



OakPark Preschool February Newsletter 2019

February is the month so much emphasis is placed on being loved. We have decided to skip the Valentine's theme and simply focus on kindness and caring in our lessons this month to make it more meaningful to the children. Of course, the children will see heart shapes in their art activities and books which will be a great lead in to teaching about kindness. On the back of this letter is a flyer of *100 Acts of Kindness for Kids*. Children learn best by example, especially from their family members. Pick out a few of the kindness acts with your child. Talk about how the act might make someone feel. Once you've completed the act, talk with your child about how it made them feel. Hopefully they will be able to make the connection between being kind and feeling good about themselves. I especially like #11,29,43,53,61 and 64. Please share your kindness experiences with your child's teacher when you complete an act of kindness.

February Book List

I Love You Because You're You by *Liz Baker*

The Big Book Of Love by *Trace Moroney*

Whoever You Are by *Mem Fox*

Daddy Cuddles by *Anne Gutman*

If Kisses Were Colors by *Janet Lawler*

I Love My Mommy Because by *Laurel Porter-Gaylord*

Wherever You Are My Love Will Find You by *Nancy Tillman*

Ten Little Finger and Ten Little Toes by *Mem Fox*

Kindness Books

Listen With My Heart by *Gabi Garcia*

The Golden Rule by *Ilene Cooper*

Have You Filled a Bucket Today? By *Carol McCloud*

Mouse and Lion by *Rand & Nancy Burkert Nancy*

Last Stop On Market Street by *Matt De La Pena*

Each Kindness by *Jacqueline Woodson*

We All Sing With The Same Voice by *J Philip Miller & Sheppard M Greene*

The Kind Unicorn by 9-year-old *Kate Officer*

The Three Questions by *Jon J Muth*

Dates to Note: 2/5 & 19 Stretch-n-Grow, 2/19 Bookmobile

2/15 & 18 Perry Schools closed, School age class open