

APRIL 2019
LUNCH & SNACK MENU



Child Development Center
Hyde Park Baptist Church

GF – Gluten Free DF – Dairy Free V – Vegetarian E – Egg

1 WW Fruit Bar DF V Baked Chicken Strips Mashed Potatoes GF V Peas GF DF V Pears Apples & SunButter	2 Banana Bean & Cheese Tacos Steamed Corn Roasted Zucchini Mandarin Oranges Ham & Cheese Roll-Up	3 Egg Bake E Beef Chili Corn Bread Carrots Melon & Berries Cucumber Cream Cheese Wrap	4 Peaches Chicken & Dumplings Peas Pineapple Zucchini Coins w/ Ranch Dip	5 Banana Berry Muffin Baked Chicken Pasta Primavera Mixed Fruit Steamed Carrots & Hummus
8 WW Cheerios BBQ Chicken GF DF Ranch Style Beans Green Beans Pears Zucchini Coins & Veggie Cream Cheese	9 Banana Chicken Quesadillas Black Beans GF DF V Roasted Zucchini GF DF V Mandarin Oranges Turkey & Cheese Roll-Up	10 Egg & Cheese Bake E Beef Spaghetti Carrots GF DF V Garlic Bread Sticks Melon Applesauce	11 Yogurt King Ranch Chicken Casserole Broccoli Cornbread Pineapple Carrot Sticks & Ranch Dip	12 SunButter Muffin Cheese Pizza V Steamed Corn GF DF V Green Beans Mixed Fruit Peaches
15 Cinnamon Applesauce Muffin Beefy Stew/ Veggies Cornbread Pears Carrots & SunButter	16 Banana Turkey Tacos Steamed Corn Black Beans Mandarin Oranges Cheddar & Apples	17 Ham & Egg Bake DF V Meatloaf Mashed Cauliflower Potatoes Peas & Carrots GF DF V Melon & Berries Zucchini Coins w/ Ranch Dip	18 Blueberry Yogurt Creamy Chicken Penne Pasta Green Beans GF DF V Pineapple Pears	19 CDC Closed Good Friday
22 Rice Chex Cereal Salisbury Steak Mashed Potatoes GF DF V Peas GF DF V Pears Apples & Berry Agave Cream Cheese	23 Banana Cheesy Beef Enchilada Bake Spanish Rice Roasted Carrots GF DF V Mandarin Oranges Berries & String Cheese	24 Egg Bake E Chicken Parmesan Spaghetti w/ Marinara Green Beans GF DF V Melon Banana Oatmeal Cookies	25 Mango Yogurt Cubano Sliders Black Beans Yellow Rice Pineapple Banana	26 Cranberry Mandarin Muffin Cheese Pizza V Steamed Corn GF DF V Green Beans Mixed Fruit Peaches
29 WW Cheerios Roasted Turkey Buttered Noodles Green Beans GF DF V Pears Berries & String Cheese	30 Banana Fish Sticks Roasted Red Potatoes Peas & Carrots GF DF V Mandarin Oranges Ham & Cheese Roll-Up			