

CRANK IT UP

Choreographer: Cheri Litzenburg

Description: 32 count High Beginner with 1 easy restart & tag

Music: "Crank it up" by Colt Ford

STEP HIP SWIVEL, COASTER STEP X2

- 1&2 Step forward on right foot, swivel heels right raising your right hip, bring heels back center
- 3&4 Step back slightly right, step left next to right, step forward right
- 5&6 Step forward on left foot, swivel heels left raising your left hip, bring heels back center
- 7&8 Step back slightly left, step right next to left, step forward left

ROCK FORWARD, ½ TURN SHUFFLE, ROCK FORWARD, COASTER CROSS

- 1-2 Rock forward on right foot, recover weight to left foot
 - 3&4 ½ turn over right shoulder, step slightly forward on right, slide left heel to right instep, step slightly forward on right
 - 5-6 Rock forward left, recover weight to right foot
 - 7&8 Step back slightly left, step right next to left, cross left over right
- Restart here on wall 4 dance first 16 counts you will be facing 12:00 when you restart.*

GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT

- 1-4 Step right to side, step left behind right, step right to side, touch left toe next to right
- 5-8 ¼ turn left step on left, ½ turn left step on back on right, ¼ turn left step on left, touch right toe next to next to left

TOUCH, SAILOR, TOUCH, SAILOR

- 1-2 Touch right toe forward, touch right toe to right side
- 3&4 Step right behind left, step left to side, step right to side
- 5-6 Touch left toe forward, touch left toe to left side
- 7&8 Step left behind left, step right to right side, step left to left side

REPEAT

TAG – ROCKING CHAIR

4 Count tag: After wall 9

- 1-4 Rock forward right, recover left, rock back right, recover left

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