Oldham County Community Health Survey Results

The Coalition for a Healthy Oldham County | April 2021

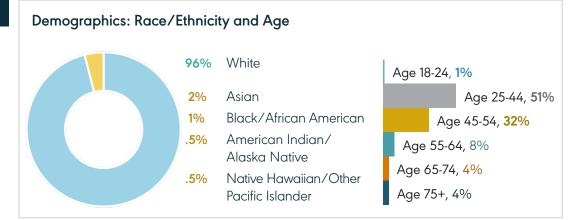
1,418 Residents

Total Participation (County-wide)

PURPOSE

To gather local, real-time data that will help inform decisionmakers as they work to provide services to support Oldham County residents.





How would you rate the overall health of the Oldham County community? 12% Somewhat Unhealthy Healthy

TOP 5 HEALTH PROBLEMS most important to address

50% Mental Health/Suicide

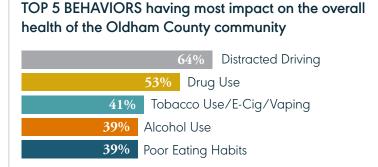
in order to improve community health

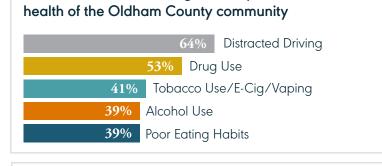
24% Alcohol Use

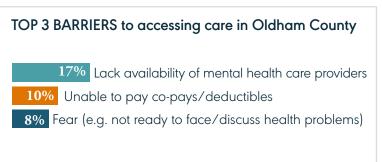
23% Child Abuse/Neglect

36% Being Overweight

26% Nicotine Use/E-Cig/Vaping

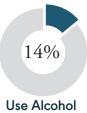








Since the COVID-19 pandemic, I now...



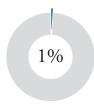
more than before



Access Mental Health Services more than before



more than before



Use Other Drugs* more than before

Since the COVID-19 pandemic, I now feel..

56% Grateful more than before



50% Anxious more than before



more than before

Support Oldham County's **Social Host Ordinance** to include the use of marijuana and other illicit drugs

BELIEFS and your local community...

Percentages who agreed to the following statements.

- 95% Youth alcohol use once or twice a week is harmful
- 94% I feel safe in my own neighborhood
- 90% Youth marijuana use once or twice a week is harmful
- 85% I have no problem getting the health care services I need
- 77% I am able to get healthy food easily
- 71% We have great parks and recreational facilities
- **60%** Drug abuse is a problem in my community
- **49%** Adult marijuana use once or twice a week is harmful
- 47% There are affordable places to live in my neighborhood
- **38%** Racism is a problem in Oldham County
- 22% Oldham County is actively working to address racial disparities and achieve racial equity
- 17% Crime in my area is a serious problem



TOP 5 COMMUNITY NEEDS to improve the health of your family and neighbors...

- Positive teen activities, 31%
- Recreational facilities (parks, trails, community centers), 26%
- 3 Counseling/mental health services, 24%
- Healthier food choices, 19%
- Higher paying employment, 19%



TOP 5 HEALTH ISSUES respondents would like more education about...

- Mental health/depression, 48%
- Exercise/physical activities, 36%
- 3 Nutrition, 32%
- Suicide prevention, 25%
- Emergency preparedness, 24%



TOP 5 HEALTH TOPICS parents think their children need more information about...

- Social media safety, 49%
- Mental health issues, 42%
- 3 Drug use/misuse, 28%
- Nutrition, 28%
- Suicide prevention, 26%

The Coalition for a Healthy Oldham County's vision is to create and sustain a productive community where individuals have the ability to pursue a safe, healthy and independent lifestyle including freedom from substance abuse and opportunities for recreation. http://www. coalitionforahealthyoc.com/



*Other drugs (opioids, meth, prescription medications without a prescription)

Depressed