

2019 OFSAA Cross Country Championships

Junior Girls – 5km

Place	Ath #	First Name	Last Name	Team	Gun Time	Pace / km	1 Half	2 Straight	Finish
1	1592	Sofia	Bowe	TW Etobicoke Arts - Toronto	21:28.27	4:17.65	10:43.45	21:06.85	21:28.27
2	1187	Sierra	Rodrigues	RP St. Michael	21:36.42	4:19.28			21:36.42
3	269	Chantal	Channing	CW Orangeville - Orangeville	21:37.15	4:19.43	10:53.92	21:17.05	21:37.15
4	326	Dale	Kenny	EO Carleton Place- Carleton Pl	21:41.22	4:20.24	10:44.55	21:17.99	21:41.22
5	1080	Sarah	Cullinan	NW Superior CI	21:48.22	4:21.64	10:59.23	21:25.79	21:48.22
6	641	Catie	Kramer	LO Dunbarton - Pickering	21:52.83	4:22.57	10:50.34	21:27.52	21:52.83
7	736	Cara	MacDonald	NC Glebe - Ottawa	21:54.13	4:22.83	10:43.87		21:54.13
8	1594	Grace	Cousineau	TW Martingrove - Islington	21:58.52	4:23.07	10:47.69	21:36.56	21:58.52
9	1516	Sarah	Lacy	TE Sir Oliver Mowat - Scarboro	22:00.81	4:24.16	10:44.24	21:35.82	22:00.81
10	1735	Caroline	Ash	YR Newmarket - Newmarket	22:06.52	4:25.03	10:54.41		22:06.52
11	1128	Aysia	Maurice	RP Humberview - Bolton	22:07.00	4:25.04	10:56.21	21:45.77	22:07.00
12	280	Georgia	Bernhard	CW Our Lady of Lourdes H S	22:07.57	4:25.51	10:55.05	21:47.95	22:07.57
13	230	Kieran	Stewart	CW Elmira - Elmira	22:08.59	4:25.72	10:53.56		22:08.59
14	764	Charlotte	Murchison	NC Mother Teresa - Nepean	22:10.54	4:26.11	10:43.13	21:50.37	22:10.54
15	347	Reese	McShane	EO Holy Cross - Kingston	22:11.17	4:26.23	10:57.61		22:11.17
16	201	Anna	May	CO Thomas A.Stewart-Peterborou	22:17.86	4:27.57	11:04.51	21:57.12	22:17.86
17	994	Lindsay	Fletcher	NO St.Joseph-Scollard - North	22:18.48	4:27.07	10:57.34	21:57.68	22:18.48
18	665	Alexandra	McDougall	LO Port Perry - Port Perry	22:20.19	4:28.04	11:07.75	21:57.49	22:20.19
19	1424	Katherine	Switt	TD Bishop Allen Academy-Etobic	22:20.36	4:28.07			22:20.36
20	1497	Giovvana	De Oliveira	TD Notre Dame - Toronto	22:21.30	4:28.26	11:02.45	21:59.14	22:21.30
21	161	Charlie	Konyer	CO I.E. Weldon - Lindsay	22:25.61	4:29.12	10:59.51	22:07.14	22:25.61
22	1543	Valerie	Snow	TS Leaside - Toronto	22:26.71	4:29.34	11:06.04		22:26.71
23	245	Alex	Hesch	CW Huron Heights (Kitchener)	22:27.29	4:29.46	11:13.07	22:07.96	22:27.29
24	635	Maria	Sandor	LO Donald A. Wilson - Whitby	22:28.41	4:29.68	10:56.80	22:08.33	22:28.41
25	1103	Kayla	Sanderson-Kirby	TS Richview Collegiate Institu	22:28.55	4:29.71	10:56.40	22:06.91	22:28.55
26	1228	Alexandra	Nickel	SO ES Jean Vanier - Welland	22:32.44	4:30.49	10:59.51	22:11.06	22:32.44
27	411	Riley	Higgs	EO Thousand Islands - Brockvil	22:37.23	4:31.45	11:07.34		22:37.23
28	1579	Caleigh	Pribaz	TS Northern - Toronto	22:40.89	4:32.18	11:03.19	22:18.94	22:40.89
29	443	Hailey	Abbott	GB Collingwood - Collingwood	22:42.74	4:32.55	10:58.06		22:42.74
30	599	Olivia	Dodds	GH St. Thomas More - Hamilton	22:44.55	4:32.91	11:20.44		22:44.55
31	574	Mackenzie	Pearce	GH Holy Trinity - Oakville	22:46.62	4:33.32	10:58.30	22:25.60	22:46.62
32	623	Ella	Jackson	LO Brooklin High School	22:47.12	4:33.42			22:47.12
33	1220	Haley	Morey	SO Eden - St. Catharines	22:48.39	4:33.68	11:17.49		22:48.39
34	1548	Lucy	Carpenter	TS Malvern - Toronto	22:49.92	4:33.98	11:05.98	22:27.37	22:49.92
35	260	Sarah	MacGillivray	CW Sir J. A. MacDonald	22:55.43	4:35.09	11:18.46		22:55.43
