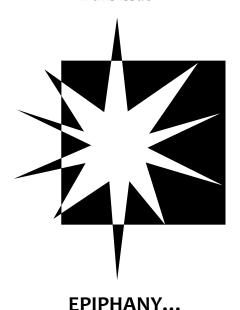
IMMANUEL LUTHERAN CHURCH FEBRUARY NEWSLETTER 2023

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***SOUP COOK OFF AND SOUPER BOWL OF CARING: FEBRUARY 12TH

Drive-In worship participants we are asking you to drive up to the door/overhang at the Education wing in the main (south) parking lot. Communion, bulletins and offering plate available. Using the overhang, you will be somewhat protected from the weather.



Immanuel Lutheran Church

1002 Powell Ave.

Erie, PA 16505

814-833-4062

LIKE US on Facebook

www.ilc-erie.org

Office: immluthch@verizon.net



Grace & Peace from the Pastor's Desk

Psalm 16:11 "You will show me the path of life; in Your presence is fullness of joy; at Your right hand are pleasures forevermore."

As we enter the month of February we often think of Valentines' Day and red hearts. That is a heartfelt time of romantic love for some people, just another day for some people, but for others it can be a day of heartache as feelings of loneliness engulf them. Feelings of loneliness can touch anyone at some time in their lives, so how do we cope with those feelings?

There's always the triedand-true methods of phone calls to friends and loved ones. Writing a letter or sending a card can also ease the sense of loneliness. You may not receive a response but just the effort of writing helps a person to feel connected to another. And you will make the day of the person who receives your correspondence.

If you're physically able it's always good to move. You can exercise by walking, taking a class, or swimming at the Y if you have a membership. (Silver sneakers is a commonly available insurance perk allowing a reduced cost or possibly free membership.)

Then there's laughter. It may be that you really don't feel like you want to laugh, but laughter raises the endorphin levels of the body. That means that it makes your brain happy. It also relaxes your entire body, boosts your immune system, increases blood flow which leads to less of a risk of heart attacks. Laughter really helps you to feel better and makes for a healthier life.

If none of these appeal to you why not try listening to music? A study done in 2023 by Kiernan & Davidson, published in International Journal of Environmental Research and Public Health suggests that listening to music can help with loneliness by giving a person a sense of control and identity. Your choice of music is up to you, but what is better than listening to hymns? They can be easily found on youtube.com, or you may have a CD or possibly even a record player on which you can listen to your favorite hymns.

And of course, there is always reading the Psalms. The Psalms sing out to God from the fullness of all emotions. There is anger, loneliness, heartbreak, every emotion is expressed by the psalmist. And it is all directed to God knowing that God is everlasting and ever-present.

If you'd like to talk with me, I am available in the office Tuesdays and Thursdays 9:30 a.m. until 2 p.m. but some Tuesdays I am at a pastors' meeting so call first. 814-833-4062. You can call my cell phone anytime, 724-557-2386. If I don't answer please leave a message. Or you can text me at the same number. My email address is pastorkaren.immanuel@gmail.com

Grace and Peace,
Pastor Karen



Anyone who is interested in joining the church please speak with Pastor Karen

Christian Education





Mary Hauser is our new Council Liaison for Christian Ed in 2023

Thank you all!!!



~ Sharing the Good News ~



We are ready, willing, and able to lead your young children into the life of blessings & hope shared in Sunday School. We feel this provides a firm foundation for the years ahead, both smooth-sailing & those that are challenging.

Our small classes are ideal for sharing, caring, and formative discussion. Sunday school for K-Adult starts after our 9:30 worship - approx.10:30 am.

Contact the church office for more information.

