Girls' Swim-Dive Past Year-by-Year WDA Results

Western Dakota Association

1976
WDA champion: Minot/351 points
WDA order of finish: Minot, Century, Bismarck High, Williston, Mandan
WDA individual champions
50 Freestyle – Bonnie Flickinger, Min., :26.70
100 Backstroke – B. Flickinger, Min., 1:07.70
100 Breaststroke – Anne Kincheloe, Min., 1:16.40
100 Freestyle – A. Kincheloe, Min., 1:00.50
100 Butterfly – Bette Birkeland, Will., 1:07.50
200 Individual Medley – Bette Birkeland, Will., 2:28.60
200 Freestyle – Julie McMahon, Cent., 2:20.80
500 Freestyle – J. McMahon, Cent., Time NA
1M Diving – Mary Ann Gallagher, Man., 303.20
200 Medley Relay – Minot, 2:15.00 (Julie Pankow, Jodi Bredahl, Mary Iverson, Pam Walker)
400 Freestyle Relay – Minot, 4:17.70 (Nancy Fogel, Jane Western, Jill Schoregge, Tena Thorndal)
WDA state champions:
50 Freestyle – B. Flickinger, Min., :36.58
1M Diving – M. Gallagher, Man., 356.5
Notes: First year of a WDA

1977
WDA champion: Minot/331 points
WDA order of finish: Minot, Williston, Century, Bismarck High, Mandan
WDA individual champions
50 Freestyle – Anne Kincheloe, Minot, :26.35
100 Backstroke – Bonnie Flickinger, Min., 1:07.49
100 Breaststroke – Jodie Bredahl, Min., 1:17.99
100 Freestyle – A. Kincheloe, Min. 1:00.08
100 Butterfly – Julie McMahon, Cent., 1:06.78
200 Individual Medley – Bonnie Flickinger, Min., 2:25.86
200 Freestyle – Kay Erickson, Will., 2:11.00
500 Freestyle – K. Erickson, Will., 5:52.21
1M Diving – Julie Pankow, Min., 427.70
200 Medley Relay – Minot, 2:06.52 (Julie Pankow, Jodi Bredahl, Kay Ryan, Anne Kincheloe)
400 Freestyle Relay – Minot, 4:08.49 (Michely Rudser, Pam Walker, Jane MacIver, Bonnie Flickinger)
WDA state champions
50 Freestyle – Anne Kincheloe, Min., :25.93
100 Freestyle –B. Flickinger, Min., :57.79
100 Breaststroke – A. Kincheloe, Min., 1:13.12
1M Diving – Mary Ann Gallagher, Man., 407.7
200 Medley Relay – Minot, 2:00.98 (J. Pankow, H. Flickinger, A. Kicheloe, J. Bredahl)

1978
WDA champion: Minot/331 points
State champion: Minot/239 points
WDA order of finish: Minot, Century, Williston, Mandan, Bismarck High
WDA individual champions
50 Freestyle – Anne Kincheloe, Min., :26.18
100 Backstroke – Bonnie Flickinger, Min., 1:05.40
100 Breaststroke – A. Kincheloe, Min., 1:13.23
100 Freestyle – B. Flickinger, Min. :51.33
100 Butterfly – Holly Flickinger, Min., 1:05.31
200 Individual Medley – Terri Leupp, BHS, 2:28.82
200 Freestyle – Michelyn Rudser, Min., 2:08.35
500 Freestyle – M. Rudser, Min., 5:39.69; 1M Diving –Julie Pankow, Min., 355.45
200 Medley Relay – Minot, 2:02.19 (B. Flickinger, A. Kicheloe, H. Flickinger, M. Rudser)
400 Freestyle Relay – Williston, 4:05.11 (Colleen Hagan, Kay Erickson, Susan Reep, Bette Birkeland)
WDA state champions
50 Freestyle –A. Kincheloe, Min., :26.26
100 Breaststroke – A. Kincheloe, Min., 1:12.71
100 Backstroke – B. Flickinger, Min., 1:05.08
500 Freestyle – M. Rudser, Min., 5:36.00
1M Diving –J. Pankow, Min., 404.65
200 Medley Relay – Minot, 1:59.02 (B. Flickinger, A. Kincheloe, H. Flickinger, M. Rudser)
400 Freestyle Relay – Williston, 3:58.08 (C. Hagen, Jan Conlin, K. Erickson, B. Birkeland)

1979
WDA champion: Minot/427 points
State champion: Minot/243 points
WDA order of finish: Minot, Bismarck High, Williston, Century, Mandan
WDA individual champions
50 Freestyle – Kim Edwards, Min. :25.95
100 Backstroke – Bonnie Flickinger, Min., 1:04.79
100 Breast stroke – Anne Kincheloe, Min., 1:11.30;
100 Freestyle – K. Edwards, Min., :56.84;
100 Butterfly – Michelle Muri, BHS, 1:03.55
200 Individual Medley – B. Flickinger, Min., 2:18.88
200 Freestyle – Michelyn Rudser, Min., 1:59.96
500 Freestyle – M. Rudser, Min., 5:18.66
1M Diving – Shelley Beauclair, Cent. 377.85
200 Medley Relay – Minot, 2:04.75 (A. Kincheloe, Holly Flickinger, Tori Guthrie, Julie Hubbard)
400 Freestyle Relay – Minot, 3:51.10 (K. Edwards, M. Rudser, B. Flickinger, Christy Forsberg)
WDA state champions
50 Freestyle – K. Edwards, Min., :25.31
100 Breaststroke –A. Kincheloe, Min., 1:11.21
100 Backstroke – B. Flickinger, Min., 1:04.72
200 Individual Medley – B. Flickinger, Min., 2:17.92
200 Freestyle – M. Rudser, Min., 1:56.79
200 Medley Relay – Minot, 2:01.63 (K. Edwards, R. Rudser, B. Flickinger, C. Forsberg)
400Freestyle Relay – Minot, 3:47.87 (M. Rudser, C. Forsberg, K. Edwards, B. Flickinger)

1980
WDA champion: Minot/361 points
State champion: Minot/227 points
WDA order of finish: Minot, Bismarck High, Williston, Mandan, Century
WDA individual champions
50 Freestyle – Kim Edwards, Min., :26.03
100 Backstroke – Heidi Anderson, Man., 1:08.86
100 Breast stroke – Deb Dickson, Cent., 1:15.14
100 Freestyle – K. Edwards, Min., :57.78
100 Butterfly – Holly Flickinger, Min., 1:03.60
200 Individual Medley – H. Flickinger, Min., 2:21.89
200 Freestyle – Michelyn Rudser, Min., 2:01.13
500 Freestyle – M. Rudser, Min., 5:26.59
1M Diving – Barb Edwards, Min., 345.55
200 Medley Relay – Minot, 2:04.35 (H. Flickinger, Julie Hubbard, K. Edwards,Kathy Minette)
400 Freestyle Relay – Minot, 4:01.11 (Denes Smith, Nancy Andrews, Christy Forsberg, M. Rudser)
WDA state champions
100 Breaststroke – Heidi Hill, Jam., 1:13.87
200 Individual Medley – H. Hill, Jam., 2:18.63
200 Freestyle – M. Rudser, Min., 2:00.59
500 Freestyle –M. Rudser, Min., 5:25.58
200 Medley Relay – Minot, 2:01.66 (Tori Guthrie, J. Hubbard, H. Flickinger, K. Edwards)
400 Freestyle Relay –Minot, 3:57.22 (D. Smith, N. Andrews, C. Forsberg, M. Rudser)
Note: Jamestown competed in the EDC

1981
WDA champion: Minot/418 points
State champion: Minot/279 points
WDA order of finish: Minot, Century, Bismarck High, Mandan, Williston
WDA individual champions
50 Freestyle – Christy Forsberg, Min., :26.02
100 Backstroke – Holly Flickinger, Min., 1:05.95
100 Breaststroke – Jenny Kremer, Man. 1:16.99
100 Freestyle – C. Forsberg, Min. :57.24
100 Butterfly – H. Flickinger, Min., 1.02.62
200 Individual Medley – Michelyn Rudser, Min., 2:20.22; 200 Freestyle – Denise Hanna, Min. 2:07.97
500 Freestyle – M. Rudser, Min., 5:38.16
1M Diving – Barb Edwards, Min., 320.85
200 Medley Relay – Minot, 2:03.08 (Carolyn Hana, Julie Hubbard, H. Flickinger, Mette Hansen)
400 Freestyle Relay – Minot,3:50.00 (D. Hanna, Nancy Andrews, C. Forsberg, M. Rudser)
WDA state champions
100 Breaststroke – H. Hill, Jam., 1:15.10
100 Backstroke – Debbie Dickson, Cent., 1:04.27
100 Freestyle – C. Forsberg, Min., :56.28
200 Individual Medley – M. Rudser, Min., 2:18.68
200 Freestyle – D. Hanna, Min., 2:05.32
500 Freestyle – M. Rudser, Min., 5:27.04; 200 Medley Relay – Minot, 2:01.73 (C. Hanna, J. Hubbard, H. Flickinger, M. Hansen)
400 Freestyle Relay – Minot, 3:54.21 (D. Hanna, D. Smith, C. Forsberg, M. Rudser)
Notes: Minot became first team to win 10 individual events at the WDA meet...Jamestown competed in the EDC

