<sup>st</sup> US Navy Birthday, honoring the U.S. Navy's Submarine Force "Silent Service", being held at the Arizona Grand Resort and Spa, 8000 Arizona Grand Pkwy, Phoenix, AZ 85044 on October 8, 2016. Cost is \$65 per person, attire is Dinner Dress Blues or formal attire. To register go to [www.phoenixnavyball.com](http://www.phoenixnavyball.com) or contact Capt. Carol Culbertson, USN Ret. At 602-799-9480 or Capt. Carlos Lozano, USN Ret., at 480-993-6347.

There will be a "Honor Walk" some time in November. Proceed goes to one or two veterans groups in the valley.

A report was given on "Project Healing Waters", a program that takes veterans fishing. They supply the rods, reels and whatever other supplies needed for the trip.

Gene Crego made a presentation of a VFW medal designed for the purpose of people who have gone above and beyond to help veterans. There were several medals presented at the meeting.

There being no further business to come before the organization, the closing ceremony was held and the meeting was adjourned at 12:30 p.m.

Respectfully submitted,  
Judith Hatch



American Legion Auxiliary  
Department of Arizona

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**“PAWS IN SERVICE”  
VETERANS AFFAIRS & REHABILITATION REPORT**

**October 2016**

Hello Ladies of the great state of Arizona!!!! Please be sure your VA&R Chairman receives these monthly bulletins.

Did you know that the Veterans Affairs & Rehabilitation: A Guide for Volunteers, can be found at American Legion Flag & Emblem under the Auxiliary, Books Pamphlets and CDs? A booklet with great information for your volunteers.

Question: What can you do?

Answer: Ideas:

- Become a regular VAVS volunteer.
- Invite others to become a volunteer with you (non-members who might be eligible once they see the great works of the ALA).
- Get together with your Unit to see who can make lap robes, get cards to be donated to the Veterans on a monthly basis for birthdays.
- Donate your time at Gift Shops, Creative Arts, or Stand Downs.
- Take a Veteran shopping, to doctor appointments or to a VA Center to assist if he/she needs clothing.

These are just a few ideas to start your Unit in getting involved with your local VA State Home, VA Hospital or VA Clinic/Center located near you.

**Be sure to keep track of all your hours, mileage, etc., as we will be reporting at the mid-year and end-year on the forms that will be provided to you at Fall Conference.**

*More information will be shared in each month's bulletins.*

Cindy Queen, Department VA&R Chairman  
4718 S. Adelle Circle, Mesa, AZ 85212  
[cynqueen1953@gmail.com](mailto:cynqueen1953@gmail.com)

602-316-7647 (cell) 480-358-6923 (home)