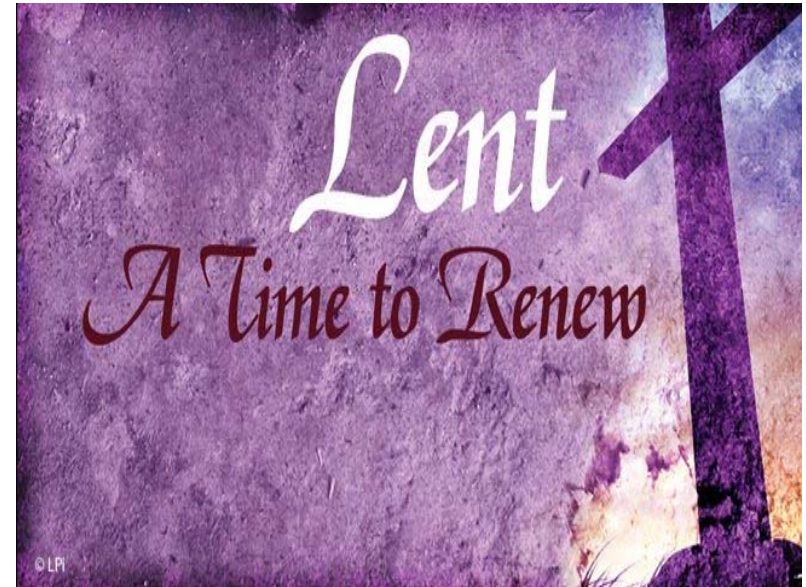


SERMON NOTES
"An Arresting Development"
Mark 1:9-15



"An Arresting Development"

Lent is a time to prepare us to release our old ways and to emerge joyfully into a new, abundant life in Christ! Instead of removing something from our lives lets add fellowship, daily devotions and become healthier spiritually and physically.



Join us Monday and Wednesday mornings at 8:30 to walk for 30 minutes in the Family Life Center and then 15 minutes of devotions. We will begin Ash Wednesday, February 14 and our last day will be Wednesday, March 28. If you have an interest in gathering together, spending time in fellowship, walking (at each individuals pace) and time in the word please join us for "40 Days of Faith and Fitness". Contact Shelley Hyre 304-704-7039 or email shyre@drhyre.com with questions.

fumcelkinswv.com

Helping persons take their next steps toward God,
and together, growing as disciples of Jesus Christ

FIRST UNITED METHODIST CHURCH

February 18, 2018

First Sunday in Lent B

8:30 SERVICE ON THE SCREEN 11:00 SERVICE BELOW



WELCOME TO OUR CHURCH!

ANNOUNCEMENTS

GREET ONE ANOTHER

PRELUDE "Be Thou My Vision" (Irish folk tune)

(Please pass the attendance book in your row.)

(Guests, please be sure to list your address, phone number and email address.)

SERVICE OF LIGHT

Acolytes

CALL TO WORSHIP

In the beginning the voice of God thunders over the waters.

The voice of God sounds over the deep saying,

"Come to the Jordan, wade into the stream, for the Lord grants strength to those who are weary.

For the Lord God blesses the people with peace."

O Children of God, step off the bank and into the waters,

And the clouds shall be rent by the light of heaven. And we shall worship the One who declares this day good!

MORNING HYMN UMH No. 89 "Joyful, Joyful, We Adore Thee"

CHILDREN'S MESSAGE

Jesus loves me! This I know, for the Bible tells me so. Little ones to him belong; they are weak, but he is strong. Yes, Jesus loves me! Yes, Jesus loves me! Yes, Jesus loves me! The Bible tells me so.

The money today in the Children's Coin Jar will go to support the efforts of the C.O.M.E., (Celebration Of Mission Events).

ANTHEM "Lamb of God" (Paris/arr. Mayfield)

Chancel Choir

JOYS, CONCERNS AND PRAYER REQUESTS

PASTORAL PRAYER

THE LORD'S PRAYER UMH No. 895

Our Father, who are in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

WORSHIP WITH TITHES AND OFFERINGS

Offertory – "Wade in the Water" (spiritual)

Chancel Choir

Doxology – UMH No. 95 "Praise God, from Whom All Blessings Flow"
Praise God, from whom all blessings flow; praise God, all creatures here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.