P: 814-833-4062

Pastor Karen or an alternate will once again be offering Sunday School at 10:30

~~~~~~~~~~~~~~~~

Join us for a lively discussion.

### CONFIRMATION CLASS SCHEDULE AND REQUIREMENTS FOR CONFIRMATION IN THE SPRING OF 2023:

Attend class the 1<sup>ST</sup> & 3<sup>RD</sup> Sundays of the month from 10:30-11:30 for ages 13 or older and one Sunday a month, minimum, church worship attendance at 9:30 with a bulletin signed by Pastor Karen.

| Hats             | 105 |
|------------------|-----|
| Scarves          | 49  |
| Gloves/Mittens   | 27  |
| Hat & Scarf Sets | 12  |
| Socks            | 14  |
| Headbands        | 3   |
| Ear Muffs        | 1   |
| Neck Warmer      | 1   |

**GRAND TOTAL: 212** 

### Worship & Music in the News....



Choir practice
@ 7:15 pm
All are welcome

You can find Pastor Karen's
latest sermons in print on
our webpage here
<a href="http://www.ilc-erie.org/worship-.html">http://www.ilc-erie.org/worship-.html</a>
and the video is posted to our
Facebook page

# COFFEE HOUR 1<sup>st</sup> SUNDAY OF EVERY MONTH.

It will be in the lounge after church service.
The Eckmans will be hosting.



The Worship & Music committee
has been meeting regularly and
will next meet on
Feb.8th at 6:30 p.m.
All are welcome to join this
committee.
Sue Pfeiffer is our committee
chair and
Debbie Redditt is the
W&M Council liaison.

Please join us for worship each Sunday at 9:30 a.m. either indoors, or in our drive-in services.

Sunday School K-Adult at 10:30 a.m.



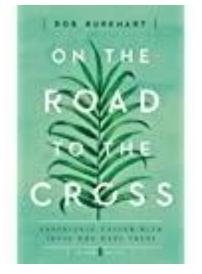
JOIN US ON ASH WEDNESDAY FOR A NOONTIME SPOKEN SERVICE



LENTEN SERVICES WILL
BE HELD AT 7 P.M. ON
WEDNESDAY EVENINGS
STARTING ON
ASH WEDNESDAY,
FEBRUARY 22<sup>ND</sup>.

#### The Lenten Study - "On the Road to the Cross"

Using his imagination Rob Burkhart creates scenes that could be interactions of the lesser-known biblical characters who interact



with Jesus in the book "On the Road to the Cross". This interesting study which includes scenarios from the lives of the leper, the high priest's servant, the centurion, Cleopas, Nicodemus and more, along with their scriptural references, will be hosted by Pastor Karen beginning at 6 p.m. Ash Wednesday

(February 22) and continue each Wednesday during the Lenten season in the 'kindergarten room'. Everyone is invited to attend.

### Faith

# **\$OUPER BOWL \$ COLLECTION**

### February 12th

In

Action

On February 12th – Super Bowl
Sunday - the Social Ministry
Committee will be collecting
<a href="mailto:cash/check donations">cash/check donations</a> for the Holy
Trinity Soup & Pasta Kitchen.

(Please make checks out to Immanuel Lutheran
Church with "Souper Bowl" on memo line)
There will be large soup pots stationed at
both doors before and after each service for
the collection. Please give as you are able.

#### FELLOWSHIP, OUTREACH & GROWTH COMMITTEE

### Faith



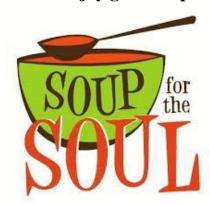
### In

# It's Back!!! After a few years on hiatus the Soup Cook Off is returning on Feb. 12<sup>th</sup> after the church service.

We need soup makers and soup tasters to make this a success.
Whose soup will be voted best this year?
(Stan & Mary earned the trophy last time.)

### Action

Please attend and enjoy good soup & fellowship.



Sign-up sheet will be on the bulletin board by the office.









FEBRUARY 2023 Worship Calendar for Immanuel Lutheran, Erie PA

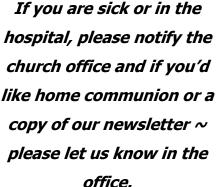
| Date                           | Presider | Assistant      | Lector        |
|--------------------------------|----------|----------------|---------------|
| 2/5/23<br>9:30 AM              |          | Bob Dorler     | Cindy Eckman  |
| 2/12/23<br>9:30 AM             | Kostur   | D. Redditt     | B. Redditt    |
| 2/19/23<br>9:30 AM             | Kostur   | Cindy Geddes   | Cindy Geddes  |
| 2/22/23<br>Ash Wed.<br>7:00 PM | Kostur   | Bob Dorler     | Bob Dorler    |
| 2/26/23<br>9:30 AM.            | Kostur   | Stan Holsopple | Barb Coughlin |

