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Message from our President

I AM EXCITED AND HONORED TO serve as the current president of LGPS. LGPS gives us the chance to grow and learn from each other. We are fortunate to have a great group of consistent attendees, and also, new faces each year. Our board hopes to provide quality institutes and a rich experience in continuing education.

We are currently focusing on increasing attendance at both our fall and spring institutes. Whether increasing internet visibility or sending brochures in the mail, we're aware that word of mouth - your personal recommendation - is still our most powerful networking tool. We invite you to tell your

coworkers, mentors, and students about LGPS. Bring back a former member or introduce someone new to our group!

We are delighted to welcome new members Rachael Edmiston, Tara Bremond, Anwar Francis, Chelsea Wimberly, and returning members Fritz Vogt and Rudy Troyer to our LGPS board. Hosting an institute is a team effort that requires different backgrounds, talents, and personalities. I'm grateful for the contributions of each board member and

their unbridled enthusiasm for chain email.

Lastly, I'd like to thank you for your part in LGPS. Our organization grows from your participation and the feedback you provide at each institute. For more information about volunteering, donations, or sponsoring a student, please contact the board or visit our website.

We look forward to seeing you at future institutes!

Kevin Credeur, PLPC

2016 FALL INSTITUTE

Baton Rouge, LA

featuring

Art Therapy: Robin Toler, ATR-BC, LAC, AIT-C
Drum Circle: Stanley Masinter, LCSW, BCD, CGP
Mindfulness: Emeric Csaszar, PhD, LPC-S, NCC
Music Therapy: Mary Malloy, MA, MT-BC
Sandplay Therapy: Margaret Humphris, LCSW-BACS, CST

on the subject of

"Going Beyond Talk"

THANKS TO OUR SPONSORS

PLATINUM SPONSOR

Palmetto Addiction & Recovery

SPONSORS

Baton Rouge General – Behavioral Wellness Center

New Beginnings Adolescent Recovery Center

The Journey Home

The Recovery Center of Baton Rouge

St. Christopher's Addiction Wellness Center

Victory Addiction Recovery Center

2016 Fall Institute

October 29

Behavioral Wellness Center –
Baton Rouge General
4045 North Blvd
Baton Rouge, LA 70806

on the topic of
“Going Beyond Talk”

featuring

Art Therapy: Robin Toler, ATR-BC, LAC, AIT-C

Drum Circle: Stanley Masinter, LCSW, BCD, CGP

Mindfulness: Emeric Csaszar, PhD, LPC-S, NCC

Music Therapy: Mary Malloy, MA, MT-BC

Sandplay Therapy: Margaret Humphris, LCSW-BACS, CST

This institute will provide participants education and experience in therapeutic techniques that enhance talk therapy. From mindfulness to expressive therapies like music, art, and sandplay, a variety of activity and change of pace can rejuvenate a group. Our goal is to encourage group leaders to try something new - to broaden their skill set and take full advantage of new experiences they can provide.

Register online now at
LGPSONline.org

Upcoming Events

2017 Spring Institute

April 21-22
Hampton Inn Convention
Center, New Orleans, LA

featuring

Jeff Hudson, M.Ed., LPC, CGP

2018 Spring Institute

May 2018

What would you like to learn?
Who would you like to see?
Let us know at
LGPSnews@gmail.com

Past Events

2016 Spring Institute

Susanne M. Jensen, Ph.D. Scholarship

Sponsored by
LGPS Member Donations

Hannah Knipp

LSU Training Award

Sponsored by
Blue Cross Blue Shield &
LSU School of Social Work

Tara Bremond
Jemecia Jackson
Dana Rock
Erica Mattingly
Chelsea Wimberley

AGPA & CGP

APPROXIMATELY 70 MENTAL HEALTH professionals attended our 2016 Spring Institute. When asked who was a Certified Group Psychotherapist (CGP), no more than 15 people raised their hands. Please take a look at what it means to be a CGP and consider applying if you are leading groups in your practice.

According to the American Group Psychotherapy Association (AGPA): “A Certified Group Psychotherapist (CGP) is a clinical mental health professional who meets internationally accepted criteria of education, training and experience in group psychotherapy. A CGP is an ethical practitioner who is an expert in group psychotherapy and is committed to group psychotherapy as an autonomous treatment modality.” Read more at www.agpa.org/cgp-certification

CONGRATULATIONS

Karen Travis, LCSW-BACS, BCD, CGP, FAGPA

for becoming the
Chairwoman of the Board for
the Group Foundation for
Advancing Mental Health.

Check out her video on
AGPA's Youtube Channel
where she talks about the
Group Foundation:
<https://www.youtube.com/watch?v=TGnNSGKp4ew>

Preservation Membership

Become a Preservation Member when you donate \$25 or more.

We are now offering new levels of Preservation Membership with your LGPS donation.

PRESERVATION
MEMBER: \$25+

SILVER PRESERVATION
MEMBER: \$50+

GOLD PRESERVATION
MEMBER: \$100+

PLATINUM PRESERVATION
MEMBER: \$200+

Recognition of your generosity and commitment to LGPS will be on our website and in our newsletters. If you would like us to keep your donation anonymous, let us know at any time.

Where does the money go?

The Board of LGPS, to assist with whatever is deemed necessary, allocates the money collected from our Preservation Members. Whether it is for providing institute scholarships to those in need of financial assistance, assisting with conferences, or providing honorariums - the opportunities are endless.

