

2017 Selinsgrove Girls Track & Field



6-0 Undefeated Season

HAC-I Division Champions

Breslin Invitational Champions

Lock Haven Invitational Champions

PHAC League Champions

PIAA District IV AAA Champions

2017 Selinsgrove Girls Track & Field Top Ten Point Scorers

<u>Name</u>	<u>Scored Meets</u>	<u>All Meets</u>
1. Megan Hoffman	243	296
2. Sara Arbogast	229	285
3. Brittany Carnathan	149	179
4. Piper Klinger	147	184
5. Natalia Brown	131	143
6. Hannah Grove	120	168
7. Mikayla Carnathan	79	88
8. Caitlyn Findlay	77	81
9. Ashley Blair	68	78
10. Kassie Gelnett	67	69

Selinsgrove Girls Track & Field School Records

Event	Name	Year	Time
4x8 Relay	Sara Arbogast Brittany Carnathan Hannah Grove Ashley Blair	2017	9:34.9
100m	Megan Hoffman	2017	12.2
100m HH	Erika Girton Emily Phillips	2009	15.3
1600m	Brittany Carnathan	2017	5:07.2
400m	Erica Hess	2007	57.6
4x1 Relay	Alicia Mayer Danielle Greek Laura Hummel Nicole Raker	2007	48.2
300m IH	Erika Girton	2007	46.3
800m	Hannah Grove	2016	2:18.4
200m	Megan Hoffman	2017	25.4
3200m	Brittany Carnathan	2017	11:17.9
4x4 Relay	Sara Arbogast Breiana Brown Hannah Grove Megan Hoffman	2016	3:56.8
Long Jump	Alexis Auman	2015	18' 2 ¼"
Triple Jump	Alexis Auman	2015	38' 1 ¾"
High Jump	Danica Deckard	2008	5' 6"
Shot Put	Courtney McCartney	2015	49' 5 ¾"
Discus	Courtney McCartney	2015	141' 8"
Javelin	Jenny Pastore	1993	167' 4"
Pole Vault	Katie Bond	2017	11'

Selinsgrove Girls' Class Records

Events	Freshman	Sophomore	Junior	Senior
100m Dash	Megan Hoffman 2016 – 12.3	Megan Hoffman 2017 – 12.2	Ashley Youngman 2010 – 12.3	Cole Vennie 2001 – 12.3
100m Hurdles	Emily Phillips 2007 – 16.8	Erika Girton 2007 Marissa Heddings 2012 – 15.7	Emily Phillips 2009 – 15.3	Erika Girton 2009 – 15.3
1600m Run	Brittany Carnathan 2014 – 5:19.9	Brianna Carnathan 2012 – 5:10.7	Ashley Blair 2016 – 5:08.9	Brittany Carnathan 2017 – 5:07.2
400m Dash	Megan Hoffman 2016 – 58.2	Megan Hoffman 2017 – 58.9	Erica Hess 2006 – 57.7	Erica Hess 2007 – 57.6
300m Hurdles	Erika Girton 2006 – 46.3	Erika Girton 2007 – 46.3	Erika Girton 2008 Kayla Swartz 2012 46.6	Erika Girton 2009 – 46.4
800m Run	Hannah Grove 2016 – 2:18.4	Brianna Carnathan 2012 – 2:21.0	Brianna Carnathan 2013 – 2:19.5	Kirsten Krebs 2008 – 2:21.5
200m Dash	Megan Hoffman 2016 – 25.7	Megan Hoffman 2017 – 25.4	Natalia Brown 2016 – 26.4	Erica Hess 2007 – 25.7
3200m Run	Ashley Blair 2014 – 11:44.7	Brittany Carnathan 2015 – 11:48.5	Ashley Blair 2016 – 11:22.1	Brittany Carnathan 2017 – 11:17.9
Long Jump	Megan Hoffman 2016 – 16' 3"	Alexis Auman 2013 – 17' 9 3/4"	Alexis Auman 2014 – 17' 9"	Alexis Auman 2015 – 18' 2 1/4"
Triple Jump	Keli Smith 1994 – 34' 5"	Alexis Auman 2013 – 35' 5 3/4"	Alexis Auman 2014 – 36' 10 1/4"	Alexis Auman 2015 – 38' 1 3/4"
High Jump	Brittanie Starr 2002 – 5' 2"	Danica Deckard 2007 – 5' 5"	Danica Deckard 2008 – 5' 6"	Danica Deckard 2009 – 5' 5"
Shot Put	Courtney McCartney 2012 – 40' 11 3/4"	Courtney McCartney 2013 – 45' 5 1/2"	Courtney McCartney 2014 – 49' 3/4"	Courtney McCartney 2015 – 49' 5 3/4"
Discus	Courtney McCartney 2012 – 123' 7"	Courtney McCartney 2013 – 126' 6"	Courtney McCartney 2014 – 139' 2"	Courtney McCartney 2015 – 141' 8"
Javelin	Jenny Pastore 1991 – 135' 5 1/2"	Jenny Pastore 1992 – 144' 8"	Jenny Pastore 1993 – 167' 4"	Jenny Pastore 1994 – 159' 9"
Pole Vault	Katie Bond 2015 – 9' 4"	Katie Bond 2016 – 9' 6"	Katie Bond 2017 – 11'	Jessica Gill 2013 – 10' 7"