**Altar Guild:** P.Maloney/S.Pfeiffer/S. Leubin **Counters:** B. Redditt/D. Redditt **Ushers:** Ushers as assigned by B. Dorler

If you are unable to fulfill your commitment – please find an alternate & notify the church office.

We continue to offer our services indoor or via drive-in service so if you can't be with us in person in the church, join us in our parking lots or in the immediate vicinity of the church and tune to 93.7 on your FM dial each Sunday morning at 9:30 a.m. You can also listen via speaker in our Nursery or Kindergarten Rooms.







Please remember the members of Immanuel who are "shut in," or having some health challenges and cannot make it to service, you may want to offer them a ride, give them a friendly call, send them a card. The current Shut-In Mailing List is available in the office.

KEEP IN PRAYER: The loved ones & friends of John Leubin; Denise Arnold's Mom Lucie Arndt and sister, Lana Huhn; Pam Anthony Lakewood VBS Coord.; John & Tim Botwright & family; Ian Byrne; Mary Hauser's sister - Alice Tillotson; Jim & Lorraine Hornaman; Kyle Husted; Carol & Gordon Ketchel; Jim Kuntz; Leslie; Patrick Lewisfriend of S. Kocur; Bishop Michael Lozano; Diane McGranor; Carole Rickrode, Sharon Roemer, friend of Immanuel – Allan Slovenkay; all of our members & friends who are grieving; who are in nursing homes, who are serving on the "front line" during the COVID pandemic or who are ill at home. We pray for those in the military: Scott CaseNavy, (C. Geddes nephew) & Christopher Peterson – Navy (Grandson of the late Agnes & Chuck Peterson – serving stateside now per an update from Ann Neimann).

VALENTINE'S DAY IS
FEBRUARY 14TH -

HOW ABOUT SENDING

SOME VALENTINES TO

THOSE ON OUR SHUT-IN

§ PRAYER LIST § .....



# Celebrations of Life and Love

**ALTAR FLOWERS AND** 

SANCTUARY CANDLE SIGN-UP
WE ARE ONCE AGAIN POSTING
OUR ALTAR FLOWER AND
SANCTUARY CANDLE SIGN-UP
SHEETS IF YOU WOULD CARE TO
SPONSOR EITHER OR BOTH IN

HONOR OR IN MEMORY OF SOMEONE -- IT WILL BE NOTED IN OUR WORSHIP BULLETIN.

PLEASE NOTE THAT CATHY'S FLOWER SHOPPE, WHO HAS BEEN PROVIDING THE FLOWERS FOR US FOR MANY YEARS HAS HAD TO INCREASE PRICES SO FLOWERS WILL BE \$36/WK — SANCTUARY CANDLE REMAINS AT \$5/WK - SO WHEN PAYMENT IS MADE, PLEASE INCLUDE THIS NEW AMOUNT IN YOUR PAYMENT STARTING IN JUNE.

YOU ARE ALSO WELCOME TO BRING IN YOUR OWN PLANTS/FLOWERS FROM YOUR GARDEN, ETC.



#### **February Birthdays**

- 3 Mychal Molnar
- 8 Joseph Maloney
- 13 Vic Paternosh
- 16 Mark Moore/Lori Yusz
- 17 Cathy Rightnour
- 18 Christopher Bureau
- 19 Judy Stewart
- 26 Melissa Sturgeon

#### **February Wedding Anniversaries**

- 1 Cindy & Dave Eckman
- 14 George & Sue Pfeiffer

Did I forget you? Please e-mail me or call me with your birthdays, anniversaries or a special day you would like us to share.

#### **Ongoing Appeals**

**Capital Campaign - Boiler:** Funds for the boiler campaign increased to \$23,113.68 toward our goal of \$58,803.



**Pennies for Poverty** collection is an ongoing effort in support of the Women of the ELCA – donations welcome in the Donation Center canister.

#### Holy Trinity - Soup/Pasta Kitchen & Food Pantry

The Holy Trinity food ministry began the regular schedule of Tuesday evening dinner, and Wednesday and Saturday lunches on September 6th. The Food Pantry is in need of volunteers to assist in this ministry. Volun-teers are needed to help sort food and pack the bags to be distributed, Tues-days from 4:00 to 7:00 pm, and to work at the registration/sign-in table, Tuesdays from 5:45 to 7:00 pm. If you are able to volunteer please see PA Ron King after the service or contact the church office at (814) 452-3518.

# IF IN NEED – TAKE SOMETHING

#### IF YOU CAN SHARE -LEAVE SOMETHING

Feel free to bring items to church & we will make sure they get in the pantry for you.

