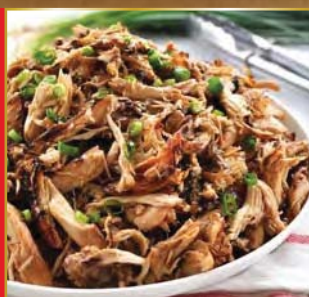


# GREEN DRAGON CHICKEN SHREDS

Product Code #26100 Commercial / Commodity



FULLY COOKED

## PUT SMILES ON PATRONS' FACES WITH GREEN DRAGON SEASONED SHREDDED CHICKEN

When it comes to versatility our Fully Cooked Shredded Chicken blend into a perfect ethnic-inspired dish, make savory sandwiches, and shine in salads or soups. Start with Green Dragon for fantastic finishes.





# GREEN DRAGON SHREDDED CHICKEN

Product Code #26100 Commercial / Commodity

- Great for speed scratch dishes
- Fully cooked
- Lightly seasoned
- Versatile ingredient for many menu items



## COOKING INSTRUCTIONS

1. Begin by tempering product until thawed
2. Once thawed pre heat oven to 350 degrees for Convection ovens or 375 degrees for conventional ovens
3. Break up meat evenly into a deep pan and cover with foil
4. Cook, covered for 15 to 20 minutes or until meat has reached internal temperature of 165 degrees

Tip – If you find the product finishing slightly dry, add 1 cup of water to every 5 lb. package of meat, then cover and heat to desired temperature.

GET COOKING  
TODAY!  
CALL US AT  
1.888.499.6888

info@asianfoodsolutions.com

## NUTRITION FACTS

Fully Cooked Shredded Chicken  
Serving Size 1 portion (85.00g/3oz.)

Amount Per Serving	
Calories 100	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 75mg	25%
Sodium 380mg	16%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 19g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
Riboflavin 8%	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less Than 65g	80g
Saturated Fat	Less Than 20g	25g
Cholesterol	Less Than 300mg	300mg
Sodium	Less Than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Total Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

## INGREDIENTS

Chicken breast with rib meat and chicken dark meat, salt, sodium phosphate, natural flavoring.

## CN EQUIVALENCY

3.00 oz of Fully Cooked Shredded Chicken provides 2.00 oz equivalent meat/meat alternate for the Child Nutrition Meal Pattern Requirements.

## PRODUCT INFORMATION

Fully Cooked Shredded Chicken  
Product Code #26100 -  
Commercial/Commodity

## PACKAGING INFORMATION

Serving Size: 3.0 oz  
Portions per Case: 171  
Bags per Case: 4 bags of 8.02 lb  
Case Weight: 32.08 lb (Net Weight)  
34.08 lb (Gross Weight)  
Case Dimensions: L 20.75" x W 14.75" x H 4"  
Case Cube: 0.74 cuft  
Pallet Pattern: 10 Ti x 5 Hi  
Shelf Life: 365 days at 0°F ± -10° F