Selinsgrove Area Girls' Track & Field Top Ten Relays

4x100m Relay

1.	Alicia Mayer, Nicole Raker, Laura Hummel, Danielle Greek	48.2	2007
2.	Sara Arbogast, Megan Hoffman, Breiana Brown, Natalia Brown	49.7	2016
3.	Cole Vennie, Jeanette Cook, Ashley Eyster, Nikki Schreffler	49.8	2001
4.	Keli Smith, Delia Park, Caitlin Castellano, Sarah Carver	49.9	1996
4.	Erika Girton, Nicole Raker, Danielle Greek, Laura Hummel	49.9	2007
6.	Kassie Gelnett, Megan Hoffman, Sara Arbogast, Natalia Brown	50.1	2017
7.	Nikki Schreffler, Megan Boyer, Maggi Parker, Laura Hummel	50.3	2004
8.	Ashley Youngman, Ori Long, Hope Burke, Emily Phillips	50.8	2009
9.	Marissa Heddings, Alexis Auman, Mackenzie Apple, Kayla Swartz	50.9	2013
9.	Marissa Heddings, Jenna Fisher, Mackenzie Apple, Kayla Swartz	50.9	2013
9.	Cole Vennie, Jeanette Cook, Jessica Eisenhart, Stefanie Stock	50.9	2000
9.	Cole Vennie, Ashley Eister, Jessica Eisenhart, Stefanie Stock	50.9	2000
9.	Ashley Youngman, Danielle Greek, Hope Burke, Emily Phillips	50.9	2008
9.	Ashley Youngman, Jenna Fisher, Hope Burke, Emily Phillips	50.9	2010

4x400m Relay

1.	Sara Arbogast, Breiana Brown, Hannah Grove, Megan Hoffman	3:56.8	2016
2.	Kristin Krebs, Erika Girton, Morgan Fleetwood, Erica Hess	3:58.7	2007
3.	Kristin Krebs, Erika Girton, Morgan Fleetwood, Emily Phillips	4:01.7	2008
4.	Sara Arbogast, Breiana Brown, Mackenzie Apple, Alexis Auman	4:03.0	2015
5.	Kayla Swartz, Payton Covington, Brianna Carnathan, Jess Davis	4:04.4	2012
6.	Sara Arbogast, Skylar Maurer, Hannah Grove, Megan Hoffman	4:04.5	2017
7.	Morgan Fleetwood, Madie Ede, Kirsten Krebs, Erica Hess	4:05.9	2006
8.	Amanda Underkoffler, Lindsey Bordner, Stefanie Stock, Ashley Dincher	4:08.0	2001
9.	Jessica Gill, Brianna Carnathan, Alexis Auman, Kayla Swartz	4:08.4	2013
10.	Megan Boyer, Leigh Henderson, Laura Hummel, Erica Hess	4:08.7	2004

