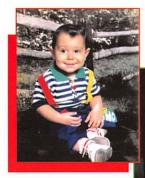
The Children in the Middle Class consists of <u>two parts</u> that may be taken in either order, though we encourage you to attend Part I first.

## **PART I: THE ADULTS**

Part I of the class focuses on adult issues related to co-parenting and keeping children out of the conflict.

# Topics covered include:

- You
- The Victim Mindset
- Domestic Violence
- Working with the Other Household
- Extended Family/Significant Others
- Suggestions for Co-parenting
- Adult Grief
- Conflict Disengagement
- Alternative Dispute Options





## PART II: THE CHILDREN

Part II of the class focuses on child development and the needs of children growing up in two homes.

# Topics covered include:

- Children's Stages of Development
- Creating the Dual Home Environment
- Parenting Time
- Child Support and Access
- Talking to the Children
- Children's Grief
- Mistakes Made in Involving Children
- Co-parenting Vocabulary
- Benefits of Co-parenting



## **Frequently Asked Questions**

# WHEN ARE THE CLASSES AND HOW DO I PAY?

Participants register and pay for classes online. Class schedules are available online at www.childreninthemiddle.com.

## WHAT ARE THE FEES?

\$40.00 per person, per part.

# WILL MY MONEY BE REFUNDED IF I ARRIVE LATE OR NO SHOW?

No, if you do not arrive, do not cancel at least 24 hours in advance, or if you arrive late your money will not be refunded.

#### DO I NEED TO PAY IN ADVANCE?

Payment must be paid online at least 24 hours prior to the start of class.

#### DO I RECEIVE A CERTIFICATE?

Certificates are issued at the completion of each session. Participants must stay the duration of the class to receive a certificate.

## ANYTHING ELSE I NEED TO KNOW?

- Do not bring children to the classes.
- We do not have a waiting area for non-participants.
- We do not allow late admission. We encourage you to arrive no later than 15 minutes before class.
- We provide you a workbook and you are welcome to bring paper for notes.
- We do not allow video or audio recording.
- Please turn off cell phones and text message devices during the course.

# Participant reviews:

"Great class! A must for those going through the court system."

"You really helped my husband. He was not very active in our children's lives. He has made a complete turn around. You showed him ways to be pro-active."

"I think this class benefits EVERYONE, and all parents ought to join this class for the sake of their children."

"This class is a jump-start to a healthy divorce."

"I wish I would have known of this class 7 years ago at the start of my divorce. I feel that I would have benefited from it at early start for the children."

"I feel this class is a good icebreaker when parents are stuck in "my way, your way" behavior."

"Painful mirror reflection of what I have done to contribute to the unsuccessful resolution to this divorce. I leave here with less anger towards the other parent and more ownership of what I can and should do going forward. This class helped put my focus off myself and back towards my children."

"I wish this class was available 10 years ago. Great information on how to consider the kids. Made me think how I can work on the transition of 2 households. Thank you!"

"I found this class amazingly informative. It made me look at myself retrospectively. It's helped me realize there are things I need to take responsibility for, not be victim. There is always room for improvement in one's parenting role." CHILDREN IN THE MIDDLE COPARENTING SERVICES by Bradley S. Craig LMSW, CFLE

The Children in the Middle class exceeds the guidelines for co-parenting education in the state of Texas.

Texas Family Code, § 105.009. PARENT EDUCATION AND FAMILY STABILIZATION COURSE

The course must include information on the following issues:

- (1) the emotional effects of divorce on parents;
- (2) the emotional and behavioral reactions to divorce by young children and adolescents;
- (3) parenting issues relating to the concerns and needs of children at different development stages;
- (4) stress indicators in young children and adolescents;
- (5) conflict management;
- (6) family stabilization through development of a coparenting relationship;
- (7) the financial responsibilities of parenting;
- (8) family violence, spousal abuse, and child abuse and neglect; and
- (9) the availability of community services and resources.



## **Other Services Offered:**

- Online Classes
- Cooperative Parenting
- Co-parenting Coaching
- Parenting Facilitation
- Parenting Coordination
- Parenting Classes
- Collaborative Law-Communications Facilitator Child Specialist

For more information about these services, please visit the website.



# Co-Parenting Class and Family Stabilization Course



Help for Raising
Children Between Two Homes