PRAYER OF DEDICATION

HYMN OF FAITH UMH No. 723 "Shall We Gather at the River"

SCRIPTURE

Mark 1:9-15

SERMON

"An Arresting Development"

Brian Seders

HYMN OF INVITATION UMH No. 420 "Breathe on Me, Breath of God"

BENEDICTION

POSTLUDE

"I'm So Glad Jesus Lifted Me" (spiritual)

THOUGHTS AND PRAYERS (as of February 11)

RECOVERING AT HOME

MILITARY – Joel DiStefano (Andy Montgomery's cousin), Sgt. Lantz Elbon (Tim and Beth Conklin's son-in-law), Tyler Fretwell, Max Jeffries (Heidi Jeffries' son), Robert Jerow (Jerry Jerow's son), Ryan Murphy, Tristan Reneau, (Carolyn Shepler's nephew), Patrick Spears, Isaac Stalnaker (Denise "Stalnaker" Losh's son), Patrick Thompson (Sue Mallow's Son), Joel Timmons (Seth and Michelle Pratt's son-in-law), Aaron Wetsch, Max White (Andy Montgomery's nephew), Sgt. Megan White (Kit Phillips' niece), Ann Urban

KEEP IN YOUR PRAYERS – Crosby Bender, Janice Bodkins, Jerome Brown, Robert Burdine, Jack Calain, Faye Cowgill, Clappsadale Family, Dee Clark, Maxine Cooper, Gary Crawford, Jim Crowley, Mary Sue Daniels, Mike Despar, Hannah Ebel (Pat and Evette LaFayette's granddaughter), Don Fitzwater, Nellie Galford, Government, Griffith Family, Barbara Halperin (Rachel Montgomery's mother), Skylar Harman, Jeri Hatch, Amelya Hensley, Basil and Janis Hensley, Ruth Hepler, Mike Herron, Bob Hinkle, Halie House, Evonne Howell, Kendra Kalar, Loretta Kaylar, Karson, Mr. and Mrs. Kenney, Lois Kessler, Dana Kirkpatrick, Patricia MacVean, Jack Maynard (Seth Maynard's son), Jim and Patty McCloud, Sharon McQuain, Medical Personnel, Norma Kerr-Metzger, Sue Murray, Jeremiah Myers, Patterson Family, Pizzino Family, Joan Plant, Beverly Price, Tommy and Anne Pritt (Dale Goodman's cousins), Shelly Purkey, Nancy Rotruck (Jane Corley's sister), Betty Schafer, Charity and Kelly Seders, Tommy Scott (Bill Umbright's grandson), Jim Slider, Jason Snyder, Norma Stalnaker, Steve Stemple, Margie Sutton, Miranda Trader, Ed Tyre, Hollis Vance, Dick and Betty Walden, Lewis Ware, Sarah and Baby Leo Ware, Tom Williams, Margaret Winans, Yokum Family

COLONIAL PLACE – Rose Barnett, Hope Caplinger, Jo Criss, Millie Metheny, Katie Sayres

ERCC – Dixie Gutmann, Paul Mullins

LAVENDAR FIELDS – Helen Kramer

NELLA'S - Mabel Phares

VALENTINE'S – Robert Fretwell

Christian Sympathy

We express our sympathy to the family of Jean Lawrence.

Daily Bible Readings

Mon – Acts 5 Thurs – Exodus 20:1-17 Sun – John 2:13-22
Tues – Acts 6 Fri – Psalm 19
Wed – Acts 7 Sat – I Corinthians 1:18-25

Weekly Memory Verse: "For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God."

I Corinthians 1:18

Theme for Lent 2 B, February 25: CHANGE – Chris Wood is preaching!

