

# MWD SWIM & DIVE June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 -Registration 2-4 pm *Will also be held Sat. May 25 2-4 pm
2	3 -After School Practice Begins -Team Suit Try-on and Purchase	4 -Practice times adjusted for OLGC picnic (4:30-5/5-5:45)	5 -Parent Meeting 6 pm	6	7	8 -No Practice
9 -Kampus Klothes Online Order Due	10	11 -Parent Diving Clinic 7 pm @ Hideaway	12	13 -Parent Stroke & Turn Clinic 7 pm @ Maple Manor	14	15 -No Practice
16	17 -Morning Practice Begins	18 -Time Trials (during practice) -Parent Stroke & Turn Clinic 7 pm @ MM	19	20	21	22 -Practice (8:30-10/10-11)
23	24 -Lunch Bunch -Raffle Money Due	25 <u>-Meet #1</u> (Home vs Maple Manor)	26 -Swim-a-pool-ooza (during practice)	27	28	29 <u>-Meet #2</u> (Home vs Manor Lu)

## AFTER SCHOOL SWIM PRACTICE

-4:30-5:15PM (10 & UNDER SWIMMERS)  
-5:15-6PM (11 & OVER SWIMMERS)

## MORNING AFTER MEET PRACTICE

-BEGINS HALF HOUR LATER FOR FIRST  
GROUP ONLY (7:30-9 AM)

## MORNING SWIM TEAM PRACTICE

-7-9 AM (HIGH SCHOOL AGE, INCLUDING  
SWIMMERS ENTERING 9TH GRADE AND  
COACH CHOICE)  
-9-10:30 AM (AGES 11-14)  
-9:30-10:30 AM (AGE 8-10/COACH  
CHOICE)  
-10:30-11:15 AM (UP TO AGE 10)

## SWIM TEAM COACH'S CLINIC

-BY INVITE ONLY  
-2-3 DAYS PER WEEK  
-11-11:30 AM

## DIVE TEAM PRACTICE

TIMES TO BE ANNOUNCED

## \*\*\* CHECK IN TIMES FOR MEETS \*\*\*

WEEKNIGHT: SWIMMERS 5:15 PM  
DIVERS 4 PM HOME, 4:30 PM AWAY  
SATURDAY: SWIMMERS 8:15 AM  
DIVERS 7 AM HOME, 7:30 AM AWAY

# MWD SWIM & DIVE July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4 -No Practice	5	6 - <u>Meet #3</u> (Away vs Sunny Willow)
7 -Maplewood Family Day (Raffle Baskets)	8	9 -Senior Night - <u>Meet #4</u> (Home vs Hideaway)	10 -Picture Day -Breakfast Bunch	11	12	13 - <u>Meet #5</u> (Away vs Fort Washington)
14	15	16 - <u>Meet #6</u> (Away vs Upper Moreland)	17	18	19 -Banquet form and money due	20 -Applebee's Breakfast 8-10 am
21	22 -Lunch Bunch	23	24 - <u>B Champs</u> @ Manor Lu	25	26 - <u>Diving Champs</u> @ Upper Moreland	27 - <u>A Champs</u> @ Maplewood -Team Banquet
28	29	30	31			

## MORNING AFTER MEET PRACTICE

-BEGINS HALF HOUR LATER FOR FIRST GROUP ONLY (7:30-9 AM)

## MORNING SWIM TEAM PRACTICE

-7-9 AM (HIGH SCHOOL AGE, INCLUDING SWIMMERS ENTERING 9TH GRADE AND COACH CHOICE)

-9-10:30 AM (AGES 11-14)

-9:30-10:30 AM (AGE 8-10/COACH CHOICE)

-10:30-11:15 AM (UP TO AGE 10)

## SWIM TEAM COACH'S CLINIC

-BY INVITE ONLY

-2-3 DAYS PER WEEK

-11-11:30 AM

## DIVE TEAM PRACTICE

TIMES TO BE ANNOUNCED

## \*\*\* CHECK IN TIMES FOR MEETS \*\*\*

WEEKNIGHT: SWIMMERS 5:15 PM

DIVERS 4 PM HOME, 4:30 PM AWAY

SATURDAY: SWIMMERS 8:15 AM

DIVERS 7 AM HOME, 7:30 AM AWAY