#### CREATION-FRIENDLY CLOTHING TIPS

Do you know what clothing materials are most eco-friendly? Organic cotton is rated tops! Organic cotton cuts out the harmful synthetic chemicals used to grow conventional cotton, making for safer working conditions for farmers and a healthier planet.

Other sustainable fabrics are made from plant-based materials like hemp (low impact crop that requires much less water than conventional cotton), Tencel Lyocell (made from recycled wood pulp fiber& is very soft).

Some innovative eco-friendly materials are Lenzing Modal (soft material made from fastgrowing beech trees), Pinatex (made from pineapple leaf waste), mushroom-based leather, plantbased faux fur, and recycled wool.

Innovative indigo foam-dyeing cuts nearly all wastewater out of the jeans-making process while reducing the carbon impact of coloration and water usage Natural buttons can be made from tagua palm nuts gathered from the forest floor – great alternative to plastic.

#### Here are some tips:

- Care label symbols show the <u>maximum</u> treatment. Try washing at lower temperatures than indicated on the label.
- Using too much detergent may not necessarily result in cleaner laundry, but has an unnecessary
  impact on the environment. Try an eco-friendly detergent such as Earth Breeze; its liquidless
  detergent sheets are biodegradable.
- Reduce the number of times you wash your garments. Remove stains manually, and air clothes to
  freshen up after each use. Wash full loads of laundry, in cold water when possible. To save
  energy dry them the old-fashioned way outdoors on a clothesline!
- By optimizing garment care and use, you can actively help to reduce your carbon footprint.

Look for companies that focus on sustainability even in their supply chain. Here are some examples:

- Outerknown.com the first brand founded on a total commitment to sustainability. Their hallmarks are purposeful design, responsible sourcing, Fair Labor practices. Their S.E.A. jeans are guaranteed for life
- <u>Patagonia.com</u> outdoor clothing makes functional, durable and repairable clothing. Its
  website includes "worn wear." Make a bit of cash by trading your gear in to live again.
- HappyEarthApparel.com uses organic cotton and recycled fibers and no-plastic packaging
- Organicbasics.com
- Mate <u>Matethelabel.com</u> organic essentials; uses only organic and non-toxic material.
- Pact Apparel (wearpact.com) garments only use organic cotton

#### Earth-friendly certifications to look for:

- GOTS Global Organic Textile Standard at least 70% certified organic fibers
- Fair Trade Certified clothes have been produced meeting strict economic, environmental & social standards, including working conditions, funding for community development, etc.
- Standard 100 by OEKO-TEX certified harmless for human health
- Bluesign made by using resources responsibly, with sustainable chemistry, creating minimal
  impact on people & environment.

HAPPY HUNTING!

#### **Green Tip SWPA Synod Green Team**

Do you tend to purchase more than you need or sometimes make impulse purchases? Then you find that you need to dispose of those unneeded or unwanted items?

When you need to return an item of clothing you bought online, do you imagine it is handled with care and eventually sold to someone else? <u>Unfortunately, much of what is sent back gets sent to landfills.</u> Before you buy, take your measurements, use the size charts, and rely on customer reviews. **Before you return anything**, check with friends, perhaps they would add the piece to their wardrobe.

According to one source, 146 million tons of solid waste goes to landfills in the U.S. every year. Located in "someone else's backyard," landfills are notorious for environmental injustice and for methane, which contributes to global warming.

Please try to donate, rehome, or recycle instead of trashing.

