

Ob Midterm**Multiple Choice**

Identify the choice that best completes the statement or answers the question.

- _____ 1. Nurses are often the first health care professional with whom a woman comes into contact after being sexually assaulted. Which statement best describes the initial care of a rape victim?
- The victim states that she is going to advocate against sexual violence.
 - All legal evidence is preserved during the physical examination.
 - The victim appreciates the legal information; however, decides not to pursue legal proceedings.
 - The victim leaves the health care facility without feeling re-victimized.
- _____ 2. Using the family stress theory as an interventional approach for working with families experiencing parenting challenges, the nurse can assist the family in selecting and altering internal context factors. Which statement best describes the components of an *internal context*?
- Family's perception of the event
 - Maturation of family members
 - Biologic and genetic makeup
 - Prevailing cultural beliefs of society
- _____ 3. What is the correct name describing a benign breast condition that includes dilation and inflammation of the collecting ducts?
- Chronic cystic disease
 - Intraductal papilloma
 - Mammary duct ectasia
 - Fibroadenoma
- _____ 4. When attempting to communicate with a client who speaks a different language, which action is the most appropriate?
- Provide as much privacy as possible.
 - Promptly and positively respond to project authority.
 - Talk to the interpreter to avoid confusing the client.
 - Never use a family member as an interpreter.
- _____ 5. Which hormone is responsible for the maturation of mammary gland tissue?
- Prolactin
 - Testosterone
 - Estrogen
 - Progesterone

- _____ 6. Which statement regarding emergency contraception is *correct*?
- Emergency contraception requires that the first dose be taken within 72 hours of unprotected intercourse.
 - Emergency contraception is commonly associated with the side effect of menorrhagia.
 - Emergency contraception has an effectiveness rate in preventing pregnancy of approximately 50%.
 - Emergency contraception may be taken right after ovulation.
- _____ 7. The Centers for Disease Control and Prevention (CDC) recommends which therapy for the treatment of the HPV?
- Miconazole ointment
 - Two doses of penicillin administered intramuscularly (IM)
 - Topical podofilox 0.5% solution or gel
 - Metronidazole by mouth
- _____ 8. Which statement regarding chromosomal abnormalities is most accurate?
- Down syndrome is a result of an abnormal chromosomal structure.
 - Abnormalities of number are the leading cause of pregnancy loss.
 - Chromosomal abnormalities occur in approximately 10% of newborns.
 - Unbalanced translocation results in a mild abnormality that the child will outgrow.
- _____ 9. Syphilis is a complex disease that can lead to serious systemic illness and even death if left untreated. Which manifestation differentiates primary syphilis from secondary syphilis?
- Identified by serologic testing
 - Fever, headache, and malaise
 - Appearance of a chancre 2 months after infection
 - Widespread rash
- _____ 10. Which statement regarding female sexual response is *inaccurate*?
- Orgasmic phase is the final state of the sexual response cycle.
 - Women and men are more alike than different in their physiologic response to sexual arousal and orgasm.
 - Vasocongestion is the congestion of blood vessels.
 - Facial grimaces and spasms of the hands and feet are often part of arousal.
- _____ 11. A nurse is assessing the knowledge of new parents of a child born with Klinefelter syndrome. Which statement accurately describes this genetic disorder?
- Klinefelter syndrome is a sex chromosome abnormality.
 - The disorder is expressed as trisomy XYY.
 - The child with this disorder will grow to be infertile.
 - It affects only female children.

