

Teen Drop-In

AT REC CENTRE

This is a drop in program for youth ages 13-16 years. Youth can play basketball, we can set up our Nintendo Wii, they can play board games, cards, other activities such as Ladder Toss, or just come and hang out. **\$2 DROP-IN**

Will take place 7-9:30pm on the following Fridays

September 20th

October 4th and 18th

November 1st, 15th and 29th

December 13th

Drama Club

AT REC CENTRE

STARTING: Wednesday, September 25th

There will be two different age groups. **GROUP 1:** Grades 7-12 (3:30-5pm) and **GROUP 2:** Grades 1-6 (5:30pm-7pm). Pre-registration is required.

Each Group will meet for 10 weeks where they will do some fun acting activities, as well as prepare for a show at the end of the program. This includes making their own stage props! At the end, a special time will be allotted where both groups will come together to put off a show for invited family and friends. No experience is required for this program!

\$50/PERSON

Healthy Relationships Plus Program

AT GOULDS LIBRARY

A Fourth R small groups program to promote healthy relationships and positive mental health. This program was designed to build strengths, resilience and coping skills among youth as a way of enhancing interpersonal functioning. The whole program is designed to model appropriate use of power and respectful relationships and support youth empowerment. It will be offered on ***Mondays, 3:15-5:15***, starting September 30th. It is an 8 week program. The cost per participant will only be \$10 (to cover off over-head costs). We require a minimum of 6 participants and a maximum of 12. Each session is comprised of a warm-up, various activities and a cool down. It is very engaging and provides valuable lessons to youth involved. Participants who complete the course will receive a certificate. ***Open to youth currently in grades 8-12.***

Nicole will be facilitating this group. She has completed the training for this course through the Canadian Mental Health Association.

Please contact Nicole for more information (745-7575 or email gouldsrecreation@gmail.com) or check out youthrelationships.org/hrpp

Busy Bees Craft Program

AT GOULDS LIBRARY

STARTING: October 1st, 5:30-7pm

This program is for children ages 6-12 who truly enjoy making crafts. The crafts are at a medium level of difficulty. It will run for 8 weeks, however, you do not need to register for all weeks. You can pick and choose which weeks you would like to register for. Pre-registration is required so that we can prepare for the numbers to expect on each week. Deadline to register for each week is one week prior. This is a drop-off program!

\$8/session/participant or register for all 8 for \$50!

Below are the dates and crafts:

Week 1: October 1st – String Art

Week 2: October 8th – Rock Painting

Week 3: October 22nd – Halloween Mini Wreath

Week 4: October 29th – Halloween T-Shirt Treat Bag

Week 5: November 5th – Terra Cotta Candy dish/trinket holder

Week 6: November 19th – Burlap Canvas Painting

Week 7: November 26th – Christmas Iris Folding

Week 8: December 3rd – Christmas Decoupage Tea Light Holder

Holiday Bake

AT REC CENTRE

TAKING PLACE: Sunday, December 15th (Pre-register by December 11th)

Get a few friends together and make some treats! The lay out of the event is: First, the group will make a cookie that requires baking. Then the group will make a non-bake cookie. Each participants will get to take home their portion of the cookies. Then, each participant will have the opportunity to decorate their own Holiday cake and of course take that home too! **\$10/PERSON**

Below is a breakdown of the groups and times

Group 1: Grades K-5 1-3pm

Group 2: Grades 6-8 3-5pm

Group 3: Grades 9-12 5:30-7:30pm