

The Oates Group, PLLC
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Adult ADHD Assessment Contract

The assessment of ADHD in adults requires components of clinical interviewing and psychoeducational testing to confirm DSM-5 diagnostic criteria for ADHD, rule out other possible causes for the symptoms, and to clarify diagnosis for subsequent treatment, if needed. The process requires three, one-hour sessions, usually distributed across a period of three weeks to allow me to score the assessment protocols and prepare the final report which is typically sent to your prescribing physician. The components of the process include a clinical interview during the first session and the distribution of behavioral checklists that should be completed prior to the second session. The second session will provide an overview of the data gleaned from the behavioral checklists and include some cognitive testing. The cognitive testing will assess some of the constructs of cognitive functioning that are correlated with ADHD diagnoses such as cognitive flexibility, active working memory, executive functioning and processing speed. At the conclusion of the second session, two documents, including: 1. Developmental history covering gestational, delivery and temperamental risk factors for ADHD and 2. A translation of ADHD criteria from the DSM-5 (Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition) into adult behaviors, will be distributed to be completed prior to the third session. Clients are encouraged to consult with their mother/father or possibly, older siblings, about their developmental history to gather this information. Any report cards from school prior to age 12 years would also be helpful. The third session will include responding to a computerized continuous performance test (Test of Variables of Attention – Visual) and summarizing/clarifying diagnostically critical information compiled over the previous two sessions.

The cost of the assessment is equivalent to four hours of work billed at \$140 per hour or \$560 total cost; each of the sessions last about one hour and the report for your physician requires about one hour. If you elect to use insurance, it will be billed as an initial evaluation plus two psychotherapy sessions and a single hour for report writing. You may pay for the services provided at the conclusion of each session.

My signature attests to the fact that I understand the aforementioned information as it applies to the ADHD assessment process for adults.

Signature _____ Date _____