FEBRUARY 2020 NEWSLETTER 614-837-3020

CENTER DIRECTOR: NANCY LEE

OFFICE SPECIALIST:

DEANA DILLON and JAMIE NEUTZLING
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HOURS: MON-THURS 8:30AM-4:30PM
FRI-8:30AM-2:30PM

WEB PAGE: http://pickerington senior center.org

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A NOTE FROM NANCY MEMBERSHIP DUES \$12.50

If you have a red check mark on your newsletter label it's a reminder that your dues are not paid.

If you have a change of address or phone number, be sure and let us know. Members that joined after October 1st and paid \$6.25 for the remainder of the year, your dues of \$12.50 are due now. If paying by mail send a self addressed stamped envelope and we will mail your card to you. If you were 90 before January 1st, 2020 your membership is free. If you are a snowbird and would like your newsletter forwarded, just give us your address and we will forward it, tell us when you return.



NEW MEMBERS

We welcome the following new members to the senior center and hope they join us for some of our activities: Joe & Julie Blair, Larry & Susan Couden, Mike Crawford, Jerry Dirksen, Marge Harris, Gary & Patti Kincade, Marie Knapp, Timothy & Patricia Krauss, Laura McClary, Paulette Payne, Kim Poff, Cookie Stanski, Rick & Bonnie Rosemeier, Everett & Teresa Pitts, Joseph Schlaerth, Robert & Barbara Smith, Lori Wagner, Doug & Lou Ann Wise.

THURSDAY, FEBRUARY 6TH AT 11:30AM SOUP FOR THE SOUL

The Healthcare Professionals of Pickerington will be bringing crock pots of soup, salad, bread and desserts for your lunch. You need to sign up before January 31, so they know how many will be attending.

<u>COFFEE CLUB</u> <u>FRIDAY, FEBRUARY 7TH AT 9:30AM</u>

Join Mike Mitchell's Coffee Club for an informal gathering where he will discuss the economy, the financial markets, interest rates and other relevant investment topics. Be a part of the next discussion.

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INCOME TAX FEBRUARY 6- APRIL 9TH

AARP free tax preparation is starting on Thursday, February 6th thru Thursday, April 9th.
Appointments times are 9:00am, 10:00am, 11:00am and 12:00noon. This is for seniors or lower income people. Call the senior center at 614-837-3020 to schedule your appointment. You will need to bring with you last year's tax papers, W-2's, 1099's for interest, dividends, and retirements, ID, and social security number for everyone listed on the tax form, medical expenses including mileage to and from appointments; information if you plan to itemize. Please schedule your appointment in late March if you know your tax paperwork does not arrive early.

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THANK YOU - CAPITAL CITICOM

The Board of Trustees, Center Director and all the members of the senior center would like to thank Kevin Oakes and his staff for the February newsletter. Every February they print the newsletter for free to honor the memory of Ed Haaf. The center will always remember all Ed did to make the senior center a reality. Ed is our founding father!! Thanks again Kevin for the month of February and also for always getting the newsletter ready for us in a timely manner.

NEW BOARD MEMBERS

At the December luncheon Jeannie Carroll, Larry Frazee and Ann Harper were elected to serve on the Board of Trustees for the next three years.

BOARD MEMBERS

At the January Board meeting officers were elected for the year 2020. They are President: Linwood Connell; Vice President, Doug Hoek; Secretary, Jimmy Moore; Treasurer, Larry Frazee; Planning & Activities, Annabelle Marion; Building & Grounds Bill Yaple and Kitchen; Jeannie Carroll and Ann Harper.

FREE – MEMBERSHIP APPRECIATION LUNCHEON THURSDAY, FEBRUARY 13, 1:00-3:00 PM ENTERTAINMENT: ERIC SOLOMON

The center will be having another membership appreciation luncheon. We will be serving Spaghetti & Meatballs, provided by Pizza Cottage. This luncheon is for members only. And provided Dues are paid for 2020. No guest may attend, and you must sign up. Remember it's free!! No reservations taken after cut- off date of Monday, February 10th. If you have any questions please call the center office. If you picked up a ticket and later find that you can't attend please return it to us or give us a call, we have to pay for each member that attends the luncheon.



VALENTINE'S LUNCHEON TUESDAY, FEBRUARY 18TH

The luncheon starts at noon. Please bring the following: A-G vegetable, H-M a salad, N-S a dessert, and T-Z a meat. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. Entertainment, Michael Rose will entertain us. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon.

VOLUNTEER OF THE MONTH

We would like to honor Becky Ashcroft as volunteer for the month of February. Becky has been an office volunteer every Tuesday morning for past 10+ years. She is the one that is responsible for keeping the library in good order. Becky also helps with pancake breakfast, and the monthly luncheon, she delivers meals to the shut in members and is always willing to help out when needed. Becky will receive a \$15.00 gift card. Enjoy your reserved parking space for the month of February. Thanks again for all you do at the senior center.