1982
WDA champion: Minot/432 points
State champion: Minot/339 points
WDA order of finish: Minot, Bismarck HIgh, Mandan, Century, Williston
WDA individual champions
50 Freestyle – Holly Flickinger, Min., :25.50
100 Backstroke – Carolyn Hanna, Min. 1:05.45
100 Breaststroke – Jenny Kremer, Man., 1:16.79
100 Freestyle – Christy Forsberg, Min., :56.60
100 Butterfly – H. Flickinger, Min., 1.01.63
200 Individual Medley –Michelyn Rudser, Min., 2:15.50
200 Freestyle – Denise Hanna, Min., 2:05.42
500 Freestyle – M. Rudser, Min., 5:23.54
1M Diving – Jennifer Hunkele, BHS, 443.70
200 Medley Relay – Min., 2:04.06 (Carolyn Hanna, Jenny Romine, Holly Flickinger, Vicky Pomaville)
400 Freestyle Relay – Minot, 3:54.05 (D. Hanna, Kim Warren, M. Rudser, C. Forsberg)
WDA state champions
50 Freestyle – C. Forsberg,Min., :25.43
100 Freestyle – C. Forsberg, Min., :55.32
100 Breaststroke – H. Hill, Jam., 1:15.00
100 Backstroke – C. Hanna, 1:05.37
100 Butterfly – H. Flickinger, Min., 1:00.93
200 Individual Medley – M. Rudser, Min., 2:14.54
500 Freestyle – M. Rudser, Min., 5:22.42
1M Diving – J. Hunkele, BHS, 393.25
200 Medley Relay – Minot, 2:00.56 (C. Hanna, H. Flickinger, V. Pomaville, S. Iverson)
400 Freestyle Relay – Minot, 3:47.88 (D. Hanna, K. Warren, C. Forsberg, M. Rudser).
Notes: Minot's Michelyn Rudser (1978-82) first swimmer to win same WDA event five consecutive times (500 freestyle)...Jamestown competed in the EDC.

1983
WDA champion: Minot/322 points
State champion: Minot/254 points
WDA order of finish: Minot, Mandan, Bismarck High, Century, Williston
WDA individual champions
50 Freetyle – Christy Forsberg, Min., :25.52
100 Backstroke – Jenny Kremer, Man., 1:07.84
100 Breaststroke – Su- Lin Woo, Cent., 1:16.68
100 Freestyle – C. Forsberg, Min., :55.86
100 Butterfly – Michelle Muri, BHS, 1:04.53
200 Individual Medley – Sonya Iverson, Min., 2:24.85
200 Freestyle – Missy Yantzer, Min., 1:59.82
500 Freestyle – M. Yantzer, Min., 5:19.50
1M Diving – Jennifer Hunkele, Min., 411.10
200 Medley Relay – Minot, 1:59.68 (M. Yantzer, S. Iverson, Vicky Romaville, C. Forsberg);
400 Freestyle Relay – Bismarck, 4:04.13 (Patty Job, Jenelle Muri, Sue Halvorson, M. Muri)

Girls' Swim-Dive Past Year-by-Year WDA Results

WDA state champions
50 Freestyle – C. Forsberg, Min., :25.23
100 Freestyle – C. Forsberg, Min., :54.66
100 Breaststroke – Su-Lin Woo, Cent., 1:15.15
100 Butterfly – V. Pomaville, Min., 1:04.73
200 Freestyle – M. Yantzer, Min., 2:01.23
1M Diving – J. Hunkele, Min., 440.25
200 Medley Relay – Minot, 159.28 (M. Yanzter, J. Romine, V. Pomaville, N. Dahl)
400 Freestyle Relay – Minot, 3:54.51 (C. Marten, A. Swann, S. Iverson, C. Forsberg)

1984

WDA champion: Minot/364 points
State champion: Minot/258 points
WDA order of finish: Minot, Mandan, Bismarck High, Century, Williston
WDA individual champions
50 Freestyle – Alisha Peterson, Man. 26.63
100 Backstroke – Missy Yantzer, Min., 1:05.01
100 Breast stroke – Su-Lin Woo, Cent., 1:15.95
100 Freestyle – M. Yantzer, Min., :56.80;
100 Butterfly – Michelle Muri, BHS, 1:04.30
200 Individual Medley –Sonya Iverson, Min., 2:23.56
200 Freestyle – Jenny Riedinger, Man., 2:05.76
500 Freestyle – J. Riedinger, Man., 5:10.48
1M Diving – Jody Thompson, Min., 312.15
200 Medley Relay – Min. 2:01.86 (S. Iverson, Jenny Romine, Vicky Pomaville, Nancy Dahl)
400 Freestyle Relay – Man., 3:55.17 (Shannon Hilfer, Abbie Walter, J. Riedinger, A. Peterson)
WDA state champions
100 Freestyle – M. Yantzer, Min., :55.82
100 Backstroke – H.Hill, Jam., 1:04.70
100 Breast stroke – P. Triepke, Jam., 1:14.57
100 Butterfly – M. Muri, BHS, 1:03.00
200 Freestyle – J. Reidinger, Man., 2:05.56
200 Individual Medley – M. Yantzer, Min., 2:17.64
500 Freestyle – P. Rudser, Min., 5:38.95
1M Diving – S. Hurd, Min., 397.85
200 Medley Relay – Minot, 2:00.22 (S. Iverson, J. Romine, V. Pomaville, N. Dahl)
400 Freestyle Relay – Minot, 3:53.74 (C. Marten, P. Rudser, C. Volk, M. Yantzer)

1985

WDA champion: Minot/389 points
State champion: Minot/296 points
WDA order of finish: Minot, Mandan, Williston Century, Bismarck High
WDA individual champions
50 Freestyle – Stacy Burkhart, Min., :26.01
100 Backstroke – Missy Yantzer, Min. 1:04.56
100 Breaststroke – Su-Lin Woo, Cent., 1:15.61
100 Freestyle – Cara Beazley, Cent., :58.04
100 Butterfly – Vicky Pomaville, Min., 1:05.73
200 Individual Medley – M. Yantzer, Min. 2:17.07
200 Freestyle – Paula Rudser, Min. 2:02.68
500 Freestyle – P. Rudser, Min., 5:27.29
1M Diving – Stacy Hurd, Min., 341.90
200 Medley Relay – Minot, 2:00.68 (Sonya Iverson, Jenny Romine, V. Pomaville, S. Burkhart)
400 Freestyle Relay – Minot, 3:53.70 (Nancy Dehl, P. Rudser, Tasha Shipman, M. Yantzer)
WDA state champions
100 Backstroke – M. Yantzer, Min., 1:04.47
100 Breastroke – Paula Triepke, Jam., 1:12.31
200 Freestyle –P. Rudser, Min., 2:02.08
200 Individual Medley –M. Yantzer, Min., 2:12.77
500 Freestyle – P. Rudser, Min., 5:28.24
200 Medley Relay – Minot, 1:59.14 (S. Iverson, J. Romine, V. Pomaville, S. Burkhart)
400 Freestyle Relay – Mandan, 3:53.30 (J. Reidinger, D. Hiller, A. Peterson, S. Hiller)
Notes: Minot's Missy Yantzer first swimmer to win five different individual WDA events (100 Backstroke, 100 Freestyle, 200 Medley, 200 freestyle, 500 freestyle)...Jamestown competed in the EDC.

1986

WDA champion: Minot/387 points
State champion: Minot/269 points
WDA order of finish: Minot, Mandan, Williston, Century, Bismarck High
WDA individual champions
50 Freestyle – Stacy Burkhart, Minot, :25.94
100 Backstroke – Lisa Schlieman, Min., 1:07.88
100 Breaststroke – Angie Johnson, Min., 1:11.23
100 Freestyle – S. Burkhart, Min., :56.41
100 Butterfly – Andrea Rudser, Min., 1:04.10
200 Individual Medley – A. Johnson, Min., 2:20.77
200 Freestyle – Paula Rudser, Min., 2:02.58
500 Freestyle – P. Rudser, Minot, 5:34.46
1M Diving –Kathy Bumb, Man., 352.85
200 Medley Relay – Minot, 2:01.33 (NA)
400 Freestyle Relay – Minot, 3:54.63 (NA)
WDA state champions
50 Freestyle – S.Burkhart, Min., :25.75
100 Backstroke – M. Yantzer, Cent., 1:04.42
100 Breaststroke – A. Johnson, Min., 1:10.65
100 Butterfly – A. Rudser, Min., 1:02.49
200 Individual Medley – A. Johnson, Min.,2:17.68
500 Freestyle – P. Rudser, Min.,5:23.48
200 Medley Relay – Century, 1:57.64 (T. Yantzer, Su-Lin Woo, C. Beazley, M. Yantzer)
400 Freestyle Relay – Minot, 3:52.58 (S. Disrud, P. Rudser, T. Berntsen, S. Burkhart)

