Good morning!

A little shift today to get away from screens.....take a look at this play here.

Did you notice anything illegal? Watch again and keep your eye on white 15.

ART. 4... A player who has been replaced, or directed to leave the game shall not re-enter before the next opportunity to substitute after the clock has been started properly following his/her replacement.

I think the official knew something was weird about white 15 returning and I wonder what the coach told him that made the official think all was ok. Truth be told, white 15 should not have been able to return until the clock had started.

We just need to keep track of subs LEAVING the game. Remember also that players coming INTO the game do NOT need to stay in for a tick of the clock.

These are things that if we can keep track of also keeps us focused on the game as a whole also.

Friday Extra: We are about a month away from the end of the regular season.....sort of in the middle of the long haul, so get the rest and relaxation you can!

Have a great game tonight and a great weekend as well!

Tim