36	1014	Hannah	Heimonen	NO Superior Heights	22:55.93	4:35.19	11:21.72		22:55.93
37	1458	Molly	Gipson	TD Loretto Abbey - Toronto	22:57.87	4:35.57	11:15.50	22:34.15	22:57.87
38	228	Katya	Vanderberg	CW Centennial - Guelph	22:59.39	4:35.88	10:58.99		22:59.39
39	475	Arielle	Fink	GB Holy Trinity - Bradford	23:01.10	4:36.22	11:12.53	44:42.58	-
40	1740	Sabrina	Arena	YR Sacred Heart - Newmarket	23:04.16	4:36.83	11:14.79	22:38.77	23:04.16
41	752	Zoe	May	NC Immaculata - Ottawa	23:05.98	4:37.02	11:10.14	22:39.82	23:05.98
42	55	Eve	Carreau	CI Rosseau Lake College	23:07.00	4:37.04	11:29.59		23:07.00
43	1257	Abby	Jackson	SO Westlane - Niagara Falls	23:09.96	4:37.99	11:19.18		23:09.96
44	1544	Kyra	Welch	TS Leaside - Toronto	23:10.08	4:38.02	11:30.63	22:50.44	23:10.08
45	1194	Olivia	Hendrikx	RP The Woodlands - Mississauga	23:11.27	4:38.25	11:11.56	22:49.68	23:11.27

46	1651	Cerena	Aitken-Guignard	WO St. Joseph's - St. Thomas	23:11.63	4:38.33	11:26.16		23:11.63
47	31	Frankie	Kerr	CI Greenwood College - Toronto	23:13.52	4:38.07	11:22.81	22:50.95	23:13.52
48	688	Jasmine	Stokes	LO Uxbridge - Uxbridge	23:15.50	4:39.01			23:15.50
49	319	Quincy	RotsaertSmith	SO Dundas Valley	23:17.97	4:39.59	22:56.62		23:17.97
50	1669	Laine	Young	WO St. Michael - Stratford	23:18.07	4:39.61	11:26.45		23:18.07
51	946	Avery	Sutherland	NO Lo-Ellen Park - Sudbury	23:23.46	4:40.69	11:20.55		23:23.46
52	1287	Maya	Robinson	WO St. Anne's C.S.S.	23:25.14	4:41.03	11:32.48		23:25.14
53	689	Kate	Tuck	LO Uxbridge - Uxbridge	23:26.70	4:41.34	11:37.07		23:26.70
54	1196	Olivia	Lanc	GH St. Jean de Brebeuf	23:27.70	4:41.54	11:28.46	23:05.54	23:27.70
55	132	Dallis	Mackenzie	CO East Northumberland - Brigh	23:28.57	4:41.71	11:34.76	23:07.70	23:28.57
56	146	Myha	Thomas	CO Eastside SS	23:30.99	4:42.02	11:27.39		23:30.99
57	1225	Payton	Tonnos	SO Eden - St. Catharines	23:33.06	4:42.61	11:29.15		23:33.06
58	349	Kira	Allen	EO Kingston - Kingston	23:35.46	4:43.09	11:38.85	23:11.78	23:35.46
59	760	Cassidy	Bradley	NC Longfields Davidson Heights	23:37.25	4:43.45	11:35.32	23:15.79	23:37.25
60	1407	Ainsley	Rocheleau	SW Vincent Massey - Windsor	23:37.94	4:43.59	11:31.44	23:17.29	23:37.94
61	1291	Maeve	Pestonji	TD St. Patrick - Toronto	23:39.87	4:43.97	11:42.83	23:19.95	23:39.87
62	1541	Abigail	Smith	TS Leaside - Toronto	23:40.58	4:44.12	11:48.00	23:18.93	23:40.58
63	570	Lily	McBride	GH Garth Webb	23:41.30	4:44.26	11:27.32	23:21.18	23:41.30
64	1606	Rebecca	Christensen	WO London Central - London	23:41.34	4:44.27	11:45.50	23:20.72	23:41.34
65	465	Leah	Ray	GB Collingwood - Collingwood	23:42.35	4:44.47	11:34.66	23:18.97	23:42.35
66	1605	Laine	Barnfield	WO London Central - London	23:43.01	4:44.06	11:45.80	23:18.03	23:43.01
67	648	Leah	Stapleton	LO Henry Street - Whitby	23:44.32	4:44.86			23:44.32
68	1248	Erin	Lou	SO Westdale - Hamilton	23:44.36	4:44.87	11:48.83		23:44.36
69	401	Rebecca	Greer	EO St. Thomas Aquinas Chs	23:45.76	4:45.15	12:05.24	23:22.87	23:45.76
70	255	Kate	Halley	CW Sir J. A. MacDonald	23:47.01	4:45.04			23:47.01
71	266	Tara	Wong	CW Sir J. A. MacDonald	23:47.85	4:45.57	11:42.90	23:25.38	23:47.85
72	565	Claudia	Mazzei	GH Dfj Hayden	23:53.46	4:46.69	11:52.19	23:33.08	23:53.46
73	1499	Clare	Moloney	TD Notre Dame - Toronto	23:55.22	4:47.04	11:53.56	23:31.21	23:55.22
