

HUMILITY

IN Thought and ACTION

*the quality or condition of being humble;
modest opinion or estimate of one's own importance,*



LIFE THEME

Question:

What or who are the five most important things in your life?

Truth:

Putting others in front of yourself shows a sense of security in who you are, a great step toward manhood and real masculinity.

Execution:

Evaluate your relationships start putting others wants and feelings in front of your own. Think of practical way you can put others first.

Live out the idea “I am Second....”

FOOTBALL THEME

Question:

What is more important Team success or your success?

Truth:

A group of individuals focused on others (teammates) will not only win more games but also in the end receive more individual recognition.

Execution:

Dedicate this game to another person and play for them. Be a great blocker on offense and on defense don't get bored doing your job.

Go to: www.coachmertz.com

Watch Season 2 ..Week 1 Video.....Write thoughts on Back

“TRUE SUCCESS IS BUILT ON A FOUNDATION OF CHARACTER”

Success is peace of mind which is a direct result of self satisfaction in knowing you did your best to become the best that your are capable of becoming.

JOHN WOODEN