

January 2021/February 2021

At a glance

Full descriptions of activities in bulletin.

All worship and programming is online



ANNOUNCEMENTS

January 31, 2021

306-761-0556 eastsideunited@sasktel.net
Like us on facebook (Eastside United Church)
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www.eastsideunited.ca



*W*elcome to Eastside United. May our opportunities

of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Hazel Arbon
Pianist: Michelle Dickie
Tech Support: Amanda Benesh
Attendance/Responses: Jayne Krueger
Congregational Care Greeter: Linda Fowler
Prayers of the People: Ken Powers

Last week's attendance: 46 Offering: \$7120 Weekly budget: \$3167
(not incl. PAR) Jan 1-15

Worship will be happening online via Zoom [HERE](#). You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom.

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email Harvey at eastsideunited@sasktel.net.

- **Harvey's Hours:** Tuesday, Wednesday, Thursdays.
- **Russell's Hours:** Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: russell.eastside@gmail.com.
- **Zoom Drop-in Office Hours** Wednesdays from 2 – 4:30
- Russell will be taking a **Study Week** for Continuing Education Jan 26-31 and **Vacation** from last year Feb 1-7.

Scripture Readings: Mark 1: 21-28

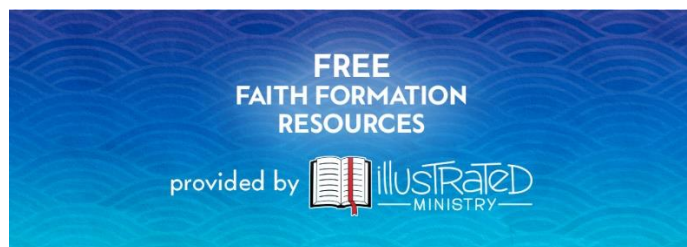
Songs –

Hope Shines as a Solitary Star MV #220
I Am the Light of the World
Love is the Touch MV #89
I Am a Child of God MV #157
When Pain of the World VU #598
Grateful MV #182
God be With You VU #422
Sent Out in Jesus' Name MV #212

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
31 Online Worship 11:15 Russell Off	1	2	3	4 Craft/Study 1:30pm	5	6
Russell Vacation						
7 Online Worship 11:15 Communion Russell Off Drew Brown	8	9 Gratitude Team 10:30am Prayer Service 12pm Courageous Faith 7pm	10 Prayer Service 8:30am Worship Feedback Team 12pm Zoom office Hrs 2-4:30	11 Craft/Study 1:30pm Prayer Service 4pm	12	13
14 Online Worship 11:15 Open Hearts Jar Agbor Ndomo	15	16 Prayer Service 12pm Shorve Tuesday Community Dinner 5pm Courageous Faith 7pm	17 ASH WEDNESDA Y Prayer Service 8:30am Zoom office Hrs 2-4:30	18 Craft/Study 1:30pm Prayer Service 4pm	19	20
21 Lent I Online Worship 11:15	22	23 Prayer Service 12pm Courageous Faith 7pm	24 Prayer Service 8:30am Zoom office Hrs 2-4:30	25 Craft/Study 1:30pm Prayer Service 4pm Faith Formation 6:30pm	26 Film & Faith	27

We still need your support as our ministry continues! Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at:
Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1
Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

In-Person Worship: Consistent with the recommendations of the Living Skies Regional Council and the United Church of Canada, we will reopen our physical space and resume traditional services when we can be confident that we can do so in a manner that is meaningful for our community and is safe for every member of our congregation. We will continue to keep you informed as our plans unfold. The Leadership Team has established a “Return to Worship Task Group” to discuss the protocols and possibilities for gathering in-person. If you are interested, or have feedback, please let [Sarah Tkachuk](#) know. We will review again in January.



- [Colouring Page and discussion guide](#) for the fourth Sunday after Epiphany

Meditation Schedule: The meditation group will continue to meet via Zoom for now on Monday nights. If you have any questions, please contact [Shauna Powers](#). Reminder that the new start time is 7 pm!

Craft/Study: You can find the Zoom link [HERE](#). The link will be sent out in Tuesday's email as well. We will discuss chapter 4 pg 51-61 of *White Fragility*. If you would like to participate and need a book, please let Harvey know. Books are 20\$.

Courageous Faith: There will be another Courageous Faith series on Tuesday nights, starting on January 26th, 2021. That is this coming Tuesday.