74	1227	Mia	Nanini	SO ES Jean Vanier - Welland	23:55.74	4:47.15	11:57.99		23:55.74
75	119	Haley	Griffin	CO Crestwood - Peterborough	23:57.91	4:47.58	11:49.49	23:35.67	23:57.91
76	1504	Amanda	Mayer	TD Senator O'Connor - Toronto	23:59.94	4:47.99	11:49.99		23:59.94
77	1188	Savannah	Barbosa	RP St. Roch - Brampton	23:59.98	4:48.88	11:52.66	23:37.07	23:59.98
78	1393	Sarah	McAnally	SW Tecumseh Vista	24:01.35	4:48.27	11:50.12	23:38.73	24:01.35
79	1286	Brooke	McMichael	WO St. Anne's C.S.S.	24:01.85	4:48.37	11:58.66	23:39.95	24:01.85
80	519	Tatum	McLean	GB St. Joan of Arc - Barrie	24:01.97	4:48.39	11:52.41	23:40.97	24:01.97
81	458	Meghan	Howell	GB Collingwood - Collingwood	24:05.68	4:49.14	11:42.49	23:41.04	24:05.68
82	1601	Bronwyn	Garniss	WO F. E. Madill - Wingham	24:05.78	4:49.16	11:53.71	23:43.72	24:05.78
83	1284	Hailee	Masse	WO St. Anne's C.S.S.	24:12.48	4:50.05	11:56.25	23:49.74	24:12.48
84	1540	Lexy	Rivard	TS Leaside - Toronto	24:12.79	4:50.56	11:51.78	23:52.77	24:12.79
85	581	Ryanne	O'Neil	GH M. M. Robinson - Burlington	24:13.16	4:50.63	12:04.80	23:52.82	24:13.16
86	445	Maddie	Calder	GB Collingwood - Collingwood	24:18.31	4:51.66	11:52.66	23:54.60	24:18.31
87	1619	Tegan	Parry	WO London Central - London	24:19.06	4:51.81	11:55.75		24:19.06
88	628	Reyne	Rodrigues	LO Brooklin High School	24:19.14	4:51.83	11:48.32	23:56.19	24:19.14
89	1750	Rhiannon	Ludolph	YR Sir William Mulock - Newmar	24:19.54	4:51.91	11:47.95	23:59.64	24:19.54
90	706	Anna	Ginther	NC Colonel By - Gloucester	24:20.85	4:52.17	12:07.19	24:02.04	24:20.85
91	1216	Gabrielle	Johnson	SO Eden - St. Catharines	24:23.82	4:52.76	12:07.06	24:00.26	24:23.82
92	380	Zoe	Strachan	EO Perth & District - Perth	24:26.85	4:53.37	11:54.26	24:04.20	24:26.85
93	323	Hildy	Zalepa	SO Dundas Valley	24:28.55	4:53.71	11:57.36	24:03.91	24:28.55
94	478	Emily	Angell	GB Huntsville - Huntsville	24:29.28	4:53.86	12:15.45	24:05.80	24:29.28
95	461	Leah	McGladdery	GB Collingwood - Collingwood	24:31.97	4:54.39	12:09.44	24:12.52	24:31.97
96	782	Helen	McCulligh	NC West Carleton - Dunrobin	24:32.02	4:54.04	11:55.38	24:07.87	24:32.02
97	227	Lela	Stark	CW Centennial - Guelph	24:33.56	4:54.71	11:55.82	24:12.89	24:33.56

98	963	Stephanie	Geady	GH Notre Dame	24:34.44	4:54.89	12:13.40	24:13.01	24:34.44
99	1288	Lyric	Siebert	WO St. Anne's C.S.S.	24:40.93	4:56.19	12:07.89	24:17.06	24:40.93
100	632	Riley	Henderson	LO Courtice - Courtice	24:42.56	4:56.51	12:10.15	24:21.39	24:42.56
101	495	Chloe	Punkari	GB Huntsville - Huntsville	24:43.76	4:56.75	12:09.96	24:21.03	24:43.76
102	1449	Maya	Metivier	TD Father Redmond - Toronto	24:45.22	4:57.04	12:02.96	24:22.47	24:45.22
103	34	Rebecca	Grant	CI Havergal College - Toronto	24:45.60	4:57.12	12:09.88	24:21.74	24:45.60
104	1577	Zoe	Iczkovitz	TS Northern - Toronto	24:47.36	4:57.47	11:59.76	24:24.76	24:47.36
105	714	Paige	Saravanamuttoo	NC Colonel By - Gloucester	24:47.72	4:57.54	24:26.22		24:47.72
106	335	Abbygail	Hepburn	EO Frontenac - Kingston	24:48.20	4:57.64	12:25.22	24:26.28	24:48.20
107	1573	Chiara	Carcasole	TS Northern - Toronto	24:48.25	4:57.65	12:00.39	24:25.38	24:48.25
108	1134	Emma	Flemming	RP Mayfield - Brampton	24:48.58	4:57.72	12:11.20		24:48.58
109	1308	Makennah	Murphy	SW Assumption College - Windso	24:49.00	4:57.08	12:15.15	24:27.27	24:49.00