- _____ 12. Importantly, the nurse must be aware of which information related to the use of IUDs?
- IUDs containing copper can provide an emergency contraception option if inserted within a few days of unprotected intercourse.
 - Consent forms are not needed for IUD insertion.
 - Return to fertility can take several weeks after the device is removed.
 - IUDs offer the same protection against STIs as the diaphragm.
- _____ 13. The secondary level of prevention is best illustrated by which example?
- Support groups for parents of children with Down syndrome
 - Immunizations
 - BSE
 - Approved infant car seats
- _____ 14. A woman arrives at the clinic for her annual examination. She tells the nurse that she thinks she has a vaginal infection, and she has been using an over-the-counter cream for the past 2 days to treat it. How should the nurse initially respond?
- Inform the woman that vaginal creams may interfere with the Papanicolaou (Pap) test for which she is scheduled.
 - Ask the woman to reschedule the appointment for the examination.
 - Ask the woman to describe the symptoms that indicate to her that she has a vaginal infection.
 - Reassure the woman that using vaginal cream is not a problem for the examination.
- _____ 15. Which menopausal discomfort would the nurse anticipate when evaluating a woman for signs and symptoms of the climacteric?
- Headaches
 - Hot flashes
 - Mood swings
 - Vaginal dryness with dyspareunia
- _____ 16. A maternal-newborn nurse is caring for a mother who just delivered a baby born with Down syndrome. Which nursing diagnosis would be the most essential in caring for the mother of this infant?
- Risk for injury
 - Anxiety
 - Interrupted family processes
 - Disturbed body image

- _____ 17. A woman who is 6 months pregnant has sought medical attention, saying she fell down the stairs. What scenario would cause an emergency department nurse to suspect that the woman has been a victim of IPV?
- Examination reveals a fractured arm and fresh bruises.
 - The woman and her partner are having an argument that is loud and hostile.
 - The woman has injuries on various parts of her body that are in different stages of healing.
 - She avoids making eye contact and is hesitant to answer questions.
- _____ 18. A man smokes two packs of cigarettes a day. He wants to know if smoking is contributing to the difficulty he and his wife are having getting pregnant. Which guidance should the nurse provide?
- “Smoking can reduce the quality of your sperm.”
 - “Although smoking has no effect on sperm count, it can give you lung cancer.”
 - “Your sperm count seems to be okay in the first semen analysis.”
 - “Only marijuana cigarettes affect sperm count.”
- _____ 19. What is the drug of choice for the treatment of gonorrhea?
- Penicillin G
 - Tetracycline
 - Ceftriaxone
 - Acyclovir
- _____ 20. A health care provider performs a clinical breast examination on a woman diagnosed with fibroadenoma. How would the nurse explain the defining characteristics of a fibroadenoma?
- Lumpiness in both breasts that develops 1 week before menstruation
 - Single lump in one breast that can be expected to shrink as the woman ages
 - Inflammation of the milk ducts and glands behind the nipples
 - Thick, sticky discharge from the nipple of the affected breast
- _____ 21. Which statement indicates that a client requires additional instruction regarding BSE?
- “I should check my breasts at the same time each month, after my period.”
 - “I should check each breast in a set way, such as in a circular motion.”
 - “Yellow discharge from my nipple is normal if I’m having my period.”
 - “I should also feel in my armpit area while performing my breast examination.”
- _____ 22. A young woman arrives at the emergency department and states that she thinks she has been raped. She is sobbing and expresses disbelief that this could happen because the perpetrator was a very close friend. Which statement is most appropriate at this time?
- “Rape is not limited to strangers and frequently occurs by someone who is known to the victim.”
 - “This does not sound like rape. Didn’t you just change your mind about having sex after the fact?”
 - “You must feel very betrayed. In what way do you think you might have led him on?”
 - “I would be very upset if my best friend did that to me; that is very unusual.”

