

# March

2020

## Athena Montessori

## March Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Mini corn dogs (chicken) Oven baked fries <b>GF DF V</b> Broccoli <b>GF DF V</b> Mini Quorn dogs Fruit <b>GF DF V</b></p>	<p>3</p> <p><b>Taco Tuesday!</b> Rice <b>GF DF V</b> Beans <b>GF DF V</b> Cucumber/tomato salad <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>4</p> <p><b>Veggie Pasta with Butter V</b> Garlic Bread Squash <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>5</p> <p>Beef Tater tot casserole <b>GF V</b> Veggie Tot casserole <b>GF DF V</b> Green Salad <b>GF DF V</b> Carrots <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>6</p> <p><b>Cheese Pizza</b> Chopped Salad <b>GF DF V</b> Fruit <b>GF DF V</b></p>
<p>9</p> <p>Chicken &amp; Waffles Carrots &amp; Celery <b>GF DF V</b> with Ranch Fruit <b>GF DF V</b></p>	<p>10</p> <p>Soft Turkey Tacos <b>DF</b> Rice <b>GF DF V</b> Refried Beans <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>11</p> <p>Spaghetti w/ marinara <b>DF V</b> Garlic Bread Sticks <b>E</b> peas <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>12</p> <p>Brisket <b>GF DF</b> Mashed Potatoes <b>GF V</b> Roasted Broccoli <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>13</p> <p><b>No School</b></p>
<p>16</p> <p><b>No</b></p>	<p>17</p> <p><b>School</b></p>	<p>18</p> <p><b>Spring</b></p>	<p>19</p> <p><b>Break</b></p>	<p>20</p> <p><b>!!!</b></p>
<p>23</p> <p>King Ranch Chicken <b>GF</b> Veggie Ranch <b>GF DF V</b> Mixed Veggies <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>24</p> <p>Bean &amp; Cheese Quesadilla <b>V</b> Corn <b>GF DF V</b> Spanish Rice <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>25</p> <p>Fish Sticks <b>DF</b> Mac &amp; Cheese <b>V</b> Peas &amp; carrots <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>26</p> <p>Chicken Fingers <b>DF</b> Quorn Fingers <b>GF DF V</b> Mashed Cauliflower <b>GF DF V</b> Broccoli <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>27</p> <p>Turkey Sliders <b>DF</b> Sweet Potato Fries <b>GF DF V</b> Green Beans <b>GF DF V</b> Fruit <b>GF DF V</b></p>
<p>30</p> <p>Oven Roasted Turkey <b>GF DF</b> Baked smashed Potato <b>GF DF V</b> Peas &amp; carrots <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<p>31</p> <p>Cheese Enchiladas <b>GF V</b> Vegan Enchiladas <b>GF DF V</b> Black Beans, <b>GF DF V</b> Spanish Rice <b>GF DF V</b> Fruit <b>GF DF V</b></p>	<ul style="list-style-type: none"> <li>Vegetarian options: Boca burgers, Tofu, tempeh, Vegetable, TVP</li> </ul>	<ul style="list-style-type: none"> <li>Gluten free pasta &amp; breads available</li> </ul>	