4x800m Relay

1.	Sara Arbogast, Brittany Carnathan, Hannah Grove, Ashley Blair	9:34.9	2017
2.	Serena Kantz, Ashley Blair, Brittany Carnathan, Brianna Carnathan	9:43.2	2014
3.	Sara Arbogast, Mikayla Carnathan, Hannah Grove, Ashley Blair	9:47.0	2017
4.	Amanda Underkoffler, Ashley Jones, Lisa Bingaman, Amanda Zimmerman	9:47.5	1999
5.	Amanda Underkoffler, Jill Patterson, Lindsey Bordner, Ashley Dincher	9:49.9	2001
6.	Sydne Moser, Ariana White, Danielle Houtz, Kirsten Krebs	9:52.3	2006
7.	Caitlyn Findlay, Brittany Carnathan, Hannah Grove, Ashley Blair	9:52.4	2016
8.	Serena Kantz, Kelsey Ulrich, Jessica Gill, Brianna Carnathan	9:54.3	2013
9.	Serena Kantz, Kelsey Ulrich, Tori Doll, Brianna Carnathan	9:54.6	2013
10.	Amanda Underkoffler, Ashley Jones, Lisa Bingaman, Lindsey Bordner	9:56.5	2000

Top Ten All-Time List

100m Dash

5. Megan Hoffman	12.2	2017
1. Cole Vennie	12.3	2001
1. Ashley Youngman	12.3	2009
4. Natalia Brown	12.5	2016
5. Sara Carver	12.6	1995
5. Laura Hummel	12.6	2006
5. Nicole Raker	12.6	2006
5. Nikki Schreffler	12.6	2002
9. Caitlin Castellano	12.7	1999
9. Danielle Greek	12.7	2007
9. Liz Hartman	12.7	1978

200m Dash

1. Megan Hoffman	25.4	2017
2. Erica Hess	25.7	2007
3. Cole Vennie	25.8	2001
4. Natalia Brown	26.1	2014
5. Sara Arbogast	26.5	2016
6. Breiana Brown	26.6	2015
6. Sarah Carver	26.6	1996
6. Caitlin Castellano	26.6	1999
9. Ashley Dincher	26.7	1999
9. Natalie McDevitt	26.7	2000
9. Megan Boyer	26.7	2002
9. Ashley Youngman	26.7	2010

400m Dash

1. Erica Hess	57.6	2011
2. Megan Hoffman	58.2	2016
3. Ashley Dincher	58.8	2001
4. Alexis Auman	58.9	2015
5. Sara Arbogast	59.3	2017
6. Laura App	59.8	1978
6. Jess Davis	59.8	2012
8. Stacy Dagle	1:00.1	1994
9. Kim Weber	1:00.5	1982
10. Morgan Fleetwood	1:00.7	2006

800m Run

1. Hannah Grove	2:18.4	2016
2. Brianna Carnathan	2:19.5	2013
3. Jess Davis	2:20.4	2011
4. Laura App	2:20.7	1979
5. Amanda Underkoffler	2:22.0	2001
6. Ashley Blair	2:23.0	2017
7. Kirsten Krebs	2:23.6	2007
8. Mikayla Carnathan	2:25.2	2017
9. Skylar Maurer	2:25.5	2017
10. Brittany Carnathan	2:25.7	2017

1600m Run

1. Brittany Carnathan	5:07.1	2017
2. Ashley Blair	5:08.9	2016
3. Brianna Carnathan	5:10.7	2012
4. Hannah Grove	5:21.9	2017
5. Lindsay Bordner	5:22.0	2001
6. Mikayla Carnathan	5:22.3	2017
7. Danielle Houtz	5:22.9	2004
8. Kelsey Ulrich	5:27.6	2013
9. Laura App	5:30.7	1980
10. Kirsten Krebs	5:32.6	2008

3200m Run

1. Brittany Carnathan	11:17.9	2017
2. Ashley Blair	11:22.1	2016
3. Julie Minium	11:51.8	2000
4. Mikayla Carnathan	12:03.2	2017
5. Hannah Grove	12:07.1	2016
6. Brianna Carnathan	12:17.0	2013
7. Kryia Yanoviak	12:20.0	2007
8. Kelsey Ulrich	12:26.8	2011
9. Laura App	12:29.0	1980
10. Skylar Maurer	12:27.0	2017