- _____ 23. Which condition would be inappropriate to treat with exogenous progesterone (human chorionic gonadotropin)?
- PCOD
 - Recent miscarriage
 - Oocyte retrieval
 - Thyroid dysfunction
- _____ 24. A 25-year-old single woman comes to the gynecologist's office for a follow-up visit related to her abnormal Papanicolaou (Pap) smear. The test revealed that the client has the HPV. The woman asks, "What is that? Can you get rid of it?" Which is the best response for the nurse to provide?
- "HPV is a type of early human immunodeficiency virus. You will die from this."
 - "You probably caught this from your current boyfriend. He should get tested for this."
 - "It's just a little lump on your cervix. We can just freeze it off."
 - "HPV stands for 'human papillomavirus.' It is a sexually transmitted infection that may lead to cervical cancer."
- _____ 25. The lactational amenorrhea method (LAM) of birth control is popular in developing countries and has had limited use in the United States. As breastfeeding rates increase, more women may rely upon this method for birth control. Which information is most important to provide to the client interested in using the LAM for contraception?
- LAM is effective until the infant is 9 months of age.
 - Feeding intervals should be 6 hours during the day.
 - This popular method of birth control works best if the mother is exclusively breastfeeding.
 - Its typical failure rate is 5%.
- _____ 26. Significant advances have been made with most reproductive technologies. Which improvement has resulted in increased success related to preimplantation genetic diagnosis?
- Embryos are transferred at the blastocyst stage.
 - Two cells are removed from each embryo.
 - Embryos are transferred at the cleavage stage.
 - More than two embryos can be transferred at a time.
- _____ 27. Which statement related to the condition of endometriosis is *most accurate*?
- It is unlikely to affect sexual intercourse or fertility.
 - It is found more often in African-American women than in Caucasian or Asian women.
 - Endometriosis may worsen with repeated cycles or remain asymptomatic and disappear after menopause.
 - Endometriosis is characterized by the presence and growth of endometrial tissue inside the uterus.

- _____ 28. A Native-American woman gave birth to a baby girl 12 hours ago. The nurse notes that the woman keeps her baby in the bassinet except for bottle feeding and states that she will wait until she gets home to begin breastfeeding. The nurse recognizes that this behavior is most likely a reflection of what?
- Belief that babies should not be fed colostrum
 - Disappointment in the sex of the baby
 - Delayed attachment
 - Embarrassment
- _____ 29. Which term best describes the conscious decision concerning when to conceive or avoid pregnancy as opposed to the intentional prevention of pregnancy during intercourse?
- Birth control
 - Contraception
 - Assisted reproductive therapy
 - Family planning
- _____ 30. A client currently uses a diaphragm and spermicide for contraception. She asks the nurse to explain the major differences between the cervical cap and the diaphragm. What is the *most* appropriate response by the nurse?
- “Repeated intercourse with the diaphragm is more convenient.”
 - “The cervical cap can be safely used for repeated acts of intercourse without adding more spermicide later.”
 - “The diaphragm can be left in place longer after intercourse.”
 - “No spermicide is used with the cervical cap, so it’s less messy.”
- _____ 31. What is the minimum level of practice that a reasonably prudent nurse is expected to provide?
- Failure to rescue
 - Risk management
 - Sentinel event
 - Standard of care
- _____ 32. Which statement is most accurate regarding the reporting of IPV in the United States?
- Asian women report more IPV than do other minority groups.
 - Native-American women report IPV at a rate similar to other groups.
 - Caucasian women report less IPV than do non-Caucasians.
 - African-American women are less likely to report IPV than Caucasian women.
- _____ 33. Which sexually transmitted infection (STI) is the most commonly reported in American women?
- Gonorrhea
 - Chlamydia*
 - Syphilis
 - Candidiasis