Read Through the Bible:

Mon – Exodus 39-40 Thurs – Leviticus 8-10
Tues – Leviticus 1-4 Fri – Leviticus 11-13
Wed – Leviticus 5-7 Sat – Leviticus 14-15
Sun – Leviticus 14-15

February 4, 2018

ATTENDANCE:

8:30 AM Worship 36
Sunday School 29
11 AM Worship 114

GIFTS: Weekly Collection \$6,994.75

Needed for Budget through 2/4.....\$41,250.00

Received for Budget through 2/4.....\$36,741.00

I will support my church with my presence and gifts"

February 11, 2018

ATTENDANCE:

8:30 AM Worship 44
Sunday School 24
11 AM Worship 208

GIFTS: Weekly Collection \$

Needed for Budget through 2/4.....\$

Received for Budget through 2/4....\$

Our 2018 Budget is \$429,000.

UPCOMING MEETINGS / EVENTS

Nominations Committee Meeting TODAY at 12:15 pm in the Sunday School Room. Please bring your own snack.

Vacation Bible School Meeting TODAY at 12:15 pm in the Parlor. Anyone interested in helping with VBS are encouraged to attend, as well as, all Sunday School teachers and Christian Education Committee members.

Church office will be closed on Monday, February 19, 2018 to observe Presidents Day.

Trustees Meeting on Tuesday, February 20th at 7 pm in the Parlor.

U. M. Women Executive Board Meeting on Monday, February 26th at 1 pm in the Parlor.

U.M. Men are hosting a Congregational Dinner on Sunday February 25, 2018 after the 11:00 Worship Service and the D & E Concert Choir performance. The Men will serve ham, mashed potatoes, green beans, salad and dessert. Come join in the fellowship with the D & E Concert Choir and President of the College, Chris A. Wood. (There will be arranged seating for 160.)

Dear Congregation,

As you may or may not know, the offices and parlor had to undergo some much needed repairs due to leaks and mold. The walls have been repaired, the painting is complete and the flooring in the one office will be put down soon. We have an opportunity to replace the 17 year old carpeting in the parlor with a laminate floor for just the cost of materials, (\$3,991.32). The additional cost is not presently in the budget, but the offer will certainly not be this good later on. I ask you to invest in the quality and improved surroundings of this much used room by giving what you can to purchase this new flooring. Please help us keep our church facility usable and a facility to be proud of. Make your checks out to FUMC with a notation Parlor Floor.

First United Methodist Women

CHURCH OFFICE HOURS

Monday – Thursday, 8:30 AM – 3 PM / Friday 8:30 AM – 12-noon PH: 304-636-0660

Pastor: Brian Seders (304-636-0406 Home)

Administrative Assistant: Rhonda Elmer

Director of Christian Education: Kary Kramer

Financial Secretary: Danielle Taylor

Music Director: Gale Poe

Pastor Emeritus: Basil Hensley

Custodian: Angela Kisner

Nursery Worker: Jennifer Wanless

COME, SHARE, REJOICE...

SUNDAY, February 18 (Psalm 25:1-10)

8:30 AM CONTEMPORARY WORSHIP

9:45 AM SUNDAY SCHOOL FOR ALL AGES

11:00 AM TRADITIONAL WORSHIP

11:00 AM CHILDREN'S CHURCH / Orange Room (1st-5th Graders)

12:15 PM NOMINATIONS COMMITTEE MEETING / Sunday School Room

12:15 PM VACATION BIBLE SCHOOL MEETING / Parlor

MONDAY, February 19 (Mark 8:31-33)

OFFICE CLOSED TO OBSERVE PRESIDENTS DAY!

8:30 AM LENT WALK & DEVOTION / FLC

9:00 AM QUILTERS / Basement – WILL NOT MEET

10:00 AM BIBLE STUDY

6:00 PM DEN 1 MEETING (Harris) / FLC

7:00 PM CONWAYRINGERS REHEARSAL / Handbell Room

7:00 PM DEN 3 MEETING (Straley) / Middle School Room (Blue Room)

TUESDAY, February 20 (Genesis 17:1-7, 15-16)

5:00 PM DEN 2 MEETING (Ward) / FLC (5PM-6PM)

6:00 PM DEN 6 MEETING (Reed) / Youth Sunday School Room

7:00 PM TROOP 88 MEETING / Scout Room Basement

7:00 PM TRUSTEES MEETING / Parlor

WEDNESDAY, February 21 (Mark 8:31-34)