110	739	Maddy	Nowlan	NC Glebe - Ottawa	24:49.22	4:57.84	12:21.85	24:25.23	24:49.22
111	1386	Charlotte	Berecz	SW Tecumseh Vista	24:49.40	4:57.88	12:03.06	24:29.64	24:49.40
112	786	Chanell	Duffy	NE Englehart - Englehart	24:50.59	4:58.12	12:12.23		24:50.59
113	1392	Grace	Marion	SW Tecumseh Vista	24:52.45	4:58.49	11:58.62		24:52.45
114	912	Abby	Lanteigne	NO Lockerby - Sudbury	24:53.00	4:58.06			24:53.00
115	43	Nora	Treleavan	CI Hillfield-Strathallan-Hamil	24:54.03	4:58.81	12:13.61		24:54.03
116	226	Claire	Stark	CW Centennial - Guelph	24:54.66	4:58.93	12:26.62	24:32.78	24:54.66
117	1352	Paige	Hawley	SW Sandwich - Windsor	24:55.80	4:59.16	12:03.26	24:34.73	24:55.80
118	1078	Brooke	Ailey	NW Superior CI	24:56.05	4:59.21	12:24.06	24:35.74	24:56.05
119	145	Halle	Woodcock	CO East Northumberland - Brigh	24:56.14	4:59.23	12:24.75	24:33.80	24:56.14
120	192	Mandy	Foley	CO St. Peter's - Peterborough	24:57.02	4:59.04	12:24.36	24:34.92	24:57.02
121	338	Jordyn	Merriam	EO Frontenac - Kingston	24:57.70	4:59.54	12:05.32	24:32.58	24:57.70
122	1250	Ainslie	Nicholl-Penman	SO Westdale - Hamilton	25:01.98	5:00.04	12:18.56	24:37.86	25:01.98
123	1370	Jane	Buckingham	SW St. Joseph's - Windsor	25:03.42	5:00.68	12:19.53	24:40.26	25:03.42
124	414	Crawford	Maggie	EO Thousand Islands - Brockvil	25:03.62	5:00.72	12:11.60	24:42.13	25:03.62
125	1639	Suraya	Byam	WO Mother Teresa - London	25:04.30	5:00.86	12:19.23	24:43.21	25:04.30
126	809	Marguerite	Bourdages-Cote	NE Theriault - Timmins	25:04.37	5:00.87	12:20.07	24:42.95	25:04.37
127	431	Kate	Wadge	GB Banting Memorial - Alliston	25:04.57	5:00.91	12:17.94	24:40.99	25:04.57
128	692	Paula	Verdoy	LO Uxbridge - Uxbridge	25:05.34	5:01.07	12:17.58	24:39.20	25:05.34
129	1762	Jessica	Ward	YR St. Augustine - Markham	25:05.59	5:01.12	12:37.38	24:44.07	25:05.59
130	1253	Hannah	Robertson	SO Westdale - Hamilton	25:07.57	5:01.51	12:20.92	24:48.01	25:07.57
131	958	Ella	Bowen	GH Notre Dame	25:09.69	5:01.94	12:23.45	24:45.13	25:09.69
132	432	Ruby	Mills	GB Barrie North - Barrie	25:09.96	5:01.99	12:23.99	24:47.35	25:09.96
133	408	Kryisia	Gill	EO Thousand Islands - Brockvil	25:10.24	5:02.05	12:28.35	24:48.80	25:10.24
134	1186	Sabrina	Della Penna	RP St. Michael	25:11.77	5:02.35	12:25.56	24:47.29	25:11.77
135	1756	Kelsie	Fung	YR St. Augustine - Markham	25:12.28	5:02.46	12:31.41		25:12.28
136	717	Gillian	Porter	NC ES Franco Cite - Ottawa	25:13.55	5:02.71	12:30.04	24:51.38	25:13.55
137	1136	Alannah	Nascimento-Kelly	RP Our Lady of Mount Carmel-Mi	25:13.88	5:02.78	12:31.45	24:50.82	25:13.88
138	419	Callie	Turcotte	EO Thousand Islands - Brockvil	25:14.23	5:02.85	12:24.75	24:50.05	25:14.23
139	509	Erika	Thomas	GB Innisdale - Barrie	25:14.73	5:02.95	12:01.11	24:47.73	25:14.73
140	1381	Lulu	Owen	SW St. Patrick's - Sarnia	25:19.59	5:03.92	12:25.22	24:54.68	25:19.59
141	679	Hannah	Fennell	LO Uxbridge - Uxbridge	25:20.94	5:04.19	12:47.62	24:58.35	25:20.94
142	1410	Olivia	Yan	SW Vincent Massey - Windsor	25:21.01	5:04.02	12:27.05	24:57.23	25:21.01
143	1461	Katherine	Wainman	TD Loretto Abbey - Toronto	25:21.01	5:04.02	12:43.36	24:57.87	25:21.01
144	729	Ellie	Entickap-Smith	NC Glebe - Ottawa	25:21.81	5:04.36	12:30.93	24:56.29	25:21.81
145	253	Anna	Beech	CW Sir J. A. MacDonald	25:24.13	5:04.83	12:28.41	25:00.77	25:24.13
