

## Nine Domains of Human Needs

8 <sup>th</sup> Domain <b>Growth &amp; Focused Action</b>	Need for self-assertion, independence of decision-making & decisive action, courage, self-surrender, majesty, strength, self-confidence, action-orientation, protectiveness
9 <sup>th</sup> Domain <b>Balance &amp; Dynamic Stability</b>	Need for stability, harmony & effortless flow, self-possession, serenity, presence, peacefulness, naturalness, optimism, humility, inclusivity
1 <sup>st</sup> Domain <b>Self Regulation &amp; Organization</b>	Need for principles, order & ethics, integrity, honesty, fairness, impeccability, wisdom, impartiality, discernment, congruence, truthfulness, purpose
2 <sup>nd</sup> Domain <b>Nurturance &amp; Connection</b>	Need for connections with others, service, self-nurturance, unselfishness, empathy, attunement to others, concern, appreciation, encouragement
3 <sup>rd</sup> Domain <b>Adaptability &amp; Self Development</b>	Need for self-improvement & advancement, inner-direction, recognition, admirability, poise, authenticity, modesty, focus, self-acceptance, self-assurance
4 <sup>th</sup> Domain <b>Self Regeneration &amp; Individuality</b>	Need for personal meaning & ability, aesthetic satisfaction, self-expression, introspection, self-awareness, intuition, sensitivity, honesty with self, discretion, emotional strength
5 <sup>th</sup> Domain <b>Intelligence &amp; Contextual Awareness</b>	Need for knowledge, in-depth exploration of reality, profundity, curiosity, pioneering, objectivity, insightfulness, perceptiveness, originality, inventiveness
6 <sup>th</sup> Domain <b>Internal Support &amp; Interdependence</b>	Need for belonging, give & receive mutual support, groundedness, interdependence, fortitude, reliability, preparedness, faithfulness, devotion, mutuality
7 <sup>th</sup> Domain <b>Energy &amp; Openness to Change</b>	Need for variety, freedom for experimentation, change, energy, appreciation, receptivity, satisfaction, joyfulness, resilience, enthusiasm, productiveness

### Maslow's Amended Model of Hierarchy of Needs