100m Hurdles

1. Kim Weber	15.1	(30in)	1981
2. Erika Girton	15.3		2009
2. Emily Phillips	15.3		2009
4. Alexis Auman	15.6		2015
4. Heather Jones	15.6		1988
6. Mackenzie Apple	15.7		2015
6. Marissa Heddings	15.7		2012
8. Kayla Swartz	15.9		2013
8. Stephanie Buck	15.9		1991
10. Jessica Eisenhart	16.1		2001

300m Hurdles

1. Erika Girton	46.3		2006
2. Kayla Swartz	46.6		2012
3. Mackenzie Apple	46.8		2015
4. Jessica Eisenhart	47.4		2001
4. Emily Phillips	47.4		2008
6. Stefanie Stock	47.8		2001
7. Leigh Henderson	48.0		2002
8. Marissa Heddings	48.2		2012
9. Stephanie Buck	48.4		1991
9. Betty Witkop	48.4		1985

Top Ten All-Time List

Long Jump

1. Alexis Auman	18'2 ¼"	2015
2. Ashley Dincher	17'2"	2001
3. Katie Williams	16'11"	2002
4. Laura Hummel	16'10 ¾"	2007
5. Joanne Marino	16'8 ¾"	2000
6. Cassie Newcomer	16'8 ¾"	2001
7. Kristie Mayer	16'8"	2005
8. Kathy Muller	16'7"	1983
9. Keli Smith	16'5 ½"	1996
10. Alicia Mayer	16'5"	2007

Triple Jump

1. Alexis Auman	38'1 ¾"	2015
2. Kathy Rhoades	36'9"	1980
3. Tanya Aument	35'11"	1993
4. Joanne Marino	35'7"	2000
5. Emily Soper	35'3 ½"	2007
6. Sara Arbogast	35'2 ¾"	2016
7. Jessica Pagana	34'11"	1998
7. Cameron Weaver	34'11"	2011
9. Shae Conrad	34'10"	2004
10. Madison Williard	34'6 ¼"	2017

Shot Put

1. Courtney McCartney	49' 5 ¾"	2015
2. Charity Payne	44'9"	2002
3. Jennifer Pastore	41'3"	1994
4. Alex Simon	39'3 ¼"	2014
5. Cameron Weaver	37'5"	2011
6. Chelsea Hartman	37'1"	2005
7. Diane Herbert	36'10 ¾"	1990
8. Anna Hummel	36'3 ¾"	2014
9. Katelyn Felix	35'8 ½"	2013
10. Mandy Houser	35'5"	1997

Discus

1. Courtney McCartney	141'8"	2015
2. Piper Klinger	136'5"	2017
3. Jennifer Pastore	131'1"	1994
4. Alex Simon	128'8"	2014
5. Beth Hummel	127'0"	2002
6. Charity Payne	126'5"	2002
7. Dianna Herbert	119'7"	1990
8. Traci Anselmo	118'9"	1995
9. Jessica Lawton	116'4"	2014
9. Carli Bordner	116'4"	2000

Javelin

1. Katelynn Strickler	123'10"	2010
2. Charity Payne	119'1"	2002
3. Tiffany Fatchline	118'6"	2006
4. Jasmine Reggia	117'1"	2004
5. Laura Long	111'6"	2014
6. Jessica Lawton	110'11"	2013
7. Rose Marsico	108'6"	2004
8. Kristin Knouse	105'4"	2012
9. Alissa Lengle	100'10"	2007
10. Maria Lauer	100'1"	2007

Retired Javelin

1. Jennifer Pastore	167'4"	1993
2. Traci Anselmo	135'0"	1995
3. Carli Bordner	119'2"	1999
4. Angie Gemberling	111'4"	1989
5. Mandy Houser	110'9"	1997

Pole Vault

1. Katie Bond	11'	2017
2. Jessica Gill	10'7"	2013
3. Rebecca Laniewski	10'6"	2009
4. Erin Reed	10'3"	2016
4. Nikki Fatchline	9'6"	2003
4. Emily Weller	9'6"	2006
7. Katie Krebs	9'3"	2008
8. Elisa Long	9'	1999
8. Cheryl Runko	9'	2004
8. Emily Kuster	9'	2004

