

# Savory Confelli Bean Soup In a Jan Published on Organized Christmas (http://christmas.organizedhome.com)

# Ingredients

Choose 8 types of assorted dried peas, beans and lentils (at least 8 different varieties) from the following list:

pink beans black beans baby lima beans lentils
red lentils black-eyed peas red kidney beans
pinto beans split peas great northern beans small red beans

white beans french lentils

## For each of the 12 jars you will need:

12 vegetarian – low salt bouillon cubes 12 tsp of Italian herb mixture

12 ½-tsp of dry ground garlic 12 tsp of dried parsley

12 bay leaves

## Instructions

Wash, rinse, and dry canning jars. Next add ¼-cup of each type of bean to the jars, layering the beans. Choose the most colorful bean for the bottom layers of the jar. Add eight ¼-cup layers to each jar. In a plastic bag, place 1 bay leaf, 1 bouillon cube, 1 tsp Italian mix, & ½-tsp dry ground garlic powder in each jar. Seal each jar using lids and rings. Cut appropriate amount of 7-inch circles from cotton fabric. Top each jar with fabric circle and tie with ribbon. Print appropriate number of gift tags. Cut gift tags apart and attach to jars with ribbon, or handwrite recipe tags using the recipe below.

## **Directions**

Set aside bouillon cube and bay leaf and choose method to soak beans. (2 Types of soaking methods for the beans)

1) Quick soak: Rinse and sort beans in a large pot. Add 6-8 cups of hot water.Bring to a rapid boil, and boil for 2 minutes. Remove from heat. Cover and let stand for 1 hour. Drain soak water and rinse beans.

2) Overnight soak: Rinse and sort beans in a large pot. Add 6-8 cups cold water. Let stand overnight, or at least 6 to 8 hours. Drain soak water and rinse beans.



## Food Funtastic

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## To cook:

Place beans in a large pot.

## Add:

6 cups water
1 can (14-oz.) chopped tomatoes in juice
(I prefer Muir Glen – Organic Diced tomatoes -Fire Roasted)
1 bay leaf
1 bouillon cube
1 tsp italian seasoning
1 tsp garlic powder

Simmer gently until beans are tender, about 2 hours. Season to taste with salt and pepper. Do check water. If low, add another cup.

## **Notes**

More information: Tips to Make Gifts in a Jar Printable Gifts in a Jar Gift Tags (http://christmas.organizedhome.com)

## **Recipe Source:**

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