Sponsor a Student

Donate \$35 for a student to attend the upcoming fall institute. Let us know you want to sponsor a student

and the money you donate will go directly towards institute registration for a student who may otherwise not be able to afford to attend.

2015-2016 Preservation Members

PLATINUM PRESERVATION MEMBERS

Michael Cascio, LCSW, BCD,
ASCW, CGP
Christen Cummins, LCSW
Christopher Garner, PsyD
David Hayes, PhD

GOLD PRESERVATION MEMBERS

Karen Travis, LCSW-BACS,
CGP, BCD, FAGPA

PRESERVATION MEMBERS

Anita Evans, LCSW, BCD,
DCSW, BACS
Valerie Garofalo, PhD, LCSW
Dwight Hurst, CMHC
Sue Jensen, Ph.D., CGP,
FAGPA
Charles Mann, LCSW-BACS
Darlene Nemeth, PhD, MP,
MPAP, CGP
Maggie Shaver, LMSW
Christine Sotile, LMSW
Deborah Wray, LCSW, CGP

WE THANK YOU FOR YOUR
CONTRIBUTIONS!

Scholarships

Doug Greve, MD Scholarship Fund

LGPS will award an applicant the DOUG GREVE, MD SCHOLARSHIP, which will provide funds to attend the upcoming LGPS institute. The number of recipients and available funds will depend on contributions. Qualified applicants are those currently practicing in the field of psychology, psychiatry, clinical social work, or counseling, who show a special interest in group psychotherapy.

Susanne M. Jensen, Ph.D. Scholarship Fund

LGPS will award an applicant the SUSANNE M. JENSEN, PH.D. SCHOLARSHIP, which will provide funds to attend the upcoming LGPS institute. The number of recipients and available funds will depend on contributions. Qualified applicants are those currently in graduate school or medical residency specializing in psychology, psychiatry, clinical social work, or counseling, who show a special interest in group psychotherapy.

Interested applicants should email their updated CV with a letter of interest in the scholarship and in group psychotherapy to LGPSnews@gmail.com with a subject line of "Scholarship Application". Make sure to identify which scholarship you are applying for.

In Memoriam: Doug Greve & Chuck Wood

WRITTEN BELOW ARE MEMORIES OF DOUG GREVE AND CHUCK WOOD, SHARED BY ATTENDEES AT OUR 2016 SPRING INSTITUTE:

"The theme for Doug was to make contact" **"Doug was the consummate student teacher, always interested in learning and teaching"** "Doug was a great guide to me" **"Doug was authentic"** "Doug was a constant at LGPS to me, he was always there" **"Doug wanted LGPS to be involved in AGPA"** "Doug always had that great smile" **"Doug was so open, and he sought the comfort of those of us here"** "You could always go up to Doug" **"Doug was a very compassionate and a very gentle man"** "Doug's wonderful sharing of his love of literature, poetry, great novels" **"Doug had a playful charm and he was funny as hell"** "Doug's demeanor was calm and inviting" **"You could just feel the love in Doug's home"** "Doug always showed respect for us"

"Chuck was very close with his children and grandchildren" **"The way Chuck tied spirituality and psychotherapy together was beautiful beyond belief"** "Chuck led the experiential group when I was an intern at LSU MHS until a few years ago" **"Chuck would give you a word and you would just melt in your seat"**

"They both really created lives for themselves" **"I didn't know them, but I see their ripple effect".**



Doug Greve
January 26,
1934 –
September 22,
2015



Rev. Charles
"Chuck"
Wood
August 21, 1932
–
March 12, 2016

Self-Care

A COLUMN OF INSPIRATION AND SELF-CARE. REMEMBER TO TAKE TIME EACH DAY TO RELAX AND FOCUS ON SOMETHING BEAUTIFUL.

Danna Bodenheimer, LCSW from Philadelphia, PA, wrote an article on SocialWorker.com about the importance of self-care. She discussed developing the habit of taking a daily picture to capture a magical moment she could reflect upon. The article is brief, but touches on many important notions, including how self-care is often thought of as hard work and how it can be used to deepen our daily interactions with the world, including with our clients.

She stated, "It should be something that we can integrate into our lives, rather than always removing us from our lives." The link to the article is below.

Maggie Shaver, LMSW

Bodenheimer, D. *Real World Clinical Blog: Art as self-care, the art of self-care.* Retrieved from <http://www.socialworker.com/feature-articles/real-world-clinical-sw/art-as-self-care-the-art-of-self-care/>

Info

We Want Your Feedback

Please take a few minutes to complete our anonymous online participant feedback form so we can improve our organization and our institutes.

Visit lgpsonline.org

Click "Events"

Click "Participant Feedback"

Join our Mailing List

Join our Mailing List so we can keep you updated on LGPS and our institutes. You may also use this form to let us know if your information has changed.

LGPSonline.org

LGPSnews@gmail.com

The 2016-2017 Executive Board

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Behavioral Counselor
Behavioral Wellness Center –
BR General

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Clinical Social Worker
Private Practice
Recovery Center of Baton
Rouge

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LSU MSW 2016 Graduate

Blaine Masinter
LSU MSW 2016 Graduate

LGPS Board Meetings

are held monthly. If you are interested in becoming a board member or attending a meeting, please contact us for more information, lgpsnews@gmail.com

Executive Board Vacancies

We are always seeking experienced professionals to serve as Advisors to the Board and students to serve as Student Representatives

learn
from
experience.