High Jump

1. Danica Deckard	5'6"	2008
2. Joanna Marino	5'4"	2000
2. Amanda Zoch	5'4"	2001
4. Megan Daly	5'3"	1984
5. Tanya Aument	5'2"	1993
5. Michelle Viens	5'2"	1995
5. Brittany Star	5'2"	2002
5. Shae Conrad	5'2"	2004
9. Mel Scholl	5'1"	1985
10. 8 athletes tied	5'	

Nicole Mark (2017), Heidi Kratzer (1990), Elisa Long (1998), Ashley Pagana (1993), Deb Rhoades (1978), Emily Soper (2007), Shari Stewart (1982), Casie Newcomer (2002), Tara Benner (2010)

Selinsgrove Girls All-Time Top Five By Class

9th Grade

100m Dash

6. Megan Hoffman	12.3	2016
7. Natalia Brown	12.6	2014
8. Nikki Schreffler	12.7	2001
3. Ashley Youngman	12.7	2008
5. Cole Vennie	12.9	1998
5. Natalie McDevitt	12.9	2000

200m Dash

7. Megan Hoffman	25.7	2016
8. Natalia Brown	26.1	2014
9. Natalie McDevitt	26.7	2000
10. Ashley Dincer	26.8	1998
4. Cole Vennie	26.8	1998
4. Megan Boyer	26.8	2001

400m Dash

7. Megan Hoffman	58.2	2016
8. Erica Hess	1:00.0	2004
9. Ashley Dincer	1:02.0	1998
10. Anna Picuch	1:02.1	2016
4. Morgan Fleetwood	1:02.1	2005
4. Kayla Swartz	1:02.1	2010

800m Run

11. Hannah Grove	2:18.4	2016
12. Mikayla Carnathan	2:25.2	2017
13. Brittany Carnathan	2:26.6	2014
14. Ashley Jones	2:29.4	1999
15. Meredith Lemons	2:29.7	2015

1600m Run

11. Brittany Carnathan	5:19.9	2014
12. Mikayla Carnathan	5:22.3	2017
13. Danielle Houtz	5:22.9	2004
14. Ashley Blair	5:26.2	2014
15. Hannah Grove	5:33.9	2016

3200m Run

11. Ashley Blair	11:44.7	2014
12. Brittany Carnathan	11:55.9	2014
13. Mikayla Carnathan	12:03.2	2017
14. Hannah Grove	12:07.1	2016
15. Skylar Maurer	12:53.5	2015

100m Hurdles

3. Emily Phillips	16.8	2007
4. Marissa Heddings	17.2	2011
5. Kelly Beddall	17.3	2005
6. Heather Jones	17.4	1985
7. Jessica Eisenhart	17.5	1999

300m Hurdles

5. Erika Girton	46.3	2009
6. Emily Phillips	47.3	2007
7. Kayla Swartz	48.5	2010
8. Orianna Long	49.3	2007
9. Leigh Henderson	49.5	2001

Long Jump

11. Megan Hoffman	16' 3''	2016
12. Keli Smith	16' 1 ½''	1994
13. Megan Heddings	15' 10 ½''	2009
14. Sara Arbogast	15' 10''	2014
15. Kayleen Long	15' 9''	2013

Triple Jump

8. Keli Smith	34' 5''	1994
9. Cameron Weaver	33' 8 ½''	2009
10. Tayna Aument	33' 8''	1991
11. Kathy Rhaodes	33' 6''	1978
12. Alexis Auman	33' 3 ½''	2012

Shot Put

11. Courtney McCartney	40' 11 ¾''	2012
12. Alex Simon	32' 8''	2011
13. Cameron Weaver	32' 6''	2008
14. Diane Herbert	32' 1''	1987
15. Anna Hummel	32' ½''	2011

Discus

10. Courtney McCartney	123' 7''	2012
11. Beth Hummel	108' 3''	1999
12. Hannah Swineford	98' 10''	2015
13. Dianna Herbert	98' 7''	1987
14. Abby Hackenburg	92' 3''	1991

Javelin

11. Jennifer Pastore	135'	1991
12. Carli Bordner	101' 10''	1998
13. Diana Herbert	89'	1987
14. Jasmine Reggia	84'	2001
15. Danielle Stauffer	82' 1''	1988