SCHOOL LUNCHEON WEDNESDAY, JANUARY 29TH

The senior luncheon is scheduled at Lakeview Jr. High at 11:00am. The Student Council will pay for your lunch. Please call the center to sign up if you plan on attending the luncheon. The students enjoy visiting with the seniors and would really love to see more seniors come to the luncheon.

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EVERYDAY DIVINITY THURSDAY, FEBRUARY 20TH

Provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$35.00. It includes a 30 minute treatment, complete foot assessment, expertly trimmed, thinned and files nails. Corns & calluses are filed and buffed smooth. Tools are sterilized for each patient. Call the center at 614-837-3020 to sign up.

PANCAKE BREAKFAST SATURDAY, FEBRUARY 22ND

Let us do the serving and clean up. Enjoy some hot pancakes (all you can eat), sausage, orange juice, milk, coffee and tea. We will be serving from 8:00-11:00 a.m. The cost is still only \$4.00 for adults, and \$2.50 for children 5-10, 5 under is free.

BINGO TUESDAY, FEBRUARY 25TH

On the fourth Tuesday of every month they play Bingo!! At noon they have a potluck. Bingo starts at 1:00p.m.

EUCHRE

Come in any Wednesday at 12:45 p.m. and join the many Euchre players. The cost is only \$2.25 and it includes the loner pot.

THE FOLLOWING THREE ACTIVITIES ARE FREE TO MEMBERS

WATERCOLOR CLASS

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent needed, just the desire to express yourself with "Paints and Brushes."

STRENGTH CLASS

Join the strength class every Monday and Wednesday from 10:00-11:00am. The class focuses on building upper and lower body strength, a good stretch and improving your balance.

FITNESS FOR A PURPOSE

Join Michelle every Friday for Vintage Fitness exercise starting at 9:00a.m. Registration, sign up at 8:30a.m. It is a 45 minute class. It's a total workout. Come see the power you've got and make great things happen for your health and wellbeing. We have plenty of room for you to move and groove to great music. Michelle will guide you through a safe and effective workout.

<u>NEW</u> <u>JEWELRY MAKING CLASS</u> <u>WEDNESDAY, FEBRUARY 5TH & 26TH</u>

Explore your artistic side. Join in on the fun of making Jewelry. This is a new class just starting on the 1st & 4th Wednesday of the month from 1:00-3:00pm. No experience needed all levels of experience welcome. No supplies needed at this time. Call Kim Roumeliote, 614-302-7350 with any questions you may have.

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BLANKETS FOR THE HOMELESS

Seton Homeless Comfort Crew is still collecting old bedding, curtains, material etc. to make sleeping bags for the homeless. When the product is finished Holy Family Soup Kitchen will distribute them to the homeless. If you have any questions about this, call Elaine Fairchild at 614-864-2637.

WINTER WEATHER

Please keep in mind when the weather is bad and school is canceled the center will be open. The only way we would be closed if the roads are not safe to drive on. If in doubt call the center to make sure we are open.

FEBRUARY 7TH NATIONAL WEAR RED DAY

The American Heart Association encourages people to wear red today to show support for women who have been affected by cardiovascular disease.



RANDOM ACTS OF KINDNESS WEEK

February 16-23

HONOR FLIGHT?

Honor Flight Columbus is currently seeking Veterans from World War II, the Korean War, Vietnam War and terminally ill Veterans from all wars. They will fly you to Washington, D.C, <u>at no cost to you</u> so you can visit your Memorial and all the Memorials as a **Thank You** for your service to our country. Flights fill up fast so if you are interested call and get on the schedule. For more information on these flights call 614-284-4987 or visit the web site at www.honorflightcolumbus.org. The schedule for 2020 will be in the newsletter as soon as it becomes available.

FRIENDSHIP Creative Arts Poetry Group

A person who is alone is very lonely.
You don't live in a world by yourself.
You can't be isolated; you need somebody.
You don't have to agree with your friends.
There's a song, People Need People;
being alone is just not a good way to be.
When you can share with someone the good and the bad times, you're the happiest people In the world-it makes the bad better.

A friend is...loyalty
A friend in need is a friend indeed.
A friend is....having connection with another person, tenderness, and a loving embrace,
Everybody needs a friend.



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TRIPS



TWO NEW TRIPS

SNOOTY FOX WEDNESDAY, MARCH 11TH

"An Upscale Thrift Store Shopping Adventure"
Join us once again as we venture to the Cincinnati area for a shopping adventure full of great deals!
You will visit several upscale clothing and furniture thrift shops and enjoy beverages, Danish, snacks, lunch, dessert and wine tasting along the way.
They have different items at each stop but beverages at all of them. You also receive a 15% discount on your purchases and maybe even 20% some places. Cash and major credit cards are accepted, no checks! This trip is always a blast.
Sign up starts on Monday, February 3rd. The cost is \$41.00 due on sign up and includes all of the above along with transportation.

IRISH SPLENDOR OCTOBER 14 – 21, 2020

We will have a presentation for this trip on Tuesday, February 11th at 10:00a.m.