How to Build Courageous Faith Communities

Feb 2 Ruben Duran – Director for New Congregational Development for the ELCA (Evangelical Lutheran Church of America)

How to Align The Vision of Courageous Communities

Feb 9 Cynthia Bourgeault

Feb 16 Jonathon Wilson-Hartgrove

Feb 23 Fr Richard Rohr

Mar 2 Jonathon Brooks

Please email Harvey to register. **There is still time to register!**

Membership Transfer: there will be a transfer of membership during our worship service held in March. If you would like to attend or participate, get in touch with [Russell](#).

Volunteers for the ICF: The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help, contact Doug Scheurwater. **We are also looking for those comfortable helping with deliveries.** There will be an indigenous and non-indigenous person helping. They are also looking for volunteers for **cooking on the grill for Saturday morning breakfasts.** Cookie makers are also needed. **Coolers are also needed** for delivering hot meals. Let Russell (or Linda Fowler for cookies) know if you can help.

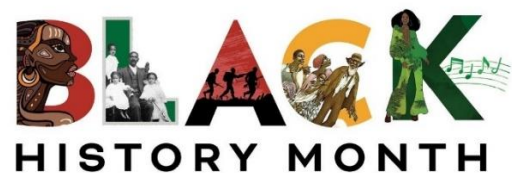
Eastside T-Shirts: If you ordered a t-shirt, please come pick them up! They are ready! They can be picked up on Thursdays between 10 am and 11 am. If you did not order but are interested in purchasing one, email Harvey to see what colour and sizes are available. \$30/each.

Munch Lunch Revised – Donations for **Glen Elm Community School** are continuing now that school has resumed in-person. Drop off donations in the blue bin outside the main office doors, or on Thursdays during 10-11am.

Alex Pelletier's lunch program is suspended until further notice while he recovers from COVID-19. We pray for Alex's swift recovery and thank everyone for their support of his lunch program. We will put out a notice when Alex's program resumes.

We are continuing the A Work of Art, Culture and Its Story during worship! If you have a piece of work or cultural item that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.

February is Black History Month! All through February, we will have speakers and musicians joining us on Sunday to share their stories and experiences **February 7th:** Musician Drew Brown, **February 14th:** Faith Story by Agbor Ndomo, **February 28th:** Spoken Word artist Micah Bournes. Another speaker/musician will be confirmed for February 21st.



Wanted: curious, thoughtful person who would like to know our partners at the Living Spirit Centre better - to sit on LSC Council as one of 3 Eastside reps, along with Russell. There are usually 5 meetings a year, 2 hours in length. Decisions on the LSC are made through discussion and reaching consensus. Meetings this year have been via Zoom. Please talk with current reps Bonnie Yake or Bonny Manz to volunteer/for more information.

The Gratitude Team is looking for new members as well. If you have an interest in inspiring gratitude, generosity, and helping the congregation be good stewards of our resources, let Russell know.

Live-Streaming Volunteer Positions: Eastside United is looking to fill a rotating roster of volunteers to help run live-streaming technology during in-person worship on Sundays once we are able to return to being in-person. This will include: running PowerPoint during worship, hosting and monitoring the stream over Zoom and Facebook Live, as well as operating the remote-controlled web cam. If you have skills in these areas or know someone who does (Young adults in your family?) please email eastsideunited@sasktel.net to volunteer, or for more information.

Cloth Masks: It is important to wear masks when we are out in public, especially indoors. **It is now policy to wear a mask when in the church building.** If you would like a mask, please email the office indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

Hello Neighbour Card Reminder: If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it. **This is more important again as we are asked to reduce our contacts and go out less!**



Were you unable to attend worship in the past? Don't worry about it! You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service.

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net to let Harvey know what changes you would like to make, and he will submit the changes for processing.



Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at www.eastsideunited.ca under the **What's New** heading!



a ZOOM gathering for
Young Adults
18-35 years



ALL ARE TRULY WELCOME
Every Wednesday at 6:30pm
a safe space for
open-minded, faith-based
and engaging conversation

hosted by
McClure United Church
in Saskatoon

Contact Rev Laura Fohse for the ZOOM link:
Text (306-291-5838) or
email laura@mcclureunitedchurch.org

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**"Gratitude
amplifies
goodness,
rescues us from
negative emotions
and,
connects us to
others in
meaningful ways."**

- Robert Emmons