146	793	Emily	Brunet	NE O'Gorman - Timmins	25:26.70	5:05.34	12:31.11	25:03.41	25:26.70
147	744	Anika	Steele	NC Glebe - Ottawa	25:28.83	5:05.77	12:36.88	25:07.90	25:28.83
148	1506	Cassia	Sullivan	TD Senator O'Connor - Toronto	25:30.11	5:06.02	12:26.79	25:09.16	25:30.11

149	1017	Celeste	Schoahs	NO Superior Heights	25:32.65	5:06.53	12:45.00	25:09.52	25:32.65
150	1044	Montana	Plasky	NW Fort Frances - Fort Frances	25:33.60	5:06.72	12:39.43	25:14.19	25:33.60
151	308	Mikayla	O'Connell	CW Waterloo-Oxford - Baden	25:35.23	5:07.05	12:21.20	25:11.34	25:35.23
152	1048	Emma	Toriseva	NW Fort Frances - Fort Frances	25:35.65	5:07.13	12:40.07	25:13.02	25:35.65
153	166	Belen	Henson	NO Korah Cvs	25:35.68	5:07.14	12:48.76	25:17.35	25:35.68
154	1139	Suzy	Watanabe	RP Our Lady of Mount Carmel-Mi	25:37.15	5:07.43	12:40.44		25:37.15
155	1023	Camryn	Walker	NO West Ferris - North Bay	25:38.64	5:07.73	12:28.48	25:15.80	25:38.64
156	200	Nadiya	Linde-Elmhirst	CO Thomas A.Stewart-Peterborou	25:41.25	5:08.25	12:44.90	25:17.49	25:41.25
157	734	Freya	Hurst	NC Glebe - Ottawa	25:44.42	5:08.88	12:49.26	25:17.64	25:44.42
158	339	Jillian	Morris	EO Frontenac - Kingston	25:46.19	5:09.24	12:47.83	25:24.02	25:46.19
159	1289	Payton	Swan	WO St. Anne's C.S.S.	25:46.25	5:09.25	12:45.36	25:22.76	25:46.25
160	1356	Jocelyn	Matte	SW Sandwich - Windsor	25:50.25	5:10.05	12:42.70	25:27.47	25:50.25
161	1685	Sara	Alonzi	YR Aurora - Aurora	25:50.89	5:10.18	12:45.49	25:24.14	25:50.89
162	944	Maggie	Parks	NO Lo-Ellen Park - Sudbury	25:54.72	5:10.94	12:57.99	25:29.69	25:54.72
163	924	Sophie	Gaffney	NO Lo-Ellen Park - Sudbury	25:56.37	5:11.27	12:56.21	25:31.64	25:56.37
164	1358	Alexis	Nadon	SW Sandwich - Windsor	25:57.09	5:11.42	12:44.69	25:35.52	25:57.09
165	1138	Giovanna	Scountrianos	RP Our Lady of Mount Carmel-Mi	25:58.25	5:11.65	12:46.25	25:33.52	25:58.25
166	1501	Mikaela	Diaz	TD Senator O'Connor - Toronto	25:58.25	5:11.65	13:02.74	25:35.88	25:58.25
167	685	Louise	Meadway	LO Uxbridge - Uxbridge	26:01.27	5:12.25	12:20.88	25:34.96	26:01.27
168	486	Grace	Gaughan	GB Huntsville - Huntsville	26:04.83	5:12.97	12:57.91		26:04.83
169	502	Laura	Yungblut	GB Huntsville - Huntsville	26:05.91	5:13.18	12:43.11	25:41.09	26:05.91
170	217	Robyn	Holysh	CW Centennial - Guelph	26:06.69	5:13.34	13:07.63		26:06.69
171	986	Ashlyn	Auger	NO St.Joseph-Scollard - North	26:08.40	5:13.68	12:42.14	25:43.51	26:08.40
172	1141	Jessica	Wingle	RP Our Lady of Mount Carmel-Mi	26:09.56	5:13.91	13:00.44	25:46.18	26:09.56
173	1388	Ella	Hopper	SW Tecumseh Vista	26:13.15	5:14.63	12:42.77		26:13.15
174	862	Jenna	Wall	NO Chippewa - North Bay	26:13.24	5:14.65	12:45.49	25:47.23	26:13.24
175	1193	Juliana	Hendrikx	RP The Woodlands - Mississauga	26:15.69	5:15.14	12:50.69	25:56.60	26:15.69
176	219	Kiara	Lylyk	CW Centennial - Guelph	26:15.84	5:15.17	12:59.28	25:57.59	26:15.84
177	42	Anna	Robertson	CI Hillfield-Strathallan-Hamil	26:21.66	5:16.33	12:54.97		26:21.66
178	891	Peyton	Brear	NO LaSalle - Sudbury	26:23.32	5:16.66	13:13.90		26:23.32
179	895	Charlotte	Eberlein	NO LaSalle - Sudbury	26:33.53	5:18.71	13:16.61		26:33.53
180	1361	Alex	Seagris	SW Sandwich - Windsor	26:34.10	5:18.82	12:40.58	26:07.49	26:34.10
181	1028	Caroline	Hong	NO Widdifield - North Bay	26:34.66	5:18.93	13:16.99	26:12.60	26:34.66