A few highlights: Dublin, Christ Church Cathedral, Blarney Castle, Killarney, Dingle Peninsula, Farm Visit, Cliff of Moher, Whiskey Distillery, Cabra Castle. Cost for early signup: Double \$2,999.00, Single \$3,399.00 and triple \$2,969.00. After April 15, the price goes up \$150.00 per person. Included in Price: Round Trip Air from Columbus Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers. Not included in price: Cancellation Waiver and Insurance of \$315.00 per person.

DISCOVER CANYON COUNTRY MAY 22 – 29, 2020

Highlights: Scottsdale, Oak Creek Canyon, Kaibab National Forest, Grand Canyon, Lake Powell. Choices on Tour, Bryce National Park, Zion National Park, Las Vegas. Enjoy time in magical Sedona and scenic drive thru Oak Creek Canyon, Climb aboard Zion's open-air tram with an expert guide. Experience an invigorating breakfast cruise along lovely Lake Powell. Behold the breathtaking view of the vast Grand Canyon. Explore the most amazing spires of Bryce Canyon National Park and marvel the red and white sandstone cliffs of Zion national Park. Includes 8 days, 10 Meals; 6 Breakfasts, 4 Dinners. The cost is Double 3,119.00, Single 4, 019.00 and Triple 3,069.00. Cancellation Insurance \$275.00 per person. Stop by the Senior Center for a full brochure on this great trip.

IMPORTANT INFORMATION

When a trip is in the newsletter and a deposit or payment is due on sign up, you have to come in to sign up. If payment is due at a later date you can call us to sign up. If you are considering signing up for a trip don't delay. We travel with Groveport and Canal Winchester Senior Centers and after a reasonable amount of time lapses after a trip is advertised, each center releases any open spaces they may have to the centers that may have a waiting list so we can get the trips filled. Also, remember to take out the trip cancellation insurance on all extended day trips so if you should have to cancel, you can get some or even all of your money refunded.

We are working on several new trips for 2020. To include day trips, overnight trips and six-seven day trips.

Each moth they will be posted in the newsletter.

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FROM DEANA

A VERY HAPPY BIRTHDAY IS OUR WISH FOR YOU, TAKE TIME TO CELEBRATE...YOU DESERVE IT!

(1) Charlotte Akers, Diane LaPlante (2) Sue Deibert, Ellen Emmert, (3) Dorothy Hughett, James McIntire, Karen Richards, Sue Santo (4) Faye Beckett, Flor LaFever, Betty Luzader, Marilyn Lynd (5)Helene Kelleher (6) Patricia Nagle (8) Dave McEvoy, Ruth Skarsten (9) Gloria Achtermann, Jerry Pletcher, Gilbert Zalewski (10)Carol Gibson, Ernest Osborne (11) Cristina Cubra, Larry Compton, Mary Mathias, Anna Runyan (12) Penny Ekegren, Bob Fridd (13)Pat McNicol (14)Beverly Bechtel, Yvonne Johnson, Betty McCoy, Susan Osborne, Donna Robare (15) Nancy Boesch, Nannette Sorenson, Evie Strawn (16) Marvine Weaver (17) Claudia Sloan, Alice Tuvelle, Wanda Winters (18)Linda Meisner (19) Paul Colflesh, Brenda Layman, Susan Lobdell (20) Greg Calhoun, Shirley Farmer, Mike Kiger, Georgia Peraza (21)Kathleen Barrett, Jan Del Col (22)Edgar Boggs, Pam Coate, Mercedes DiCamillo, Lucille Heintz, Judy Ortman (23)Rick Crago, Joan Taynor, Evelyn Schick (24) Howard Daugherty, Sue Evans, Tom Greiner, Hazel Kellett (25) Rebecca Carter, Julie Ganley, Martha Niceswanger, Charles Schneider (26) Vicki Chinnock, Virginia Holdbrook, Rosanne Ratliff (27)Frank Berry, William Dunnette, Kathy Schalk (28) Donna Castle, Greg Karoly, Darlene Yarmesch (29) Maggie Dunham

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Lisa Stoklosa, Owner



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MEMBERS IN SORROW

Larry- Shirley Jacobs Companion Ester Goldsberry Joe Rank- Monica Zalewski's brother

MEMBERS KNOWN ILL:

Anne Flowers- Eye Surgery
Nancy Jolley- Breast Cancer
Tom Jones- Blood Clots in lungs & legs
Glen Thompson-Fell, home doing better
Rich Houser- Back Surgery
Chuck Dillon-(Nancy Lee's Son, Deana's brother)
Pneumonia, on life support
Kevin Legan- Favonia Marquart's son in law

UPCOMING EVENTS:

I have been thinking on trying something new this spring in place of the Luau and would love some input from all of you. A couple things I have in mind are a sock hop or a beach themed party including a volleyball game using a beach ball. I am open to all suggestions so feel free to stop in the office with your feedback. ©

VALENTINE'S DAY:

Valentine's Day is a sweet one. Giving out cards and receiving them is so fun!

Flowers and hearts are the decorations,
A day to show you care is reason for celebration!

Chocolate and candy are sweet presents too, I love Valentine's Day, how about you?



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