

The background is a complex, abstract illustration. It features several stylized faces in shades of green, yellow, and red. A central figure has a sunburst of blue lines radiating from its forehead. In the lower-left, there is a large purple circle with a blue center, surrounded by a blue, porous-looking border and a field of small, yellow, tadpole-like organisms. To the right, there is a blue grid pattern with a white line graph overlaid. The overall color palette is dominated by blues, greens, yellows, and reds, with a dark, textured background.

CHOICES

A Guide to Family Planning

Health Action Information Network



CHOICES

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CHOICES *A Guide to Family Planning*

Published by:

Health Action Information Network (HAIN)

9 Cabanatuan Road, Philam Homes, Quezon City, 1104 Philippines

With support from:

Australian Agency for International Development (AusAID)

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Desktop Publishing: Serlee L. Bautista

Cover Design and Inside Illustrations: Boy Dominguez

Photos: Mercedes B. Apilado

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ISBN 971-8508-27-9

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FOREWORD

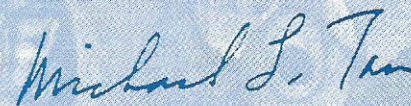
From 1997 to 1999, HAIN conducted a series of training workshops in different parts of the Philippines on operations research and family planning. The workshops consisted of two rounds, the first introducing participants to basics about family planning while the second consisted of training in operations research.

We have compiled the lectures from these workshops into two manuals, taking off from the lectures delivered during the workshops. The lecturers were provided with transcripts of their presentations, which they revised for use in these manuals. The editors have tried to leave the individual authors' styles intact.

The materials here should be considered as basic, mainly to be used as an introduction to the topics. But basic as these materials may be, they do respond to a need for local materials.

We would like to acknowledge the assistance of the Australian Agency for International Development (AusAID), which supported our training workshops and the production of this manual; and all the participants in our training activities across the country, whose questions and sharing inspired us in coming out with this guide.

We welcome comments and suggestions from readers.



Michael L. Tan

Michael L. Tan
December 1999