

<b>MILL VALLEY STAIRMASTER SERIES #2</b>			
<b>8K BLITHEDALE CANYON</b>			
<b>STEP BY STEP DIRECTIONS</b>			
<u>DIRECTIONS</u>	<u>PATH #</u>	<u>DISTANCE</u>	<u>CUMULATIVE</u>
Start at Mill Valley Clock at Depot		0.0	0.0
Clock to Behind Mt Carmel Church		0.2	0.2
Up steps to Hillside	67	0.1	0.3
Turn right for 100yds and up steps on left	72	0.1	0.4
Turn left on Hillside		0.2	0.6
Up steps on left to Greenwood Way	227	0.1	0.7
Greenwood to Upland		0.1	0.8
Turn left down Upland to Woodbine Dr.		0.1	0.9
Turn right down Woodbine to Eldridge Ave.		0.2	1.1
Turn right on Eldridge to steps on left		0.1	1.2
Down steps on left to Portola Lane	63	0.1	1.3
Turn left on Portola to Coronet		0.1	1.4
Take Coronet straight to steps on right		0.1	1.5
Down steps to Bigelow Ave	65	0.1	1.6
Turn right on Bigelow to W Blithdale Ave		0.1	1.7
Turn right on Blithdale to stairs on right		0.1	1.8
Up steps to Eldridge Ave.	214	0.1	1.9
Turn left on Eldridge to steps on left		0.4	2.3
Down steps to cross Blithedale	61	0.1	2.4
Up Marsh Drive to trail straight ahead		0.1	2.5
Up Blithedale Canyon to Manzanita	352	0.3	2.8
Turn left on Manzanita and left on Ralston		0.1	2.9
Down Ralston to fire road on left		0.2	3.1
Turn left down fire road to Elaine Ave	341	0.3	3.4
Turn left on Marguerite to steps on right		0.1	3.5
Down steps to Magee Ave	184	0.1	3.6
Turn right on Magee to steps on left		0.1	3.7
Down steps to Corte Madera Ave	54	0.1	3.8
Turn right at Corte Madera to Winwood Pl		0.1	3.9
Turn right at Winwood and up steps	53	0.1	4.0
Turn left at Magee to Summit Ave		0.2	4.2
Turn left at Summit to Alcatraz		0.1	4.3
Down Alcatraz steps to Corte Madera Ave	51	0.2	4.5
Turn right at Corte Madera to clock finish		0.3	4.8