1987

WDA champion: Minot/353 points
State champion: Minot/255 points
WDA order of finish: Minot, Mandan, Williston, Century, Bismarck High
WDA individual champions
50 Freestyle – Andrea Rudser, Min. :25.00;
100 Backstroke – Missy Yantzer, Cent., 1:02.90
100 Breaststroke – Tisha Yantzer, Cent. 1:10.39
100 Freestyle – S. Burkhart, Min., :56.45
100 Butterfly – A. Rudser, Min., :59.95
200 Individual Medley – M. Yantzer, Century, 2:14.77
200 Freestyle – Paula Rudser, Min., 1:59.64
500 Freestyle – P. Rudser, Min., 5:23.51
1M Diving – Tonia Timm, Min., 364.85
200 Medley Relay – Minot, 1:57.10
(Tisha Shipman, Lisa Schlieman, A. Rudser, S. Burkhart)
400 Freestyle Relay – Mandan, 3:52.30 (Shannon Hilfer, Alisha Peterson, Janell Harding, Suzie Helvig)
WDA state champions
100 Backstroke – M. Yantzer, Cent., 1:02.00
100 Breaststroke – T. Yantzer, Cent., 1:08.92
100 Butterfly – A. Rudser, Min., 1:00.08
200 Individual Medley – M. Yantzer, Cent., 2:15.01
200 Freestyle – P. Rudser, Min., 1:59.03
500 Freestyle – P. Ruder, Min., 5:25.52
1M Diving – T. Timm, Min., 328.50
200 Medley Relay – Century, 1:56.76 (M. Yantzer, T. Yantzer, J. Bitz, J. Goeddertz)
400 Freestyle Relay – Minot, 3:47.99 (P. Rudser, S. Burkhart, T. Berntson, J. Olstad)
Note: Minot wins its 10th consecutive state title.

1988

WDA champion: Minot/388 points
State champion: Minot/281.5 points
WDA order of finish: Minot, Mandan, Century, Williston, Bismarck High
WDA individual champions
50 Freestyle – Andrea Rudser, Min., :24.93
100 Backstroke – Amy Vigars, Min. 1:03.71
100 Breaststroke – Tisha Yantzer, Cent., 1:07.63
100 Freestyle – Barb Stork, Man., :56.05
100 Butterfly – A. Rudser, Min., :58.43
200 Individual Medley – T. Yantzer, Cent., 2:12.66
200 Freestyle – Paula Rudser, Min., 1:59.73
500 Freestyle – P. Rudser, Min. 5:21.36
1M Diving – Tonia Timm, Min., 350.80
200 Medley Relay – Century, 1:56.44 (Jonna Gaustad, T. Yantzer, Cindy Goeddertz, Julie Bitz)
400 Freestyle Relay – Mandan, 3:42.11
(Teresa Berntson, Lisa Loeffler, P. Rudser, A. Rudser)

WDA state champions
50 Freestyle – A. Rudser, Min., :24.71
100 Breaststroke – T. Yantzer, Cent., 1:07.09
100 Backstroke – A. Vigars, Min., 1:01.94
100 Butterfly – A. Rudser, Min., :58.51
200 Individual Medley – T. Yantzer, Cent., 2:12.18
200 Freestyle – P. Rudser, Min., 1:57.71
500 Freestyle – P. Rudser, Min., 5:19.91
1M Diving – T. Timm, Min., 340.95
200 Medley Relay – Century, 1:55.35 (J. Gaustad, C. Goeddertz, T. Yantzer, J. Bitz)
400 Freestyle Relay – Minot, 3:42.48 (T. Berntson, P. Rudser, L. Loeffler, A. Rudser)

1989

WDA champion: Minot/330 points
State champion: Mandan/228 points
WDA order of finish: Minot, Mandan, Williston, Century, Bismarck High
WDA individual champions
50 Freestyle – Suzie Helvig, Man., :24.78
100 Backstroke – Amy Vigars, Min., 1:03.01
100 Breaststroke – Tisha Yantzer, Cent., 1:07.46
100 Freestyle – Cindy Goeddertz, Cent., :56.32
100 Butterfly – A. Rudser, Min., :58.39
200 Individual Medley – T. Yantzer, Cent., 2:14.04
200 Freestyle – A. Rudser, Min. 2:00.29
500 Freestyle – S. Helvig, Man., 5:25.05
1M Diving – Kelly LeRoy, Man., 382.05
200 Medley Relay – Century, 1:57.48 (Cynthia Miller, T. Yantzer, Julie Bitz, C. Goeddertz);
400 Freestyle Relay – Mandan, 3:49.77 (Nicole Fiest, Janell Harding, S. Helvig, Barb Stork)
WDA state champions
50 Freestyle – S. Helvig, Man., :24.92
100 Breaststroke – T. Yantzer, Cent., 1:07.63
100 Backstroke – A. Vigars, Min., 1:02.40
100 Freestyle – C. Goeddertz, Cent., :55.06
100 Butterfly – A. Rudser, Min., :57.92
200 Freestyle – A. Rudser, Min., 2:01.12
200 Individual Medley -- T. Yantzer, Cent., 2:13.56
500 Freestyle – S. Helvig, Man., 5:26.92
1M Diving – K. LeRoy, Man., 393.85
200 Medley Relay – Minot, 1:56.22 (A. Vigars, A. Rudser, M. Parker, J. Alme)
400 Freestyle Relay – Mandan, 3:48.95 (J. Harding, N. Fiest, B. Stork. S. Helvig)
Note: Mandan becomes second WDA team to win state title.

1990

WDA champion: Mandan/320 points
State champion: Mandan/265 points
WDA order of finish: Mandan, Minot, Century, Bismarck High, Williston
WDA individual champions
50 Freestyle – Cindy Goeddertz, Cent., :25.88
100 Backstroke – Melissa Parker, Min., 1:03.48
100 Breaststroke – Tisha Yantzer, Cent., 1:10.81
100 Freestyle – Julie Bitz, Cent., :56.14
100 Butterfly – Lisa Rodriguez, Will., 1:02.10
200 Individual Medley – T. Yantzer, Cent., 2:15.65
200 Freestyle – Suzie Helvig, Man., 1:58.37
500 Freestyle – S. Helvig, Man., 5:16.99
1M Diving – Kelly LeRoy, Man. 368.70
200 Medley Relay – Mandan, 1:55.70 (Barb Stork, Nicole Fiest, Kris Wagner, S. Helvig);
200 Freestyle Relay – Mandan, 1:47.68 (Natalie Riedinger, Cody Hohbein, Janell Harding, K. Wangler)
400 Freestyle Relay – Mandan, 3:46.64 (J. Harding, N. Fiest, B. Stork, S. Helvig)

Girls' Swim-Dive Past Year-by-Year WDA Results

WDA state champions
50 Freestyle – C. Goeddertz, Cent., :24.68
100 Freestyle – J. Bitz, Cent., :54.68
100 Breaststroke – T. Yanzter, Cent., 1:08.71
100 Backstroke – M. Parker, Min., 1:03.27
100 Butterfly – L. Rodriguez, 1:00.69
200 Freestyle – S. Helvig, Man., 1:56.39
200 Individual Medley – T. Yantzer, Cent., 2:12.96
500 Freestyle – S. Helvig, Man., 5:13.70
1M Diving – K. LeRoy, Man., 377.65
200 Medley Relay – Mandan, 1:53.23 (B. Stork, N. Fiest, K. Wagner, S. Helvig)
400 Freestyle Relay – Mandan, 1:43.19 (J. Harding, N. Riedinger, C. Hoebein, K. Wagner)
Note: The 200 freestyle relay event is added.

1991

WDA champion: Mandan/379 points
State champion: Mandan/269 points
WDA order of finish: Mandan, Century, Minot, Williston, Bismarck High
WDA individual champions
50 Freestyle – Cindy Goeddertz, Cent. :25.09
100 Backstroke – Molly Hubber, Cent. 1:02.68
100 Breaststroke – Nicole Fiest, Man., 1:09.99
100 Freestyle – Julie Bitz, Cent. :56.10
100 Butterfly – Kris Wagner, Man. 1:02.68
200 Individual Medley – N. Fiest, Man., 2:16.66
200 Freestyle – Suzie Helvig, Man., 1:55.99
500 Freestyle – S. Helvig, Man., 5:11.99
1M Diving – Kelly LeRoy, Man., 413.50;
200 Medley Relay – Mandan, 1:56.10 (N. Fiest, DeDe Sletten, K. Wagner, S. Helvig);
200 Freestyle Relay – Mandan, 1:41.73 (LaVonne Sletten, N. Fiest, K. Wagner, S. Helvig)
400 Freestyle Relay – Century, 3:49.78 (C. Goeddertz, Kara Schmitz, Charissa Rohrich, J. Bitz)
WDA state champions
50 Freestyle – C. Goeddertz, Cent., :24.65
100 Breaststroke – N. Fiest, Man., 1:08.70
100 Backstroke – M. Huber, Cent., 1:01.85
200 Freestyle – S. Helvig, Man., 1:55.07
200 Individual Medley – N. Fiest, Man., 2:12.85
500 Freestyle – S. Helvig, Man., 5:11.28
1M Diving – K. LeRoy, Man., 407.25
200 Medley Relay – Mandan, 1:54.05 (N. Fiest, K. Wagner, D. Sletten, S. Helvig)
200 Freestyle Relay –Mandan, 1:40.48 (L. Sletten, K. Wagner, N. Fiest, S. Helvig)
400 Freestyle Relay – Century,3:42.46 (C. Goeddertz, C. Rohrich, K. Schmitz, J. Bitz)