- _____ 34. What is the primary role of practicing nurses in the research process?
- Identifying researchable problems
 - Seeking funding to support research studies
 - Designing research studies
 - Collecting data for other researchers
- _____ 35. While interviewing a 31-year-old woman before her routine gynecologic examination, the nurse collects data about the client's recent menstrual cycles. Which statement by the client should prompt the nurse to collect further information?
- "My flow is very heavy."
 - "My menstrual flow lasts 5 to 6 days."
 - "The length of my menstrual cycles varies from 26 to 29 days."
 - "I have had a small amount of spotting midway between my periods for the past 2 months."
- _____ 36. A 32-year-old woman is pregnant for the third time. One child was born with cystic fibrosis, and the other child is healthy. The client and her husband wonder what chance this child has of having cystic fibrosis. This type of testing is most commonly known as what?
- Recurrence risk
 - Predictive testing
 - Predisposition testing
 - Occurrence risk
- _____ 37. How would the physiologic process of the sexual response best be characterized?
- Excitement, plateau, and orgasm
 - Coitus, masturbation, and fantasy
 - Myotonia and vasocongestion
 - Erection and orgasm
- _____ 38. Nurses who elect to practice in the field of obstetrics must have a basic working knowledge of genetics. What is the correct term used to describe an individual's genetic makeup?
- Genotype
 - Karyotype
 - Phenotype
 - Chromotype
- _____ 39. Cancer is now recognized as a genetic disorder that begins with one or more genetic mutations. Which type of cancer is specifically being investigated in this regard?
- Colorectal cancer
 - Oral cancer
 - Lung cancer
 - Liver cancer

- _____ 40. Which system responses would the nurse recognize as being unrelated to prostaglandin (PGF₂) release?
- Systemic responses
 - Genitourinary system
 - Gastrointestinal system
 - Central nervous system
- _____ 41. In evaluating the level of a pregnant woman's risk of having a low-birth-weight (LBW) infant, which factor is the most important for the nurse to consider?
- African-American race
 - Cigarette smoking
 - Poor nutritional status
 - Limited maternal education
- _____ 42. Which action would be inappropriate for the nurse to perform before beginning the health history interview?
- Speak in a relaxed manner with an even, nonjudgmental tone.
 - Smile and ask the client whether she has any special concerns.
 - Tell the client her questions are irrelevant.
 - Make the client comfortable.
- _____ 43. Which client would be an ideal candidate for injectable progestins such as Depo-Provera (DMPA) as a contraceptive choice?
- The ideal candidate for DMPA wants menstrual regularity and predictability.
 - The client is homeless or mobile and rarely receives health care.
 - The client has a history of thrombotic problems or breast cancer.
 - The ideal candidate has difficulty remembering to take oral contraceptives daily.
- _____ 44. Which part of the menstrual cycle includes the stimulated release of gonadotropin-releasing hormone (GnRH) and follicle-stimulating hormone (FSH)?
- Menstrual phase
 - Endometrial cycle
 - Hypothalamic-pituitary cycle
 - Ovarian cycle
- _____ 45. Which trait is least likely to be displayed by a woman experiencing intimate partner violence (IPV)?
- Dependent partner in a relationship
 - Socially isolated
 - Assertive personality
 - Struggling with depression
- _____ 46. Which health care service represents a primary level of prevention?
- Immunizations
 - Blood pressure screening
 - Breast self-examination (BSE)
 - Home care for high-risk pregnancies

- _____ 47. The nurse should understand the process by which the HIV infection occurs. Once the virus has entered the body, what is the time frame for seroconversion to HIV positivity?
- 2 to 4 weeks
 - 6 to 10 days
 - 6 to 12 weeks
 - 6 months
- _____ 48. Which statement regarding the term *contraceptive failure rate* is the *most* accurate?
- It refers to the minimum rate that must be achieved to receive a government license.
 - The contraceptive failure rate increases over time as couples become more careless.
 - It varies from couple to couple, depending on the method and the users.
 - The contraceptive failure rate refers to the percentage of users expected to have an accidental pregnancy over a 5-year span.
- _____ 49. A woman has chosen the calendar method of conception control. Which is the most important action the nurse should perform during the assessment process?
- Determine the client's weight gain and loss pattern for the previous year.
 - Examine skin pigmentation and hair texture for hormonal changes.
 - Explore the client's previous experiences with conception control.
 - Obtain a history of the woman's menstrual cycle lengths for the past 6 to 12 months.
- _____ 50. A nurse is providing breast care education to a client after mammography. Which information regarding fibrocystic changes in the breast is important for the nurse to share?
- It is a premalignant disorder characterized by lumps found in the breast tissue.
 - Lumpiness is accompanied by tenderness after menses.
 - Healthy women with fibrocystic breast disease find lumpiness with pain and tenderness in varying degrees in the breast tissue during menstrual cycles.
 - Fibrocystic breast disease is a disease of the milk ducts and glands in the breasts.
- _____ 51. Which statement regarding the Family Systems Theory is *inaccurate*?
- Family is able to create a balance between change and stability.
 - Family system is part of a larger suprasystem.
 - Family, as a whole, is equal to the sum of the individual members.
 - Changes in one family member affect all family members.
- _____ 52. While working in the prenatal clinic, nurses care for a very diverse group of clients. Which cultural factor related to health is most likely to drive acceptance of planned interventions?
- Educational achievement
 - Subcultural group
 - Individual beliefs
 - Income level

