

Curriculum Area: PDL

Subject Coordinator(s): Sophie Telford

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Mental health: anxiety/depression/ healthy living.	Relationships: friendship/sexual Puberty: personal hygiene/bullying.	Citizenship: life in Britain/rights and responsibilities/politics and participation.	Life skills: communication/problem solving/self-awareness/chores	Keeping yourself safe in the community/fire safety/first aid/when to use public services.	Sex education (Gordon)
8	Mental health: anxiety/depression/healthy living.	Relationships: friendship/sexual Puberty: personal hygiene/bullying.	Citizenship: life in Britain/rights and responsibilities/politics and participation.	Life skills: communication/problem solving/self-awareness/chores	Keeping yourself safe in the community/fire safety/first aid/when to use public services.	Sex education (Gordon)
9	Mental health: anxiety/depression. Healthy living.	Relationships: friendship/sexual Puberty: personal hygiene/bullying.	Citizenship: life in Britain/rights and responsibilities/politics and participation.	Life skills: communication/problem solving/self-awareness/chores	Keeping yourself safe in the community/fire safety/first aid/when to use public services.	Sex education (Gordon)
10	Mental health: anxiety/depression healthy living/self-harm/bullying	Relationships: sex education/personal hygiene/sexually transmitted diseases. Budgeting/managing money/places to live.	Citizenship: life in Britain/rights and responsibilities/politics and participation.	Citizenship: what laws society requires and why/rights within the legal system.	Keeping yourself safe in the community/fire safety/first aid/when to use public services.	Sex education (Gordon)
11	Mental health: anxiety/depression healthy living/self-harm/bullying	Relationships: sex education/personal hygiene/sexually transmitted diseases. Budgeting/managing money/places to live.	Citizenship: life in Britain/rights and responsibilities/politics and participation.	Citizenship: what laws society requires and why/rights within the legal system.	Life skills: careers/moving on to college/work /independent living	GCSE/ EXAMS