182	908	Ella	Cayen	NO Lockerby - Sudbury	26:35.11	5:19.02	13:20.32	26:12.86	26:35.11
183	1538	Ella	Findlater	TS Leaside - Toronto	26:38.22	5:19.64	13:09.73	26:12.67	26:38.22
184	602	Irelan	Scanlon	GH St. Thomas More - Hamilton	26:39.25	5:19.85	13:03.49	26:16.08	26:39.25
185	704	Laure	Cabasson	NC Colonel By - Gloucester	26:39.51	5:19.09	13:06.12	26:18.23	26:39.51
186	1681	Adele	McWhinnie	YR Esc Renaissance	26:39.51	5:19.09	12:49.47	26:12.86	26:39.51
187	54	Chloe	Winterbottom	CI Ridley College	26:47.22	5:21.44	12:54.30	26:24.22	26:47.22
188	9	Lilly	Brydon	CI Bishop Strachan School	26:48.54	5:21.71	12:57.49	26:21.70	26:48.54
189	1137	Jessica	Roberts	RP Our Lady of Mount Carmel-Mi	26:52.43	5:22.49	13:25.84	26:31.88	26:52.43
190	603	Makenna	Williamson	GH St. Thomas More - Hamilton	26:54.01	5:22.08	13:03.70	26:29.41	26:54.01
191	1456	Simona	Busillo	TD Loretto Abbey - Toronto	26:56.52	5:23.03	13:28.62	26:34.89	26:56.52
192	1576	Mae	Hunter	TS Northern - Toronto	27:00.98	5:24.02	13:11.09	26:35.47	27:00.98
193	1195	Madeline	Lebreton	RP The Woodlands - Mississauga	27:02.42	5:24.48	13:07.85	26:35.62	27:02.42
194	1641	Tia	Nagle	WO Mother Teresa - London	27:02.67	5:24.53	13:08.14	26:40.79	27:02.67
195	1774	Alissa	Chi	YR Unionville - Markham	27:02.99	5:24.06	13:28.75	26:35.87	27:02.99

196	122	Chloe	Berry	CO East Northumberland - Brigh	27:04.68	5:24.94	13:13.39	26:41.50	27:04.68
197	836	Destiny	Greyson	NE Timiskaming - New Liskeard	27:08.74	5:25.75	13:20.36	26:46.59	27:08.74
198	118	Mackenzie	Garside	CO Crestwood - Peterborough	27:14.24	5:26.85	13:09.96	26:44.94	27:14.24
199	334	Hannah	Fern	EO Frontenac - Kingston	27:14.78	5:26.96	13:24.26	26:53.29	27:14.78
200	120	Lexi	Jenkins	CO Crestwood - Peterborough	27:16.00	5:27.02	13:33.15		27:16.00
201	420	Carmen	Valesco	EO Thousand Islands - Brockvil	27:19.16	5:27.83	13:31.14		27:19.16
202	915	Ali	Bertram	NO Lo-Ellen Park - Sudbury	27:23.52	5:28.07	13:32.71	27:02.23	27:23.52
203	1389	Tamara	Ignatovska	SW Tecumseh Vista	27:26.81	5:29.36	13:09.91	27:01.46	27:26.81
204	1582	Maddie	Wong	TS Northern - Toronto	27:29.94	5:29.99	13:18.37	27:02.55	27:29.94
205	1503	Zoe	Katsiroubas	TD Senator O'Connor - Toronto	27:32.48	5:30.05	13:30.32	27:10.58	27:32.48
206	117	Graci	Bingham	CO Crestwood - Peterborough	27:33.85	5:30.77	13:23.13	27:08.85	27:33.85
207	829	Alexa	Rice-Robertson	NE Theriault - Timmins	27:35.37	5:31.07	13:19.00		27:35.37
208	1079	Sarah	Bonneville	NW Superior CI	27:38.50	5:31.07	13:32.32		27:38.50
209	1222	Pauline	Rotz	SO Eden - St. Catharines	27:41.14	5:32.23	13:41.88		27:41.14
210	481	Ava	Bijl	GB Huntsville - Huntsville	27:43.99	5:32.08	13:11.92	27:16.66	27:43.99
211	1505	Morgan	Molinski	TD Senator O'Connor - Toronto	27:46.83	5:33.37	13:07.12	27:24.63	27:46.83
212	622	Chantal	Gauthier	LO Brooklin High School	27:47.43	5:33.49	13:31.09	27:21.43	27:47.43
213	1607	Adèle	Church	WO London Central - London	27:48.65	5:33.73	13:44.89	27:25.23	27:48.65
214	121	Dakota	Watters	CO Crestwood - Peterborough	27:49.32	5:33.86	13:56.19	27:25.14	27:49.32
215	838	Alysa	Peddie	NE Timiskaming - New Liskeard	27:49.46	5:33.89	13:46.74	27:26.85	27:49.46
216	828	Emilia	Oliver	NE Theriault - Timmins	28:05.19	5:37.04			28:05.19
217	262	Hannah	Ro	CW Sir J. A. MacDonald	28:05.78	5:37.16	14:20.57	27:39.93	28:05.78