Pole Vault

5. Katie Bond	9'4"	2015
6. Emily Weller	9'3"	2006
7. Morgan Fleetwood	8'	2005
8. Kailey Cigic	7'6"	2014
4. Alicia Mayer	7'6"	2004
4. Nikki Fatchline	7'6"	2001
4. Tasha Garman	7'6"	2001

High Jump

3. Brittany Star	5'2"	2002
4. Tanya Aument	5'1"	1991
2. Mel Scholl	5'1"	1982
4. Keidi Kratzer	5'	1989
4. Megan Daly	5'	1981
4. Danica Deckard	5'	2006

10th Grade

100m Dash

1. Megan Hoffman	12.2	2017
2. Ashley Youngman	12.3	2009
3. Nikki Schreffler	12.6	2002
3. Nicole Raker	12.6	2006
5. Liz Hartman	12.7	1978
5. Cole Vennie	12.7	1999

200m Dash

1. Megan Hoffman	25.4	2017
2. Ashley Dincher	26.7	1999
2. Cole Vennie	26.7	1999
2. Megan Boyer	26.7	2002
5. Kim Weber	27.1	1981

400m Dash

1. Megan Hoffman	58.9	2017
2. Erica Hess	59.1	2005
3. Ashley Dincher	59.5	1999
4. Laura App	59.8	1978
5. Sara Arbogast	1:00.3	2015

800m Run

1. Brianna Carnathan	2:21.0	2012
2. Hannah Grove	2:23.0	2017
3. Danielle Houtz	2:25.9	2005
4. Kirsten Krebs	2:26.7	2006
5. Ashley Jones	2:27.1	2000

1600m Run

1. Brianna Carnathan	5:10.9	2012
2. Brittany Carnathan	5:20.2	2015
3. Ashley Blair	5:20.5	2015
4. Hannah Grove	5:21.9	2017
5. Gabby Damiano	5:31.3	2008

3200m Run

1. Brittany Carnathan	11:48.5	2015
2. Kyria Yanoviak	12:20.0	2007
3. Kelsey Ulrich	12:26.8	2011
4. Julie Minium	12:36.0	1999
5. Kelly Dreibelbis	12:53.6	1995

100m Hurdles

1. Erica Girton	15.7	2007
2. Mackenzie Apple	16.0	2013
3. Emily Phillips	16.2	2008
4. Jessica Eisenhart	16.4	2000
4. Stefanie Stock	16.4	1999

300m Hurdles

1. Erika Girton	46.3	2009
2. Kayla Swartz	46.8	2011
3. Emily Phillips	47.4	2008
4. Leigh Henderson	48.0	2002
5. Mackenzie Apple	48.1	2013

Long Jump

1. Alexis Auman	17'9 3/4"	2013
2. Cassie Newcomer	16'8 3/4"	2001
3. Keli Smith	16'5 1/2"	1996
4. Sara Arbogast	16'3 3/4"	2015
5. Jessica Pagana	16'2 1/2"	1987

Triple Jump

1. Alexis Auman	35'5 3/4"	2013
2. Emily Soper	35'3 1/2"	2007
3. Sara Arbogast	35'2 1/4"	2015
4. Kathy Rhoades	34'9"	1979
5. Madison Williard	34'6 1/4"	2017

Shot Put

1. Courtney McCartney	45'5 1/2"	2013
2. Charity Payne	36'5"	2000
3. Alex Simon	36'2"	2012
4. Jennifer Pastore	35'11"	1992
5. Katelyn Felix	33'6"	2011

Discus

1. Courtney McCartney	126'6"	2013
2. Piper Klinger	116'5"	2016
3. Beth Hummel	116'4"	2000
4. Jennifer Pastore	112'4"	1992
5. Mandy Houser	110'	1995

Javelin

1. Jennifer Pastore	144'8"	1992
2. Carli Bordner	113'2"	1998
3. Katie Strickler	107'4"	2008
4. Jasmine Reggia	96'	2002
5. Diana Herbert	95'2"	1988

Pole Vault

1. Katie Bond	9'6"	2016
2. Katie Krebs	9'3"	2008
3. Rebecca Laniewski	9'1"	2007
4. Emily Weller	9'	2007
5. Morgan Fleetwood	8'6"	2006