- _____ 53. Which statement accurately describes the *walking survey* as a data collection tool?
- The walking survey determines how much exercise an expectant mother has been getting, to help her make health care decisions.
 - The walking survey is a method of observing the resources and health-related environment of the community.
 - The walking survey is performed by government census takers as part of their canvas.
 - The walking survey usually takes place on the maternity ward but can be expanded to other areas of the hospital.
- _____ 54. Clients treated for syphilis with penicillin may experience a Jarisch-Herxheimer reaction. Which clinical presentation would be unlikely if a client is experiencing this reaction?
- Vomiting and diarrhea
 - Preterm labor
 - Headache, myalgias, and arthralgia
 - Jarisch-Herxheimer in the first 24 hours after treatment
- _____ 55. If consistently and correctly used, which of the barrier methods of contraception has the lowest failure rate?
- Diaphragms
 - Spermicides
 - Male condoms
 - Female condoms
- _____ 56. Nurses should be cognizant of what information with regard to the noncontraceptive medical effects of combination oral contraceptives (COCs)?
- COCs can cause TSS if the prescription is wrong.
 - COCs increase the risk of endometrial and ovarian cancers.
 - Effectiveness of COCs can be altered by some over-the-counter medications and herbal supplements.
 - Hormonal withdrawal bleeding is usually a little more profuse than in normal menstruation and lasts a week for those who use COCs.
- _____ 57. A 38-year-old Hispanic woman vaginally delivered a 9-pound, 6-ounce baby girl after being in labor for 43 hours. The baby died 3 days later from sepsis. On what grounds could the woman have a legitimate legal case for negligence?
- Client refused electronic fetal monitoring.
 - Client was past her due date by 3 days.
 - Standard of care was not met.
 - Inexperienced maternity nurse was assigned to care for the client.

- _____ 58. A woman is using the basal body temperature (BBT) method of contraception. She calls the clinic and tells the nurse, "My period is due in a few days, and my temperature has not gone up." What is the nurse's *most* appropriate response?
- "Have you been sick this month?"
 - "This probably means that you're pregnant."
 - "You probably didn't ovulate during this cycle."
 - "Don't worry; it's probably nothing."
- _____ 59. An essential component of counseling women regarding safe sex practices includes a discussion regarding avoiding the exchange of body fluids. The most effective physical barrier promoted for the prevention of STIs and HIV is the condom. To educate the client about the use of condoms, which information related to condom use is the most important?
- Choice of colors and special features
 - Strategies to enhance condom use
 - Leaving the decision up to the male partner
 - Places to carry condoms safely
- _____ 60. Which statement is the most comprehensive description of sexual violence?
- Sexual violence is limited to rape.
 - Sexual violence encompasses a number of sexual acts.
 - Sexual violence includes degrading sexual comments and behaviors.
 - Sexual violence is an act of force during which an unwanted and uncomfortable sexual act occurs.
- _____ 61. In the 1970s, the rape-trauma syndrome (RTS) was identified as a cluster of symptoms and related behaviors observed in the weeks and months after an episode of rape. Researchers identified three phases related to this condition. Which phase is not displayed in a client with RTS?
- Long-Term Process: Reorganization Phase
 - Shock/Disbelief: Disorientation Phase
 - Outward Adjustment Phase
 - Acute Phase: Disorganization
- _____ 62. The nurse providing care in a women's health care setting must be knowledgeable about STIs. Which STIs can be successfully treated?
- Venereal warts
 - HSV
 - Chlamydia*
 - AIDS
- _____ 63. Which pictorial tool can assist the nurse in assessing the aspects of family life related to health care?
- Genogram
 - Human development wheel
 - Ecomap
 - Life cycle model