218	965	Rachel	Heaney	GH Notre Dame	28:09.73	5:37.95	13:39.35	27:43.32	28:09.73
219	812	Morghan	Byrnes	NE Theriault - Timmins	28:15.88	5:39.18	13:41.09	27:49.63	28:15.88
220	711	Greta	Mader Stevens	NC Colonel By - Gloucester	28:17.57	5:39.51	14:17.71	27:53.58	28:17.57
221	597	Adriana	Bozzo	GH St. Thomas More - Hamilton	28:26.04	5:41.21	14:02.17	27:55.60	28:26.04
222	1067	Annika	Morrison	NW Michipicoten - Wawa	28:40.30	5:44.06	13:45.57		28:40.30
223	957	Trinity	Adams	GH Notre Dame	28:47.18	5:45.44	14:35.41	28:17.07	28:47.18
224	621	Olivia	Emery	LO Brooklin High School	28:49.66	5:45.93	14:06.51	28:25.52	28:49.66
225	1457	Angelica	Ciaravino	TD Loretto Abbey - Toronto	28:51.51	5:46.03	14:11.44	28:28.10	28:51.51
226	1455	Alexandra	Amodio	TD Loretto Abbey - Toronto	28:53.59	5:46.72	14:15.08	28:26.09	28:53.59
227	1684	Isabella	Alonzi	YR Aurora - Aurora	28:57.77	5:47.55	14:10.78	28:35.70	28:57.77
228	1192	Monica	Cornea	RP The Woodlands - Mississauga	29:06.82	5:49.36	13:51.92	28:41.41	29:06.82
229	859	Stella	Shaughnessy	NO Central Algoma - Desbarats	29:09.06	5:49.81	13:50.04	28:41.35	29:09.06
230	46	Carys	Washchuk	CI Hillfield-Strathallan-Hamil	29:13.88	5:50.78	14:18.93	28:44.85	29:13.88
231	968	Marica	Smith	GH Notre Dame	29:23.67	5:52.73	14:15.52	28:51.16	29:23.67
232	14	Noelle	Young	CI Bishop Strachan School	29:26.57	5:53.31	14:14.45	28:57.58	29:26.57
233	821	Sophie	Harterre	NE Theriault - Timmins	29:46.30	5:57.26	14:30.87	29:21.44	29:46.30
234	1092	Nemma	Swatton	NW Superior CI	29:46.47	5:57.29	14:32.39	29:22.51	29:46.47
235	889	Elaina	Allen	NO LaSalle - Sudbury	29:53.94	5:58.79			29:53.94
236	890	Hunter	Brear	NO LaSalle - Sudbury	29:57.57	5:59.51	14:33.14	29:29.62	29:57.57
237	1025	Emily	Womack	NO West Ferris - North Bay	30:05.64	6:01.13	14:53.26	29:37.96	30:05.64
238	1058	Avery	Marshall	NW Hammarskjold - Thunder Bay	30:18.16	6:03.63	15:29.36	29:50.75	30:18.16
239	47	Hannah	Zizzo	CI Hillfield-Strathallan-Hamil	30:24.23	6:04.85	14:36.61	29:54.97	30:24.23
240	41	Gabrielle	Murray	CI Hillfield-Strathallan-Hamil	30:35.96	6:07.19	15:07.79	30:11.97	30:35.96
241	1256	Alyssa	Williams	SO Westdale - Hamilton	30:37.71	6:07.54	15:03.49	30:12.05	30:37.71
242	1081	Harleen	Dhillon	NW Superior CI	30:51.82	6:10.36	14:45.91	30:23.96	30:51.82
243	1755	Kate	Dong	YR St. Augustine - Markham	31:04.34	6:12.87	15:28.30		31:04.34
244	13	Noor	Soliman	CI Bishop Strachan School	31:28.66	6:17.73	15:05.82		31:28.66
245	1763	Michelle	Wong	YR St. Augustine - Markham	31:51.68	6:22.34	15:30.91	31:22.35	31:51.68
246	854	Avery	Cooper	NO Central Algoma - Desbarats	32:09.06	6:25.81	15:17.25	31:36.66	32:09.06

247	7	Lindsay	Atkinson	CI Bishop Strachan School	32:15.17	6:27.03	15:26.08	31:48.54	32:15.17
248	10	Ava	Coppa	CI Bishop Strachan School	32:15.54	6:27.11			32:15.54
249	1062	Kaitlyn	Sloan	NW Hammarskjold - Thunder Bay	32:25.29	6:29.06	15:48.83		32:25.29
250	792	Paige	Brumwell	NE O'Gorman - Timmins	32:54.56	6:34.91	15:39.02		32:54.56
251	995	Makenna	Garbutt	NO St.Joseph-Scollard - North	37:06.56	7:25.31	17:18.47	36:39.80	37:06.56
252	856	Grace	Martineau	NO Central Algoma - Desbarats	38:00.06	7:36.01	17:42.99	37:29.55	38:00.06
253	857	Raya	McKinnon	NO Central Algoma - Desbarats	38:07.11	7:37.42	17:45.04	37:36.13	38:07.11