8:30 AM LENT WALK & DEVOTION / FLC

10:00 AM BIBLE STUDY

3:00 PM WVCH / FLC

6:00 PM BIBLE STUDY

7:00 PM CHANCEL CHOIR REHEARSAL / Choir Room

THURSDAY, February 22 (Psalm 22:1, 23-31)

6:30 PM BACKPACK PROGRAM / FLC Stage

FRIDAY, February 23 (Mark 8:34-38)

SCOUTS' ELECTRONICAL WEEKEND BEGINS / Basement

SATURDAY, February 24 (Romans 4:13-16)

SCOUTS' ELECTRONICAL WEEKEND / Basement

LOOKING AHEAD TO NEXT SUNDAY, February 25 (Romans 4:17-25)

SCOUTS' ELECTRONICAL WEEKEND ENDS / Basement

9:45 AM SUNDAY SCHOOL FOR ALL AGES

8:30 AM CONTEMPORARY WORSHIP Guest Preacher: Chris A Wood

11:00 AM TRADITIONAL WORSHIP Guest Preacher: Chris A. Wood

11:00 AM CHILDREN'S CHURCH / Orange Room (1st-5th Graders)

12:15 PM U.M. MEN HOSTING CONGREGATIONAL DINNER / FLC



Congratulations to Ross and Sarah Ware upon the birth of their son, Leo Ross Ware, (February 9, 2018), and to grandparents Jeff and Donna Trulik.

WEEK 2 / DEVOTION



Read Luke 15:11-32

Jesus' parable of the Prodigal Son is a familiar one. All of the characters and actions in this parable resemble the characters and actions in our opioid epidemic. A child leaves home, parents worry every day, the lost child in their addiction lives in a "far away land," by the grace of God the child may "come to himself" and return

home. The parents and community celebrate the return of the lost child, but the older brother is not thrilled. Did Jesus have our family, church, and community in mind when he told this parable?

Over the next several weeks we will use this familiar parable as our guide to honestly look at the opioid epidemic and ask "What If...?" The hope is that we will not spend our devotion time wondering what if the parents did something different, or what if the prodigal son did not leave, but asking God what can I do to keep this from happening again? What can I do when I meet a child lost in a faraway land? What if I, what if we as the church, were involved in this parable? How could God have used us to prevent, comfort, care for, support and rejoice with the family of the prodigal son?

Read the parable again slowly. Give the characters in the story names of people you know who are directly involved with the opioid epidemic. Ask God where we should be in this parable.

What if God answers our petition?

It is not enough to open the doors of our sanctuary and hope the epidemic ends. We must leave our sanctuaries and enter the story.



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Why We Become Addicted

Have you ever tried to hold your breath for as long as you can? Our brains are created in such a way that we cannot hold our breath too long and lose consciousness on our own. The part of the brain responsible for breathing will override the foolish part of our brain that is trying to harm our body by withholding oxygen. This is the same part of the brain that lets us keep our balance, walk, keep the proper heart rate and breathe all at the same time, without having to consciously think about it. It is the small part of the brain that sits at the top of the brain stem where the nerves enter the brain from the spinal column called the Limbic System. It is in this very powerful area that opioids affect the brain.

When we see a person who is suffering from addiction and wonder why they just do not stop, we might as well be wondering why they cannot just stop breathing. This area of the brain is not ruled by reason or common sense. It is ruled by subconscious desire.

When opioids enter the nervous system, the nerve endings are fooled into believing the opioid is really a naturally produced chemical called dopamine. Dopamine is a chemical that makes us feel pleasure. It is released when we take that first bite of chocolate ice cream, when that special person agrees to go to the prom with us, or when we have accomplished a personal goal. The problem is, opioids cause the body to artificially experience more pleasure and last much longer than ordinary dopamine. Imagine that rush of dopamine after your first kiss lasting all day and making you feel even better!

The addicted person's brain begins to crave this feeling of pleasure. The addicted person's brain cares not about how to pay for the opioid, how the family feels about their addiction, missing work or even food. The addicted brain craves the rush supplied by opioids. Opioids are very powerful and very hard to overcome. Recovery from opioid addiction is a lifelong process, a process that requires courage, strength, endurance and a lot of prayer.



WEEK 2 / EDUCATION

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