- _____ 64. Having a genetic mutation may create an 85% chance of developing breast cancer in a woman's lifetime. Which condition does not increase a client's risk for breast cancer?
- Paget disease
 - Cowden syndrome
 - BRCA1 or BRCA2 gene mutation
 - Li-Fraumeni syndrome
- _____ 65. A couple is attempting to cope with an infertility problem. They want to know what they can do to preserve their emotional equilibrium. What is the nurse's most appropriate response?
- "Tell your friends and family so that they can help you."
 - "Talk only to other friends who are infertile, because only they can help."
 - "Get involved with a support group. I'll give you some names."
 - "Start adoption proceedings immediately, because adopting an infant can be very difficult."
- _____ 66. Which statement describes a key finding of the Human Genome Project?
- The Human Genome Project has not yet been able to translate the accumulating raw research into anything medically practical.
 - Humans produce one protein per gene.
 - Humans have more genes than other species.
 - All human beings are 99.9% identical at the deoxyribonucleic acid (DNA) level.
- _____ 67. An infertile woman is about to begin pharmacologic treatment. As part of the regimen, she will take purified FSH (Metrodin). The nurse instructs her that this medication is administered in the form of what?
- Intramuscular (IM) injection
 - Intranasal spray
 - Tablet
 - Vaginal suppository
- _____ 68. A client at 24 weeks of gestation says she has a glass of wine with dinner every evening. Why should the nurse counsel her to eliminate all alcohol intake?
- Alcohol places the fetus at risk for multiple organ anomalies.
 - She is at risk for abusing other substances as well.
 - Alcohol places the fetus at risk for altered brain growth.
 - Daily consumption of alcohol indicates a risk for alcoholism.
- _____ 69. A woman is 16 weeks pregnant and has elected to terminate her pregnancy. Which is the *most* common technique used for the termination of a pregnancy in the second trimester?
- Methotrexate administration
 - Dilation and evacuation (D&E)
 - Prostaglandin administration
 - Vacuum aspiration

- _____ 70. A couple has been counseled for genetic anomalies. They ask you, "What is karyotyping?" Which description is most accurate?
- "Karyotyping will detect any physical deformities the baby has."
 - "Karyotyping will reveal if the baby will develop normally."
 - "Karyotyping will provide information about the gender of the baby and the number and structure of the chromosomes."
 - "Karyotyping will reveal if the baby's lungs are mature."
- _____ 71. While obtaining a detailed history from a woman who has recently immigrated from Somalia, the nurse realizes that the client has undergone female genital mutilation. What is the nurse's most appropriate response in this situation?
- "This is a very abnormal practice and rarely seen in the United States."
 - "Are you aware of who performed this mutilation so that it can be reported to the authorities?"
 - "The extent of your circumcision will affect the potential for complications."
 - "We will be able to restore fully your circumcision after delivery."
- _____ 72. When a nurse is counseling a woman for primary dysmenorrhea, which nonpharmacologic intervention might be recommended?
- Increasing the intake of red meat to replace blood loss
 - Temporarily substituting physical activity for a sedentary lifestyle
 - Using a heating pad on the abdomen to relieve cramping
 - Reducing the intake of diuretic foods, such as peaches and asparagus
- _____ 73. A woman will be taking oral contraceptives using a 28-day pack. What advice should the nurse provide to protect this client from an unintended pregnancy?
- Take one pill at the same time every day.
 - Use condoms and foam instead of the pill for as long as the client takes an antibiotic.
 - Limit sexual contact for one cycle after starting the pill.
 - Throw away the pack and use a backup method if two pills are missed during week 1 of her cycle.
- _____ 74. Which statement most accurately describes dominant genetic disorders?
- With a dominant disorder, the likelihood of the second child also having the condition is 100%.
 - An autosomal recessive disease carries a one-in-eight risk of the second child also having the disorder.
 - The risk factor remains the same no matter how many affected children are already in the family.
 - Disorders involving maternal ingestion of drugs carry a one-in-four chance of being repeated in the second child.