1992

WDA champion: Minot/328 points
State champion: Minot/294 points
WDA order of finish: Minot, Century, Mandan Williston, Bismarck High
WDA individual champions
50 Freestyle – Melissa Parker, Min., :25.62
100 Backstroke – M. Parker, Min., 1:02.42
100 Breaststroke – Nicole Feist, Man., 1:09.32
100 Freestyle – Kara Bitz, Cent., :56.33
100 Butterfly – Pamela Richmond, Man., :59.25
200 Individual Medley – N. Feist, Man., 2:16.12
200 Freestyle – Suzie Helvig, Man., 1:55.66
500 Freestyle – S. Helvig, Man., 5:16.11;
1M Diving – Summer Bourdeau, Cent., 368.75
200 Medley Relay – Century, 1:56.32 (Elizabeth Pierce, Lynn Olauson, Molly Huber, Kara Schmitz)
200 Freestyle Relay – Mandan, 1:42.10 (Sara Fryslie, DeDe Sletten, N. Fiest, S. Helvig)
400 Freestyle Relay – Mandan, 3:45.24 (P. Richmond, N. Fiest, S. Helvig, Linn Little)

State champions
100 Freestyle – S. Helvig, Man., :52.38
100 Breastroke – N. Fiest, Man., 1:09.17
100 Backstroke – M. Huber, Cent., 1:03.13
100 Butterfly – P. Richmond, Man., :58.09
200 Freestyle – S. Helvig, Man., 1:54.48
200 Individual Medley – N. Fiest, Man., 2:13.48
500 Freestyle – S. Stevenson, Min., 5:23.65
1M Diving – S. Budreau, Cent., 369.95
200 Medley Relay – Mandan, 1:54.70 (S. Fryslie, R. Mahutga, P. Richmond, D. Sletten)
200 Freestyle Relay – Mandan, 1:42.15 (M.Braunberger, N. Fiest, S. Fryslie, S. Helvig)
400 Meter Relay – Mandan, 3:44.11 (N. Fiest, L. Little, S. Helvig, P. Richmond)

1993

WDA champion: Century/354 points
State champion: Century/232 points
WDA order of finish: Century, Minot, Mandan Williston, Bismarck High
WDA individual champions
50 Freestyle – Sara Stevenson, Min., :25.09
100 Backstroke – Lisa Haunz, Cent. 1:02.30
100 Breaststroke – Amy Gormally, Will., 1:09.55
100 Freestyle – S. Stevenson, Min., :54.41
100 Butterfly – Holly Skarsgaard, Min., 1:01.83
200 Individual Medley – A. Gormally, Will, 2:14.94
200 Freestyle – Marie Burckhard, Min. 2:00.46
500 Freestyle – M. Burckhard, Min., 5:28.48
1M Diving – Summer Bourdeau, Cent. 406.90
200 Medley Relay – Minot, 1:53.66 (Tara Bruels, Jennifer Lowe, H. Skarsgaard, S. Stevenson)
200 Freestyle Relay – Century, 1:43.26 (Andi Kinschi, Nada Phinney, Elizabeth Pierce, Kara Schmitz)
400 Freestyle Relay – Century, 3:48.03 (Kristy Delvo, A. Kindshi, N.Phinney, K. Schmitz)
WDA state champions
100 Breaststroke – A. Gormally, Will., 1:08.17
100 Backstroke – K. Schmitz, Cent., 1:00.70
100 Butterfly – S. Doeden, Will., 1:00.87
200 Freestyle – K. Schmitz, Cent., 1:58.97
200 IndividualMedley – A. Gormally, Will., 2:12.56
500 Freestyle – Marie Buckhard, Min., 5:20.56
1M Diving – S. Bordeau, Cent., 393.80
200 Medley Relay – Minot, 1:52.84 (T. Bruels, J. Lowe, H. Skarsgard, S. Stevenson)

1994

WDA champion: Minot/390 points
State champion: Minot/475 points
WDA order of finish: Minot, Century, Williston Mandan, Bismarck High
WDA individual champions
50 Freestyle – Sarah Doeden, Will., :25.37
100 Backstroke – Kara Schmitz, Cent., 1:00.04
100 Breaststroke – Amy Gormally, Will., 1:07.25
100 Freestyle – S. Stevenson, Min., :54.64
100 Butterfly – Holly Skarsgaard, Minot, :59.73
200 Individual Medley – Elizabeth Pierce, Cent., 2:12.56
200 Freestyle – S. Stevenson, Minot, 1:57.98
500 Freestyle – Marie Burckhard, Minot, 5:20.94
1M Diving – Molly McDonald, Century, 465.45
200 Medley Relay – Minot, 1:52.87 (Tara Bruels, Jennifer Bruels, H. Skarsgaard, M. Burckhardt)
200 Freestyle Relay – Minot, 1:43.38 (T. Bruels, Jennifer Lowe, Kate Holland, S. Stevenson)
400 Freestyle Relay – Minot, 3:43.78 (K. Holland, H. Skarsgaard, M. Burckhard, S. Stevenson)

WDA state champions
100 Freestyle – S. Stevenson, Min., :53.02;
100 Breaststroke – A. Gormally, Will., 1:07.59
100 Backstroke – 1. K. Schmitz, Cent., :59.71
100 Butterfly – H. Skarsgaard, Min., :58.58
200 Freestyle – S. Stevenson, Min., 1:54.45
200 Individual Medley – E. Pierce, Cent., 2:09.40
500 Freestyle – M. Buckhard, Min., 5:13.04
1M Diving – M. McDonald, Cent., 424.65
200 Medley Relay – Minot, 1:50.70 (T. Bruels, J. Lowe, M. Burckhard, H. Skarsgaard)
200 Freestyle Relay – Century, 1:40.66 (K. Schmitz, A. Kindschi, K. Delvo, E. Pierce)
400 Freestyle Relay – Minot, 3:27.64 (K. Holland, H. Skarsgard, M. Burkhard, S. Stevenson)

1995

WDA champion: Minot/422 points
State champion: Minot/538.5 points
WDA order of finish: Minot, Century, Mandan, Williston, Bismarck High
WDA individual champions
50 Freestyle – Sara Stevenson, Min., :25.25
100 Backstroke – Lisa Haunz, Cent., 1:00.61
100 Breaststroke – Kate Giese, Cent., 1:06.38
100 Freestyle – S. Stevenson, Min,, :54.14
100 Butterfly – Holly Skarsgaard, Min., :59.77
200 Individual Medley – Elizabeth Pierce, Cent., 2:09.87
200 Freestyle – Marie Burckhard, Min., 1:57.98
500 Freestyle –M. Burckhard, Min., 5:18.22
1M Diving – Molly McDonald, Century, 431.70
200 Medley Relay – Century, 1:50.26 (L. Haunz, K. Giese, E. Pierce, Jennifer Farnsworth)
200 Freestyle Relay – Minot, 1:43.15 (K. Holland, Jennifer Lowe, M. Burckhard, S. Stevenson)
400 Freestyle Relay – Minot, 3:44.45 (K. Holland, Tara Bruels, H. Skarsgaard, M. Burckhard)
WDA state champions
100 Freestyle – S. Stevenson, Min., :54.44
100 Breaststroke – K. Giese, Cent., 1:06.61
100 Backstroke – L. Haunz, Cent., :59.95
100 Butterfly – H. Skarsgaard, Min., :59.37
200 Freestyle –S. Stevenson, Min., 1:56.95
200 Individual Medley – E. Pierce, Cent., 2:11.73
500 Freestyle – K. Holland, Min., 5:18.42
1M Diving – M. McDonald, Cent., 451.45
200 Medley Relay – Minot, 1:50.15 (T. Bruels, J. Lowe, M. Burckhard, H. Skarsgard)
200 Freestyle Relay – Century, 1:41.51 (K. Delvo, J. Farnsworth, A. Kindschi, E. Pierce)
400 Freestyle – Minot, 3:41.31 (T. Bruels, K. Holland, H. Skarsgard, S. Stevenson)

1996

WDA champion: Minot/462.5 points
State champion: Minot/536.5 points
WDA order of finish: Minot, Century, Mandan, Williston, Bismarck High
WDA individual champions
50 Freestyle – Andi Kindschi, Cent., :25.02
100 Backstroke – Lisa Haunz, Cent., :59.59
100 Breaststroke– Kate Giese, Cent. 1:05.83
100 Freestyle – Marie Burckhard, Min., :54.32
100 Butterfly – Holly Skarsgaard, Min., :58.26
200 Individual Medley – Elizabeth Pierce, Cent., 2:09.03
200 Freestyle – Kate Holland, Min., 1:58.31
500 Freestyle – K. Holland, Min., 5:17.20
1M Diving – Molly McDonald, Cent., 472.70
200 Medley Relay – Minot, 1:49.35 (Tara Bruels, Jennifer Lowe, H. Skarsgaard, M. Burckhard)
200 Freestyle Relay – Minot, 1:41.84 (T. Bruels, K. Holland, Tessa Goldade, J. Lowe)
400 Freestyle Relay – Century, 3:38.94 (Amy Jundt, L. Haunz, A. Kindschi, E. Pierce)

