



Weekly Specials!



Available Week Ending 4/13/19

1449 Yamato Rd, Boca Raton
Lifetime Fitness/Hampton Inn Plaza

(561) 998-GOOD (4663)

Fast Free Delivery! \$10 Minimum

www.frescofoodworks.com

Large Orders? Save time Fax them in! 995-8339

Hand Crafted Perfection!

Breakfast Specials!

Available 7am-10:30am

#A Caribbean Jerk Breakfast Panini \$6.59
Eggs, Jerk Chicken, Banana Peppers, Pepper Jack on grilled Ciabatta

#B Cajun Chicken & Bacon Melt \$6.49
Cajun-Chicken, Eggs, Pepper Jack, Applewood Bacon on Pita

#C Ham, Swiss, Tomato Grilled Sandwich \$6.29
Ham, Eggs, Imported Swiss, sliced Tomato on grilled multi grain

#D Sausage & Cheddar Breakfast Wrap \$5.99
Eggs, Breakfast Sausage, Vermont Cheddar on grilled Wrap

Natalie's Fresh Orange Juice — — **Martinelli Apple**

Tropicana Cranberry — **Monster Energy**

Lunch Specials!

#1 Caribbean Jerk Chicken Panini \$8.79

Fresh Traditional Ciabatta
Our own Caribbean Jerk infused Mayo
Grilled on Premise all natural Chicken Breast
Banana Peppers
Sautéed Onions
Boar's Head Pepper Jack

#2 The BIG NEW YORKER Baguette \$8.99

Fresh Baked on premise Baguette
1000 Island & Italian Dressing
Boar's Head Pastrami
Boar's Oven Gold Turkey *served cold*
Imported Swiss
Red Onions & Sweet Peppers
Fresh Lettuce & Tomato

#3 The Famous Pot Roast Sandwich \$8.99

Fresh Traditional Ciabatta bread-*toasted*
Slow Cooked Tender & Juicy Beef Pot Roast
Homemade Roasted Garlic Mashed Potatoes
Melted Provolone *-its Life Changing!*

#4 Turkey Bacon Dijon Wrap \$8.39

Fresh Spinach Wrap
Imported Dijon Mustard
Mixed Greens *served cold*
Sliced Tomatoes
Boar's Head Oven Gold Turkey
Boar's Head imported Swiss
Boar's Head Applewood smoked Bacon

#5 Thousand Island Grilled Chicken Salad \$8.99

Fresh Mixed Greens
Grape Tomatoes
Cucumbers
Red Onions *served with side of 1000 Island Dressing*
Grilled on Premise Chicken Breast
Shredded Cheddar
Applewood smoked Bacon

100% Idaho Russet **Stuffed Baked Potatoes**

Bacon & Cheese Spud -Applewood Smoked Bacon & Cheddar \$5.99

Chili Cheese Spud -Beef & Black Bean Chili smothered with Cheddar \$6.99

The Plain Jane Spud -served with a side of Sour Cream & Butter \$3.99

Veggie & Cheese Spud -Red Peppers, Spinach, Portabella melted Cheddar \$6.99

ALL Natural Smoothies!

Tropical Passion -Passion Fruit, Pineapple, Coconut, & Banana

Trade Winds -Mango, Pineapple and Coconut

Banana Berry Blast -Banana, Strawberry, Mixed Berries

Straw-nana -Strawberry, Banana

Maui Breeze -Pineapple, Coconut, Banana

Key West Sunset -Mango, Banana, Passion Fruit

Verry Berry -Strawberry, Raspberry, Mixed Berries

Add Shot Protein .99

Add Spinach .99

Add Peanut Butter .99

Add Kale .99



Our Website is now Mobile!
Scan the QR Code with Your
Smart Phone to Go to our
Website!

Fresh Soups!



