

NEW SUNDAY MORNING WORSHIP TIMES

Monthly Newsletter



ESTABLISHED 1955
HENSON MEMORIAL
C.O.G.I.C.

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JUST FOR THE KIDS

MAYday! MAYday! MAYday!

This is a distress signal used by ships & aircraft when they're in trouble need of some serious help. Young people have you ever been in a spot where you needed help? Well guess what? Jesus is out help and when we cry out his name, JESUS!!! That's our MAYday and he comes right away!

Galatians 1:4 NIV reads, Jesus gave himself for our sins to RESCUE US from the present evil age, according to the will of our God and father.

Stay encouraged in these last few weeks of school, pray before each assignment and project and allow God to work on your behalf. Consider giving your life to Christ now and watch Him work. What a truly awesome way to enjoy your summer and starting the next school year by dedicating your life to Christ. THINK ABOUT IT!

Love Sis. Hill



BIRTHDAYS

Mother Lillie B. Henson
May 11, 2018



ADULT BIBLE TRIVIA



1. After the destruction of Sodom and Gomorrah, the king of which land takes Sarah?
2. How many pieces of gold does Abimelech give Abraham?
3. How many years did Sarah live?
4. Where does Esau move to be closer to his brother Jacob?
5. What is the name of the concubine of Esau's son Eliphaz?

HENSON MEMORIAL ANNOUNCEMENTS

NEW SUNDAY WORSHIP TIMES

Sunday School

9:30am EVERY SUNDAY

Sunday Morning Worship Service
11:00am

Wednesday Night Prayer
6:30pm

Wisdom Wednesday's
7:00pm

Henson Memorial Youth Mother's Day Program

May 13, 2018

Henson Memorial Women's Program
May 19, 2018

SUNDAY SCHOOL

May Topics:

May 6 2018

GIVE CHEERFULLY AND GENEROUSLY

EXODUS 35:20-29

2 CORINTHIANS 9:6-8

MAY 13, 2018

PRESENT YOU FRUITS TO GOD FIRST

LEVITICUS 23:9-14, 22

MAY 20, 2018

REMEMBERING WITH JOY

LEVITICUS 25:1-12

MAY 27, 2018

REJOICING IN RESTORATION

PSALM 34:1-10

HEBREWS 2:17-18

For in depth weekly teachings on all the lessons visit:

<https://www.thatssundayschoolgirl.com>



PRAYER LIST



The World

Kansas East Jurisdiction

Suburban District

Henson Memorial Family

Supt Riley and the Havenside COGIC Family

CURRENT EVENTS

Human Sex Traffic

The Trafficking Victims Protection Act (TVPA) was authorized in 2000 and was the first federal law to address sex trafficking and labor trafficking in the United States. The TVPA focused on the prevention and protection for trafficking survivors, as well as prosecution for traffickers. The TVPA was reauthorized in 2003, 2005, and 2008 as the Trafficking Victim's Protection Reauthorization Act (TVPRA), and each reauthorization offered positive changes.

This year, a bill to reauthorize the TVPRA has been reintroduced to Congress. It holds government contractors accountable for using foreign labor recruiters that use exploited labor, helps law enforcement prevent and prosecute sex tourism, and creates a grant-making program to prevent trafficking in humanitarian crises (such as in the case of Haiti or Syria). To learn more, you can read the Alliance to End Slavery & Trafficking's information about the TVPRA and the actions you can take to ensure the U.S. remains a leader in the movement to end human trafficking.

HEALTH TIPS

Drink Coffee To Have A Better Nap

In a Japanese study that examined how to make the most of a nap, people who took a "coffee nap"—consuming about 200 milligrams of caffeine (the amount in one to two cups of coffee) and then immediately taking a 20-minute rest—felt more alert and performed better on computer tests than those who only took a nap.

Why does this work? A 20-minute nap ends just as the caffeine kicks in and clears the brain of a molecule called adenosine, maximizing alertness. "Adenosine is a byproduct of wakefulness and activity," says Allen Towfigh, MD, medical director of New York Neurology & Sleep Medicine. "As adenosine levels increase, we become more fatigued. Napping clears out the adenosine and, when combined with caffeine, an adenosine-blocker, further reduces its effects and amplifies the effects of the nap."

GENERAL / PUBLIC ANNOUNCEMENTS

Kansas East Jurisdictional Women's
Dept. Travel Fund
Saturday, May 5, 2018
New Hope COGIC
Time: 12:00pm

Kansas East Jurisdictional Service
Fellowship Service
Friday, May 11, 2018
Greater Than Life Ministries COGIC
265 N. Stone Creek Drive
Gardner, KS 66030
Time: 6:30pm

International Women's Convention
May 28th--June 1, 2018
Milwaukee, WI