Girls' Swim-Dive Past Year-by-Year WDA Results

WDA state champions
100 Freestyle – E. Pierce, Cent., :53.87
100 Breaststroke – K. Giese, Cent., 1:04.81
100 Backstroke – L. Haunz, Cent., :58.07
100 Butterfly – H. Skarsgaard, Min., :58.99
200 Freestyle – K. Holland, Min., 1:57.98
200 Individual Medley – E. Pierce, Cent., 2:09.06
500 Freestyle – K. Holland, Min., 5:20.08
1M Diving – M. McDonald, Cent., 479.05
200 Medley Relay – Century, 1:48.62 (L. Haunz, K. Giese, E. Pierce, A. Kindschi)
200 Freestyle Relay – Minot, 1:41.71 (T. Bruels, K. Holland, T. Goldade, J. Lowe)
400 Freestyle Relay – Century, 3:37.52 (A. Jundt, L. Haunz, A. Kindschi, E. Pierce)

1997

WDA champion: Minot/448 points
State champion: Minot/478 points
WDA order of finish: Minot, Mandan, Williston, Century, Bismarck High
WDA individual champions
50 Freestyle – Marie Burckhard, Min., :25.26
100 Backstroke – Lisa Haunz, Cent., :59.68
100 Breaststroke – Jennifer Lowe, Min., 1:07.36
100 Freestyle – M. Burckhard, Min., :54.17
100 Butterfly – L. Haunz, Cent., 1:00.14
200 Individual Medley – J. Lowe, Min., 2:11.93
200 Freestyle – Lauren Little, Man., 1:58.21
500 Freestyle – Kate Holland, Min., 5:17.85
1M Diving – Rachelle Giese, Man., 432.50
200 Medley Relay – Minot, 1:52.41; (K. Holland, J. Lowe, K. Lowee, M. Burckhard)
200 Freestyle Relay – Minot, 1:42.65 (M. Burckhard, Alecia Aspaas, J. Lowe, Tessa Goldade)
400 Freestyle Relay – Minot, 3:47.23 (T. Goldade, K. Lowe, Jamie Wendt, K. Holland)
WDA state champions
50 Freestyle – J. Ament, Jam., :25.01
100 Backstroke – L. Haunz, Cent., :58.04; 200 Freestyle – L. Little, Man., 1:55.95
200 Individual Medley – J. Lowe, Min., 2:10.15
500 Freestyle – K. Holland, Min., 5:19.61
1M Diving – R. Giese, Man., 438.55
200 Medley Relay – Minot, 1:52.73 (J. Wendt, J. Lowe, K. Lowe, T. Goldade)
200 Freestyle Relay – Minot, 1:40.60 (M. Buckhard, K. Holland, J. Lowe, T. Goldade)
400 Freestyle Relay – Minot, 3:40.79 (K. Holland, K. Deutsch, J. Wendt, M. Burckhard)
Note: Jamestown competed in the EDC

1998

WDA champion: Minot/442 points
State champion: Minot/441 points
WDA order of finish: Minot, Mandan, Williston, Century, Bismarck High
WDA individual champions
50 Freestyle – Nicole Sauer, Man., 25:99
100 Backstroke – Lisa Haunz, Cent., :59.55
100 Breaststroke – Kate Giese, Cent., 1:09.69
100 Freestyle – Tessa Goldade, Min., :56.33
100 Butterfly – L. Haunz, Cent. :59.07
200 Individual Medley – Jamie Wendt, Min., 2:16.75
200 Freestyle – Kate Holland, Min. 1:59.71
500 Freestyle – Kate Holland, Min., 5:18.53
1M Diving – Marie Boyeff, Min., 400.10
200 Medley Relay – Minot, 1:55.20 (J. Wendt, Alicia Aspaas, Katie Lowe, Emily Week)
200 Freestyle Relay – Mandan, 1:43.48 (N. Sauer, Randi Keller, Amy Ricker, Lauren Little)
400 Freestyle Relay – Minot, 3:46.14 (T. Goldade, Katie Duetsch, J. Wendt, K. Holland)

WDA state champions
50 Freestyle – Jill Ament, Jam., :25.35
100 Freestyle – Lauren Mickeleson, Jam., :54.70
100 Backstroke – L. Hauntz, Cent., :58.61
200 Individual Medley – L. Haunz, Cent., 2:09.92
1M Diving: Marie Boyeff, Min., 404.75
200 Medley Relay – Century, 1:52.09 (J. Kindschi, K. Giese, L. Hauntz, C. Peterson
200 Freestyle Relay – Jamestown, 1:41.27 (Nicole Nygaard, Ashley Weigel, L. Mickelson, J. Ament)
400 Freestyle Relay – Mandan, 3:41.85 (L. Little, N. Sauer, K. Fiest, J. Bachmeier)
Note: Jamestown competed in the EDC

1999

WDA champion: Minot/416 points
State champion: Mandan/411.5 points
WDA order of finish: Minot, Mandan, Century, Williston, Bismarck High
WDA individual champions
50 Freestyle – Nicole Sauer, Man., 25:59
100 Backstroke – Jenny Bachmeier, Man., :59.94
100 Breaststroke – Kelli Henke, Man., 1:08.71
100 Freestyle – Bethany Hirst, Min., :55.81
100 Butterfly – Alicia Gooch, Min., 1:01.38
200 Individual Medley – J. Bachmeier, Man., 2:14.88
200 Freestyle – Tessa Goldade, Min., 2:02.15
500 Freestyle – Jessica Tietz, Will., 5:26.09
1M Diving – Cristi Lindsey, Cent., 419.90
200 Medley Relay – Mandan, 1:52.94 (J. Bachmeier, K. Henke, Tiffanie Loeb, Randi Keller)
200 Freestyle Relay – Mandan, 1:42.60 (Linzey Bachmeier, Kristen Fiest, N. Sauer, R. Keller)
400 Freestyle Relay – Minot, 3:42.55 (Emily Weeks, Katie Lowe, T. Goldade, B. Hirst)
WDA state chammpions
50 Freestyle – N. Sauer, Man., :25.15
100 Backstroke – J. Bachmeier, Man., :59.27
100 Breaststroke – K. Henke, Man., 1:06.64
200 Individual Medley – J. Bachmeier, Man., 2:11.37
500 Freestyle – L. Mickelson, Jam., 5:20.71
1M Diving – C. Lindsey, Cent., 419.95
200 Medley Relay – Mandan, 1:51.28 (J. Bachmeier, K. Henke, T. Loeb, R. Keller)
200 Freestyle Relay – Mandan, 1:39.27 (L. Bachmeier, N. Sauer, K. Fiest, R. Keller)
400 Freestyle Relay – Jamestown, 3:39.55 (J. Ament, Weigel, M. Johnson, L. Mickelson)
Note: Jamestown competed in the EDC

2000

WDA champion: Minot/395 points
State champion: Mandan/402 points
WDA order of finish: Minot, Mandan, Century, Williston, Bismarck High
WDA individual champions
50 Freestyle – Nicole Sauer, Man., :24.83
100 Backstroke – Jenny Bachmeier, Man., :59.99
100 Breast stroke – Jennifer Kelly, Min., 1:11.26
100 Freestyle – Emily Weeks, Min., :54.49
100 Butterfly – Linzey Bachmeier, Man., 1:00.90
200 Individual Medley – J. Bachmeier, Man., 2:15.26
200 Freestyle – L. Bachmeier Man., 2:01.39
500 Freestyle – Tessa Goldade, Min., 5:35.00
1M Diving – Cristi Lindsey, Cent., 419.90
200 Medley Relay – Man., 1:52.32 (J. Bachmeier, Kristen Fiest, Tiffanie Loeb, N. Sauer)
200 Freestyle Relay – Mandan, 1:42.06 (L. Bachmeier, Kristen Fiest, Santana Dougherty, N. Sauer)
400 Freestyle Relay – Minot, 3:42.90 (E. Weeks, Alicia Gooch, T. Goldade, Bethany Hirst)

WDA state champions
50 Freestyle – L. Mickelson, Jam., :25.17
100 Backstroke – J. Bachmeier, Man., :59.58
100 Butterfly – L. Bachmeier, Man., 1:00.02
200 Individual Medley – J. Bachmeier, Man., 2:11.62
500 Freestyle – L. Mickelson, Jam., 5:17.42
1M Diving – K. Nolz, BHS, 478.45
200 Medley Relay – Mandan, 1:53.06 (J. Bachmeier, K. Fiest, T. Loeb, N. Sauer)
200 Freestyle Relay – Mandan, 1:41.68 (L. Bachmeier, A. Renner, S. Dougherty, N. Sauer)
400 Freestyle Relay – Mandan, 3:41.10 (L. Bachmeier, M. Herberholz, J. Bachmeier, K. Fiest)
Note: Jamestown competed in the EDC