Boar's Head

Fresco Foodworks will Professionally Cater your Corporate Meeting or Event!

www.frescofoodworks.com

N.Y. Bagel & Cream Cheese Platter **\$24.99**
Assortment of Fresh Warm Bagels served with sides
of Plain, Chive & Onion, Whipped Butter & Assorted Jellies *serves 12*

Deluxe Continental Platter **\$36.99**
Assortment of Bagels, fresh Baked Danish,
Croissant, Turnovers, & Muffins *serves 8-10*

Sweet Tooth Platter **\$24.99** **\$36.99**
Assortment of fresh baked *serves 8-10* *serves 16-20*
Danish, Brownies, Blondies,
Cookies & Muffins

Gourmet Muffin Platter **\$15.99** **\$34.99**
Assortment of fresh warm Muffins *serves 7-8* *serves 15-17*

Homemade Danish Platter **\$32.99** **\$53.99**
Assortment of freshly Baked Warm Danishes *serves 8-10* *serves 16-20*

Breakfast Wrap Platter **\$46.99**
Assortment of Breakfast Wraps filled with fresh scrambled eggs, assorted
Cheeses, Boar's Head Ham, Applewood Bacon, & Sausage

Croissant Sandwich Platter **\$44.99**
All Butter Croissants filled with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Applewood Bacon, Ham, Sausage & Cheese

Bagel Sandwich Platter **\$42.99**
Fresh Toasted Bagels with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Cheese, Sausage, Ham & Applewood Bacon

Multi-Grain Sandwich Platter **\$45.99**
Fresh Multi-Grain Sandwich Bread, Eggs *serves 8-10*
American, and an assortment of Cheese,
Ham, Sausage & Applewood Bacon

Breakfast Combo Platter **\$49.99**
A combination of fresh Breakfast Wraps, *serves 8-10*
Croissants, Panini's, & Bagel Sandwiches

Fresh Tropical Fruit Salad Platter **\$39.99** **\$69.99**
Assortment of Hand cut Pineapple, Melons, *serves 8-12* *serves 18-22*
Grapes, Oranges, etc

Scrambled Egg Platter *serves 15-20* *serves 30-40*
\$39.99 **\$69.99**

Breakfast Sausage Platter **\$29.99** **\$59.99**

Applewood Bacon Platter **\$28.95** **\$57.95**

Breakfast Potato Platter **\$29.99** **\$59.99**



Salad Platters

	<u>Bowl</u> <i>serves 8-10</i>	<u>Full Tray</u> <i>serves 16-20</i>
• Mediterranean Chicken Salad	\$39.99	\$75.99
• Mandarin Chicken Salad		
• Santa Fe Ranch Salad		
• Chef Salad		
• Antipasto Salad		
• Caprese Salad		
• Tuna/Chicken Salad/Chicken Fresco		
• Caesar Classico		
• Baby Spinach & Gorgonzola		
• Garden Salad	\$33.99	\$65.99
• The "Cobb" Salad	\$44.99	\$79.99

Sandwich Platters

Sub Baguette Platter **\$56.99**
Assortment of overstuffed cut Sub Baguettes *Serves 8-10*
on our Famous cooked on premise
Sub Baguettes Traditional & Wheat

Gourmet Wrap Platter **\$56.99**
Assortment of our tasty Wraps on Spinach, *Serves 8-10*
Whole Wheat & Traditional Wraps

Sandwich Platter **\$57.99**
Assortment of overstuffed Sandwiches *Serves 8-10*
on mixed Artisan Breads

Hot Gourmet Panini Platter **\$59.99**
Assortment of Panini on Traditional *Serves 8-10*
& Multi-Grain Ciabatta

Croissant Sandwich Platter **\$57.99**
Assortment of Buttery Croissant *Serves 8-10*
Sandwiches

Combination Platter **\$60.99**
Assortment of overstuffed Sandwiches, *Serves 8-10*
Wraps, & Sub Baguettes on one Delicious Platter

Breakfast & Lunch Catering Available

Please allow 24 hour notice for us to professionally prepare your order
Call after 3:00 for details

561-998-4663

Soups

Our Delicious Homemade Soups delivered in an insulated Container

\$28.99
1/2 Gallon Serves 6-10

\$54.99
1 Full Gallon Serves 12-20