High Jump

1. Danica Deckard	5'5"	2007
2. Heidi Kratzer	5'	1990
2. Joanna Marino	5'	1999
2. Tanya Aument	5'	1992
2. Emily Soper	5'	2007
2. Amanda Zoch	5'	2000
2. Shae Conrad	5'	2003
2. Tara Benner	5'	2010

11th Grade

100m Dash

1. Ashley Youngman	12.3	2010
2. Natalia Brown	12.5	2016
3. Sara Carver	12.6	1995
3. Laura Hummel	12.6	2006
3. Cole Vennie	12.6	2000

200m Dash

1. Natalia Brown	26.4	2016
2. Sara Arbogast	26.5	2016
3. Breiana Brown	26.6	2015
3. Cole Vennie	26.6	2000
5. Sarah Carver	26.7	1995
5. Ashley Youngman	26.7	2010

400m Dash

1. Erica Hess	57.7	2006
2. Sara Arbogast	59.3	2016
3. Ashley Dincher	59.9	2000
4. Jess Davis	1:00.4	1982
5. Kim Weber	1:00.5	2011

800m Run

1. Brianna Carnathan	2:19.5	2013
2. Jess Davis	2:20.4	2011
3. Laura App	2:20.7	1979
4. Kirsten Krebs	2:23.6	2007
5. Skylar Maurer	2:25.5	2017

1600m Run

1. Ashley Blair	5:08.9	2016
2. Brittany Carnathan	5:16.8	2016
3. Brianna Carnathan	5:17.2	2013
4. Lindsay Bordner	5:22.2	2001
5. Skylar Maurer	5:35.4	2017

3200m Run

1. Ashley Blair	11:22.1	2016
2. Brittany Carnathan	11:30.0	2016
3. Brianna Carnathan	12:17.0	2013
4. Skylar Maurer	12:27.0	2017
5. Kelsey Ulrich	12:28.9	2012

100m Hurdles

1. Emily Phillips	15.2	2009
2. Erika Girton	15.7	2008
3. Marissa Heddings	15.8	2013
4. Mackenzie Apple	16.0	2014
4. Kayla Swartz	16.0	2012
4. Heather Jones	16.0	1987
4. Stephanie Buck	16.0	1990

300m Hurdles

1. Kayla Swartz	46.6	2012
1. Erika Girton	46.6	2008
3. Jessica Eisenhart	47.4	2001
4. Mackenzie Apple	47.6	2014
5. Emily Phillips	47.9	2009

Long Jump

1. Alexis Auman	17' 9"	2014
2. Katie Williams	16' 11"	2002
3. Laura Hummel	16' 9 ³ / ₄ "	2006
4. Joanne Marino	16' 8 ³ / ₄ "	2000
5. Kathy Muller	16' 7"	1983

Triple Jump

1. Alexis Auman	36' 10 1/2''	2014
2. Kathy Rhoades	36'9''	1980
3. Tanya Aument	35'11''	1993
4. Joanne Marino	35'7''	2000
5. Sara Arbogast	35' 2 3/4''	2016

Shot Put

1. Courtney McCartney	49' 3/4 ''	2014
2. Charity Payne	40'11''	2001
3. Jennifer Pastore	40'8''	1993
4. Alex Simon	38'3 1/2''	2013
5. Cameron Weaver	37'	2010

Discus

1. Courtney McCartney	139'2''	2014
2. Piper Klinger	136'5''	2017
3. Beth Hummel	124'8''	2001
4. Jennifer Pastore	120'6''	1993
5. Carli Bordner	115'6''	1999

Javelin

1. Jennifer Pastore	167'4''	1993
2. KateLynn Strickler	123'10''	2009
3. Carli Bordner	119'2''	1999
4. Jessica Lawton	111'10''	2013
5. Jasmine Reggia	109'5''	2003

Pole Vault

1. Katie Bond	11'	2017
2. Rebecca Laniewski	10'	2008
3. Jessica Gill	9'6''	2012
3. Nikki Fatchline	9'6''	2003
5. Erin Reed	9'	2015
5. Cheryl Runko	9'	2001