2001

WDA champion: Minot/386.5 points
State champion: Mandan/352 points
WDA order of finish: Minot, Mandan, Williston, Century, Bismarck High
WDA individual champions
50 Freestyle – Linzey Bachmeier, Man., :25.66
100 Backstroke – Jenny Bachmeier, Man., :100.22
100 Breaststroke – Jennifer Kelly, Min., 1:11.19
100 Freestyle – Emily Weeks, Min., :54.79
100 Butterfly – Mandy Herberholz, Man., 1:02.37
200 Individual Medley – J. Bachmeier, Man., 2:13.31
200 Freestyle – M. Herberholz, Man., 2:04.95
500 Freestyle – Jessica Tietz, Will., 5:37.48
1M Diving – Cristi Lindsey, Cent., 415.70
200 Medley Relay – Minot, 1:54.99 (Alyssa Anderson, J. Kelly, Angela Nissen, Kelsey Vibeto)
200 Freestyle Relay – Mandan, 1:42.85 (L. Bachmeier, Kristen Fiest, Angela Renner, M. Herberholz)
400 Freestyle Relay – Mandan, 3:48.14 (L. Bachmeier, M. Herberholz, A. Renner, J. Bachmeier)
WDA state champions
200 Individual Medley – J. Bachmeier, Mandan, 2:10.80
100 Butterfly – Mandy Herberholz, Mandan, 1:00.72
100 Backstroke – J. Bachmeier, Mandan, :59.03;
1M Diving – Cristi Lindsey, Century, 419.05
200 Freestyle Relay – Mandan, 1:41.42 (J. Bachmeier, Char Binstock, Steffany Bachmeier, Kristen Fiest)

2002

WDA champion: Minot/364.5 points
State champion: Mandan/407 points
WDA order of finish: Minot, Mandan, Williston, Century, Bismarck High
WDA state individual champion
50 Freestyle – Linzey Bachmeier, Man., :25.52
100 Backstroke – Jenny Bachmeier, Man., :100.75
100 Breaststroke – Carissa Gormally, Will., 1:11.00
100 Freestyle – Emily Weeks, Min., :54.11
100 Butterfly – L. Bachmeier, Man., 1:00.86
200 Individual Medley – E. Weeks, Min., 2:12.47
200 Freestyle – Allison Maxwell, Will., 2:01.09
500 Freestyle – A. Maxwell, Wil., 5:27.43
1M Diving – Dani Visina, Min., 437.05
200 Medley Relay – Williston, 1:52.62 (Kristy Wood, C. Gormally, A.Maxwell, Amy Roness)
200 Freestyle Relay – Mandan, 1:42.97 (L. Bachmeier, Kristen Fiest, Angela Renner, M. Herberholz)
400 Freestyle Relay – Minot, 3:45.20 (Brittany Johnston, Alecia Gooch, Stefanie Merck, E. Weeks)

Girls' Swim-Dive Past Year-by-Year WDA Results

WDA state champions
50 Freestyle – L. Bachmeier, Man., :24.61
200 Individual Medley – J. Bachmeier, Man., 2:11.69
100 Butterfly – L. Bachmeier, Man., :59.03
100 Freestyle – E. Weeks, Min., :53.35
100 Backstroke – J. Bachmeier, Man., :59.00
1M Diving – Brooke Wehri, Man.,398.60
200 Medley Relay – Mandan, 1:51.32 (J. Bachmeier, Steffany. Bachmeier, L. Bachmeier, A. Renner)
200 Freestyle Relay – Williston, 1:40.30 (A. Maxwell, C. Gormally, K. Wood, A. Roness)
400 Freestyle Relay – Mandan, 3:41.00 (K. Fiest, M. Herberholz, S. Bachmeier, J. Bachmeier)
Note: Minot wins 100 Freestyle event for 10th consecutive year

2003

WDA champion: Minot/402 points
State champion: Minot/424.4 points
WDA order of finish: Minot, Williston, Mandan, Century, Bismarck High
WDA individual champions
50 Freestyle – Linzey Bachmeier, Man., :25.07
100 Backstroke – Steffany Bachmeier, Man., 1:01.48
100 Breaststroke – Carissa Gormally, Will., 1:10.87
100 Freestyle – Emily Weeks, Min., :55.04
100 Butterfly – L. Bachmeier, Man., 59.22
200 Individual Medley – Allison Maxwell, Will., 2:15.07
200 Freestyle – E. Weeks, Min., 2:00.06
500 Freestyle – Dana Lair, Min., 5:29.56
1M Diving – Dani Visina, Min., 402.50
200 Medley Relay – Will., 1:53.96 (Kristy Wood, C. Gromally, A.Maxwell, Erin Maetzold)
200 Freestyle Relay – Min., 1:42.18 (Britann Johnston, Alyssa Jenkins, Alecia Gooch, E. Weeks)
400 Freestyle Relay – Williston, 3:43.80 (A. Maxwell, E. Maetzold, K. Wood, Amy Roness)
WDA state champions
50 Freestyle – L. Bachmeier, Man. :24.71
200 Individual Medley – E. Weeks, Minot, 2:12.39
100 Butterfly – L. Bachmeier, Man., :57.80
100 Breaststroke – C. Gormally, Will. 1:07.86
1M Diving – Dani Visina, Min., 430.50
200 Medley Relay – Williston, 1:52.80 (K. Wood, C. Gormally, A. Maxwell, E. Maetzold)
400 Freestyle Relay – Williston, 3:42.19 (A. Maxwell, E. Maetzold, K. Wood, A. Roness)

2004

WDA champion: Minot/381 points
State champion: Minot/351 points
WDA order of finish: Minot, Williston, Mandan, Century, Bismarck High
WDA individual champions
50 Freestyle – Linzey Bachmeier, Man., :24.88
100 Backstroke – Steffany Bachmeier, Man., 1:00.72
100 Breaststroke – Carissa Gormally, Will., 1:10.18
100 Freestyle – Dani Maddock, Cent., :54.52
100 Butterfly – L. Bachmeier, Man., 58.23
200 Individual Medley – Dangy Knutson, Min., 2:11.52
200 Freestyle – D. Maddock, Cent., 1:59.24
500 Freestyle – Bailey Bolinske, Will., 5:26.49
1M Diving – Kati Hopfauf, Man., 384.90
200 Medley Relay – Williston, 1:53.19 (B. Bolinske, C. Gormally, Allison Maxwell, Kristy Wood)
200 Freestyle Relay – Minot, 1:42.67 (Alyssa Jenkins, Brittany Johnston, Laura Greer, D. Knutson)
400 Freestyle Relay – Williston, 3:42.91 (A. Maxwell, Erin Maetzold, K. Wood, C. Gormally)
WDA state champions
50 Freestyle – L. Bachmeier, Man., :24.39
100 Freestyle – D. Maddock, Cent., :52.91
100 Breaststroke – C. Gormally, Will., 1:07.54;
200 Individual Medley – D. Knutson, Min., 2:10.01
100 Butterfly – L. Bachmeier, Man., :57.75;
1M Diving – K. Hopfauf, Man., 436,.80
Note: Minot wins its 25th WDA title

2005

WDA champion: Minot/397 points
State champion: Minot/362 points
WDA order of finish: Minot, Williston, Century, Mandan, Bismarck High
WDA individual champion
50 Freestyle – Carissa Gormally, Will., :23.87
100 Backstroke – Dagny Knutson, Min., :58.90
100 Breaststroke – Bailey Bolinske, Will., 1:09.42
100 Freestyle – C. Gormally, Will., :52.76
100 Butterfly – D. Knutson, Min., :57.34
200 Individual Medley – Maggi Beck, Min., 2:13.17
200 Freestyle – B. Bolinske, Will.,:01.21
500 Freestyle – Allison Maxwell, Will., 5:22.46
1M Diving – Kati Hopfauf, Man., 415.10
200 Medley Relay – Minot, 1:50.74 (M. Beck, Emily Evanoff, D. Knutson, Alyssa Jenkins)
200 Freestyle Relay – Minot, 1:41.28 (D. Knutson, A. Jenkins, Laura Greer, M. Beck)
400 Freestyle Relay – Williston, 3:41.95 (A. Maxwell, Aleina Weisz, B. Bolinske, C. Gormally)
WDA state champions
200 Individual Medley – D. Knutson, Min., 2:08.04
200 Medley Relay – Minot, 1:51.62 (M. Black, E. Evanoff, D. Knutson, A. Jenkins)