#### **Sharing from Bishop Lozano and the NWPA Synod office:**

Please note I will be traveling to the Holy Land from January 17 to February 11 with a brief return to the States between the two trips. The Holy Land is seven (7) hours ahead of us timewise. If you send me an email or text I many not respond immediately. While I am out of the country, Rev. Jake Jacobson, Assistant to the Bishop and Director of Evangelical Mission will be on call for pastoral and congregational *emergencies*. His cell number is 814.229.0999.

Please follow our synod on Facebook. I will be sending pictures and commentary while in the Holy Land.

#### For all those Thrivent members and those who are considering...

#### **How to Direct Choice Dollars**

- 1. Visit Thrivent.com/thriventchoice
- 2. In the "Get Started" section on the right, click Direct Thrivent Choice Dollars
- 3. Log in by entering your user ID and password (If you haven't yet registered on Thrivent.com, click "Register for account access".)
- 4. Choose the organization to which you want to direct Choice Dollars (maybe Immanuel?)
  - A. To direct to a previous organization, click "Direct Now" next to the name
  - B. To direct to a new organization, enter keywords (name or zip) and click "Search".
- 5. Choose Direct All or enter a specific number and click "Direct Now". Follow the prompts on the confirmation page.

#### By phone

- 1. Call 800-847-4836 and when prompted, say "Thrivent Choice".
- 2. Press 1 to direct Choice Dollars
- 3. A representative will work with you to direct your Choice Dollars

#### **Sharing Erie Conference Events from our local Lutheran churches**

<u>Erie Conference representatives:</u> Anita Byrne & Pastor Karen Kostur

### Abiding Hope Lutheran Church presents



Brown Bag Lunch at 12 Noon – Speaker 12:30 to 1:30

Speaker Series

An eclectic speaker's series devoted to the idea that listening to talented people sharing their passions, hobbies, career histories etc., can be a refreshing alternative to the shrillness that pervades today's public discourse.

Bring a sandwich, have a cup of good Lutheran coffee, [we'll provide the cookies].

Hear from a wide range of folks with a story to tell and the willingness to tell it.



JAN 11 12:00

"Lower Parade Street – Erie's Ellis Island"



WEDNESDAY FEB 8 12:00

Virginia Stanton presents "Erie Chapter – National Button Society"



This talk is not serious history but rather a casual stroll through an important, but often overlooked, part of our city.

It is based on the premise that the area around lower Parade Street has historically been the Ellis Island of Erie and Erie County. It shows the neighborhood during several waves of immigration and assimilation. And curiously, it continues to fulfill that role to this day.

If you like Antiques Roadshow you'll love this talk. Their mission: "To promote educational exhibits, encourage research, publish and disseminate information, and preserve for future generations all that is beautiful and historic in buttons."



2402 W Grandview Blvd ~ Erie PA ~ 814.868.8685 ~ www.abidinghopeerie.org

#### **FEBRUARY**







## JOIN US TO CELEBRATE EPIPHANY AND TRAVEL WITH US INTO LENT AND TO THE CROSS....

| Sunday                                                                                         | Monday                                                        | Tuesday                           | Wednesday                                                                                                   | Thursday               | Friday                  | Saturday |
|------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------|-------------------------|----------|
|                                                                                                |                                                               |                                   | 1<br>TOPS 9:00 A.M.<br>AA MTG 7:30 P.M.                                                                     | 2<br>CHOIR 7:15<br>PM  | <b>3</b><br>AA 7:30 PM  | 4        |