	126	Kaiya	Dyment	CO East Northumberland - Brigh	12:24.75	2:28.95	12:24.75		
	1252	Eliza	Ritchie	SO Westdale - Hamilton	12:37.38	2:31.48	12:37.38		
	1359	Joelle	Olla	SW Sandwich - Windsor	12:54.78	2:34.96	12:54.78		

Girls Team Scores		
Rank	Team/School	Score
1	TS Leaside - Toronto Total Time:1:33:30.16 Average:23:22.54	212
	22-44-62-84-183	
2	GB Collingwood - Collingwood Total Time:1:34:49.08 Average:23:42.27	261
	29-65-81-86-95	
3	WO St. Anne's C.S.S. Total Time:1:36:20.04 Average:24:05.01	313
	52-79-83-99-159	
4	CW Sir J. A. MacDonald Total Time:1:35:54.42 Average:23:58.61	321
	35-70-71-145-217	
5	LO Uxbridge - Uxbridge Total Time:1:37:08.48 Average:24:17.12	370
	48-53-128-141-167	
6	SO Eden - St. Catharines	390

	Total Time:1:38:26.41 Average:24:36.61	
	33-57-91-209	
7	NC Glebe - Ottawa Total Time:1:37:33.99 Average:24:23.50	408
	7-110-144-147-157	
8	CW Centennial - Guelph Total Time:1:38:34.03 Average:24:38.58	421
	38-97-116-170-176	
9	EO Thousand Islands - Brockvil Total Time:1:38:05.32 Average:24:31.33	422
	27-124-133-138-201	
10	WO London Central - London Total Time:1:39:32.06 Average:24:53.02	430
	64-66-87-213	
11	TS Northern - Toronto Total Time:1:39:17.48 Average:24:49.37	431
	28-104-107-192-204	

12	SW Tecumseh Vista Total Time:1:39:56.35 Average:24:59.09	475
	78-111-113-173-203	
13	GB Huntsville - Huntsville Total Time:1:41:23.78 Average:25:20.95	532
	94-101-168-169-210	
14	LO Brooklin High School Total Time:1:43:43.35 Average:25:55.84	556
	32-88-212-224	
15	SO Westdale - Hamilton Total Time:1:44:31.62 Average:26:07.91	561
	68-122-130-241	
16	NW Superior CI Total Time:1:44:09.24 Average:26:02.31	565
	5-118-208-234-242	
17	NO Lo-Ellen Park - Sudbury Total Time:1:42:38.07 Average:25:39.52	578
	51-162-163-202	

18	EO Frontenac - Kingston Total Time:1:42:46.87 Average:25:41.72	584
106-121-158-199		
19	TD Senator O'Connor - Toronto Total Time:1:43:00.78 Average:25:45.20	595
76-148-166-205-211		
20	TD Loretto Abbey - Toronto Total Time:1:44:06.91 Average:26:01.73	596
37-143-191-225-226		
21	NC Colonel By - Gloucester Total Time:1:44:05.65 Average:26:01.42	600
90-105-185-220		
22	SW Sandwich - Windsor Total Time:1:43:17.24 Average:25:49.31	621
117-160-164-180		
23	GH St. Thomas More - Hamilton	625

Total Time:1:44:43.85 Average:26:10.97		
30-184-190-221		
24	RP Our Lady of Mount Carmel-Mi Total Time:1:42:58.84 Average:25:44.71	628
137-154-165-172-189		
25	RP The Woodlands - Mississauga Total Time:1:45:36.02 Average:26:24.05	641
45-175-193-228		
26	GH Notre Dame Total Time:1:46:41.04 Average:26:40.26	670
98-131-218-223-231		
27	CO Crestwood - Peterborough Total Time:1:46:02.37 Average:26:30.05	679
75-198-200-206-214		
28	YR St. Augustine - Markham Total Time:1:53:13.89 Average:28:18.48	752
129-135-243-245		

29	CI Hillfield-Strathallan-Hamil Total Time:1:50:53.08 Average:27:43.45	761
115-177-230-239-240		
30	NE Theriault - Timmins Total Time:1:49:00.81 Average:27:15.21	768
126-207-216-219-233		
31	NO LaSalle - Sudbury Total Time:1:52:48.36 Average:28:12.09	828
178-179-235-236		
32	CI Bishop Strachan School Total Time:1:59:58.94 Average:29:59.74	911
188-232-244-247-248		
33	NO Central Algoma - Desbarats Total Time:2:17:25.29 Average:34:21.33	980
229-246-252-253		