2006

WDA champion: Minot/352 points
State champion: Minot/351 points
WDA order of finish: Minot, Williston, Mandan, Century, Bismarck High, Jamestown
WDA individual champions
50 Freestyle – Bailey Bolinske, Will., :24.94
100 Backstroke – Maggi Beck, Min., 1:01.77
100 Breaststroke – B. Bolinske, Will., 1:08.12
100 Freestyle – Aleina Weisz, Will., :56.34
100 Butterfly – Dagny Knutson, Min., :56.15
200 Individual Medley – D. Knutson, Min., 2:05.10
200 Freestyle – Kaylee Kemmesat, Cent., 2:00.64
500 Freestyle – K. Kemmesat, Cent., 5:24.95
1M Diving – Kati Hopfauf, Man., 469.45
200 Medley Relay – Williston, 1:54.37 (B. Bolinske, Alexi Klug, Sadie Miller, A. Weisz)
200 Freestyle Relay – Minot, 1:41.60 (Andrea Kraft, Kelsey Beechie, Amber Alexander, D. Knutson)
400 Freestyle Relay – Minot, 3:44.96 (Laura Greer, K. Beechie, M. Beck, D. Knutson)
WDA state champions
200 Individual Medley – D. Knutson, Min., 2:03.24
100 Butterfly – D. Knutson, Minot, :55.60
100 Breastroke – Bailey Bolinske, Wil., 1:07.39
1M Diving – Katie Hopfauf, Man., 449.65
Note: Jamestown joins the WDA

2007

WDA champion: Minot/377 points
State champion: Minot/330 points
WDA order of finish: Minot, Williston, Mandan, Century, Bismarck High, Jamestown
WDA individual champions
50 Freestyle – Alexis Hogan, Man., :25.68
100 Backstroke – Maggi Beck, Min., 1:00.88
100 Breaststroke – Amber Alexander, Min., 1:09.97
100 Freestyle – Vanessa Stumpf, Man., :56.18
100 Butterfly – D. Knutson, Min., :55.60;
200 Individual Medley – D. Knutson, Min. 1:59.70;
200 Freestyle – M. Beck, Min., 1:57.94
500 Freestyle – K. Kemmesat, Cent., 5:17.33
1M Diving – Megan Keidel, BHS, 439.30
200 Medley Relay – Minot, 1:51.84 (M. Beck, A. Alexander, D. Knutson, Kelsey Beechie)
200 Freestyle Relay – Minot, 1:44.40 (A. Alexander, K. Beechie, Serena Olson, Courtney Funk)
400 Freestyle Relay – Minot, 3:39.76 (S. Olson, C. Funk, M. Beck, D. Knutson)

WDA state champions
200 Individual Medley –Dagny Knutson, Minot, 1:58.58
100 Freestyle – D. Knutson, Minot, :48.80
100 Backstroke –Maggie Beck, Minot, :59.50
1M Diving – Megan Keidel, BHS, 410.45
200 Medley Relay – Minot, 1:49.73 (M. Beck, A. Alexander, D. Knutson, K. Beechie)
400 Freestyle Relay – Minot, 3:37.35 (S. Olson, K. Nelson, M. Beck, D. Knutson)
Note: Minot first team to win five straight 200 freestyle events

2008

WDA champion: Minot/331 points
State champion: Minot/331 points
WDA order of finish: Minot, Century, Williston, Jamestown, Bismarck High
WDA individual champions
50 Freestyle – Alexis Hogan, Man., :24.77
100 Backstroke – Maggi Beck, Min., :59.34
100 Breaststroke – Sadie Miller, Will., 1:09.65
100 Freestyle – Dagny Knutson, Min., :48.74
100 Butterfly – M. Beck, Min., :58.82
200 Individual Medley – D. Knutson, Min., 1:56.93
200 Freestyle – Kalee Kemmesat, Cent. 2:00.74
500 Freestyle – K. Kemmesat, Cent., 5:25.08
1M Diving – McKenzie Rudolph, Min., 401.10
200 Medley Relay – Williston, 1:52.97 (Kaitlin Bolinske, S. Miller, Madison Porter, Kelsey Stenson)
200 Freestyle Relay – Minot, 1:38.11 (Courtney Funk, Serena Olson, M. Beck, D. Knutson)
400 Freestyle Relay – Minot, 3:33.33 (C. Funk, S. Olson, M. Beck, D. Knutson)
WDA state champion
200 Freestyle—D. Knutson, Minot, 1:43.00
500 Freestyle—D. Knutson, Minot, 4:40.26
100 Freestyle— Cassie Walth, Cent., :53.20
100 Backstroke— Maggi Beck, Minot, :58.73
200 Individual Medley—M. Beck, Minot
1M Diving—McKenzie Rudolph, Minot, 418.15
200 Medley Relay—Minot, 1:48.32 (M. Beck, K. Webster, D. Knutson, C. Funke)
200 Freestyle Relay—Century, 1:40.96 (C. Walth, L. Engeberg, S. Weinberg, K. Kemmesat)

2009

WDA champion: Williston/486 points
State champion: Century/290 points
WDA order of finish: Williston, Minot, Century, Mandan, Jamestown, Bismarck High
WDA individual champions
50 Freestyle – Alexis Hogan, Man., :25.03
100 Backstroke – Kaitlin Bolinske, Will., :59.98
100 Breaststroke – Sadie Miller, Will., 1:08.17
100 Freestyle – K. Bolinske, Will., :53.65
100 Butterfly – Madison Porter, Will., :57.55
200 Individual Medley – D. Knutson, Min., 1:58.24
200 Freestyle – M. Porter, Will., 1:56.41
500 Freestyle – D. Knutson, Min., 4:43.76
1M Diving – Kaitlin Walsh, Jam., 383.10
200 Medley Relay – Williston, 1:51.06 (Kaitlyn Bolinske, S. Miller, M. Porter, Kelsey Stenson)
200 Freestyle Relay – Century, 1:42.10 (Cassie Walth, Lydia Engberg, Jarren Fallgatter, Kalee Kemmesat)
400 Freestyle Relay – Minot, 3:38.59 (Jessica Kelly, Katie Clark, Serena Olson, D. Knutson)
WDA state champions
200 Individual Medley—D.Knutson, Minot, 1:59.79
100 Freestyle—D. Knutson, Minot, :48.30 (national record)
100 Backstroke—K. Bolinske, Wil., :59.29
100 Breaststroke— S. Miller, Will., 1:07.16
200 Medley Relay—Williston, 1:48.98 (K. Bolinske, S. Miller, M. Porter, K. Stenson)
400 Freestyle Relay – Century, 1:39.42 (C. Walth, L. Engeberg, J. Fallgatter, K. Kemmesat)
Note: Minot's Dagny Knutson (2004-09) finishes career with 21 state titles (11 individual/10 relay)

Girls' Swim-Dive Past Year-by-Year WDA Results

Western Dakota Association

2010

WDA champion: Williston/427.5 points
State champion: Century/368.5 points
WDA order of finish: Williston, Century, Minot, Jamestown, Mandan, Bismarck High
WDA individual champions
50 Freestyle – Courtney Funk, Min., :24.32
100 Backstroke – Erin Hart, Jam., 1:01.43
100 Breaststroke – Veronica Herrmann, Cent. 1:11.64
100 Freestyle – C. Funk, Min., :53.45
100 Butterfly – Dani Bergeson, Cent., 1:02.83
200 Individual Medley – E. Hart, Jam., 2:19.18
200 Freestyle – Lydia Engberg, Cent., 1:48.63
500 Freestyle – McKenna Brown, Min., 5:25.40
1M Diving – Brook Lukach, Jam., 385.80
200 Medley Relay – Century, 1:54.87 (Emily Smallbeck, V. Hermann, D. Bergeson, Jarren Fallgatter)
200 Freestyle Relay – Minot, 1:44.59 (M. Brown, Sydney Clark, Alexis Clark, C. Funk)
400 Freestyle Relay – Century, 3:44.20 (L. Engberg, McKenzie Jeske, D. Bergeson, Cassie Walth)
WDA state champions
50 Freestyle—C. Funk, Minot. :24.18
100 Freestyle—C. Funk, Minot, 52.13
200 Freestyle Relay— Century, 1:41.43 (L. Engeberg, J. Fallgatter, M. Jeske, C. Walth)
Note: Williston is first team to capture the WDA title without winning an individual or relay event.

