Vol 3: Issue 2 February 2020



# RecoveryWerks!

Changing the world through recovery one **under**served community at a time

#### **Our Mission:**

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



#### **Our Beliefs:**

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

A donation to RecoveryWerks!
has a huge impact towards
bringing recovery to teens and
families in our community.
Please click on or enter the
link below to donate.
Thank you!

http://www.recoverywerks.org/donate-now.html

# Family Matters

# Hiding in Plain Sight By Joanne Daxon, LCDC

When I say someone is a drug addict or an alcoholic, what picture comes to your mind? Maybe you think of someone passed out on a park bench, or sitting on the ground against a wall or rummaging through a dumpster. Usually our first thought is not of someone with a job, sitting next to us in a restaurant, or a friend married with children. Very few of us think of family members, co-workers, or neighbors. Yet 10% of the population is walking around with a Substance Use Disorder. They are great actors and so are their families and friends. This 10% of the population covers all age groups - 10% of our teens, 10% of young adults, 10% of adults, and 10% of the elderly. It covers all occupations from landscapers and cooks to bankers and politicians. It covers men and women, rich and poor, extroverts and introverts. They walk among us trying to fit in.

Most people who have this disease don't understand why they are different. And their counterparts wonder what is wrong with someone who can't control their drinking or even their prescription drugs. Not everyone prescribed opiates becomes an addict. Far from it; most people use the drug as directed and are thankful for it getting them through a painful illness.

So, they walk among us in plain sight, hiding in fear of being found out, not understanding why or how this could happen to them. And generally, most people encourage this by playing along, not talking about it, and not seeking help while the disease lives on in plain sight.

RecoveryWerks! is here to help teens, young adults, and families find the solution.



#### **Meeting Schedule**

Teens (up to 18):

Monday & Wednesday

7-8pm @ 618 Comal Avenue B1 **New Braunfels** 

**Thursday** 

7-8pm @ 7100 US-281 Spring Branch

Young Adults (18+):

Monday & Wednesday

7-8pm @ 618 Comal Avenue B1 New Braunfels

**Thursday** 

7-8pm @ 7100 US-281

Spring Branch

Family Members (18+):

Monday & Wednesday

7-8pm @ 618 Comal Avenue B1 **New Braunfels** 

**Thursday** 

7-8pm @ 7100 US-281

Spring Branch

**New Gens (Family members** 

**between 9-17)** \*Must have a family member participating in the

program Monday

7-8pm @ 618 Comal Avenue B1

**New Braunfels** 

These services are available at no cost to clients because of generous donors and support from community partners.

## Thank you!!















### View our event page! :

http://www.recoverywerks.org/breakfast-gala.html

### Visit here to purchase tickets directly!:

https://www.eventbrite.com/e/recoverywerks-fundraising-breakfast-galatickets-85909177663

# Stay connected with RecoveryWerks!

Like RecoveryWerks! on Facebook and Instagram





For more resources or to make a donation online please visit www.recoverywerks.org. 618 Comal Avenue B1, New Braunfels TX 78130 (830) 310-2456 or (830) 310-2585