| 5<br>9:30 Worship<br>10:30 Sunday School<br>& Confirmation class                               | 6<br>QUILTERS<br>9:30 A.M.<br>FLAGSHIP<br>CITY CHORUS<br>7 PM | <b>7</b><br>AA 7:30 PM            | 8<br>W&M<br>COMM.MTG.<br>6:30 P.M.<br>TOPS 9:00 A.M.<br>AA MTG 7:30 P.M.                                    | 9<br>CHOIR<br>7:15 PM  | 10<br>AA 7:30 PM        | 11       |
| 9:30 Worship 10:30 Sunday School COUNCIL MTG. SOUP COOK OFF & SOUPER BOWL OF CARING COLLECTION | QUILTERS 9:30 A.M  FLAGSHIP CITY CHORUS 7 PM                  | AA 7:30 PM  HAPPY VALENTINE'S DAY | TOPS 9:00 A.M.  AA MTG 7:30 P.M.  March Newsletter Deadline                                                 | 16<br>CHOIR<br>7:15 PM | 17<br>AA 7:30 PM        | 18       |
| 19 TRANSFIGURATION  9:30 Worship  10:30 Sunday School & Confirmation class                     | QUILTERS<br>9:30 A.M<br>FLAGSHIP<br>CITY CHORUS<br>7 PM       | PROP. COMM.<br>MTG.<br>AA 7:30 PM | ASH WEDNESDAY 12PM SPOKEN SERVICE 6 PM LENTEN BOOK STUDY AND 7 P.M. WORSHIP TOPS 9:00 A.M. AA MTG 7:30 P.M. | 23                     | <b>24</b><br>AA 7:30 PM | 25       |
| 9:30 Worship<br>10:30 Sunday School                                                            | 27<br>QUILTERS<br>9:30 A.M<br>FLAGSHIP<br>CITY CHORUS<br>7 PM | 28<br>AA 7:30 PM                  |                                                                                                             |                        |                         |          |



#### **Immanuel Hour**

Church Office – 814-833-4062 Hours: M-Th. 8:30am-12:30pm immluthch@verizon.net

#### **Staff**

Pastor Karen Kostur 814-833-4062 or Emergency #: 724-557-2386 Pastor's Office Hours – Tues &

Thurs.9:30am-2:00pm

Church Caretaker: Wally Coughlin Organist/Music Director: Bryan

Timm

Admin. Ofc.: Lori Swanson

Nemenz

**Sunday School** 

Coord: Anita Byrne & Janice

Kreger

Teachers: Pastor Kostur

### Congregation & Church Council Officers

Pres:Debbie Redditt 814-449-1855 VP:Bob Dorler 814-833-2719 Sec.:D. Madurski 814-774-3590 Fin. Sec.:C.Geddes 814-734-1286

Treasurer: Bill Redditt

**Additional Council Members** 

Cindy Eckman, George Pfeiffer, Sally Leubin, Cindy Geddes, Mary Hauser

> <u>Erie Conference</u> <u>representatives:</u>

Anita Byrne & Pastor Karen Kostur

#### **Church Council Committees**

We invite all members of Immanuel to join any of these committees and/or offer your gifts where you can – many hands make light work!!

Council usually meets the 2<sup>nd</sup> Sunday of the month

#### **Christian Education**

Council liaison: Mary Hauser

### SUNDAY SCHOOL OFFERED EVERY SUNDAY 10:30 A.M. CONFIRMATION 1<sup>ST</sup> & 3<sup>RD</sup> SUNDAY

#### **Communications**

Council liaison: D.Redditt Committee Chair: vacant

Check out our website and "FRIEND" us on <u>Facebook</u>
Did you miss church? Need to keep updated and want easy access to the
church calendar, newsletter or annual report?

Check out our website <a href="http://www.ilc-erie.org/">http://www.ilc-erie.org/</a>

WATCH FOR US ON FACEBOOK, GOERIE.COM, ERIE NEWS NOW AND IN PRINT IN THE ERIE TIMES NEWS

#### Fellowship, Outreach & Growth

Council liaisons: Sally Leubin & Cindy Eckman
COFFEE HOUR 1<sup>ST</sup> SUNDAY OF THE MONTH
ONGOING COLLECTION FOR LITTLE FREE PANTRY
SOUP COOK OFF – FEB. 12TH

#### **Finance**

Council liaison: George Pfeiffer **ANNUAL AUDIT** 

#### **Property**

Council liaison: Bob Dorler Committee Chair: Stan Holsopple
FACILITY MAINTENANCE – STAIR CLIMBER CHAIR BROKEN,
OUTSIDE OUTLETS INOPERABLE, RENTAL PROPERTY MAINTENANCE
– BATHROOM UPDATE POWELL AVE.
ONGOING BOILER CAPITAL CAMPAIGN

#### **Stewardship**

Council liaison: Cindy Geddes
THRIVENT CHOICE CONSIDERATIONS

#### **Social Ministry Committee**

Council liaison: Debbie Madurski – Committee chair: Debbie Madurski **SOUPER BOWL OF CARING COLLECTION – FEB. 12TH** 

#### **Worship & Music**

Council liaison: Debbie Redditt Chair: Sue Pfeiffer W&M COMMITTEE MTG: FEB. 8TH 6:30 PM DRIVE-IN AND INDOOR WORSHIP SERVICES 9:30 A.M. ASH WED. NOONTIME AND 7 P.M. WORSHIP LENT SERVICES 7 P.M. WEDNESDAY