2011

WDA champion: Century/442 points
State champion: Century/352 points
WDA order of finish: Century, Williston, Minot, Mandan, Jamestown, Bismarck High
WDA individual champions
50 Freestyle – Courtney Funk, Min., :24.80
100 Backstroke – Erin Hart, Jam., :59.65
100 Breaststroke – Veronica Hermann, Cent., 1:08.41
100 Freestyle –C. Funk, Min., :54.16
100 Butterfly – Dani Bergeson, Cent., 1:02.41
200 Individual Medley – V. Hermann, Cent., 2:16.38
200 Freestyle – E. Hart, Jam., 1:58.55
500 Freestyle – McKenna Brown, Min., 5:25.09
1M Diving – Alex Lind, Jam., 439.25
200 Medley Relay – Century, 1:54.72 (D. Bergeson, V. Hermann, Emily Smallbeck, McKenzie Jeske)
200 Freestyle Relay – Century, 1:43.28 (Jarren Fallgatter, V. Hermann, Kyra Ekre, Cassie Walth)
400 Freestyle Relay – Century, 3:42.20 (C. Walth, D. Bergeson, E. Smallbeck, J. Fallgatter)
WDA state champions
200 Medley Relay— Century, 1:47.97 (D. Bergeson, V. Hermann, E. Smallbeck, J. Fallgater)
200 Individual Medley—D. Bergeson, Cent., 2:07.35
50 Freestyle—C. Funk, Min., :23.36
100 Freestyle—C. Funk, Min., :51.74
100 Backstroke—Erin Hart, Jam. :57.82
1M Diving—A. Lind, Jam. 430.70
200 Freestyle Relay—Century, 1:40.95 (C. Walth, N. Johnson, V. Herrmann, K. Ekre)
400 Freestyle Relay— Century, 3:37.03 (C. Walth, D. Bergeson, M. Jeske, J. Fallgatter)

2012

WDA champion: Century/481.5 points
WDA order of finish: Century, Wiliston, Minot, Mandan, Jamestown, Bismarck High
WDA individual champions
50 Freestyle – Jarren Fallgatter, Cent., :24.79
100 Backstroke – Dani Bergeson, Cent. :59.74
100 Breaststroke – Veronica Herrmann, Cent. 1:7.83
100 Freestyle – Ketti Ringwall, Will., :54.41
100 Butterfly – McKenzie Jeske, Century, 1:00.91
200 Individual Medley – Brynn Everson, Will., 2:13.89
200 Freestyle – D. Bergeson, Cent. 1:54.78
500 Freestyle – McKenna Brown, Min., 5:17.70
1M Diving – Alex Lind, Jam., 429.00
200 Medley Relay – Century, 1:52.80 (Tess Sether, V. Herrmann, M. Jeske, J. Fallgatter)
200 Freestyle Relay – Minot, 1:43.05 (Cassandra Askvig, Jordan Hubbard, Emily Hamel, M. Brown)
400 Freestyle Relay – Century, 3:43.03 (J. Fallgatter, Kyra Ekre, M. Jeske, D. Bergeson)
WDA state champions
100 Backstroke – D. Bergeson, Cent., :56.68
100 Breaststroke – V. Herrmann, Cent., 1:05.59
200 Freestyle – D. Bergeson, Cent., 1:52.37
1M Diving – Alex Lind, Jam., 453.80
200 Medley Relay – Cent., 1:46.98 (D. Bergeson, V. Herrmann, M.Jeske, J. Fallgatter)

2013

WDA champion: Minot/460 points
State champion: Minot/337 points
WDA order of finish: Minot, Century, Mandan, Williston, Bismarck High, Jamestown
WDA individual champions
50 Freestyle – Francesca Walker-Rozo, Min., :24.88
100 Butterfly – Walker-Rozo, Min., :58.14
100 Freestyle –Dani Bergeson, Cent., :53.43
100 Backstroke – D. Bergeson, Cent., :58.21
200 Freestyle – Ketti Ringwall, Will., 1:58.26
200 Individual Medley – Rachel Ford, Man., 2:17.65
500 Freestyle – McKenna Brown, Min. 5:24.63
100 Breaststroke – Sarah Bogenrief, Min., 1:09.99
1M Diving – Lauren Gietzen, Cent., 415.10
200 Medley Relay – Minot, 1:52.60 (Brown, Bogenrief, Walker-Rozo, Emily Hamel)
200 Freestyle Relay – Minot, 1:41.77 (Brown, Josie Gillund, Walker-Rozo, Hamel)
400 Freestyle Relay – Mandan, 3:41.72 (Ashley Doll, Ford, McKenzie Martin, Carli Borchers)
WDA state champions
50 Freestyle – E. Hamel, Min., :24.38
100 Freestyle – D. Bergeson, Cent., :51.07
200 Freestyle – K. Ringwall, Will., 1:54.07
100 Backstroke – D. Bergeson, Cent., :56.27
200 Medley Relay – Minot, 1:48.43 (M. Brown, S. Bogenrief, F. Walker-Rozo, E. Hamel)
200 Freestyle Relay – Minot, 1:38.21 (M. Brown, J. Gillund, F. Walker-Rozo, E. Hamel)

2014

WDA champion: Minot/527 points
State champion: Minot/339 points
WDA order of finish: Minot, Century, Jamestown,
WDA individual champions
50 Freestyle: Dani Bergeson, Cent., :24.47
100 Freestyle: Emily Hamel, Min., :54.80
100 Butterfly: D. Bergeson, Cent., :59.19
100 Backstroke: Annie Hart, Jam., 1:00.91
100 Breaststroke: Vannesa Herrmann, Cent., 1:09.21
200 Freestyle: Carlie Borchers, Man.,, 2:01.20
200 Individual Medley: Tess Sether, Cent., 2:20.63
500 Freestyle: McKenna Brown, Min., 5:22.86
1M Diving: Morgan Gietzen, Cent. 394.05
200 Freestyle Relay: Minot, 1:42.95 (Cassie Askvig, M. Brown, Josie Gillund, E. Hamel)
200 Medley Relay: Century, 1:52.44 (D. Bergeson, V. Herrmann, T. Sether, Abby Bourgois)
400 Freestyle Relay: Century, 3:45.82 (A. Bourgois, V. Herrmann, Amy Warren, D. Bergeson)
WDA state champions
100 Butterfly: D. Bergeson, Cent., :56.13
100 Backstroke: D. Bergeson, Cent., :56.30
100 Breaststroke: V. Herrmann, Cent., 1:04.45
200 Medley Relay: Century, 1:47.54 (D. Bergeson, V. Herrmann, T. Sether, A. Bourgois)
200 Freestyle Relay: Minot, 1:38.65 (C. Askvig, M. Brown, J. Gillund, E. Hamel)

2015

WDA champion: Century/484 points
State champion: Century/310.5 points
WDA order of finish: Century, Minot, Mandan Williston, Jamestown, Dickinson, Bismarck High, Legacy
WDA Championships, Williston
WDA individual champions
50 Freestyle: Emily Hamel, Min., :24.54
100 Freestyle: E. Hamel, Min., :53.37
100 Backstroke: Briana Rittenbach, Cent., :58.77
100 Breaststroke: V. Herrmann, Cent., 1:05.51
100 Butterfly: Tess Sether, Cent., 1:01.69
200 Freestyle: Emma Hepper, BHS, 1:57.89
200 Individual Medley: V. Herrmann, Cent. 2:11.20
500 Freestyle: Rylie Webb, Min., 5:28.01
1M Diving: Chantell Mindt, Mandan,453.55
200 Freestyle Relay: Minot, 1:40.90 (Hannah Zaderaka, Josie Gillund, Cassie Askvig, E. Hamel)
200 Medley Relay: Century, 1:50.52 (Briana Rittenbach, Carly Palmer, Tess Sether, Abby Bourgois)
400 Freestyle: Minot, 3:42.42 (Zaderaka, Webb, Gillund, E. Hamel)
WDA state champions
200 Individual Medley: V. Herrmann, Cent., 2:05.75
100 Breaststroke: V. Hermann, Cent., 1:02.94
100 Backstroke: E. Hepper, BHS, :57.54
200 Medley Relay: Century, 1:47.45
(Brianna Rittenbach, Carly Palmer, Tess Sether, Abby Bourgois)
Note: Dickinson and Legacy compete as independent programs for the first time.

Girls' Swim-Dive Past Year-by-Year WDA Results

2016
WDA champion: Century/550 points
State champion: Century/58 points
WDA order of finish: Century, Minot, Mandan, Jamestown, Bismarck High, Dickinson, Williston, Legacy
WDA individual champions
200 Medley Relay–Century, 1:50.89 (Briana Rittenbach, Vanessa Herrmann, Carly Palmer, Lexi Duchscher)
200 Freestyle– V. Herrmann, Cent., 1:56.82
200 Individual Medley–Rylie Webb, Min., 2:13.99
50 Freestyle–Lexi Duchscherer, Cent., :25.36
1M Diving–Addisyn Widdel, Min., 415.80 points
100 Butterfly–Taylor Bradley, Jam., 1:03.58
100 Freestyle–Emma Hepper, BHS, :54.58
500 Freestyle–V. Herrmann, Cent., 5:10.88
200 Freestyle Relay–Bismarck High, 1:44.52 (MaKenna Kuhn, Katie Brodersen, Shayla Heger, Hepper)
100 Backstroke–Rittenbach, Cent., 1:00.09
100 Breaststroke–Mayson Sheldon, Man., 1:08.02
400 Freestyle Relay: Century, 3:46.75 (Bourgois, Warren, Herrmann, Rittenbach)
WDA state champions
200 Medley Relay–Century, 1:44.81 (Briana Rittenbach, Vanessa Herrmann, Carly Palmer, Lexi Duchscher)
200 Freestyle Relay–Emma Hepper, BHS, 1:54.97
200 IM–Vanessa Herrmann, Century, 2:02.77
500 Freestyle–Hepper, BHS, 5:12.82
200 Freestyle Relay–Century, 1:39.66 (A. Bourgois, L. Duchscherer, A. Warren, C. Palmer)
100 Backstroke–Briana Rittenbach, Century, :55.67*
100 Breaststroke–Herrmann, Century, 1:02.96
400 Freestyle Relay: Century, 3:34.83 (Warren, Bourgois, Herrmann, Rittenbach)
*State record
Note: Century won its second straight WDA and ND State title.