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Book Name: “Living Through The Pain – The Lonely Me”



Bio: Cathy is a native Houstonian. In 1980, she graduated from Texas A&M with a BA in Finance. In 1990, she graduated with honors receiving an MBA in Finance from Golden Gate University. While working for the State of California, she has received three Governor Appointments and has served the state for over 21 years. She has spent the last four years writing her memoir, “Living Through The Pain – The Lonely Me.” “My suffering has provided me with the unique awareness of what enormous pain an individual can live through and still be able to propel your life forward. I now consider my in-depth understanding of surviving tragedies and using my pain to enrich my life as a calling from God to serve others and assist them in finding the courage to move forward.”