- _____ 80. Documentation of abuse can be useful to women later in court, should they elect to press charges. It is of key importance for the nurse to document accurately at the time that the client is seen. Which entry into the medical record would be the least helpful to the court?
- Clear and legible written documentation
 - Accurate description of the client's demeanor
 - Photographs of injuries
 - Summary of information (e.g., "The client is a battered woman.")
- _____ 81. The nurse working with clients who have infertility concerns should be aware of the use of leuprolide acetate (Lupron) as a gonadotropin-releasing hormone (GnRH) agonist. For which condition would this medication be prescribed?
- Anovulatory cycles
 - Luteal phase inadequacy
 - Uterine fibroids
 - Polycystic ovary disease (PCOD)
- _____ 82. Dysfunctional uterine bleeding (DUB) is defined as excessive uterine bleeding without a demonstrable cause. Which statement regarding this condition is *most* accurate?
- Steroids are the most effective medical treatment for DUB.
 - DUB most often occurs in middle age.
 - The diagnosis of DUB should be the first consideration for abnormal menstrual bleeding.
 - DUB is most commonly caused by anovulation.
- _____ 83. To provide adequate care, the nurse should be cognitive of which important information regarding infertility?
- Is perceived differently by women and men.
 - Has a relatively stable prevalence among the overall population and throughout a woman's potential reproductive years.
 - Is more likely the result of a physical flaw in the woman than in her male partner.
 - Is the same thing as sterility.
- _____ 84. Which factor is least likely to influence the decision to undergo genetic testing?
- Anxiety and altered family relationships
 - Imperfection of test results
 - Ethnic and socioeconomic disparity associated with genetic testing
 - Cost of testing or denial of insurance benefits
- _____ 85. A client's oncologist has just finished explaining the diagnostic workup results to her, and she still has questions. The woman states, "The physician says I have a slow-growing cancer. Very few cells are dividing. How does she know this?" What is the name of the test that gave the health care provider this information?
- Nuclear grade
 - Estrogen-receptor assay
 - S-phase index
 - Tumor ploidy

- _____ 86. During a prenatal intake interview, the client informs the nurse that she would prefer a midwife to provide both her care during pregnancy and deliver her infant. Which information is most appropriate for the nurse to share with this client?
- She will receive fewer interventions during the birth process.
 - Her delivery can take place only at home or in a birth center.
 - She should be aware that midwives are not certified.
 - Midwifery care is only available to clients who are uninsured because their services are less expensive than an obstetrician.
- _____ 87. What is the goal of a long-term treatment plan for an adolescent with an eating disorder?
- Establishing sufficient caloric intake
 - Improving family dynamics
 - Restructuring client perception of body image
 - Managing the effects of malnutrition
- _____ 88. Which alteration in cyclic bleeding best describes bleeding that occurs at any time other than menses?
- Metrorrhagia
 - Menorrhagia
 - Leiomyoma
 - Oligomenorrhea
- _____ 89. Which benefit regarding FAMs makes it an appealing choice for some women?
- Increased spontaneity of coitus
 - Decreased involvement and intimacy of partner
 - Absence of chemicals and hormones
 - Adherence to strict recordkeeping
- _____ 90. A nurse is providing education to a support group of women newly diagnosed with breast cancer. It is important for the nurse to discuss which factor related to breast cancer with the group?
- Genetic mutations account for 50% of women who will develop breast cancer.
 - In the United States, 1 in 10 women will develop breast cancer in her lifetime.
 - Breast cancer is the leading cause of cancer death in women.
 - The exact cause of breast cancer remains unknown.
- _____ 91. Male fertility declines slowly after age 40 years; however, no cessation of sperm production analogous to menopause in women occurs in men. What condition is *not* associated with advanced paternal age?
- Down syndrome
 - Schizophrenia
 - Autosomal dominant disorder
 - Autism spectrum disorder

