

Performing Provider: Rio Grande Regional Hospital (112716902)  
IGT Entity: Hidalgo County (LPPF) (139350611)

### DY 7-8 DSRIP Proposal Form

**Performing Provider Name:** Rio Grande Regional Hospital (RGRH)

**IGT Entity Supporting Requested Funds:** Hidalgo County (LPPF)

**Estimated Valuation by Waiver Year:**

DY 7 (2017-2018)	Amount: \$2,000,000	IGT: \$ 863,000
DY 8 (2018-2019)	Amount: \$2,000,000	IGT: \$ 863,000
<u>TOTAL REQUEST:</u>	<u>Amount: \$4,000,000</u>	<u>IGT: \$ 1,726,000</u>

**Proposed System Definition:**

Rio Grande Regional Hospital has been providing quality care to the citizens of the Rio Grande Valley for over 30 years. Our 320-bed facility boasts a team of more than 500 physicians representing over 35 specialties, a 24-hour emergency room, a Level III Trauma Center, comprehensive cardiovascular care, a College of American Pathologist Lab, a 30-bed Neonatal Intensive Care Unit (NICU), and an American Diabetes Association Accredited Diabetes Management Center. Our dedication to providing top-notch care led us to submit DSRIP programs designed to contain the cost of healthcare, improve population health, and improve the experience of care RGRH will include all required provider system elements.

**Counties Served by Provider:** Lower Rio Grande Valley- Hidalgo, Cameron, Starr, Willacy

**Medicaid and Low Income or Uninsured Patient Population by Provider (PPP) Estimate:** 71% of Rio's ED patients are classified as Medicaid, Low Income, and Uninsured.

**Identified Community Needs to be addressed with Requested Funds:**

Emergency Department Utilization, Health Education and Patient Centered Care

- CN.1 Shortage of primary and specialty care providers and inadequate access to primary or preventive care
- CN.3 Inadequate integration of care for individuals with co-occurring medical and mental illness or multiple chronic conditions
- CN.4 Lack of Patient- Centered Care

**Outcome Measure(s) Expected to Address Identified Community Needs:**

RGRH believes Patient Navigation and ED Diversion and the Hospital Safety bundles are appropriate measure bundles for our proposed activities within the lower Rio Grande Valley.

With an increase not only in trauma volume, but also with increases in patient acuity and complexity, it will be vital to continue our focus on hospital safety to reduce the likelihood of HAIs, HACs, SSIs, CLABSI, CAUTI, and Sepsis. As we focus on the hospital safety measure bundle along with our internal focus on quality we can ensure that when patients take advantage of our enhanced trauma services they will receive high quality care, improve trauma patient outcomes, and reductions in harm, cost and mortality associated while also providing a local resource for trauma services.

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**Anticipated Core Activities Expected to Impact Identified Outcome Measure(s):**

RGRH proposes to expand the capacity of primary care and reduce inappropriate utilization of community ED's through expansion of same day access/urgent care services that offer visits during extended hours to meet demand and provide a more convenient and appropriate care-setting for non-emergent visits. The clinic service expansion will work cohesively with our current primary care and OB/GYN clinics and our ED Transitions project to further reduce the number of non-emergent ED visits, reduce LOS and the cost associated with these patients, but also as a means to then connect patients directly to a medical home within our system or the community to monitor and manage chronic conditions that would be better served in a primary care setting, particularly diabetes.

Additionally, this proposal highlights Rio Grande Regional Hospital's request for additional funding to (1) enhance specialty trauma care services in Hidalgo, Cameron, Starr and Willacy counties through the development of a Level II Trauma Center and (2) to reduce the number of patients transferred, most often, to San Antonio as there are currently no Level II Trauma centers in the area.

This project meets the regional goals related to expanding the availability of and access to timely, high quality primary, specialty and behavioral health care for residents, including those with multiple needs. This request meets regional goals of reducing costs by minimizing inappropriate utilization of services. Trauma services are not considered inappropriate utilization given the acute and emergent nature of the services. However, this project will help meet the goals of reduced costs associated with care in the region by allowing for availability and utilization of trauma services locally; thereby, in some cases preventing and/or reducing the additional expense associated with out of region transport and care.

**Sustainability Efforts:**

Medicaid, Low Income, and Uninsured patients comprise the vast majority of the patients seen in RGRH's ED. By utilizing our newest proposal for funding in collaboration with our current DSRIP projects focused on ED Care Transitions and primary care we believe that we will be able to reduce inappropriate ED utilization and cost, provide patients with more convenient care setting, improve quality and produce additional revenue through partnerships with MCO's. While cost savings will allow us to more effectively, manage uninsured patients. As Trauma services are enhanced and additionally low acuity ED patients are transitioned to a more appropriate outpatient setting for management and care coordination, there are also opportunities for revenue that could help sustain these programs collectively.