High Jump

1. Danica Deckard	5'6''	2008
2. Joanna Marino	5'4''	2000
2. Amanda Zoch	5'4''	2001
4. Megan Daly	5'2 3/4''	1983
5. Shae Conrad	5'2''	2004
5. Tayna Aument	5'2''	1995

12th Grade

100m Dash

1. Cole Vennie	12.3	2001
2. Caitlin Castellano	12.7	1999
3. Joellen Malloy	12.8	1977
3. Megan Boyer	12.8	2004
3. Ashley Youngman	12.8	2011

200m Dash

1. Erica Hess	25.7	2007
2. Cole Vennie	25.8	2001
3. Sarah Carver	26.6	1996
3. Caitlin Castellano	26.6	1999
5. Breiana Brown	26.7	2016

400m Dash

1. Erica Hess	57.6	2007
2. Ashley Dincher	58.8	2001
3. Alexis Auman	58.9	2015
4. Jess Davis	59.8	2012
5. Stacy Dagle	1:00.3	2008
5. Morgan Fleetwood	1:00.3	2008

800m Run

1. Kirsten Krebs	2:21.5	2008
2. Amanda Underkoffler	2:22.1	2001
3. Brianna Carnathan	2:22.2	2014
4. Ashley Blair	2:23.0	2017
5. Laura App	2:24.8	1980

1600m Run

1. Brittany Carnathan	5:07.2	2017
2. Ashley Blair	5:10.9	2017
3. Kelsey Ulrich	5:27.6	2013
4. Lindsay Bordner	5:29.8	2002
5. Laura App	5:30.5	1980

3200m Run

1. Brittany Carnathan	11:17.9	2017
2. Julie Minium	12:23.7	2001
3. Kyria Yanoviak	12:28.9	2009
4. Laura App	12:29.0	1980
5. Kelsey Ulrich	12:34.6	2013

100m Hurdles

1. Erika Girton	15.3	2009
2. Alexis Auman	15.6	2015
2. Heather Jones	15.6	1988
3. Mackenzie Apple	15.7	2015
4. Kayla Swartz	15.9	2013
4. Stephanie Buck	15.9	1991
4. Emily Phillips	15.9	2010

300m Hurdles

1. Erika Girton	46.4	2009
2. Mackenzie Apple	46.8	2015
3. Kayla Swartz	47.5	2013
4. Stefanie Stock	47.8	2001
5. Emily Phillips	48.0	2010

Long Jump

1. Alexis Auman	18'2 ¼"	2015
2. Ashley Dincher	17'2"	2001
3. Laura Hummel	16'10 ¾"	2007
4. Kristie Mayer	16'8"	2005
5. Keli Smith	16'5 ½"	1997

Triple Jump

1. Alexis Auman	38'1 ¾"	2015
2. Kathy Rhoades	36'6"	1981
3. Sara Arbogast	35' ¾"	2017
4. Cameron Weaver	34'11"	2011
5. Jessica Pagana	34'5"	1989

Shot Put

1. Courtney McCartney	49'5 ¾"	2015
2. Charity Payne	44'9"	2002
3. Jennifer Pastore	41'3"	1994
4. Alex Simon	39'3 ¼"	2014
5. Cameron Weaver	37'5"	2011

Discus

1. Courtney McCartney	141'8"	2015
2. Jennifer Pastore	131'1"	1994
3. Alex Simon	128'8"	2014
4. Beth Hummel	127'2"	2002
5. Charity Payne	126'5"	2002

Javelin

1. Jennifer Pastore	159'9"	1994
2. Traci Anselmo	135'	1995
3. Kate Lynn Strickler	119'9"	2010
4. Charity Payne	119'1"	2002
5. Tiffany Fatchline	118'6"	2006

Pole Vault

1. Jessica Gill	10'7"	2013
2. Erin Reed	10'6"	2016
2. Rebecca Laniewski	10'6"	2009
3. Elisa Long	9'	1999
3. Emily Kuster	9'	2004

High Jump

1. Danica Deckard	5'5"	2009
2. Megan Daly	5'3"	1984
3. Michelle Viens	5'2"	1995
3. Amanda Zoch	5'2"	2002
3. Joanna Marino	5'2"	2001