



(808-246-4567/808-635-2752)

## SALADS

### FRESH FISH SALAD

Organic Lettuce, onions, tomatoes, cabbage, cucumber, & Fresh Fish \$13

### BARBEQUE CHICKEN SALAD

Organic Lettuce, cabbage, cucumber, fresh basil & barbeque chicken, & crotons \$ 12

### CURRY CHICKEN SALAD

Organic curry chicken, organic lettuce, grapes, onions, and cabbage \$ 12

### KALE SUPERFOOD SALAD (VEGAN)

Massaged Kale, grapes, sunflower seeds, cabbage, cucumbers, fresh basil, avocado, & caramelized apple \$ 13

## WRAPS

(served with chips)

### FRESH FISH WRAP

Fresh Fish, Organic Flour tortilla, onions, tomatoes, vegan aioli, brown rice quinoa blend, and homemade lemon ginger dressing \$13

### ROSEMARY CHICKEN WRAP

Organic Chicken, mix greens, cabbage, cucumber, basil, onions, vegan aioli, homemade dressing, and brown rice quinoa blend \$ 13

### HUMMUS BLACK EYED PEAS WRAP (VEGAN)

Organic Flour Tortilla, vegan aioli, mix greens, cucumbers, cabbage, homemade dressing, hummus, black eyed peas, fresh basil, & brown rice quinoa \$13

### AVOCADO WRAP (VEGAN)

Organic Flour Tortilla, Avocado, mix greens, onions, tomatoes, cabbage, fresh basil, brown rice quinoa, vegan aioli, spicy sauce, & homemade dressing \$12

## SANDWICHES

(SERVED WITH CHIPS)

### CURRY CHICKEN SALAD SANDWICH

Lettuce, onions, organic Wholewheat bread, tomatoes, basil, vegan aioli, mustard, and organic curry powder, organic chicken \$ 10

### AVOCADO CHEESE SANDWICH

Organic Wholewheat bread, local avocado, mustard, lettuce, tomato, red onion, cabbage, vegan aioli \$10

### PLATES served with 3 sides:

*brown rice/quinoa, potato salad, garden salad, sweet potato yams, corn bread, kale salad, black eyed peas*

### FRESH FISH PLATE (market \$)

### ROSEMARY CHICKEN PLATE \$16

## SOUP

### COCONUT GINGER MUNG BEAN SOUP

Organic Mung beans, organic coconut milk, onions, bell pepper, ginger, seasonings, lemongrass & moringa leaf or spinach (served with brown rice/quinoa blend). \$ 10

## TEAS/JUICES/SMOOTHIES

BASIL SPEARMINT TEA 16oz \$4

LEMONGRASS TEA \$4

TAHITIAN LIME LEMONADE 16oz \$4

SUPERFOOD NONI GINGER TEA 16oz \$7

WATERMELON JUICE 16oz \$5

STRAWBERRY PROTEIN SMOOTHIE \$7

MANGO SUNRISE SMOOTHIE. \$7

KAUAI KALE SMOOTHIE \$7