- _____ 92. The U.S. Department of Health and Human Services has designated Thanksgiving Day as National Family History Day. The U.S. Surgeon General encourages family members to discuss important family health information while sharing in holiday gatherings. Why is this initiative significant to nurses?
- Family history is the single most cost-effective source for genetic information.
 - Clients cannot accurately complete these histories on their own.
 - Only physicians should obtain this detailed information.
 - Few genetic tests are available that identify this information.
- _____ 93. Nafarelin (Synarel) is used to treat mild-to-severe endometriosis. What instruction or information should the nurse provide to a client regarding nafarelin administration?
- It can cause the client to experience some hot flashes and vaginal dryness.
 - It should be administered by intramuscular (IM) injection.
 - Nafarelin should be administered by a subcutaneous implant.
 - Nafarelin stimulates the secretion of gonadotropin-releasing hormone (GnRH), thereby stimulating ovarian activity.
- _____ 94. Which STI does *not* respond well to antibiotic therapy?
- Gonorrhea
 - Chlamydia*
 - Genital herpes
 - Syphilis
- _____ 95. *Healthy People 2020* has established national health priorities that focus on a number of maternal-child health indicators. Nurses are assuming greater roles in assessing family health and are providing care across the perinatal continuum. Which of these priorities has made the most significant progress?
- Reduction of fetal deaths and use of prenatal care
 - Infant mortality and the prevention of birth defects
 - LBW infants and preterm births
 - Elimination of health disparities based on race
- _____ 96. Which statement regarding gamete intrafallopian transfer (GIFT) is *most* accurate?
- Women must have two normal fallopian tubes.
 - Ovulation spontaneously occurs.
 - Ova and sperm are transferred to one tube.
 - Semen is collected after laparoscopy.
- _____ 97. The nurse is having her first meeting with a couple experiencing infertility. The nurse has formulated the nursing diagnosis, "Deficient knowledge, related to lack of understanding of the reproductive process with regard to conception." Which nursing intervention does *not* apply to this diagnosis?
- Evaluate the couple's support system.
 - Identify and describe the basic infertility tests.
 - Assess the current level of factors promoting conception.
 - Provide information regarding conception in a supportive manner.

Name: _____

ID: A

- _____ 98. A blind woman has arrived for an examination. Her guide dog assists her to the examination room. She appears nervous and says, "I've never had a pelvic examination." What response from the nurse would be most appropriate?
- "Try to relax. I'll be very gentle, and I won't hurt you."
 - "I'll let you touch each instrument that I'll use during the examination as I tell you how it will be used."
 - "Your anxiety is common. I was anxious when I first had a pelvic examination."
 - "Don't worry. It will be over before you know it."
- _____ 99. The health history and physical examination cannot reliably identify all persons infected with HIV or other blood-borne pathogens. Which infection control practice should the nurse use when providing eye prophylaxis to a term newborn?
- Wash the hands after medication administration.
 - Wear mouth, nose, and eye protection.
 - Wear a mask.
 - Wear gloves.
- _____ 100. Which resource best describes a health care service representing the tertiary level of prevention?
- Childbirth education classes for single parents
 - Stress management seminars
 - BSE pamphlet and teaching
 - Premenstrual syndrome (PMS) support group